

**PATIENT PACKAGE INSERT IN ACCORDANCE WITH THE PHARMACISTS' REGULATIONS (PREPARATIONS) - 1986**

Read this package insert carefully in its entirety before using this medicine

The format of this leaflet was determined by the Ministry of Health and its content was checked and approved by it in 08/2008

## FRESCO Tablets

**COMPOSITION:** Each tablet contains:

Calcium Carbonate 500 mg

Magnesium Carbonate 12 mg

**Inactive ingredients:** Mannitol, maize starch, talc, lactose, alginate acid, gelatin, magnesium stearate, magnesium trisilicate, aerosil, peppermint oil, spearmint oil, sodium cyclamate, saccharin sodium.

Each tablet contains 1.4 mg sodium, 3 mg lactose and 0.2 mg saccharin sodium

Acid neutralizing capacity per tablet: about 10.5 mEq

**Therapeutic group:** Antacid.

**Therapeutic activity:** For the reduction or neutralization of gastric acidity excess.

**When should the preparation not be used?**

Do not use this medicine if you are sensitive to any of its ingredients.

Do not use this medicine in case of hypercalcemia or acute renal function impairment.

Do not use this medicine if you have symptoms of appendicitis or intestinal inflammation, e.g.: stomach pain, nausea or vomiting.

Do not use this medicine if you suffer from kidney stones or sarcoidosis.

**Do not take this medicine without consulting a doctor before starting treatment:**

**If you are pregnant or breastfeeding.**

If you are suffering, or have suffered in the past, from impaired function of the kidney/urinary tract, the thyroid gland, the digestive system, e.g.: constipation or intestinal obstruction, appendicitis, colitis, hemorrhoids, intestinal or rectal bleeding, colostomy, ileostomy, diarrhea.

If you suffer from bone fractures, liver diseases, cardiac/vascular diseases.

**How will this medicine affect your daily life?**

Avoid excessive use of tobacco, alcoholic beverages or beverages containing caffeine.

**Warnings:** Do not use this medicine frequently, or for a long period, without consulting a doctor.

If you are sensitive to any type of food or medicine, inform your doctor before commencing treatment with this medicine.

Do not use this medicine on the morning before undergoing an acid secretion tests. In prolonged treatment with this medicine (as instructed by the doctor) it is advisable to perform blood calcium concentration tests.

**Drug interactions:** If you are taking another drug concomitantly or if you have just finished treatment with another medicine, inform the attending doctor, in order to prevent hazards or lack of efficacy arising from drug interactions. This is especially important for medicines belonging to the following groups: antifungal (ketoconazole), products containing iron and phosphates, calcium, magnesium, antibiotics (tetracyclines, fluoroquinolones), vitamin D, digitalis glycosides, cellulose sodium phosphate, methanamine, sodium polystyrene sulfonate, corticosteroids, phenytoin.

**Side effects:** In addition to the desired effect of the medicine, adverse reactions may occur during the course of taking this medicine, for example: dryness of the mouth, constipation, diarrhea, chalky taste, stomach pain, thirst, loss of appetite, nausea, vomiting, digestive system disturbances.

In the event that you experience side effects not mentioned in this leaflet, or if there is a change in your general health, consult your doctor immediately.

**Recommended dosage unless otherwise prescribed by your doctor:**

1-2 tablets after meals, at bedtime and as needed.

Do not exceed 15 tablets a day.

This medicine is not intended for administration to children under 6 years of age unless directed by the doctor.

**Attention:** Allow a lapse of at least two hours between taking this medicine and taking other oral medications.

Do not take this medicine at the same time with large amounts of milk and dairy products, bran, whole grain products, spinach.

**Directions for use:** Chew or suck the tablet slowly.

**How can you contribute to the success of the treatment?**

In order to prevent kidney stones drink plenty of fluids.

**AVOID POISONING!** This medicine, and all other medicines, must be stored in a safe place out of the reach of children and/or infants, to avoid poisoning. If you have taken an overdose, or if a child has accidentally swallowed the medicine, proceed immediately to a hospital emergency room and bring the package of the medicine with you.

Do not induce vomiting unless explicitly instructed to do so by a doctor!

Do not take medicines in the dark! Check the label and the dose each time you take your medicine.

Wear glasses if you need them.

**Storage:** Store below 25°C in a dry place. Even if kept in their original container and stored as recommended, medicines may be kept for a limited period only.

Please note the expiry date of the medicine! In case of doubt, consult the pharmacist who dispensed the medicine to you.

Do not store different medications in the same package.

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**Manufacturer:** Rekah Pharm. Prod. Ltd., 30 Hamelacha St., Holon, Israel.