

PACKAGE INSERT IN ACCORDANCE WITH THE
PHARMACISTS' REGULATIONS (PREPARATIONS) - 1986

Read this package insert carefully in its entirety before using this medicine

The format of this leaflet was determined by the Ministry
of Health and its content was checked and approved by it in - 02/2012

VALETON

Drops

Composition:

Each 1 ml (20 drops) contains: Valerian dry extract 25 mg

Inactive ingredients:

Ethanol 95%, Propylene glycol, Methylparaben, Potassium sorbate, Polyoxyl 40 hydrogenated castor oil (CREMOPHOR RH 40) Purified Water.

Contains alcohol 250mg/ml

Therapeutic activity: The preparation is indicated as sedative in states of tension, nervousness.

When should the preparation not be used?

Do not use this medicine if you are sensitive to valerian or any of its ingredients.

Do not use this medicine in children under 12 years of age.

Do not take this medicine without consulting a doctor before starting treatment:

If you are pregnant or breast-feeding.

How will this medicine affect your daily life?

Use of this medicine may impair alertness and therefore caution should be exercised when engaging in activities such as driving a car, operating dangerous machinery and in any other activity which requires alertness.

Do not drink wine or alcoholic beverages while under treatment with this medicine.

Warnings: Do not use this medicine frequently, or for a long period of time without consulting a doctor.

If you are sensitive to any type of food or medicine, inform your doctor before commencing treatment with this medicine.

Drug interactions: If you are taking another drug concomitantly, including over-the-counter medicines and dietary supplements, or if you have just finished treatment with another medicine, inform the attending doctor, in order to prevent hazards or lack of efficacy arising from drug interactions.

This is especially important for medicines belonging to the following groups: other sleep inducing drugs, anxiolytics, narcotic analgesics, other sedatives, drugs for epilepsy, alcohol, loperamide, lorazepam, and medicines induced hepatotoxicity.

Side effects:

In addition to the desired effect of the medicine, adverse reactions may occur during the course of taking this medicine, for example: sickness, headache, anxiety, hepatotoxicity for chronic use.

In the event that you experience side effects not mentioned in this leaflet, or if there is a change in your general health, consult your doctor immediately.

Recommended dosage unless otherwise prescribed by your doctor:

For adults and children above 12 years of age:

Take 20-40 (1-2 ml) drops as needed or according to the prescription of your doctor.

Do not exceed the recommended dosage.

This medicine is not intended for children under 12 years of age.

Directions for use: Dilute well this medicine in a glass of water before administration.

Avoid poisoning!

This medicine, and all other medicines, must be stored in a safe place out of the reach of children and/or infants, to avoid poisoning. If you have taken an overdose, or if a child has accidentally swallowed the medicine, proceed immediately to a hospital emergency room and bring the package of the medicine with you. Do not induce vomiting unless explicitly instructed to do so by a doctor! Do not take medicines in the dark! Check the label and the dose each time you take your medicine. Wear glasses if you need them.

Storage: Store below 25°C.

After the first opened, you could use this medicine only until 18 months and not after the expiry date.

Even if kept in their original container and stored as recommended, medicines may be kept for a limited period only. Please note the expiry date of the medicine! In case of doubt, consult the pharmacist who dispensed the medicine to you.

Do not store different medications in the same package.

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