

This medicine is dispensed without a doctor's prescription

Anhydrol Forte

Solution in a roll-on bottle

The active ingredient and its concentration:

20% Aluminum Chloride Hexahydrate

Inactive and allergenic ingredients: see section 6 "Further Information".

Read this leaflet carefully in its entirety before using the medicine. This leaflet contains concise information about the medicine. If you have further questions, refer to the doctor or the pharmacist.

This medicine is intended for children, adults and elderly. You must use the medicine in the proper manner. Consult the pharmacist if you need further information. Refer to the doctor if the symptoms worsen.

1. What is the medication intended for?

The medication Anhydrol Forte is a treatment for excessive sweating of the armpits, hands or feet.

The active ingredient, aluminum chloride hexahydrate reduces sweating by blocking sweat ducts in the skin, and provides a deodorant action by killing the bacteria that cause body odour.

Therapeutic group: Aluminum and chlor compounds.

2. Before you use Anhydrol Forte

Do not use Anhydrol Forte

- If you are sensitive (allergic) to the active ingredient or to the other ingredients that the medication contains, see section 6 for inactive ingredients in this medication.

Special warnings regarding use of this medicine

- Limit application to sweating areas only, on the armpits, hands or feet.
- Make sure that the treated areas are **completely dry** before applying the medication (see section 3).
- Do not use on broken or irritated skin.
- When treating the armpits, do not shave or use hair-removal products within 12 hours before or after applying Anhydrol Forte.
- Keep it away from the eyes, nose and mouth.
- **Avoid spilling contents of the bottle** as this may cause damage to you, your clothing and possessions (see section 4).
- Do not shake the bottle.
- Do not attempt to remove the roller ball head.
- Keep the cap tightly closed when not in use.
- Careful! The medication is highly flammable. Do not use it near flames or ignition source.

Armpit shaving/hair removal

When treating armpits, do not shave or use hair-removal products in the 12 hours before and after using Anhydrol Forte.

Using other medicines

Anhydrol Forte does not affect, or is not affected by, other medicines.

Pregnancy and breast feeding

This product can be used during pregnancy and while breast feeding. The ingredients in this preparation and in similar preparations have been in widespread use for many years without reported problems. However, safety trials have not been conducted.

Driving and using machinery

Using this product is not known to affect your ability to drive or use machinery.

3. How to use Anhydrol Forte?

Children, adults and elderly

- Do not swallow; for external use only.
- Use only on the armpits, hands or feet.
- Ensure that the treated areas are **completely dry** before applying Anhydrol Forte.
To achieve this: Do not bathe or shower immediately before applying the treatment.
- **Apply the medication at night, just before going to bed** (this is because your sweat glands tend to be least active while you are asleep).
- Before applying the product, ensure the cap is screwed on tightly, and then tip the bottle up to wet the roller-ball. **Do not shake the bottle.**
- Unscrew the cap and apply the solution to the sweating areas as required.
- Allow the liquid to dry naturally (this should only take a couple of minutes), then wash your hands (unless treating them).
- Leave the treatment overnight, and then, only in the morning, wash off the treated areas thoroughly.

- Apply Anhydrol Forte overnight in this way for two nights in a row, then stop treatment for the next two nights.
- Repeat this two-night treatment cycle with a two-night break following for as long as necessary.
- Increase or decrease the frequency of application to suit your personal needs, but bear in mind that if you experience side effects this probably means that you are applying it too often (see section 4).
- If you have further questions regarding the usage of the medication, consult the pharmacist, or the doctor.

Using other deodorants or antiperspirants

The use of ordinary deodorants or antiperspirants is **not necessary** when using Anhydrol Forte. If you still wish to use these types of products, you should:

- Apply them only on the days in between, when you are **not** using Anhydrol Forte, or;
- Apply after washing off Anhydrol Forte the next morning. Make sure that all deodorants and antiperspirants are washed off and the skin is **completely dry** before re-applying Anhydrol Forte.

If the product gets into the eyes or mouth

The medicine may cause damage if it gets into the eyes or mouth. Rinse your eyes or mouth with plenty of water. While rinsing one eye, take care to avoid washing the medicine into the other eye. Immediately afterwards, proceed to the hospital for treatment.

If you use this product too often

Excessive use may lead to irritation of the treated skin. If irritation occurs, apply the medicine less frequently and treat the symptoms as described in section 4.

If you forget to use this product

Do not worry if you occasionally forget to use this medicine; just carry on using it when you remember.

4. Side Effects

As with any medicine, use of Anhydrol Forte may cause side effects in some users. Do not be alarmed when reading the list of side effects. You may not suffer from any of them.

A common reaction to this type of treatment is **skin irritation and redness** at the site of application. This is normally mild and temporary. If it becomes troublesome, try applying it less often, or you may wish to apply mild hydrocortisone cream to help to relieve the irritation.

The product may cause permanent damage, if you spill it on: clothing, fabric, jewellery, metal or polished surfaces.

Stop using this medicine, and tell your doctor or pharmacist if any of the side effects get serious, or you suffer from any other side effects not mentioned in this leaflet.

Side effects can be reported to the Ministry of Health by clicking on the link "Reporting side effects following drug treatment" found on the Ministry of Health homepage (www.health.gov.il) that directs you to the online form for reporting side effects.

5. How to store Anhydrol Forte?

- Avoid poisoning! This medicine and any other medicine must be kept in a safe place out of the reach and sight of children and/or infants to avoid poisoning.
Do not induce vomiting unless explicitly instructed to do so by the doctor!
- Close the cap tightly after use.
- Store the medicine upright to avoid spillage.
- Do not store the product above 25°C.
- The product is **highly flammable**, store it away from flames or ignition source.
- Do not use near flames or ignition sources (burning cigarettes or anything else that can cause ignition, until the preparation has completely dried).
- Do not use the medicine after the expiry date (exp. date) that appears on the package. The expiry date refers to the last day of that month.
- Do not dispose the medicine via toilet or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

6. Further Information

- In addition to the active ingredient, the medicine also contains: Industrial Methylated Spirit. 95%
- **What Anhydrol Forte looks like and contents of the pack**
The bottle contains 60 ml cutaneous solution of Anhydrol Forte.
The bottle is fitted with a roll-on applicator and a screw cap. The medicine is a clear, colorless liquid that contains no fragrance.
- **Registration holder:** Trupharm Marketing 1985 Ltd., Poleg industrial Park, P.O.B. 8105, Industrial Zone South Netanya.
- **Manufacturer:** Dermal Laboratories Ltd., Gosmore Herts, UK.
- Registration number of the medicine in the National Drug Registry of the Ministry of Health: 603827252
- This leaflet was checked and approved by the Ministry of Health on May 2013.