



COLPERMIN

Capsules

Active ingredient: Peppermint oil 187 mg

Inactive ingredients: See Section 6 – Further Information

Read this leaflet carefully in its entirety before using the medicine. This leaflet contains concise information about the medicine. If you have further questions, refer to the doctor or pharmacist.

This medicine is dispensed without a doctor's prescription. You must use it in the correct manner. Consult the pharmacist if you need further information. Consult the doctor if signs of the illness (symptoms) worsen or if they do not improve after two weeks.

1. WHAT IS THE MEDICINE INTENDED FOR?

Colpermin is used for the treatment of symptoms of discomfort, abdominal colic and distension following irritable bowel syndrome.

Therapeutic group: Aromatic oils

2. BEFORE USING THE MEDICINE

Do not use the medicine if:

You are sensitive (allergic) to the active ingredient: peppermint oil, or to any of the other ingredients the medicine contains (see the list of inactive ingredients in section: Further Information), especially if you are sensitive to menthol, soya and peanuts. Furthermore, do not use Colpermin if you are suffering or have suffered in the past from bile duct obstruction, inflammation of the gallbladder, or liver damage.

Special warnings regarding use of this medicine:

- Do not take this medicine without consulting a doctor before starting treatment if you are suffering, or have suffered in the past, from impaired function of the digestive system (e.g. ulcer, heartburn) or from a deficiency of hydrochloric acid in the stomach.

If you are taking, or have recently taken, other medicines including non-prescription medicines and nutritional supplements, tell the doctor or pharmacist. In particular, inform the doctor if you are taking antacids.

Pregnancy and breastfeeding: Do not use this medicine without consulting a doctor if you are pregnant or breastfeeding.

Children: This medicine is intended for use in adults and adolescents from 15 years of age and above.

3. HOW SHOULD YOU USE THE MEDICINE?

Check with the doctor or pharmacist if you are unsure.

The usual dosage is generally:

One capsule three times a day, 30–60 minutes before a meal. The dose may be increased up to two capsules three times a day when the symptoms are severe.

- Do not chew! Swallow the medicine with a small amount of liquid.
- Do not exceed the recommended dosage.
- The medicine should be taken until there is symptomatic relief, for a period of one to two weeks.
- If you have taken an overdose, or if a child has accidentally swallowed the medicine, refer immediately to a doctor or proceed to a hospital emergency room, and bring the package of the medicine with you.

How can you contribute to the success of the treatment:

Do not take medicines in the dark! Check the label and the dose each time you take medicine. Wear glasses if you need them.

If you have further questions regarding use of this medicine, consult a doctor or pharmacist.

4. SIDE EFFECTS

As with any medicine, use of Colpermin may cause side effects in some users. Do not be alarmed by the list of side effects. You may not suffer from any of them.

Side effects that appear frequently:

Worsening of heartburn if the medicine is taken on a full stomach or in people suffering from gastric acid deficiency.

In people suffering from hemorrhoids, local irritation in the anal area may occur while using the medicine.

Side effects that appear rarely:

Stop using the medicine and contact the doctor immediately if you develop an allergic reaction to the active ingredient or to its main component, menthol.

If you experience a headache, slowing of heart rate, and when taken together with alcohol: tremor and poor coordination of movements. In all of these cases, the reactions observed were temporary. In such cases, stop using the medicine and seek medical advice immediately.

If any of the side effects worsens or if you suffer from a side effect not mentioned in the leaflet, you must consult with the doctor.

5. HOW SHOULD THE MEDICINE BE STORED?

- Avoid poisoning! This medicine, and any other medicine, should be kept in a safe place out of the reach of children and/or infants to avoid poisoning. Do not induce vomiting unless explicitly instructed to do so by the doctor.
- Do not use the medicine after the expiry date (exp. date) appearing on the carton. The expiry date refers to the last day of that month.
- Store at a temperature below 25°C.
- Keep in the original package to protect from moisture and light.

6. FURTHER INFORMATION

- In addition to the active ingredient, the medicine also contains inactive ingredients:
White beeswax, arachis oil, colloidal anhydrous silica, gelatin, indigotine (E132), titanium dioxide, methacrylic acid-methyl methacrylate copolymer (1:2), methacrylic acid-ethylacrylate copolymer (1:1), triethyl citrate, glyceryl monostearate 40-55, macrogol 4000, talc.
- Colpermin does not contain gluten.
- What does the medicine look like and what are the contents of the package?

The package contains 20 capsules.

Manufacturer:

Tillotts Pharma, Switzerland.

Importer and License holder:

Tradis Gat Ltd., P.O.B. 7775, Petach Tikvah 49170.

This leaflet was checked and approved by the Ministry of Health in February 2013.

Registration number of the medicine in the National Drug Registry of the Ministry of Health: 1090726971

