

Tiger Balm Red, Tiger Balm White Ointment

Composition:

Active ingredients:

Tiger Balm Red contains (w/w):

Camphor 11%, Menthol 10%, Cajuput Oil 7%, Dementholised Mint Oil 6%, Clove Oil 5%.

Tiger Balm White contains (w/w):

Dementholised Mint Oil 16%, Cajuput Oil 13%, Camphor 11%, Menthol 8%, Clove Oil 1.5%.

Inactive ingredients:

Hard paraffin, Yellow soft paraffin.

Tiger Balm Red also contains: Cinnamon oil.

Therapeutic activity:

The ointment is intended for temporary relief of muscular aches and pains.

When should this medicine not be used?

Do not use this medicine if you are hypersensitive to any of its ingredients.
Do not use on children under 2 years of age.

Do not use this medicine without consulting a doctor before starting treatment if you are pregnant or breastfeeding. Excessive use during pregnancy or breastfeeding should be avoided.

Warnings:

Do not apply to damaged, wounded or irritated skin. In any case you experience signs of skin injury on the applied area (e.g. pain, swelling or appearance of blisters), you should stop the use and refer to your doctor immediately!

Avoid contact with the eyes, mucous membranes and other sensitive areas.

Wash hands immediately after use.

If there is a need to bandage do not tighten.

If you are sensitive to any type of food or medicine, inform your doctor before using the ointment.

Side effects:

In addition to the desired effect of the medicine, side effects may also appear during the course of using this medicine. These may include: allergic reaction including contact dermatitis.

If these side effects persist or are bothersome, please consult your doctor.

The following side effects require special attention:

Irritations (rare) – stop the treatment and refer to your doctor!

Since the preparation contains menthol, in rare cases skin injuries such as burns at the application area can occur. In any case you experience signs of skin injury on the applied area (e.g. pain, swelling or appearance of blisters), you should stop the use and refer to your doctor immediately!

If at any time you experience side effects that are not mentioned in this leaflet, or if you feel an adverse change in your general health, consult your doctor immediately!

Recommended dosage unless otherwise prescribed by your doctor:

Apply gently to the painful area as needed (usually two to three times a day). Do not exceed the recommended dose. If there is no improvement in your condition after 7 days, refer to your doctor.

Attention:

This medicine is intended for external use only. Avoid contact with the eyes, mucous membranes, wounded skin and other sensitive areas. See also 'Warnings' section. The ointment may stain the clothes.

Directions for use:

Apply gently to the painful area. In order to avoid an allergic reaction, perform a test on a small area before use.

Wash hands immediately after use. See also 'Warnings' section.

Avoid poisoning!

This medicine, and all other medicines, must be stored in a safe place out of the reach of children and/or infants, to avoid poisoning.

If you have taken an overdose, or if a child has accidentally swallowed the medicine, proceed immediately to a hospital emergency room and bring the package of the medicine with you. Do not induce vomiting unless explicitly instructed to do so by a doctor.

Do not use or take medicines in the dark! Carefully check the label and the dose each time you take any medication. Wear glasses if you need them.

Storage: store below 25°C.

Even if stored properly according to the manufacturer's recommendations, all medicines have a limited shelf life. The medicine may be used for up to 6 months from the initial opening of the jar, but no later than the expiry date impressed on the package. Please pay attention to the expiry date of your medicine! If you have any doubts, please consult the dispensing pharmacist. Do not store different medicines in the same container.

Drug Registration Number:

Tiger Balm Red: 1272230565

Tiger Balm White: 1272330566

Manufacturer: Haw Par Healthcare Ltd., Singapore

Registration holder: Rafa Laboratories Ltd., P.O.Box 405, Jerusalem 9100301

The format of this leaflet was determined by the Ministry of Health that checked and approved its content in March 2013.