

**PATIENT PACKAGE INSERT IN ACCORDANCE WITH
THE PHARMACISTS' REGULATIONS (PREPARATIONS) - 1986**

Read this package insert carefully in its entirety
before using this medicine

The format of this leaflet was determined by
the Ministry of Health and its content
was checked and approved by it

FORIC PREGNANCY

Tablets

Composition:

- Each tablet contains:
- Ferrous Iron (as ferrous fumarate) 100 mg
- Folic Acid 400 mcg

Inactive ingredients:

- Lactose, Ascorbic Acid, Povidone, Microcrystalline Cellulose, Sodium Starch Glycolate, Magnesium Stearate, Sodium Bicarbonate, Opadry OY-29020, Talc, Titanium Dioxide, Red Lake No 3.

Indications:

For the prevention and treatment of iron deficiency anemia and for maintaining the level of folic acid especially during pregnancy.

When should the preparation not be used?

Do not use this medicine if you have a known sensitivity to any of its ingredients.

Do not use this medicine in cases of other types of anemia that are not accompanied by iron deficiency such as: hemolytic anemia.

Do not take this medicine without consulting a physician before starting treatment:

If you are pregnant.

If you are suffering or have suffered in the past from impaired function of: the digestive system (such as ulcer), the blood system (such as pernicious anemia), from porphyria, and in patients receiving repeated blood transfusions.

Warnings:

Do not use this medicine frequently, or for a prolonged period, without consulting your physician.

During the period of treatment with this medicine blood tests should be performed.

If you are sensitive to any type of food or medicine, in particular to iron and folic acid, inform your physician before taking the medicine.

If while taking this medicine the colour of your stool does not change to black, refer to your physician.

Drug interactions:

If you are taking another drug concomitantly or if you have just finished treatment with another medicine, inform the attending physician, in order to prevent hazards or lack of efficacy arising from drug interactions.

Side effects:

In addition to the desired effect of the medicine, adverse reactions may occur during the course of taking this medicine, such as: constipation, diarrhea, nausea and vomiting.

Side effects that require special attention:

Strong abdominal pains, allergic reaction: skin rash with irritation, shortness of breath (rare): stop treatment and refer to your physician.

In the event that you experience side effects not mentioned in this leaflet, or if there is a change in your general health, consult your physician immediately.

This medicine may cause a change in the colour of the stool. Such a change should not be a cause for worry.

Dosage:

Recommended dosage unless otherwise prescribed by your physician:

For the treatment of anemia: 1-3 tablets a day.

For the prevention of anemia and for maintaining the level of folic acid: 1 tablet a day.

Do not exceed the recommended dosage.

This medicine is not usually intended for infants and children under 6 years of age.

Attention: Do not take this medicine with tea, coffee, or eggs. Allow a lapse of at least 2 hours between taking this medicine and taking antacids, milk and milk products or tetracyclines (antibiotic).

Directions for use:

The tablets can be halved or crushed right before swallowing. Do not store halved or crushed tablets. Swallow the medicine with a glass of water.

Take the medicine after a meal.

Avoid poisoning! This medicine, and all other medicines, must be stored in a safe place out of the reach of children and/or infants, to avoid poisoning. If you have taken an overdose, or if a child has accidentally swallowed the medicine, proceed immediately to a hospital emergency room and bring the package of the medicine with you.

Do not induce vomiting unless explicitly instructed to do so by a physician!

Do not take medicines in the dark! Check the label and the dose each time you take your medicine. Wear glasses if you need them.

Storage: Keep in a cool place, close firmly to prevent penetration of air and moisture.

Even if kept in their original container and stored as recommended, medicines may be kept for a limited period only. Please note the expiry date of the medicine! In case of doubt, consult the pharmacist who dispensed the medicine to you. Do not store different medications in the same package.

Drug registration number: 1253430478

Manufacturer: Sam-On Ltd., 25 Ha-avoda St., Bat-Yam.