

PATIENT PACKAGE INSERT IN ACCORDANCE WITH
THE PHARMACISTS' REGULATIONS (PREPARATIONS) - 1986
The medicine is dispensed without a doctor's prescription

GLYCERIN, PEDIATRIC SUPPOSITORIES, 1.33 GRAM

The active ingredient and its amount:
Each suppository contains:
Glycerin 1.33 g

GLYCERIN, SUPPOSITORIES, 2.35 GRAM

The active ingredient and its amount:
Each suppository contains:
Glycerin 2.35 g

For a list of the inactive ingredients, please see section 6.

Read this leaflet carefully in its entirety before using the medicine. This leaflet contains concise information about the medicine. If you have further questions, refer to the doctor or pharmacist.

Glycerin, Suppositories - The medicine is not usually intended for children and infants below 6 years of age.

Glycerin, Pediatric Suppositories - Do not use in children below 2 years of age without a doctor's instruction.

You must use the medicine in the correct manner. Consult with the pharmacist if you need further information. Refer to the doctor if symptoms of the illness worsen or if they do not improve after 7 days.

1. WHAT IS THIS MEDICINE INTENDED FOR?

The medicine is intended to relieve constipation.

Therapeutic group:

Laxative.

2. BEFORE USING THE MEDICINE:

Do not use the medicine:

- If you are sensitive (allergic) to the active ingredient (glycerin) or to one of the other ingredients of the medicine.
- Do not use a laxative preparation if bowel movements have not appeared for one or two days.
- In case of congestive heart failure.
- In case of undiagnosed rectal bleeding or intestinal obstruction or chronic insufficiency of the intestines.
- In cases of nausea, vomiting, abdominal pain.
- If you have signs of appendicitis.

Special warnings regarding use of the medicine:

• Caution! Prolonged use may cause dependency on laxative preparations of this type.

• Do not use this medicine frequently, or for a long period, without consulting a doctor.

• This medicine is intended only for constipation that has lasted a number of days. Lack of bowel movement for a day or two does not justify use of this medicine. In addition, this medicine should not be used for other purposes, such as "cleansing the body", etc.

• If you are sensitive to any type of food or medicine, inform your doctor before taking the medicine.

Before beginning treatment with Glycerin, tell the doctor if:

• You are pregnant or breastfeeding.

• You are suffering, or have suffered in the past, from impaired function of: the heart and/or vascular system, digestive system.

• You notice a sudden change in the frequency of bowel movement that continues for more than two weeks.

If you are taking, or if you have taken recently, other medicines, including non-prescription medicines and nutritional supplements, tell the doctor or pharmacist. In particular, inform the doctor or pharmacist if you are taking:

Other laxative medicines.

Pregnancy and breastfeeding:

If you are pregnant or breastfeeding, consult the doctor or pharmacist before using medicines.

3. HOW SHOULD YOU USE THE MEDICINE?

• Check with the doctor or pharmacist if you are uncertain.

The usual dosage is generally:

Glycerin Suppositories: One suppository a day as needed.

This medicine is not usually intended to children and infants below 6 years of age.

Glycerin Pediatric Suppositories: One suppository a day for children as needed.

Do not use in children below 2 years of age without a doctor's instruction.

Do not exceed the recommended dose.

• Do not swallow.

• For external use only.

Directions for Use:

How to insert the suppository:

1. First, wash your hands well.

2. Remove the wrapper from the suppository and moisten with a little water.

3. Lie down on your side and push the suppository as deep as possible into the rectum with your finger. If the suppository is too soft to insert, you can cool it in the refrigerator for 30 minutes or run a stream of cold water over it before removing it from its wrapper.

4. Wash your hands thoroughly after inserting the suppository.

Care should be taken to drink fluids during the day to help soften the stool.

The medicine usually takes between 15-60 minutes to act.

If you accidentally take too high a dosage

If you took an overdose, or if a child has accidentally swallowed the medicine, refer immediately to a doctor or proceed to a hospital emergency room, and bring the package of the medicine with you.

• Do not take medicines in the dark! Check the label and the dose **each time** you take your medicine. Wear glasses if you need them.

If you have further questions regarding use of the medicine, consult a doctor or pharmacist.

4. SIDE EFFECTS:

As with any medicine, use of Glycerin may cause side effects such as skin rash with irritation, nausea, dizziness, in some users. Do not be alarmed by the list of side effects. You may not suffer from any of them.

Stop treatment with the medicine and contact the doctor immediately if:

• You suffer from local irritation, local rash or inflammation.

• Rectal bleeding or lack of bowel movement occurring after using the preparation.

If one of the side effects worsens, or if you experience a side effect not mentioned in the leaflet, consult the doctor.

5. HOW SHOULD THE MEDICINE BE STORED?

• Avoid poisoning! This medicine, and any other medicine, should be kept in a safe place out of the reach and sight of children and/or infants to avoid poisoning. Do not induce vomiting unless explicitly instructed to do so by the doctor!

• Do not use the medicine after the expiry date (exp. date) appearing on the package. The expiry date refers to the last day of that month.

• At a temperature up to 25°C (room temperature).

6. FURTHER INFORMATION

In addition to the active ingredient, the medicine also contains:

Stearic acid, sodium carbonate, water

Each glycerin suppository contains 19.8 mg sodium. Each glycerin pediatric suppository contains 11.2 mg sodium.

What does the medicine look like and what are the contents of the package:

Glycerin Pediatric Suppositories: Transparent, oval suppository.

The suppositories come in aluminum trays in packages of 5 or 500 suppositories.

Glycerin Suppositories: Transparent, oval suppository.

The suppositories come in aluminum trays in packages of 20, 40, 100 or 500 suppositories.

Manufacturer and license holder: Sam-On Ltd., 25 Haavoda Street, Bat-Yam.

Registration number of the medicine in the National Drug Registry of the Ministry of Health:

Glycerin Pediatric Suppositories: 033 81 25843 00

Glycerin Suppositories: 031 38 25506 00

This leaflet was checked and approved by the Ministry of Health in: July 2013.

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