

**PATIENT PACKAGE INSERT IN ACCORDANCE WITH
THE PHARMACISTS' REGULATIONS (PREPARATIONS) - 1986**

Read this package insert carefully in its entirety
before using this medicine

The format of this leaflet was determined by
the Ministry of Health and its content
was checked and approved by it

CALCIMORE®

Tablets

Composition:

Each tablet contains: Calcium Carbonate 600 mg

Also contains:

Mannitol, Sucrose, Pregelatinized Starch, Talc, Magnesium Stearate, Spearmint Flavour, Peppermint Flavour, Sodium Saccharin.

Note:

Each tablet contains 98 mg sugar.

Each tablet contains 0.027 mg sodium.

Each tablet has an acid-neutralizing capacity of 11 milliequivalents.

Therapeutic activity:

This medicine is used as an antacid in cases of hyperacidity and heartburn and as a calcium supplement in cases of deficiency or as a dietary additive.

When should the preparation not be used?

Do not use this medicine if you are suffering from hypercalcemia, sarcoidosis and/or if you are sensitive to any of its ingredients.

Do not take this medicine without consulting a doctor before starting treatment:

If you are pregnant or breastfeeding.

If you are suffering, or have suffered in the past, from: hypoparathyroidism, dehydration or electrolyte imbalance, constipation or hemorrhoids, impaired function of: the liver (e.g. cirrhosis), the kidney/urinary tract, the digestive system (e.g. intestinal obstruction).

How will this medicine affect your daily life?

Do not drink or eat large amounts of milk or milk products while under treatment with this medicine. Avoid excessive use of tobacco, alcoholic beverages or caffeine containing beverages.

Warnings:

Do not use this medicine frequently, or for more than two weeks, without consulting a doctor.

During prolonged treatment with this medicine, a serum calcium concentration test should be performed.

If you are sensitive to any type of food or medicine, especially calcium containing medicines, inform your doctor before taking this medicine.

Do not take this medicine if you have any signs of appendicitis (such as: stomach pain, nausea and vomiting).

Do not take this medicine in the morning before a gastric acid secretion test.

Drug interactions:

If you are taking another drug, including non-prescription medicines and food supplements, or if you have just finished treatment with another medicine, inform the attending doctor, in order to prevent hazards or lack of efficacy arising from

drug interactions. This is especially important for medicines belonging to the following groups: iron containing preparations, heart disease medications (such as: thiazide diuretics or digitalis glycosides), medicines containing calcium, magnesium or high doses of vitamin D or A, tetracyclines, etidronate, cellulose sodium phosphate, phenytoin and ketoconazole (antifungal agent).

Side effects:

In addition to the desired effect of the medicine, adverse reactions may occur during the course of taking this medicine, for example: chalky taste in the mouth.

Side effects that require special attention:

Constipation, dryness of the mouth, thirst, lack of appetite, difficulty passing urine, headache, nausea or vomiting, mood changes, nervousness and weakness, muscle pain, slow breathing and unpleasant taste (rare): stop treatment and consult the doctor. In the event that you experience side effects not mentioned in this leaflet, or if there is a change in your general health, consult your doctor immediately.

Adverse reactions and drug interactions in children:

Parents must inform the attending doctor about any side effects, as well as any additional medicine being taken by the child. See above for details of special side effects and drug interactions.

Recommended dosage unless otherwise prescribed by your doctor:

As an antacid: 1-2 tablets as needed.

As a calcium supplement: 2 tablets 1-3 times a day, 1-1½ hours after meals.

Do not exceed the recommended dosage.

This medicine is not usually intended for administration to children under 6 years of age, unless recommended by a doctor.

For increased stomach acidity: If there is no improvement in your condition within 14 days, refer to your doctor.

If you forget to take this medicine at the specified time, take the dose as soon as you remember, but never take two doses together!

Attention: Allow a lapse of at least one or two hours between eating fiber containing foods such as: bran, whole grain cereals or breads and/or other oral medications, and taking this medicine.

Directions for use: Chew the medicine well before swallowing it, and drink a full glass of water.

Avoid poisoning! This medicine, and all other medicines, must be stored in a safe place out of the reach of children and/or infants, to avoid poisoning. If you have taken an overdose, or if a child has accidentally swallowed the medicine, proceed immediately to a hospital emergency room and bring the package of the medicine with you.

Do not induce vomiting unless explicitly instructed to do so by a doctor!

Do not take medicines in the dark! Check the label and the dose each time you take your medicine. Wear glasses if you need them.

Storage: Store below 25°C.

Even if kept in their original container and stored as recommended, medicines may be kept for a limited period only. Please note the expiry date of the medicine! In case of doubt, consult the pharmacist who dispensed the medicine to you.

Do not store different medications in the same package.

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Manufacturer: Taro Pharmaceutical Industries Ltd.,
P.O.Box 10347, Haifa Bay 26110.