



MEDICAL

STERODEX[®]

STERILE OPHTHALMIC DROPS

Patient package insert in accordance with the Pharmacists' Regulations (Preparations) 1986.

The dispensing of this medicine requires a doctor's prescription.

Read this leaflet carefully in its entirety before using this medicine.

The format of this bulletin was determined by the Ministry of Health who has reviewed and approved its content.

Composition: Active Ingredient: Dexamethasone Disodium Phosphate 0.1%.

Inactive Ingredients: Benzalkonium Chloride, Borax, Disodium EDTA, Purified Water, Sodium Chloride, Sodium Citrate.

Therapeutic Activity: A steroid preparation for treating eye inflammations.

When the preparation should not be used:

Do not use this preparation if you have a known sensitivity to any of its ingredients; if you suffer from Herpes Simplex Keratitis or other viral fungal infections or from tuberculosis of the eye; or after the removal of a foreign body from the eye that has not caused complications.

Do not take this medicine without first consulting a doctor before starting treatment: in case of: high intra ocular pressure (Glaucoma), damage to the ocular nerve, vision impairment, cataract, any infected eye condition, diabetes, pregnancy or nursing.

Warnings: Prolonged use could cause a corneal fungal infection.

You should not use this drug frequently or for extended periods of time without consulting your physician. Your intra ocular pressure should be checked if the treatment is for an extended period of time. The product contains the preservative Benzalkonium Chloride that could be absorbed by soft contact lenses. This product should not be used if you wear soft contact lenses. The lenses should be removed before using the product and should only be replaced 15 minutes following application of the medication to the eyes.

Drug Interaction: If you are taking another drug concomitantly or if you have just finished treatment with another medicine, inform the attending doctor in order to prevent hazards or lack of efficacy arising from drug interactions.

Side Effects: In addition to the desirable activity of this drug during use, side effects such as blurring of vision might occur.

Side effects that require special attention: In the rare eventuality of various eye infections, eye pain, stinging or redness appearing, continue treatment and consult your physician. If you experience side effects that are not listed in this leaflet or if you feel any change in your general health, consult your doctor immediately.

Dosage: Only as directed by your doctor. Do not exceed the stated dosage. If you do not experience an improvement in your condition within 7 days, consult your doctor. This medicine is to be taken at specific time intervals as determined by the attending doctor. If you have forgotten to take this drug as directed, you should take it immediately you remember but on no account should you take a double dosage!

ATTENTION: Do not swallow! This medicine is intended for external use only.

Directions for Use: Wash your hands thoroughly. Tilt back your head or lie down on a bed and with the aid of a finger pull the lower eyelid slightly away from the eye. Instill the drops into the gap and keep your eyes closed for 1-2 minutes. Try not to blink. If you think that the drops did not enter the eye, instill another drop. Any spillage should be wiped from the face with a tissue. In order to prevent contamination, keep the bottle well closed when not in use and avoid touching the dropper bottle top on any surfaces, including the fingers or eyes.

How you can contribute to the success of the treatment: Complete the course of treatment as instructed by the doctor. Even if there is an improvement in your health, do not discontinue use of this medicine before consulting your doctor.

Avoid Poisoning! This medicine and all other medicines, must be stored in a safe place out of reach of children and/or infants, to avoid poisoning. If you have taken an overdose, or if a child has accidentally swallowed the medicine, proceed immediately to a hospital emergency room and bring the package of the medicine with you. **Do not induce vomiting** unless explicitly instructed to do so by a doctor!

This medicine has been prescribed for your ailment; in another patient it may cause harm. Do not give this medicine to your relatives, neighbors or acquaintances. **Do not take medicine in the dark!** Check the label and dose **each time** you take your medicine. Wear your glasses if you need them.

Storage: Store in a dark place, up to 25°C. Do not freeze. Close firmly to prevent penetration of air and humidity. Do not use this product more than 1 month after the bottle has been opened. Even if kept in the original container and stored as recommended, medicine may be kept for a limited period only. Please note the expiry date of the medicine! In case of doubt consult the pharmacist who dispensed the medicine to you. Do not store different medication in the same package.

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