



MEDICAL

POLYDINE®

VAGINAL PESSARIES

Patient package insert in accordance with the Pharmacists' Regulations (Preparations) 1986.

No doctor's prescription is needed for this medicine.

The format of this bulletin was determined by the Ministry of Health who has reviewed and approved its content.

Active Ingredients: Povidone Iodine 5%.

Inactive Ingredients and Allergens in this medicine:

See paragraph 6 "additional information".

Read this leaflet carefully in its entirety before using this medicine. This leaflet contains essential information about the medicine. If you have additional questions, consult your doctor or a pharmacist.

You must use this medicine in a proper manner:

- Consult your pharmacist if you need additional information.
- Inform your doctor if the disease's symptoms worsen or will not get better after 7 days use.

1. Therapeutic Activity:

Antiseptic preparation for infected vaginitis.

Therapeutic Group: Antiseptic substances (disinfectants).

2. Before using the medicine:

Do not use the medicine if:

you are sensitive (allergic) to one of the ingredients of the medicine or to Iodine. If you suffer/ed from a malfunction of the Thyroid gland, do not use the medicine before consulting a doctor .

If you are sensitive to a particular food or medicine, you should report this fact to your doctor before commencing treatment with this medicine.

Special warnings concerning the use of the medicine:

- If you are taking another drug concomitantly or if you have just finished treatment with another medicine, including non prescription medicines or food supplements, inform the doctor or the pharmacist in order to prevent hazards or lack of efficacy arising from drug interactions.
- Pregnancy and breastfeeding: If you are pregnant or breastfeeding, consult a doctor or a pharmacist before you begin using the medicine.
- Polydine Pessaries are prescribed for vaginal use only. Even if symptoms of your condition improve within a few days, treatment must be continued until completed according to the instructions.
- Treatment must be continued during monthly menstruation if it occurs while taking this medicine.

3. How to use the medicine?

Consult your doctor or pharmacist if you have any doubts.

Attention: Do not swallow! This medicine is intended for external use only.

Dosage: When first commencing treatment it is advisable to consult your doctor regarding the desired dosage. The accepted dosage in the absence of a doctor's instructions is one pessary daily for a period of 7 days. Consult a doctor if your condition is not improved within 7 days.

Directions for use: Remove the pessary from foil pack and place in the supplied applicator. If you are pregnant, the use of the applicator must be clarified with your doctor beforehand. While lying on your back, with your knees bent and hips slightly raised, insert the applicator as deep as possible into the vagina without the use of force and release the pessary use of the applicator plunger.

After use wash the applicator with soap and hot water. During treatment wear only cotton underwear and change frequently. Stockings should also be changed daily. As there exist the possibility of your partner being infected, sexual relations should be avoided or the use of a condom be employed in sexual relations during the entire period of treatment. It is also desirable to consult your doctor regarding the necessity of medical treatment for your partner. If you are using a preparation (douche) for rinsing the vagina between treatments, take care not to use too much liquid or force when douching in order to avoid the liquid penetrating the womb and spreading the infection. If you are pregnant, do not use a douche for rinsing the vagina. During the treatment your underwear may become stained, in which case the use of sanitary towel or panty liner should be considered.

Do not take this medicine in the dark! Check the label and dose **each time** you use your medicine. Wear glasses if you need them.

4. Side Effects:

- Like in other drugs, using Polydine Vaginal Pessaries may cause some side effects such as: irritation. Consult your doctor if this persists.
- Discontinue use and consult your doctor immediately in rare cases of local rash or inflammation.
- Any time you experience side effects that are not listed in this leaflet or if you feel any change in your general health, consult your doctor immediately.

5. How to store the medicine?

- **Avoid Poisoning!** This medicine like all other medicines, must be stored in a safe place and out of the reach of children and/or infants, to avoid poisoning. If a child has accidentally swallowed the medicine, proceed immediately to a hospital emergency room and bring the package of the medicine with you. **Do not induce vomiting** unless explicitly instructed to do so by a doctor!
- Do not use the medicine after the expiry date printed on the package. The expiry date is always the last day of that month.
- Do not store over 25°C.
- Always keep in the original package.

6. Additional information

- In addition to the active ingredient, the medicine also contains: Polyethylene Glycol
- How does the medicine look like and what are the contents of the package? 12 dark brown pessaries plus an applicator.
- The registration owner: Fischer Pharmaceutical Labs. (1975) Ltd. P.O.B. 39071, Tel-Aviv 61390.
- Manufacturer: Ben-Shimon Floris Ltd., Misgav Industrial Park, Misgav 20174.
- This bulletin was reviewed and approved by the Ministry of Health on: 17.9.2014.
- The medicine's license number in the state medicine registry at the Ministry of Health is 44.68.23414