# SUMMARY OF PRODUCT CHARACTERISTICS

### 1. NAME OF THE MEDICINAL PRODUCT

## Pramin<sup>®</sup> Tablets

## 2. QUALITATIVE AND QUANTITATIVE COMPOSITION

Each tablet contains: Metoclopramide hydrochloride 10 mg. Excipients with known effects: Each tablet contains about 75 mg lactose and 0.7 mg Ponceau 4r lake.

For the full list of excipients, see section 6.1.

## 3. PHARMACEUTICAL FORM

Tablets.

Round, pink scored tablets marked "RAFA". The tablets may be cut in half using the scored line.

## 4. CLINICAL PARTICULARS

## 4.1 Therapeutic indications

Metoclopramide is an antiemetic and stimulates GI motility.

### Adult population

Pramin® Tablets are indicated in adults for:

- Prevention of postoperative nausea and vomiting (PONV)
- Prevention of delayed nausea and vomiting caused by chemotherapy (delayed CINV)
- Prevention of nausea and vomiting caused by radiation therapy
- Symptomatic treatment of nausea and vomiting, including nausea and vomiting caused by migraine attack. In migraine attacks, metoclopramide can be used concomitantly with oral analgesics to improve their absorption.
- Diabetic gastroparesis

### Pediatric population

Pramin® Tablets are indicated in children aged 1 to 18 years for:

- Second line-therapy: Treatment of established postoperative nausea and vomiting (PONV)
- Second-line therapy: Prevention of delayed nausea and vomiting caused by chemotherapy (delayed CINV)

### 4.2 Posology and method of administration

### Posology

# Adult patients

For all adult indications except diabetic gastroparesis (see below):

- The recommended dose is 10 mg, 1 to 3 times a day.

- The maximum recommended daily dose is 30 mg or 0.5 mg/kg bodyweight whichever is lower.

- The maximum recommended treatment period is usually 5 days.

# Pediatric population

Metoclopramide is contraindicated in children aged less than 1 year (see section 4.3).

## Pediatric patients

For all pediatric indications:

- The recommended dose is 0.1 mg to 0.15 mg/kg bodyweight, 1 to 3 times a day.

The maximum recommended daily dose is 0.5 mg/kg bodyweight. The tablets are not suitable for use in children weighing less than 30 kg. Other pharmaceutical forms are more appropriate for use in this population group. (Note: The tablets may be cut in half using the scored line).
The maximum recommended treatment period is usually 5 days.

**Diabetic gastroparesis (adults):** Use of **Pramin**<sup>®</sup> for diabetic gastroparesis may involve a treatment duration longer than 5 days. Therefore, use in this clinical setting should be limited to those patients for whom the potential benefit outweighs the risk acording to the judgement of the treating physician. The recommended dose for diabetic gastroparesis is 10 mg half an hour before each meal (which is 10 mg X 3 daily) for 2-8 weeks, depending on the response and the likelihood of continued well-being on cessation of treatment. The initial route of administration depends on the severity of the observable symptoms. If only the earliest manifestations of gastric stasis are present, the oral route is indicated. However, if the symptoms are more severe, 10 mg i.v. therapy by slow injection should be instituted (for up to 10 days) until symptoms subside. After 10 days, oral administration should be used for maintenance. Since diabetic gastric stasis is frequently recurrent, **Pramin**<sup>®</sup> therapy should be reinstituted at the earliest manifestation. In patients with diabetic gastroparesis, the maximum recommended treatment period is usually 3 months. Treatment for longer than 3 months should be avoided in all but rare cases where therapeutic benefit is thought to outweigh the risk of developing tardive dyskinesia (see section 4.4).

# Special populations

# <u>Elderly</u>

In elderly patients a dose reduction should be considered, based on renal and hepatic function and overall frailty.

# <u>Renal impairment</u>

In patients with end stage renal disease (creatinine clearance  $\leq$  15 ml/min), the daily dose should be reduced by 75%. In patients with moderate to severe renal impairment (Creatinine clearance 15-60 ml/min), the dose should be reduced by 50% (see section 5.2).

# <u>Hepatic impairment</u>

In patients with severe hepatic impairment, the dose should be reduced by 50% (see section 5.2).

Other pharmaceutical forms/strengths may be more appropriate for administration to these populations.

# Method of administration:

For oral use only.

A minimum interval of 6 hours must be observed between 2 doses, even in case of vomiting or rejection of the dose (see section 4.4).

# 4.3. Contraindications

- Hypersensitivity to the active substance or to any of the excipients listed in section 6.1.
- Gastrointestinal haemorrhage, mechanical obstruction or gastro-intestinal perforation for which the stimulation of gastrointestinal motility constitutes a risk.
- Confirmed or suspected pheochromocytoma, due to the risk of severe hypertension episodes.
- History of neuroleptic or metoclopramide-induced tardive dyskinesia.
- Epilepsy (increased crises frequency and intensity).
- Parkinson's disease.
- Combination with levodopa or dopaminergic agonists (see section 4.5)
- Known history of methemoglobinemia with metoclopramide or of NADH cytochromeb5 reductase deficiency.
- Use in children less than 1 year of age due to an increased risk of extrapyramidal disorders (see section 4.4).
- Metoclopramide should not be used during the first three to four days following operations such as pyloroplasty or gut anastomosis as vigorous muscular contractions may adversely affect healing.
- Breast-feeding (see Section 4.6).

# 4.4 Special warnings and precautions for use

### **Precautions:**

If vomiting persists the patient should be reassessed to exclude the possibility of an underlying disorder e.g. cerebral irritation.

# Neurological Disorders

Extrapyramidal disorders may occur, particularly in children and young adults, and/or when high doses are used. These reactions occur usually at the beginning of the treatment and can occur after a single administration. Metoclopramide should be discontinued immediately in the event of extrapyramidal symptoms. These effects are generally completely reversible after treatment discontinuation, but may require a symptomatic treatment (benzodiazepines in children and/or anticholinergic anti-Parkinsonian medicinal products in adults).

The time interval of at least 6 hours specified in the section 4.2 should be respected between each metoclopramide administration, even in case of vomiting and rejection of the dose, in order to avoid overdose.

Prolonged treatment with metoclopramide may cause tardive dyskinesia, potentially irreversible, especially in the elderly. Treatment should not exceed 3 months because of the risk of tardive dyskinesia (see section 4.8). Treatment must be discontinued if clinical signs of tardive dyskinesia appear.

Neuroleptic malignant syndrome has been reported with metoclopramide in combination with neuroleptics as well as with metoclopramide monotherapy (see section 4.8). Metoclopramide should be discontinued immediately in the event of symptoms of neuroleptic malignant syndrome and appropriate treatment should be initiated.

Special care should be exercised in patients with underlying neurological conditions and in patients being treated with other centrally-acting drugs (see sections 4.3 and 4.5).

Symptoms of Parkinson's disease may also be exacerbated by metoclopramide.

# <u>Methemoglobinemia</u>

Methemoglobinemia which could be related to NADH cytochrome b5 reductase deficiency has been reported. In such cases, metoclopramide should be immediately and permanently discontinued and appropriate measures initiated (such as treatment with methylene blue).

## Cardiac disorders

There have been reports of serious cardiovascular undesirable effects including cases of circulatory collapse, severe bradycardia, cardiac arrest and QT prolongation following administration of metoclopramide by injection, particularly via the intravenous route (see section 4.8).

Special care should be taken when administering metoclopramide, particularly via the intravenous route to the elderly population, to patients with cardiac conduction disturbances (including QT prolongation), patients with uncorrected electrolyte imbalance, bradycardia and those taking other drugs known to prolong QT interval.

Special care should be taken when administering metoclopramide intravenously to patients with 'sick sinus syndrome' or other cardiac conduction disturbances. There have been very rare reports of abnormalities of cardiac conduction with intravenous metoclopramide. Metoclopramide should be used with care with other drugs affecting cardiac conduction.

Metoclopramide should be used with caution in patients with hypertension, since there is limited evidence that the drug may increase circulating catecholamines in such patients.

### Renal and hepatic impairment

In patients with renal impairment or with severe hepatic impairment, a dose reduction is recommended (see section 4.2).

#### Other precautions

Metoclopramide may cause elevation of serum prolactin levels.

Because metoclopramide can stimulate gastro-intestinal mobility, the drug theoretically could produce increased pressure on the suture lines following gastro-intestinal anastomosis or closure (see section 4.3)

## Exipients with known effect

**Pramin® Tablets** contain lactose. Patients with rare hereditary problems of galactose intolerance, total lactase deficiency or glucose-galactose malabsorption should not take this medicine.

Pramin® Tablets contain Ponceau 4r lake which may cause allergic reactions.

Care should be exercised when using metoclopramide in patients with a history of atopy (including asthma) or porphyria. Metoclopramide should not be used in the immediate post-operative period (up to 3-4 days) following pyloroplasty or gut anastomosis, as vigorous gastrointestinal contractions may adversely affect healing.

## 4.5 Interactions with other medicinal products and other forms of interaction

## **Contraindicated combination**

Levodopa or dopaminergic agonists and metoclopramide have a mutual antagonism (see section 4.3).

### Combination to be avoided

Alcohol potentiates the sedative effect of metoclopramide.

# Combination to be taken into account

Due to the prokinetic effect of metoclopramide, the absorption of certain drugs may be modified.

### Anticholinergics and morphine derivatives

Anticholinergics and morphine derivatives may have both a mutual antagonism with metoclopramide on the digestive tract motility.

<u>Central nervous system depressants (morphine derivatives, anxiolytics, sedative H1-</u> <u>antihistamines, sedative antidepressants, barbiturates, clonidine and related)</u>

Sedative effects of Central Nervous System depressants and metoclopramide are potentiated.

### **Neuroleptics**

Metoclopramide may have an additive effect with other neuroleptics on the occurrence of extrapyramidal disorders.

### Serotonergic drugs

The use of metoclopramide with serotonergic drugs such as SSRIs may increase the risk of serotonin syndrome.

## <u>Digoxin</u>

Metoclopramide may decrease digoxin bioavailability. Careful monitoring of digoxin plasma concentration is required.

# <u>Cyclosporin</u>

Metoclopramide increases cyclosporin bioavailability (Cmax by 46% and exposure by 22%). Careful monitoring of cyclosporin plasma concentration is required. The clinical consequence is uncertain.

# Mivacurium and suxamethonium

Metoclopramide injection may prolong the duration of neuromuscular block (through inhibition of plasma cholinesterase).

# Strong CYP2D6 inhibitors

Metoclopramide exposure levels are increased when co-administered with strong CYP2D6 inhibitors such as fluoxetine and paroxetine. Although the clinical significance is uncertain, patients should be monitored for adverse reactions.

# <u>Central stimulants</u>

The effects of certain other drugs with potential central stimulant effects, e.g. monoamine oxidase inhibitors and sympathomimetics, may be modified when prescribed with metoclopramide and their dosage may need to be adjusted accordingly.

# Aspirin, paracetamol

The effect of metoclopramide on gastric motility may modify the absorption of other concurrently administered oral drugs from the gastro-intestinal tract either by diminishing absorption from the stomach or by enhancing the absorption from the small intestine (e.g. the effects of paracetamol and aspirin are enhanced).

# <u>Atovaquone</u>

Metoclopramide may reduce plasma concentrations of atovaquone.

# 4.6 Fertility, pregnancy and lactation

# Pregnancy

A large amount of data on pregnant women (more than 1000 pregnancy outcomes) indicate no malformative nor feto/neonatal toxicity of metoclopramide hydrochloride. Metoclopramide can be used during pregnancy if clinically needed. Due to pharmacological properties (as other neuroleptics), in case of metoclopramide administration at the end of pregnancy, extrapyramidal syndrome in newborn cannot be excluded.

Metoclopramide should be avoided at the end of pregnancy. If metoclopramide is used, neonatal monitoring should be undertaken.

# Breast-feeding

Metoclopramide is excreted in breast milk at low level. Adverse reactions in the breast-fed baby cannot be excluded. Therefore, metoclopramide is not recommended during breast-feeding. Discontinuation of metoclopramide in breast-feeding women should be considered.

Fertility

No data available.

# 4.7 Effects on ability to drive and use machines

Metoclopramide may cause drowsiness, dizziness, dyskinesia and dystonias which could affect the vision and also interfere with the ability to drive and operate machinery.

# 4.8 Undesirable effects

Adverse reactions listed by System Organ Class. Frequencies are defined using the following convention: very common ( $\geq 1/10$ ); common ( $\geq 1/100$ , <1/10); uncommon ( $\geq 1/1000$ , <1/100); rare( $\geq 1/10,000$ , <1/1000); very rare (<1/10,000); not known (cannot be estimated from the available data).

Uncommon	Bradycardia, particularly with intravenous
	formulation
Not known	Cardiac arrest, occurring shortly after injectable
	use, and which can be subsequent to bradycardia
	(see section 4.4); Atrioventricular block, Sinus
	arrest particularly with
	intravenous formulation; Electrocardiogram QT
	prolonged; Torsade de pointes

# Endocrine disorders\*

Uncom	mon Amenorrhea, Hyperprolactinemia
Rare	Galactorrhea
Not kno	own Gynecomastia

Gastrointestinal disorders

	Common	Diarrhea		
General disorders and administration site conditions				
	Common	Asthenia		
Immune system disorders				
	Uncommon	Hypersensitivity		
	Not known	Anaphylactic reaction (including anaphylactic		
		shock) particularly with intravenous formulation.		
Nervous system disorders				
	Very common	Somnolence		
	Common	Extrapyramidal disorders (particularly in children		
		and young adults and/or when the recommended		
		dose is exceeded, even following administration of		
		a single dose of the drug) (see section 4.4),		
		Parkinsonism, Akathisia		
	Uncommon	Dystonia (including visual disturbances and		
		oculogyric crisis), Dyskinesia, Depressed level of		
		consciousness		
	Rare	Convulsion especially in epileptic patients		
	Not known	Tardive dyskinesia which may be persistent, during		
		or after prolonged treatment, particularly in		
		elderly patients (see section 4.4), Neuroleptic		
		malignant syndrome (see section 4.4)		
Psychiatric disorders				
	Common	Depression		
	Uncommon	Hallucination		
	Rare	Confusional state		
Vascular disorders	I			
	Common	Hypotension, particularly with intravenous		
		formulation		
	Not known	Shock, syncope after injectable use. Acute		
		hypertension in patients with pheochromocytoma		
		(see section 4.3)		
		Transient increase in blood pressure		

Skin disorders	
	Skin reactions such as rash, pruritus, angioedema and urticaria

\* Endocrine disorders during prolonged treatment in relation with hyperprolactinemia (amenorrhea, galactorrhea, gynecomastia).

The following reactions, sometimes associated, occur more frequently when high doses are used:

- Extrapyramidal symptoms: acute dystonia and dyskinesia, parkinsonian syndrome, akathisia, even following administration of a single dose of the medicinal product, particularly in children and young adults (see section 4.4).
- Drowsiness, decreased level of consciousness, confusion, hallucinations.

## Reporting of suspected adverse reactions

Reporting suspected adverse reactions after authorisation of the medicinal product is important. It allows continued monitoring of the benefit/risk balance of the medicinal product. Any suspected adverse events should be reported to the Ministry of Health according to the National Regulation by using an online form:

## https://sideeffects.health.gov.il

### 4.9. Overdose

### **Symptoms**

Extrapyramidal disorders, drowsiness, decreased level of consciousness, confusion, hallucinations, and cardio-respiratory arrest may occur.

### Management

In case of extrapyramidal symptoms related or not to overdose, the treatment is only symptomatic (benzodiazepines in children and/or anticholinergic anti-parkinsonian medicinal products in adults).

A symptomatic treatment and a continuous monitoring of the cardiovascular and respiratory functions should be carried out according to clinical status.

### 5. PHARMACOLOGICAL PROPERTIES

### 5.1 Pharmacodynamic properties

Pharmacotherapeutic group: Drugs for functional gastrointestinal disorders, propulsives.

ATC code: A03FA01

### Mechanism of action

The action of metoclopramide is closely associated with parasympathetic nervous control of the upper gastro-intestinal tract, where it has the effect of encouraging normal peristaltic action.

This provides for a fundamental approach to the control of those conditions where disturbed gastrointestinal motility is a common underlying factor.

## 5.2 Pharmacokinetic properties

Metoclopramide is metabolised in the liver and the predominant route of elimination of metoclopramide and its metabolites is via the kidney. <u>Renal impairment</u>

The clearance of metoclopramide is reduced by up to 70% in patients with severe renal impairment, while the plasma elimination half- life is increased (approximately 10 hours for a creatinine clearance of 10-50 mL/minute and 15 hours for a creatinine clearance <10 mL/minute).

## Hepatic impairment

In patients with cirrhosis of the liver, accumulation of metoclopramide has been observed, associated with a 50% reduction in plasma clearance.

## 5.3. Preclinical safety data

No additional data available.

## 6. PHARMACEUTICAL PARTICULARS

### 6.1 List of excipients

Lactose, cellulose microcrystalline, starch corn, ponceau 4r lake, silicone dioxide colloidal, magnesium stearate.

#### 6.2 Incompatibilities

Not applicable.

### 6.3 Shelf life

The expiry date of the product is indicated on the packaging materials.

### 6.4 Special precautions for storage

Store below 25<sup>o</sup>C. Keep in the original packge.

### 6.5 Nature and contents of outer packaging

Boxes of 30 tablets in blisters.

# 6.6 Special precautions for disposal and other handling

Not applicable.

# 7. MARKETING AUTHORIZATION HOLDER AND MANUFACTURER

Rafa Laboratories Ltd., P.O.Box 405, Jerusalem 9100301

### 8. MARKETING AUTHORIZATION NUMBER

051 49 24302

Revised in October 2023 according to MOH's guidelines.

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