

Trajenta duo	Prescribing Information
File coated tablets 2.5mg/500mg, 2.5mg/850mg, 2.5mg/1,000mg	September 2023

## PRESCRIBING INFORMATION

### 1 NAME OF THE MEDICINAL PRODUCT

TRAJENTA DUO 2.5 mg/500 mg

TRAJENTA DUO 2.5 mg/850 mg

TRAJENTA DUO 2.5 mg/1,000 mg

### 2 QUALITATIVE AND QUANTITATIVE COMPOSITION

Each tablet contains Linagliptin 2.5 mg and 500/850/1000 mg Metformin HCl.

For the full list of excipients, see section “Description”.

### 3 PHARMACEUTICAL FORM

Film coated tablets.

#### WARNING: LACTIC ACIDOSIS

**Postmarketing cases of metformin-associated lactic acidosis have resulted in death, hypothermia, hypotension, and resistant bradyarrhythmias. The onset of metformin-associated lactic acidosis is often subtle, accompanied only by nonspecific symptoms such as malaise, myalgias, respiratory distress, somnolence, and abdominal pain. Metformin-associated lactic acidosis was characterized by elevated blood lactate levels (>5 mmol/Liter), anion gap acidosis (without evidence of ketonuria or ketonemia), an increased lactate/pyruvate ratio; and metformin plasma levels generally >5 mcg/mL [see Warnings and Precautions (8.1)].**

**Risk factors for metformin-associated lactic acidosis include renal impairment, concomitant use of certain drugs (e.g., carbonic anhydrase inhibitors such as topiramate), age 65 years old or greater, having a radiological study with contrast, surgery and other procedures, hypoxic states (e.g., acute congestive heart failure), excessive alcohol intake, and hepatic impairment.**

**Steps to reduce the risk of and manage metformin-associated lactic acidosis in these high risk groups are provided in the full prescribing information [see Dosage and Administration (5.2), Contraindications (7), Warnings and Precautions (8.1), Drug Interactions (10), and Use in Specific Populations (11.6, 11.7)].**

**If metformin-associated lactic acidosis is suspected, immediately discontinue Trajenta Duo and institute general supportive measures in a hospital setting. Prompt hemodialysis is recommended [see Warnings and Precautions (8.1)].**

Trajenta duo	Prescribing Information
File coated tablets 2.5mg/500mg, 2.5mg/850mg, 2.5mg/1,000mg	September 2023

## 4 INDICATIONS AND USAGE

### 4.1 Indication

TRAJENTA DUO is indicated as an adjunct to diet and exercise to improve glycemic control in adults with type 2 diabetes mellitus when treatment with both linagliptin and metformin is appropriate [see *Dosage and Administration (5.1) and Clinical Studies (16.1)*].

### 4.2 Important Limitations of Use

TRAJENTA DUO should not be used in patients with type 1 diabetes or for the treatment of diabetic ketoacidosis, as it would not be effective in these settings. TRAJENTA DUO has not been studied in patients with a history of pancreatitis. It is unknown whether patients with a history of pancreatitis are at an increased risk for the development of pancreatitis while using TRAJENTA DUO [see *Warnings and Precautions (8.2)*].

## 5 DOSAGE AND ADMINISTRATION

### 5.1 Dosage Adults with normal renal function (glomerular filtration rate [GFR] $\geq$ 90 ml/min)

The dosage of TRAJENTA DUO should be individualized on the basis of both effectiveness and tolerability, while not exceeding the maximum recommended dosage of 2.5 mg linagliptin/1,000 mg metformin hydrochloride (HCl), taken orally twice daily. TRAJENTA DUO should be given twice daily with meals. Dosage escalation should be gradual to reduce the gastrointestinal (GI) side effects associated with metformin use. For available dosage forms and strengths [see *Dosage Forms and Strengths (6)*].

Recommended starting dosage:

- In patients currently not treated with metformin HCl, initiate treatment with 2.5 mg linagliptin/500 mg metformin HCl twice daily
- In patients already treated with metformin HCl, start with 2.5 mg linagliptin and the current dosage of metformin HCl taken at each of the two daily meals (e.g., a patient on metformin HCl 1,000 mg twice daily would be started on 2.5 mg linagliptin/1,000 mg metformin HCl twice daily with meals).
- Patients already treated with linagliptin and metformin HCl individual components may be switched to TRAJENTA DUO containing the same dosages of each component.

No studies have been performed specifically examining the safety and efficacy of TRAJENTA DUO in patients previously treated with other oral antihyperglycemic agents and switched to TRAJENTA DUO. Any change in therapy of type 2 diabetes mellitus should be undertaken with care and appropriate monitoring as changes in glycemic control can occur.

### 5.2 Recommended Dosing in Renal Impairment

A GFR should be assessed before initiation of treatment with metformin containing products and at least annually thereafter. In patients at increased risk of further progression of renal impairment and in the elderly, renal function should be assessed more frequently, e.g. every 3-6 months. The maximum daily dose of metformin should preferably be divided into 2-3 daily doses. Factors that may increase the risk of lactic acidosis [see *Warnings and Precautions (8.1)*] should be reviewed before considering initiation of metformin in patients with GFR < 60 ml/min.

Trajenta duo	Prescribing Information
File coated tablets 2.5mg/500mg, 2.5mg/850mg, 2.5mg/1,000mg	September 2023

If no adequate strength of Trajenta Duo is available, individual monocomponents should be used instead of the fixed dose combination.

GFR ml/min	metformin	linagliptin
60-89	Maximum daily dose is 2550 mg Dose reduction may be considered in relation to declining renal function.	No dose adjustment
45-59	Maximum daily dose is 2000 mg The starting dose is at most half of the maximum dose.	No dose adjustment
30-44	Maximum daily dose is 1000 mg. The starting dose is at most half of the maximum dose.	No dose adjustment
<30	Metformin is contraindicated	No dose adjustment

## 6 DOSAGE FORMS AND STRENGTHS

TRAJENTA DUO tablets are a combination of linagliptin and metformin HCl available as:

- 2.5 mg linagliptin/500 mg metformin HCl tablets are light yellow, oval, biconvex tablets debossed with “D2/500” on one side and the Boehringer Ingelheim symbol on the other side
- 2.5 mg linagliptin/850 mg metformin HCl tablets are light orange, oval, biconvex tablets debossed with “D2/850” on one side and the Boehringer Ingelheim symbol on the other side
- 2.5 mg linagliptin/1000 mg metformin HCl tablets are light pink, oval, biconvex tablets debossed with “D2/1,000” on one side and the Boehringer Ingelheim symbol on the other side

## 7 CONTRAINDICATIONS

TRAJENTA DUO is contraindicated in patients with:

- severe renal impairment (eGFR below 30 mL/min/1.73 m<sup>2</sup>) [see *Warnings and Precautions (8.1)*]
- acute or chronic metabolic acidosis, including diabetic ketoacidosis. [see *Warnings and Precautions (8.1)*]
  - hypersensitivity to linagliptin, metformin, or to any of the excipients in Trajenta Duo listed in section 13, reactions such as anaphylaxis, angioedema, exfoliative skin conditions, urticaria, or bronchial hyperreactivity have occurred with linagliptin [see *Warnings and Precautions (8.4)* and *Adverse Reactions (9.1)*].

## 8 WARNINGS AND PRECAUTIONS

### 8.1 Lactic Acidosis

#### *Metformin*

There have been postmarketing cases of metformin-associated lactic acidosis, including fatal cases. These cases had a subtle onset and were accompanied by nonspecific symptoms such as malaise,

Trajenta duo	Prescribing Information
File coated tablets 2.5mg/500mg, 2.5mg/850mg, 2.5mg/1,000mg	September 2023

myalgias, abdominal pain, respiratory distress, or increased somnolence; however, hypothermia, hypotension and resistant bradyarrhythmias have occurred with severe acidosis. Metformin-associated lactic acidosis was characterized by elevated blood lactate concentrations (>5 mmol/Liter), anion gap acidosis (without evidence of ketonuria or ketonemia), and an increased lactate pyruvate ratio; metformin plasma levels generally >5 mcg/mL. Metformin decreases liver uptake of lactate increasing lactate blood levels which may increase risk of lactic acidosis, especially in patients at risk.

If metformin-associated lactic acidosis is suspected, general supportive measures should be instituted promptly in a hospital setting, along with immediate discontinuation of TRAJENTA DUO. In TRAJENTA DUO-treated patients with a diagnosis or strong suspicion of lactic acidosis, prompt hemodialysis is recommended to correct the acidosis and remove accumulated metformin (metformin is dialyzable, with clearance of up to 170 mL/min under good hemodynamic conditions) Hemodialysis has often resulted in reversal of symptoms and recovery.

Educate patients and their families about the symptoms of lactic acidosis and if these symptoms occur instruct them to discontinue TRAJENTA DUO and report these symptoms to their healthcare provider.

For each of the known and possible risk factors for metformin-associated lactic acidosis, recommendations to reduce the risk of and manage metformin-associated lactic acidosis are provided below:

*Renal Impairment:* The postmarketing metformin-associated lactic acidosis cases primarily occurred in patients with significant renal impairment. The risk of metformin accumulation and metformin-associated lactic acidosis increases with the severity of renal impairment because metformin is substantially excreted by the kidney. Clinical recommendations based upon the patient's renal function include [see *Dosage and Administration (5.2) and Clinical Pharmacology (14.3)*]:

- Before initiating TRAJENTA DUO, obtain an estimated glomerular filtration rate (eGFR).
- TRAJENTA DUO is contraindicated in patients with an eGFR less than 30 mL/min/1.73 m<sup>2</sup> [see *Contraindications (7)*].
- Initiation of TRAJENTA DUO is not recommended in patients with eGFR between 30 – 45 mL/min/1.73 m<sup>2</sup>.
- Obtain an eGFR at least annually in all patients taking TRAJENTA DUO. In patients at increased risk for the development of renal impairment (e.g., the elderly), renal function should be assessed more frequently.
- In patients taking TRAJENTA DUO whose eGFR later falls below 45 mL/min/1.73 m<sup>2</sup>, assess the benefit and risk of continuing therapy

*Drug Interactions:* The concomitant use of TRAJENTA DUO with specific drugs may increase the risk of metformin-associated lactic acidosis: those that impair renal function, result in significant hemodynamic change, interfere with acid-base balance or increase metformin accumulation [see *Drug Interactions (10)*]. Therefore, consider more frequent monitoring of patients.

Trajenta duo	Prescribing Information
File coated tablets 2.5mg/500mg, 2.5mg/850mg, 2.5mg/1,000mg	September 2023

*Age 65 or Greater:* The risk of metformin-associated lactic acidosis increases with the patient's age because elderly patients have a greater likelihood of having hepatic, renal, or cardiac impairment than younger patients. Assess renal function more frequently in elderly patients [see *Use in Specific Populations (11.5)*].

**Radiological studies and surgical procedures:**

Radiologic studies involving the use of intravascular iodinated contrast materials (e.g., intravenous urogram, intravenous cholangiography, angiography, and computed tomography) can lead to acute alteration of renal function and have been associated with lactic acidosis in patients receiving metformin. Therefore, in patients in whom any such study is planned, TRAJENTA-DUO should be temporarily discontinued at the time of or prior to the procedure, and withheld for 48 hours subsequent to the procedure and reinstated only after renal function has been confirmed to be stable.

*Surgery and Other Procedures:* Withholding of food and fluids during surgical or other procedures may increase the risk for volume depletion, hypotension and renal impairment. TRAJENTA DUO should be temporarily discontinued while patients have restricted food and fluid intake.

*Hypoxic States:* Several of the postmarketing cases of metformin-associated lactic acidosis occurred in the setting of acute congestive heart failure (particularly when accompanied by hypoperfusion and hypoxemia). Cardiovascular collapse (shock), acute myocardial infarction, sepsis, and other conditions associated with hypoxemia have been associated with lactic acidosis and may also cause prerenal azotemia. When such events occur, discontinue TRAJENTA DUO.

*Excessive Alcohol Intake:* Alcohol potentiates the effect of metformin on lactate metabolism and this may increase the risk of metformin-associated lactic acidosis. Warn patients against excessive alcohol intake while receiving TRAJENTA DUO.

*Hepatic Impairment:* Patients with hepatic impairment have developed cases of metformin-associated lactic acidosis. This may be due to impaired lactate clearance resulting in higher lactate blood levels. Therefore, avoid use of TRAJENTA DUO in patients with clinical or laboratory evidence of hepatic disease.

## 8.2 Pancreatitis

Acute pancreatitis, including fatal pancreatitis, has been reported in patients treated with linagliptin. In the CARMELINA trial [see *Clinical Studies (16.2)*], acute pancreatitis was reported in 9 (0.3%) patients treated with linagliptin and in 5 (0.1%) patients treated with placebo. Two patients treated with linagliptin in the CARMELINA trial had acute pancreatitis with a fatal outcome.

There have been postmarketing reports of acute pancreatitis, including fatal pancreatitis, in patients treated with linagliptin. Take careful notice of potential signs and symptoms of pancreatitis. If pancreatitis is suspected, promptly discontinue TRAJENTA DUO and initiate appropriate management. It is unknown whether patients with a history of pancreatitis are at increased risk for the development of pancreatitis while using TRAJENTA DUO.

Trajenta duo	Prescribing Information
File coated tablets 2.5mg/500mg, 2.5mg/850mg, 2.5mg/1,000mg	September 2023

### 8.3 Hypoglycemia with Concomitant Use with Insulin and Insulin Secretagogues

Insulin secretagogues and insulin are known to cause hypoglycemia. The risk of hypoglycemia is increased when TRAJENTA DUO is used in combination with an insulin secretagogue (e.g., sulfonylurea) or insulin [see *Adverse Reactions (9.1)*]. Therefore, a lower dosage of the insulin secretagogue or insulin may be required to reduce the risk of hypoglycemia when used in combination with TRAJENTA DUO.

### 8.4 Hypersensitivity Reactions

There have been postmarketing reports of serious hypersensitivity reactions in patients treated with linagliptin. These reactions include anaphylaxis, angioedema, and exfoliative skin conditions. Onset of these reactions occurred predominantly within the first 3 months after initiation of treatment with linagliptin, with some reports occurring after the first dose. If a serious hypersensitivity reaction is suspected, discontinue TRAJENTA DUO, assess for other potential causes for the event, and institute alternative treatment for diabetes mellitus.

Angioedema has also been reported with other dipeptidyl peptidase-4 (DPP-4) inhibitors. Use caution in a patient with a history of angioedema to another DPP-4 inhibitor because it is unknown whether such patients will be predisposed to angioedema with TRAJENTA DUO.

### 8.5 Vitamin B<sub>12</sub> Deficiency

In metformin clinical trials of 29-week duration, a decrease to subnormal levels of previously normal serum vitamin B<sub>12</sub> levels was observed in approximately 7% of metformin-treated patients. Such decrease, possibly due to interference with B<sub>12</sub> absorption from the B<sub>12</sub>-intrinsic factor complex, may be associated with anemia but appears to be rapidly reversible with discontinuation of metformin or vitamin B<sub>12</sub> supplementation. Certain individuals (those with inadequate vitamin B<sub>12</sub> or calcium intake or absorption) appear to be predisposed to developing subnormal vitamin B<sub>12</sub> levels.

Measure hematologic parameters on an annual basis and vitamin B12 at 2 to 3 year intervals in patients on JENTADUETO and manage any abnormalities [see *Adverse Reactions (9.1)*].

### 8.6 Severe and Disabling Arthralgia

There have been postmarketing reports of severe and disabling arthralgia in patients taking linagliptin. The time to onset of symptoms following initiation of drug therapy varied from one day to years. Patients experienced relief of symptoms upon discontinuation of the medication. A subset of patients experienced a recurrence of symptoms when restarting the same drug or a different DPP-4 inhibitor. Consider DPP-4 inhibitors as a possible cause for severe joint pain and discontinue drug if appropriate.

Trajenta duo	Prescribing Information
File coated tablets 2.5mg/500mg, 2.5mg/850mg, 2.5mg/1,000mg	September 2023

## 8.7 Bullous Pemphigoid

Bullous pemphigoid was reported in 7 (0.2%) patients treated with linagliptin compared to none in patients treated with placebo in the CARMELINA trial [see *Clinical Studies (16.2)*], and 3 of these patients were hospitalized due to bullous pemphigoid. Postmarketing cases of bullous pemphigoid requiring hospitalization have been reported with DPP-4 inhibitor use. In reported cases, patients typically recovered with topical or systemic immunosuppressive treatment and discontinuation of the DPP-4 inhibitor. Tell patients to report development of blisters or erosions while receiving TRAJENTA DUO. If bullous pemphigoid is suspected, TRAJENTA DUO should be discontinued and referral to a dermatologist should be considered for diagnosis and appropriate treatment.

## 8.8 Heart Failure

An association between DPP-4 inhibitor treatment and heart failure has been observed in cardiovascular outcomes trials for two other members of the DPP-4 inhibitor class. These trials evaluated patients with type 2 diabetes mellitus and atherosclerotic cardiovascular disease.

Consider the risks and benefits of TRAJENTA DUO prior to initiating treatment in patients at risk for heart failure, such as those with a prior history of heart failure and a history of renal impairment, and observe these patients for signs and symptoms of heart failure during therapy. Advise patients of the characteristic symptoms of heart failure and to immediately report such symptoms. If heart failure develops, evaluate and manage according to current standards of care and consider discontinuation of TRAJENTA DUO.

## 9 ADVERSE REACTIONS

The following serious adverse reactions are described below or elsewhere in the prescribing information:

- Lactic Acidosis [see *Warnings and Precautions (8.1)*]
- Pancreatitis [see *Warnings and Precautions (8.2)*]
- Hypoglycemia with Concomitant Use with Insulin and Insulin Secretagogues [see *Warnings and Precautions (8.3)*]
- Hypersensitivity Reactions [see *Warnings and Precautions (8.4)*]
- Vitamin B12 Deficiency [see *Warnings and Precautions (8.5)*]
- Severe and Disabling Arthralgia [see *Warnings and Precautions (8.6)*]
- Bullous Pemphigoid [see *Warnings and Precautions (8.7)*]
- Heart Failure [see *Warnings and Precautions (8.8)*]

### 9.1 Clinical Trials Experience

Because clinical trials are conducted under widely varying conditions, adverse reaction rates observed in the clinical trials of a drug cannot be directly compared to rates in the clinical trials of another drug and may not reflect the rates observed in practice.

Trajenta duo	Prescribing Information
File coated tablets 2.5mg/500mg, 2.5mg/850mg, 2.5mg/1,000mg	September 2023

### *Linagliptin/Metformin*

The safety of concomitantly administered linagliptin (daily dosage 5 mg) and metformin (mean daily dosage of approximately 1,800 mg) has been evaluated in 2,816 patients with type 2 diabetes mellitus treated for  $\geq 12$  weeks in clinical trials.

Three placebo-controlled trials with linagliptin + metformin were conducted: 2 studies were 24 weeks in duration, 1 trial was 12 weeks in duration. In the 3 placebo-controlled clinical studies, adverse reactions which occurred in  $\geq 5\%$  of patients receiving linagliptin + metformin (n=875) and were more common than in patients given placebo + metformin (n=539) included nasopharyngitis (5.7% vs 4.3%).

In a 24-week factorial design trial, adverse reactions reported in  $\geq 5\%$  of patients receiving linagliptin + metformin and were more common than in patients given placebo are shown in Table 1.

**Table 1 Adverse Reactions Reported in  $\geq 5\%$  of Patients Treated with Linagliptin + Metformin and Greater than with Placebo in a 24-week Factorial-Design Trial**

Adverse Reactions	Placebo (%) n=72	Linagliptin Monotherapy (%) n=142	Metformin Monotherapy (%) n=291	Combination of Linagliptin with Metformin (%) n=286
Nasopharyngitis	1.4	5.6	2.7	6.3
Diarrhea	2.8	3.5	3.8	6.3

Other adverse reactions reported in clinical studies with treatment of linagliptin + metformin were hypersensitivity (e.g., urticaria, angioedema, or bronchial hyperreactivity), cough, decreased appetite, nausea, vomiting, pruritus, and pancreatitis.

### *Linagliptin*

Adverse reactions reported in  $\geq 2\%$  of patients treated with linagliptin 5 mg and more commonly than in patients treated with placebo included: nasopharyngitis (7.0% vs 6.1%), diarrhea (3.3% vs 3.0%), and cough (2.1% vs 1.4%).

Rates for other adverse reactions for linagliptin 5 mg vs placebo when linagliptin was used in combination with specific anti-diabetic agents were: urinary tract infection (3.1% vs 0%) and hypertriglyceridemia (2.4% vs 0%) when linagliptin was used as add-on to sulfonylurea; hyperlipidemia (2.7% vs 0.8%) and weight increased (2.3% vs 0.8%) when linagliptin was used as add-on to pioglitazone; and constipation (2.1% vs 1%) when linagliptin was used as add-on to basal insulin therapy.



Trajenta duo	Prescribing Information
File coated tablets 2.5mg/500mg, 2.5mg/850mg, 2.5mg/1,000mg	September 2023

Other adverse reactions reported in clinical studies with treatment of linagliptin monotherapy were hypersensitivity (e.g., urticaria, angioedema, localized skin exfoliation, or bronchial hyperreactivity) and myalgia. In the clinical trial program, pancreatitis was reported in 15.2 cases per 10,000 patient year exposure while being treated with linagliptin compared with 3.7 cases per 10,000 patient year exposure while being treated with comparator (placebo and active comparator, sulfonylurea). Three additional cases of pancreatitis were reported following the last administered dose of linagliptin.

### *Metformin*

The most common (>5%) adverse reactions due to initiation of metformin therapy are diarrhea, nausea/vomiting, flatulence, abdominal discomfort, indigestion, asthenia and headache.

### Other Adverse Reactions

#### *Hypoglycemia*

#### Linagliptin/Metformin

In a 24-week factorial design trial, hypoglycemia was reported in 4 (1.4%) of 286 subjects treated with linagliptin + metformin, 6 (2.1%) of 291 subjects treated with metformin, and 1 (1.4%) of 72 subjects treated with placebo. The incidence of hypoglycemia with plasma glucose <54 mg/dL was 8.1% in the linagliptin group (N=792) compared to 5.3% in the placebo group (N=263) when administered in combination with metformin and sulfonylurea in a 24-week trial.

#### Linagliptin

The incidence of severe hypoglycemia (requiring assistance) was 1.7% in the linagliptin group (N=631) compared to 1.1% in the placebo group (N=630) when administered in combination with basal insulin in a 52 week trial.

### *Laboratory Test Abnormalities in Clinical Trials of Linagliptin or Metformin*

#### Linagliptin

*Increase in Uric Acid:* Changes in laboratory values that occurred more frequently in the linagliptin group and  $\geq 1\%$  more than in the placebo group were increases in uric acid (1.3% in the placebo group, 2.7% in the linagliptin group).

*Increase in Lipase:* In a placebo-controlled clinical trial with linagliptin in type 2 diabetes mellitus patients with micro- or macroalbuminuria, a mean increase of 30% in lipase concentrations from baseline to 24 weeks was observed in the linagliptin arm compared to a mean decrease of 2% in the placebo arm. Lipase levels above 3 times upper limit of normal were seen in 8.2% compared to 1.7% patients in the linagliptin and placebo arms, respectively.

*Increase in Amylase:* In a cardiovascular safety trial comparing linagliptin versus glimepiride in patients with type 2 diabetes mellitus, amylase levels above 3 times upper limit of normal were seen in 1.0% compared to 0.5% of patients in the linagliptin and glimepiride arms, respectively.

The clinical significance of elevations in lipase and amylase with linagliptin is unknown in the absence of potential signs and symptoms of pancreatitis [*see Warnings and Precautions (5.2)*].

Trajenta duo	Prescribing Information
File coated tablets 2.5mg/500mg, 2.5mg/850mg, 2.5mg/1,000mg	September 2023

## Metformin

*Decrease in Vitamin B<sub>12</sub>*: In metformin clinical trials of 29-week duration a decrease to subnormal levels of previously normal serum vitamin B<sub>12</sub> levels was observed in approximately 7% of patients.

## **9.2 Postmarketing Experience**

The following adverse reactions have been identified during postapproval use. Because these reactions are reported voluntarily from a population of uncertain size, it is generally not possible to reliably estimate their frequency or establish a causal relationship to drug exposure.

### Linagliptin

- Gastrointestinal Disorders: Acute pancreatitis, including fatal pancreatitis [*see Indications and Usage (4)*], mouth ulceration, stomatitis
- Immune System Disorders: Hypersensitivity reactions including anaphylaxis, angioedema, and exfoliative skin conditions
- Musculoskeletal and Connective Tissue Disorders: Rhabdomyolysis, severe and disabling arthralgia
- Skin and Subcutaneous Tissue Disorders: Bullous pemphigoid, Rash

### Metformin

- Hepatobiliary Disorders: Cholestatic, hepatocellular, and mixed hepatocellular liver injury

### Reporting of suspected adverse reactions

Reporting suspected adverse reactions after authorisation of the medicinal product is important. It allows continued monitoring of the benefit/risk balance of the medicinal product.

Any suspected adverse events should be reported to the Ministry of Health according to the National Regulation by using an online form

<https://sideeffects.health.gov.il/>

## **10 DRUG INTERACTIONS**

Table 2 describes clinically relevant interactions with Trajenta Duo.

### **Table 2 Clinically Relevant Interactions with TRAJENTA DUO**

Trajenta duo	Prescribing Information
File coated tablets 2.5mg/500mg, 2.5mg/850mg, 2.5mg/1,000mg	September 2023

<b>Carbonic Anhydrase Inhibitors</b>	
<b>Clinical Impact</b>	Topiramate or other carbonic anhydrase inhibitors (e.g., zonisamide, acetazolamide or dichlorphenamide) frequently cause a decrease in serum bicarbonate and induce non-anion gap, hyperchloremic metabolic acidosis. Concomitant use of these drugs with TRAJENTA DUO may increase the risk of lactic acidosis.
<b>Intervention</b>	Consider more frequent monitoring of these patients.
<b>Drugs that Reduce Metformin Clearance</b>	
<b>Clinical Impact</b>	Concomitant use of drugs that interfere with common renal tubular transport systems involved in the renal elimination of metformin (e.g., organic cationic transporter-2 [OCT2] / multidrug and toxin extrusion [MATE] inhibitors such as ranolazine, vandetanib, dolutegravir, and cimetidine) could increase systemic exposure to metformin and may increase the risk for lactic acidosis [see Clinical Pharmacology (14.3)].
<b>Intervention</b>	Consider the benefits and risks of concomitant use.
<b>Alcohol</b>	
<b>Clinical Impact</b>	Alcohol is known to potentiate the effect of metformin on lactate metabolism.
<b>Intervention</b>	Warn patients against excessive alcohol intake while receiving TRAJENTA DUO.
<b>Insulin or Insulin Secretagogues</b>	
<b>Clinical Impact</b>	The risk of hypoglycemia is increased when TRAJENTA DUO is used in combination with an insulin secretagogue (e.g., sulfonylurea) or insulin.
<b>Intervention</b>	Coadministration of TRAJENTA DUO with an insulin secretagogue (e.g., sulfonylurea) or insulin may require lower dosages of the insulin secretagogue or insulin to reduce the risk of hypoglycemia.
<b>Drugs Affecting Glycemic Control</b>	

Trajenta duo	Prescribing Information
File coated tablets 2.5mg/500mg, 2.5mg/850mg, 2.5mg/1,000mg	September 2023

Clinical Impact	Certain drugs tend to produce hyperglycemia and may lead to loss of glycemic control. These drugs include the thiazides and other diuretics, corticosteroids, phenothiazines, thyroid products, estrogens, oral contraceptives, phenytoin, nicotinic acid, sympathomimetics, calcium channel blocking drugs, and isoniazid.
Intervention	When such drugs are administered to a patient receiving TRAJENTA DUO, the patient should be closely observed to maintain adequate glycemic control. When such drugs are withdrawn from a patient receiving TRAJENTA DUO, the patient should be observed closely for hypoglycemia.
Inducers of P-glycoprotein or CYP3A4 Enzymes	
Clinical Impact	Rifampin decreased linagliptin exposure, suggesting that the efficacy of linagliptin may be reduced when administered in combination with a strong P-gp or CYP3A4 inducer.
Intervention	Use of alternative treatments is strongly recommended when linagliptin is to be administered with a strong P-gp or CYP3A4 inducer.

## 11 USE IN SPECIFIC POPULATIONS

### 11.1 Pregnancy

#### Risk Summary

The limited data with TRAJENTA DUO and linagliptin use in pregnant women are not sufficient to inform a TRAJENTA DUO-associated or linagliptin-associated risk for major birth defects and miscarriage. Published studies with metformin use during pregnancy have not reported a clear association with metformin and major birth defect or miscarriage risk [see Data]. There are risks to the mother and fetus associated with poorly controlled diabetes in pregnancy [see Clinical Considerations].

In animal reproduction studies, no adverse developmental effects were observed when the combination of linagliptin and metformin was administered to pregnant rats during the period of organogenesis at doses similar to the maximum recommended clinical dose, based on exposure [see Data].

The estimated background risk of major birth defects is 6% to 10% in women with pre-gestational diabetes with a HbA1c > 7 and has been reported to be as high as 20% to 25% in women with HbA1c > 10. The estimated background risk of miscarriage for the indicated population is unknown. In the U.S. general population, the estimated background risk of major birth defects and miscarriage in clinically recognized pregnancies is 2% to 4% and 15% to 20%, respectively.

Trajenta duo	Prescribing Information
File coated tablets 2.5mg/500mg, 2.5mg/850mg, 2.5mg/1,000mg	September 2023

## Clinical Considerations

### *Disease-associated maternal and/or embryo/fetal risk*

Poorly controlled diabetes in pregnancy increases the maternal risk for diabetic ketoacidosis, preeclampsia, spontaneous abortions, preterm delivery, and delivery complications. Poorly controlled diabetes increases the fetal risk for major birth defects, stillbirth, and macrosomia-related morbidity.

## Data

### *Human Data*

Published data from postmarketing studies have not reported a clear association with metformin and major birth defects, miscarriage, or adverse maternal or fetal outcomes when metformin was used during pregnancy. However, these studies cannot definitely establish the absence of any metformin-associated risk because of methodological limitations, including small sample size and inconsistent comparator groups.

### *Animal Data*

Linagliptin and metformin, the components of TRAJENTA DUO, were coadministered to pregnant Wistar Han rats during the period of organogenesis. No adverse developmental outcome was observed at doses similar to the maximum recommended clinical dose, based on exposure. At higher doses associated with maternal toxicity, the metformin component of the combination was associated with an increased incidence of fetal rib and scapula malformations at  $\geq 9$ -times a 2,000 mg clinical dose, based on exposure.

### *Linagliptin*

No adverse developmental outcome was observed when linagliptin was administered to pregnant Wistar Han rats and Himalayan rabbits during the period of organogenesis at doses up to 240 mg/kg/day and 150 mg/kg/day, respectively. These doses represent approximately 943 times (rats) and 1,943 times (rabbits) the 5 mg maximum clinical dose, based on exposure. No adverse functional, behavioral, or reproductive outcome was observed in offspring following administration of linagliptin to Wistar Han rats from gestation day 6 to lactation day 21 at a dose 49 times the maximum recommended human dose, based on exposure.

Linagliptin crosses the placenta into the fetus following oral dosing in pregnant rats and rabbits.

### *Metformin HCl*

Metformin HCl did not cause adverse developmental effects when administered to pregnant Sprague Dawley rats and rabbits at doses up to 600 mg/kg/day during the period of organogenesis. This represents an exposure of approximately 2- and 6-times a clinical dose of 2,000 mg, based on body surface area ( $\text{mg}/\text{m}^2$ ) for rats and rabbits, respectively.

## 11.2 Lactation

### Risk Summary

There is limited information regarding the presence of TRAJENTA DUO or its components (linagliptin or metformin) in human milk, the effects on the breastfed infant, or the effects on milk

Trajenta duo	Prescribing Information
File coated tablets 2.5mg/500mg, 2.5mg/850mg, 2.5mg/1,000mg	September 2023

production. However, linagliptin is present in rat milk. Limited published studies report that metformin is present in human milk [see *Data*]. Therefore, the developmental and health benefits of breastfeeding should be considered along with the mother's clinical need for TRAJENTA DUO and any potential adverse effects on the breastfed child from TRAJENTA DUO or from the underlying maternal condition.

#### Data

Published clinical lactation studies report that metformin is present in human milk which resulted in infant doses approximately 0.11% to 1% of the maternal weight-adjusted dosage and a milk/plasma ratio ranging between 0.13 and 1. However, the studies were not designed to definitely establish the risk of use of metformin during lactation because of small sample size and limited adverse event data collected in infants.

### 11.3 Females and Males of Reproductive Potential

Discuss the potential for unintended pregnancy with premenopausal women as therapy with metformin may result in ovulation in some anovulatory women.

### 11.4 Pediatric Use

Safety and effectiveness of TRAJENTA DUO in pediatric patients under 18 years of age have not been established.

### 11.5 Geriatric Use

Linagliptin is minimally excreted by the kidney; however, metformin is substantially excreted by the kidney [see *Warnings and Precautions (8.1) and Clinical Pharmacology (14.3)*].

#### *Linagliptin*

In linagliptin studies, 1,085 linagliptin-treated patients were 65 years of age and older and 131 patients were 75 years of age and older. In these linagliptin studies, no overall differences in safety or effectiveness of linagliptin were observed between geriatric patients and younger adult patients.

#### *Metformin*

Controlled clinical studies of metformin did not include sufficient numbers of elderly patients to determine whether they respond differently from younger patients.

In general, dose selection for an elderly patient should be cautious, usually starting at the low end of the dosing range, reflecting the greater frequency of decreased hepatic, renal, or cardiac function, and of concomitant disease or other drug therapy and the higher risk of lactic acidosis. Assess renal function more frequently in elderly patients [see *Contraindications (7), Warnings and Precautions (8.1), and Clinical Pharmacology (14.3)*].

### 11.6 Renal Impairment

Metformin is substantially excreted by the kidney, and the risk of metformin accumulation and lactic acidosis increases with the degree of renal impairment. TRAJENTA DUO is contraindicated in severe renal impairment, patients with an estimated glomerular filtration rate (eGFR) below 30 mL/min/1.73 m<sup>2</sup> [see *Dosage and Administration (5.2), Contraindications (7), Warnings and Precautions (8.1), and Clinical Pharmacology (14.3)*].

Trajenta duo	Prescribing Information
File coated tablets 2.5mg/500mg, 2.5mg/850mg, 2.5mg/1,000mg	September 2023

In the linagliptin treatment arm of the CARMELINA trial [see *Clinical Studies (16.2)*], 2,200 (63%) patients had renal impairment (eGFR <60 mL/min/1.73m<sup>2</sup>). Approximately 20% of the population had eGFR ≥45 to <60 mL/min/1.73 m<sup>2</sup>, 28% of the population had eGFR ≥30 to <45 mL/min/1.73 m<sup>2</sup> and 15% had eGFR <30 mL/min/1.73 m<sup>2</sup>. The overall incidence of adverse reactions were generally similar between the linagliptin and placebo treatment arms.

### 11.7 Hepatic Impairment

Use of metformin in patients with hepatic impairment has been associated with some cases of lactic acidosis. TRAJENTA DUO is not recommended in patients with hepatic impairment [see *Warnings and Precautions (8.1)*].

## 12 OVERDOSAGE

In the event of an overdose with TRAJENTA DUO consider contacting poison control center or medical toxicologist for additional overdose management recommendations.

Overdose of metformin HCl has occurred, including ingestion of amounts greater than 50 grams. Lactic acidosis has been reported in approximately 32% of metformin overdose cases [see *Warnings and Precautions (8.1)*]. Metformin is dialyzable with a clearance of up to 170 mL/min under good hemodynamic conditions. Therefore, hemodialysis may be useful for removal of accumulated drug from patients in whom metformin overdose is suspected.

Removal of linagliptin by hemodialysis or peritoneal dialysis is unlikely.

## 13 DESCRIPTION

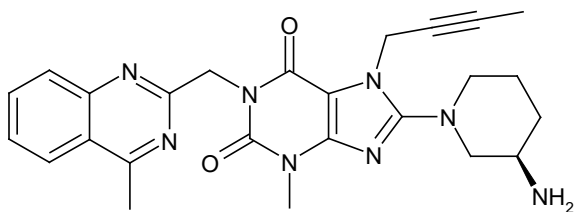
TRAJENTA DUO tablets for oral use contain: linagliptin and metformin HCl.

### *Linagliptin*

Linagliptin is an inhibitor of the dipeptidyl peptidase-4 (DPP-4) enzyme.

The chemical name of linagliptin is 1H-Purine-2,6-dione, 8-[(3R)-3-amino-1-piperidinyl]-7-(2-butyn-1-yl)-3,7-dihydro-3-methyl-1-[(4-methyl-2-quinazolinyl)methyl]-

The molecular formula is C<sub>25</sub>H<sub>28</sub>N<sub>8</sub>O<sub>2</sub> and the molecular weight is 472.54 g/mol. The structural formula is:

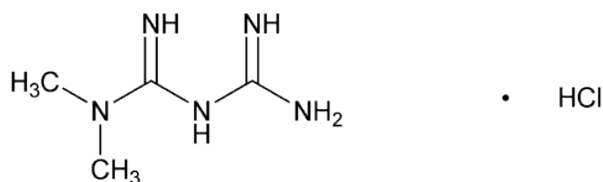


Trajenta duo	Prescribing Information
File coated tablets 2.5mg/500mg, 2.5mg/850mg, 2.5mg/1,000mg	September 2023

Linagliptin is a white to yellowish, not or only slightly hygroscopic solid substance. It is very slightly soluble in water (0.9 mg/mL). Linagliptin is soluble in methanol (ca. 60 mg/mL), sparingly soluble in ethanol (ca. 10 mg/mL), very slightly soluble in isopropanol (<1 mg/mL), and very slightly soluble in acetone (ca. 1 mg/mL).

### *Metformin HCl*

Metformin HCl (*N,N*-dimethylimidodicarbonimidic diamide hydrochloride) is a biguanide. Metformin HCl is a white to off-white crystalline compound with a molecular formula of  $C_4H_{11}N_5 \cdot HCl$  and a molecular weight of 165.63 g/mol. Metformin HCl is freely soluble in water and is practically insoluble in acetone, ether, and chloroform. The pKa of metformin is 12.4. The pH of a 1% aqueous solution of metformin hydrochloride is 6.68. The structural formula is:



### *TRAJENTA DUO*

TRAJENTA DUO is available for oral administration as tablets containing:

- 2.5 mg linagliptin and 500 mg metformin HCl (TRAJENTA DUO 2.5 mg/500 mg)
- 2.5 mg linagliptin and 850 mg metformin HCl (TRAJENTA DUO 2.5 mg/850 mg)
- 2.5 mg linagliptin and 1,000 mg metformin HCl (TRAJENTA DUO 2.5 mg/1000 mg)

Each film-coated tablet of TRAJENTA DUO contains the following inactive ingredients: copovidone, maize starch, arginine, magnesium stearate, silica colloidal anhydrous, hypromellose, titanium dioxide, talc, propylene glycol, Iron oxide, red (2.5 mg/850 mg; 2.5 mg/1000 mg) and/or Iron oxide, yellow (2.5 mg/500 mg; 2.5 mg/850 mg).

## **14 CLINICAL PHARMACOLOGY**

### **14.1 Mechanism of Action**

#### *TRAJENTA DUO*

TRAJENTA DUO contains: linagliptin, a dipeptidyl peptidase-4 (DPP-4) inhibitor, and metformin, a biguanide .

#### *Linagliptin*

Linagliptin is an inhibitor of DPP-4, an enzyme that degrades the incretin hormones glucagon-like peptide-1 (GLP-1) and glucose-dependent insulinotropic polypeptide (GIP). Thus, linagliptin increases the concentrations of active incretin hormones, stimulating the release of insulin in a glucose-dependent manner and decreasing the levels of glucagon in the circulation. Both incretin hormones are involved in the physiological regulation of glucose homeostasis. Incretin hormones are secreted at a low basal level throughout the day and levels rise immediately after meal intake. GLP-1 and GIP increase insulin biosynthesis and secretion from pancreatic beta cells in the presence



Trajenta duo	Prescribing Information
File coated tablets 2.5mg/500mg, 2.5mg/850mg, 2.5mg/1,000mg	September 2023

of normal and elevated blood glucose levels. Furthermore, GLP-1 also reduces glucagon secretion from pancreatic alpha cells, resulting in a reduction in hepatic glucose output.

### *Metformin HCl*

Metformin is an antihyperglycemic agent which improves glucose tolerance in patients with type 2 diabetes mellitus, lowering both basal and postprandial plasma glucose. Metformin decreases hepatic glucose production, decreases intestinal absorption of glucose, and improves insulin sensitivity by increasing peripheral glucose uptake and utilization. With metformin therapy, insulin secretion remains unchanged while fasting insulin levels and day-long plasma insulin response may decrease.

## **14.2 Pharmacodynamics**

### *Linagliptin*

Linagliptin binds to DPP-4 in a reversible manner and increases the concentrations of incretin hormones. Linagliptin glucose-dependently increases insulin secretion and lowers glucagon secretion, thus resulting in a better regulation of the glucose homeostasis. Linagliptin binds selectively to DPP-4 and selectively inhibits DPP-4, but not DPP-8 or DPP-9 activity *in vitro* at concentrations approximating therapeutic exposures.

### *Cardiac Electrophysiology*

In a randomized, placebo-controlled, active-comparator, 4-way crossover study, 36 healthy subjects were administered a single oral dose of linagliptin 5 mg, linagliptin 100 mg (20 times the recommended dose), moxifloxacin, and placebo. No increase in QTc was observed with either the recommended dose of 5 mg or the 100-mg dose. At the 100-mg dose, peak linagliptin plasma concentrations were approximately 38-fold higher than the peak concentrations following a 5-mg dose.

## **14.3 Pharmacokinetics**

### *TRAJENTA DUO*

Administration of linagliptin 2.5 mg/metformin HCl 1,000 mg fixed-dose combination with food resulted in no change in overall exposure of linagliptin. There was no change in metformin AUC; however, mean peak serum concentration of metformin was decreased by 18% when administered with food. A delayed time-to-peak serum concentrations by 2 hours was observed for metformin under fed conditions. These changes are not likely to be clinically significant.

### *Absorption*

#### Linagliptin

The absolute bioavailability of linagliptin is approximately 30%. Following oral administration, plasma concentrations of linagliptin decline in at least a biphasic manner with a long terminal half-life (>100 hours), related to the saturable binding of linagliptin to DPP-4. However, the prolonged elimination does not contribute to the accumulation of the drug. The effective half-life for accumulation of linagliptin, as determined from oral administration of multiple doses of linagliptin 5 mg, is approximately 12 hours. After once-daily dosing, steady state plasma concentrations of linagliptin 5 mg are reached by the third dose, and  $C_{max}$  and AUC increased by a factor of 1.3 at steady-state compared with the first dose. Plasma AUC of linagliptin increased in a less than dose-

Trajenta duo	Prescribing Information
File coated tablets 2.5mg/500mg, 2.5mg/850mg, 2.5mg/1,000mg	September 2023

proportional manner in the dose range of 1 to 10 mg. The pharmacokinetics of linagliptin is similar in healthy subjects and in patients with type 2 diabetes mellitus.

### Metformin HCl

The absolute bioavailability of a metformin HCl 500 mg tablet given under fasting conditions is approximately 50% to 60%. Studies using single oral doses of metformin tablets 500 mg to 1,500 mg, and 850 mg to 2,550 mg, indicate that there is a lack of dose proportionality with increasing doses, which is due to decreased absorption rather than an alteration in elimination.

### *Distribution*

#### Linagliptin

The mean apparent volume of distribution at steady state following a single intravenous dose of linagliptin 5 mg to healthy subjects is approximately 1,110 L, indicating that linagliptin extensively distributes to the tissues. Plasma protein binding of linagliptin is concentration-dependent decreasing from about 99% at 1 nmol/L to 75% to 89% at  $\geq 30$  nmol/L, reflecting saturation of binding to DPP-4 with increasing concentration of linagliptin. At high concentrations, where DPP-4 is fully saturated, 70% to 80% of linagliptin remains bound to plasma proteins and 20% to 30% is unbound in plasma. Plasma binding is not altered in patients with renal or hepatic impairment.

#### Metformin HCl

The apparent volume of distribution (V/F) of metformin following single oral doses of immediate-release metformin HCl tablets 850 mg averaged  $654 \pm 358$  L. Metformin is negligibly bound to plasma proteins Metformin partitions into erythrocytes, most likely as a function of time.

### *Elimination*

**Linagliptin:** Linagliptin has a terminal half-life of about 200 hours at steady-state, though the accumulation half-life is about 11 hours. Renal clearance at steady-state was approximately 70 mL/min.

**Metformin HCl:** Metformin has a plasma elimination half-life of approximately 6.2 hours. In blood, the elimination half-life is approximately 17.6 hours, suggesting that the erythrocyte mass may be a compartment of distribution.

### *Metabolism*

**Linagliptin:** Following oral administration, the majority (about 90%) of linagliptin is excreted unchanged, indicating that metabolism represents a minor elimination pathway. A small fraction of absorbed linagliptin is metabolized to a pharmacologically inactive metabolite, which shows a steady-state exposure of 13.3% relative to linagliptin.

**Metformin HCl:** Intravenous single-dose studies in normal subjects demonstrate that metformin does not undergo hepatic metabolism (no metabolites have been identified in humans) nor biliary excretion.

Trajenta duo	Prescribing Information
File coated tablets 2.5mg/500mg, 2.5mg/850mg, 2.5mg/1,000mg	September 2023

### *Excretion*

**Linagliptin:** Following administration of an oral [<sup>14</sup>C] linagliptin dose to healthy subjects, approximately 85% of the administered radioactivity was eliminated via the enterohepatic system (80%) or urine (5%) within 4 days of dosing.

**Metformin HCl:** Following oral administration, approximately 90% of the absorbed drug is excreted via the renal route within the first 24 hours. Renal clearance is approximately 3.5 times greater than creatinine clearance, which indicates that tubular secretion is the major route of metformin elimination.

### *Specific Populations*

#### Renal Impairment

**TRAJENTA DUO:** Studies characterizing the pharmacokinetics of linagliptin and metformin after administration of TRAJENTA DUO in renally impaired patients have not been performed.

**Linagliptin:** Under steady-state conditions, linagliptin exposure in patients with mild renal impairment was comparable to healthy subjects. In patients with moderate renal impairment under steady-state conditions, mean exposure of linagliptin increased ( $AUC_{\tau,ss}$  by 71% and  $C_{max}$  by 46%) compared with healthy subjects. This increase was not associated with a prolonged accumulation half-life, terminal half-life, or an increased accumulation factor. Renal excretion of linagliptin was below 5% of the administered dose and was not affected by decreased renal function.

Patients with type 2 diabetes mellitus and severe renal impairment showed steady-state exposure approximately 40% higher than that of patients with type 2 diabetes mellitus and normal renal function (increase in  $AUC$  by 42% and  $C_{max}$  by 35%). For both type 2 diabetes mellitus groups, renal excretion was below 7% of the administered dose.

These findings were further supported by the results of population pharmacokinetic analyses.

**Metformin HCl:** In patients with decreased renal function, the plasma and blood half-life of metformin is prolonged and the renal clearance is decreased [*see Contraindications (7) and Warnings and Precautions (8.1)*].

#### Hepatic Impairment

**TRAJENTA DUO:** Studies characterizing the pharmacokinetics of linagliptin and metformin after administration of TRAJENTA DUO in hepatically impaired patients have not been performed [*see Warnings and Precautions (8.1)*].

**Linagliptin:** In patients with mild hepatic impairment (Child-Pugh class A) steady-state exposure ( $AUC_{\tau,ss}$ ) of linagliptin was approximately 25% lower and  $C_{max,ss}$  was approximately 36% lower than in healthy subjects. In patients with moderate hepatic impairment (Child-Pugh class B),  $AUC_{ss}$  of linagliptin was about 14% lower and  $C_{max,ss}$  was approximately 8% lower than in healthy subjects. Patients with severe hepatic impairment (Child-Pugh class C) had comparable exposure of linagliptin in terms of  $AUC_{0-24}$  and approximately 23% lower  $C_{max}$  compared with healthy subjects.

Trajenta duo	Prescribing Information
File coated tablets 2.5mg/500mg, 2.5mg/850mg, 2.5mg/1,000mg	September 2023

Reductions in the pharmacokinetic parameters seen in patients with hepatic impairment did not result in reductions in DPP-4 inhibition.

*Metformin HCl*: No pharmacokinetic studies of metformin have been conducted in patients with hepatic impairment.

#### Effects of Age, Body Mass Index (BMI), Gender and Race

*Linagliptin*: Based on the population pharmacokinetic analysis, age, BMI, gender, and race do not have a clinically meaningful effect on pharmacokinetics of linagliptin [*see Use in Specific Populations (11.5)*].

*Metformin HCl*: Metformin pharmacokinetic parameters did not differ significantly between normal subjects and patients with type 2 diabetes mellitus when analyzed according to gender. Similarly, in controlled clinical studies in patients with type 2 diabetes mellitus, the antihyperglycemic effect of metformin was comparable in males and females.

Limited data from controlled pharmacokinetic studies of metformin in healthy elderly subjects suggest that total plasma clearance of metformin is decreased, the half-life is prolonged, and  $C_{max}$  is increased, compared with healthy young subjects. From these data, it appears that the change in metformin pharmacokinetics with aging is primarily accounted for by a change in renal function.

#### Pediatric

Studies characterizing the pharmacokinetics of linagliptin and metformin after administration of TRAJENTA DUO in pediatric patients have not yet been performed.

No studies of metformin pharmacokinetic parameters according to race have been performed. In controlled clinical studies of metformin HCl in patients with type 2 diabetes mellitus, the antihyperglycemic effect was comparable in Caucasians (n=249), Blacks (n=51), and Hispanics (n=24).

#### *Drug Interactions*

Pharmacokinetic drug interaction studies with TRAJENTA DUO have not been performed; however, such studies have been conducted with the individual components of TRAJENTA DUO (linagliptin and metformin HCl).

#### Linagliptin

##### *In vitro Assessment of Drug Interactions*

Linagliptin is a weak to moderate inhibitor of CYP isozyme CYP3A4, but does not inhibit other CYP isozymes and is not an inducer of CYP isozymes, including CYP1A2, 2A6, 2B6, 2C8, 2C9, 2C19, 2D6, 2E1, and 4A11.

Linagliptin is a P-glycoprotein (P-gp) substrate, and inhibits P-gp mediated transport of digoxin at high concentrations. Based on these results and *in vivo* drug interaction studies, linagliptin is considered unlikely to cause interactions with other P-gp substrates at therapeutic concentrations.

Trajenta duo	Prescribing Information
File coated tablets 2.5mg/500mg, 2.5mg/850mg, 2.5mg/1,000mg	September 2023

### *In vivo Assessment of Drug Interactions*

Strong inducers of CYP3A4 or P-gp (e.g., rifampin) decrease exposure to linagliptin to subtherapeutic and likely ineffective concentrations [see *Drug Interactions (10)*]. *In vivo* studies indicated evidence of a low propensity for causing drug interactions with substrates of CYP3A4, CYP2C9, CYP2C8, P-gp, and organic cationic transporter (OCT).

Table 3 describes the effect of coadministered drugs on systemic exposure of linagliptin.

**Table 3 Effect of Coadministered Drugs on Systemic Exposure of Linagliptin**

Coadministered Drug	Dosing of Coadministered Drug*	Dosing of Linagliptin*	Geometric Mean Ratio (ratio with/without coadministered drug) No effect=1.0	
			AUC <sup>†</sup>	C <sub>max</sub>
Metformin	850 mg TID	10 mg QD	1.20	1.03
Glyburide	1.75 mg <sup>#</sup>	5 mg QD	1.02	1.01
Pioglitazone	45 mg QD	10 mg QD	1.13	1.07
Ritonavir	200 mg BID	5 mg <sup>#</sup>	2.01	2.96
Rifampin**	600 mg QD	5 mg QD	0.60	0.56

\*Multiple dose (steady state) unless otherwise noted

\*\*For information regarding clinical recommendations [see *Drug Interactions (10)*].

<sup>#</sup> Single dose

<sup>†</sup>AUC = AUC(0 to 24 hours) for single-dose treatments and AUC = AUC(TAU) for multiple-dose treatments

QD = once daily

BID = twice daily

TID = three times daily

Table 4 describes the effect of linagliptin on systemic exposure of coadministered drugs.

**Table 4 Effect of Linagliptin on Systemic Exposure of Coadministered Drugs**

Coadministered Drug	Dosing of Coadministered Drug*	Dosing of Linagliptin*	Geometric Mean Ratio (ratio with/without coadministered drug) No effect=1.0		
				AUC <sup>†</sup>	C <sub>max</sub>
Metformin	850 mg TID	10 mg QD	metformin	1.01	0.89
Glyburide	1.75 mg <sup>#</sup>	5 mg QD	glyburide	0.86	0.86
Pioglitazone	45 mg QD	10 mg QD	pioglitazone		
			metabolite M-III	0.94	0.86
			metabolite M-IV	0.98	0.96
				1.04	1.05

Trajenta duo	Prescribing Information
File coated tablets 2.5mg/500mg, 2.5mg/850mg, 2.5mg/1,000mg	September 2023

Digoxin	0.25 mg QD	5 mg QD	digoxin	1.02	0.94
Simvastatin	40 mg QD	10 mg QD	simvastatin simvastatin acid	1.34 1.33	1.10 1.21
Warfarin	10 mg <sup>#</sup>	5 mg QD	R-warfarin S-warfarin INR PT	0.99 1.03 0.93** 1.03**	1.00 1.01 1.04** 1.15**
Ethinylestradiol and levonorgestrel	ethinylestradiol 0.03 mg and levonorgestrel 0.150 mg QD	5 mg QD	ethinylestradiol levonorgestrel	1.01 1.09	1.08 1.13

\* Multiple dose (steady state) unless otherwise noted

# Single dose

†AUC = AUC(INF) for single-dose treatments and AUC = AUC(TAU) for multiple-dose treatments

\*\*AUC=AUC(0-168) and C<sub>max</sub>=E<sub>max</sub> for pharmacodynamic end points

INR = International Normalized Ratio

PT = Prothrombin Time

QD = once daily

TID = three times daily

### Metformin HCl

Table 5 describes the effect of coadministered drugs on plasma metformin systemic exposure.

**Table 5 Effect of Coadministered Drugs on Plasma Metformin Systemic Exposure**

Coadministered Drug	Dosing of Coadministered Drug*	Dosing of Metformin*	Geometric Mean Ratio (ratio with/without coadministered drug) No effect=1.0		
				AUC <sup>†</sup>	C <sub>max</sub>
Glyburide	5 mg	850 mg	metformin	0.91‡	0.93‡
Furosemide	40 mg	850 mg	metformin	1.09‡	1.22‡
Nifedipine	10 mg	850 mg	metformin	1.16	1.21
Propranolol	40 mg	850 mg	metformin	0.90	0.94
Ibuprofen	400 mg	850 mg	metformin	1.05‡	1.07‡
<b>Cationic drugs eliminated by renal tubular secretion may reduce metformin elimination [see Drug Interactions (10)].</b>					
Cimetidine	400 mg	850 mg	metformin	1.40	1.61
<b>Carbonic anhydrase inhibitors may cause metabolic acidosis [see Drug Interactions (10)].</b>					
Topiramate**	100 mg	500 mg	metformin	1.25	1.17

\* All metformin and coadministered drugs were given as single doses

† AUC = AUC(INF)

‡ Ratio of arithmetic means

\*\*At steady state with topiramate 100 mg every 12 hours and metformin 500 mg every 12 hours; AUC = AUC(0-12 hours)

Trajenta duo	Prescribing Information
File coated tablets 2.5mg/500mg, 2.5mg/850mg, 2.5mg/1,000mg	September 2023

Table 6 describes the effect of metformin on coadministered drug systemic exposure.

**Table 6 Effect of Metformin on Coadministered Drug Systemic Exposure**

Coadministered Drug	Dosing of Coadministered Drug*	Dosing of Metformin*	Geometric Mean Ratio (ratio with/without metformin) No effect=1.0		
				AUC <sup>†</sup>	C <sub>max</sub>
Glyburide	5 mg	850 mg	glyburide	0.78‡	0.63‡
Furosemide	40 mg	850 mg	furosemide	0.87‡	0.69‡
Nifedipine	10 mg	850 mg	nifedipine	1.10§	1.08
Propranolol	40 mg	850 mg	propranolol	1.01§	1.02
Ibuprofen	400 mg	850 mg	ibuprofen	0.97¶	1.01¶
Cimetidine	400 mg	850 mg	cimetidine	0.95§	1.01

\* All metformin and coadministered drugs were given as single doses

† AUC = AUC(INF) unless otherwise noted

‡ Ratio of arithmetic means, p-value of difference <0.05

§ AUC(0-24 hours) reported

¶ Ratio of arithmetic means

## 15 NONCLINICAL TOXICOLOGY

### 15.1 Carcinogenesis, Mutagenesis, Impairment of Fertility

#### TRAJENTA DUO

No carcinogenicity, mutagenicity, or impairment of fertility studies have been conducted with the combination of linagliptin and metformin HCl.

#### *Linagliptin*

Linagliptin did not increase the incidence of tumors in male and female rats in a 2-year study at doses of 6, 18, and 60 mg/kg. The highest dose of 60 mg/kg is approximately 418 times the clinical dose of 5 mg/day based on AUC exposure. Linagliptin did not increase the incidence of tumors in mice in a 2-year study at doses up to 80 mg/kg (males) and 25 mg/kg (females), or approximately 35 and 270 times the clinical dose based on AUC exposure. Higher doses of linagliptin in female mice (80 mg/kg) increased the incidence of lymphoma at approximately 215 times the clinical dose based on AUC exposure.

Linagliptin was not mutagenic or clastogenic with or without metabolic activation in the Ames bacterial mutagenicity assay, a chromosomal aberration test in human lymphocytes, and an *in vivo* micronucleus assay.

In fertility studies in rats, linagliptin had no adverse effects on early embryonic development, mating, fertility, or bearing live young up to the highest dose of 240 mg/kg (approximately 943 times the clinical dose based on AUC exposure).

Trajenta duo	Prescribing Information
File coated tablets 2.5mg/500mg, 2.5mg/850mg, 2.5mg/1,000mg	September 2023

### *Metformin HCl*

Long-term carcinogenicity studies have been performed in rats (dosing duration of 104 weeks) and mice (dosing duration of 91 weeks) at doses up to and including 900 mg/kg/day and 1,500 mg/kg/day, respectively. These doses are both approximately 4 times the maximum recommended human daily dose of 2,000 mg/kg/day based on body surface area comparisons. No evidence of carcinogenicity with metformin was found in either male or female mice. Similarly, there was no tumorigenic potential observed with metformin in male rats. There was, however, an increased incidence of benign stromal uterine polyps in female rats treated with 900 mg/kg/day.

There was no evidence of a mutagenic potential of metformin in the following *in vitro* tests: Ames test (*Salmonella typhimurium*), gene mutation test (mouse lymphoma cells), or chromosomal aberrations test (human lymphocytes). Results in the *in vivo* mouse micronucleus test were also negative.

Fertility of male or female rats was unaffected by metformin when administered at doses as high as 600 mg/kg/day, which is approximately 2 times the MRHD based on body surface area comparisons.

## 16 CLINICAL STUDIES

### 16.1 Glycemic Control Trials in Adults with Type 2 Diabetes Mellitus

#### *Initial Combination Therapy with Linagliptin and Metformin*

A total of 791 patients with type 2 diabetes mellitus and inadequate glycemic control on diet and exercise participated in the 24-week, randomized, double-blind, portion of this placebo-controlled factorial trial designed to assess the efficacy of linagliptin as initial therapy with metformin. Patients on an antihyperglycemic agent (52%) underwent a drug washout period of 4 weeks' duration. After the washout period and after completing a 2-week single-blind placebo run-in period, patients with inadequate glycemic control (A1C  $\geq 7.0\%$  to  $\leq 10.5\%$ ) were randomized. Patients with inadequate glycemic control (A1C  $\geq 7.5\%$  to  $< 11.0\%$ ) not on antihyperglycemic agents at trial entry (48%) immediately entered the 2-week single-blind placebo run-in period and then were randomized. Randomization was stratified by baseline A1C ( $< 8.5\%$  vs  $\geq 8.5\%$ ) and use of a prior oral antidiabetic drug (none vs monotherapy). Patients were randomized in a 1:2:2:2:2:2 ratio to either placebo or one of 5 active-treatment arms. Approximately equal numbers of patients were randomized to receive initial therapy with 5 mg of linagliptin once daily, 500 mg or 1,000 mg of metformin twice daily, or 2.5 mg of linagliptin twice daily in combination with 500 mg or 1,000 mg of metformin twice daily. Patients who failed to meet specific glycemic goals during the trial were treated with sulfonylurea, thiazolidinedione, or insulin rescue therapy.

Initial therapy with the combination of linagliptin and metformin provided significant improvements in A1C, and fasting plasma glucose (FPG) compared to placebo, to metformin alone, and to linagliptin alone (Table 7, Figure 1). The adjusted mean treatment difference in A1C from baseline to week 24 (LOCF) was -0.5% (95% CI -0.7, -0.3;  $p < 0.0001$ ) for linagliptin 2.5 mg/metformin 1,000 mg twice daily compared to metformin 1,000 mg twice daily; -1.1% (95% CI -1.4, -0.9;  $p < 0.0001$ ) for linagliptin 2.5 mg/metformin 1,000 mg twice daily compared to linagliptin 5



Trajenta duo	Prescribing Information
File coated tablets 2.5mg/500mg, 2.5mg/850mg, 2.5mg/1,000mg	September 2023

mg once daily; -0.6% (95% CI -0.8, -0.4; p<0.0001) for linagliptin 2.5 mg/metformin 500 mg twice daily compared to metformin 500 mg twice daily; and -0.8% (95% CI -1.0, -0.6; p<0.0001) for linagliptin 2.5 mg/metformin 500 mg twice daily compared to linagliptin 5 mg once daily.

Lipid effects were generally neutral. No meaningful change in body weight was noted in any of the 6 treatment groups.

**Table 7 Glycemic Parameters at Final Visit (24-Week Trial) for Linagliptin and Metformin, Alone and in Combination in Randomized Patients with Type 2 Diabetes Mellitus Inadequately Controlled on Diet and Exercise\*\***

	Placebo	Linagliptin 5 mg Once Daily*	Metformin 500 mg Twice Daily	Linagliptin 2.5 mg Twice Daily* + Metformin 500 mg Twice Daily	Metformin 1,000 mg Twice Daily	Linagliptin 2.5 mg Twice Daily* + Metformin 1,000 mg Twice Daily
<b>A1C (%)</b>						
Number of patients	n=65	n=135	n=141	n=137	n=138	n=140
Baseline (mean)	8.7	8.7	8.7	8.7	8.5	8.7
Change from baseline (adjusted mean****)	0.1	-0.5	-0.6	-1.2	-1.1	-1.6
Difference from placebo (adjusted mean) (95% CI)	--	-0.6 (-0.9, -0.3)	-0.8 (-1.0, -0.5)	-1.3 (-1.6, -1.1)	-1.2 (-1.5, -0.9)	-1.7 (-2.0, -1.4)
Patients [n (%)] achieving A1C <7% ***	7 (10.8)	14 (10.4)	26 (18.6)	41 (30.1)	42 (30.7)	74 (53.6)
Patients (%) receiving rescue medication	29.2	11.1	13.5	7.3	8.0	4.3
<b>FPG (mg/dL)</b>						
Number of patients	n=61	n=134	n=136	n=135	n=132	n=136
Baseline (mean)	203	195	191	199	191	196
Change from baseline (adjusted mean****)	10	-9	-16	-33	-32	-49

Difference from placebo (adjusted mean) (95% CI)	--	-19 (-31, -6)	-26 (-38, -14)	-43 (-56, -31)	-42 (-55, -30)	-60 (-72, -47)
--	----	---------------	----------------	----------------	----------------	----------------

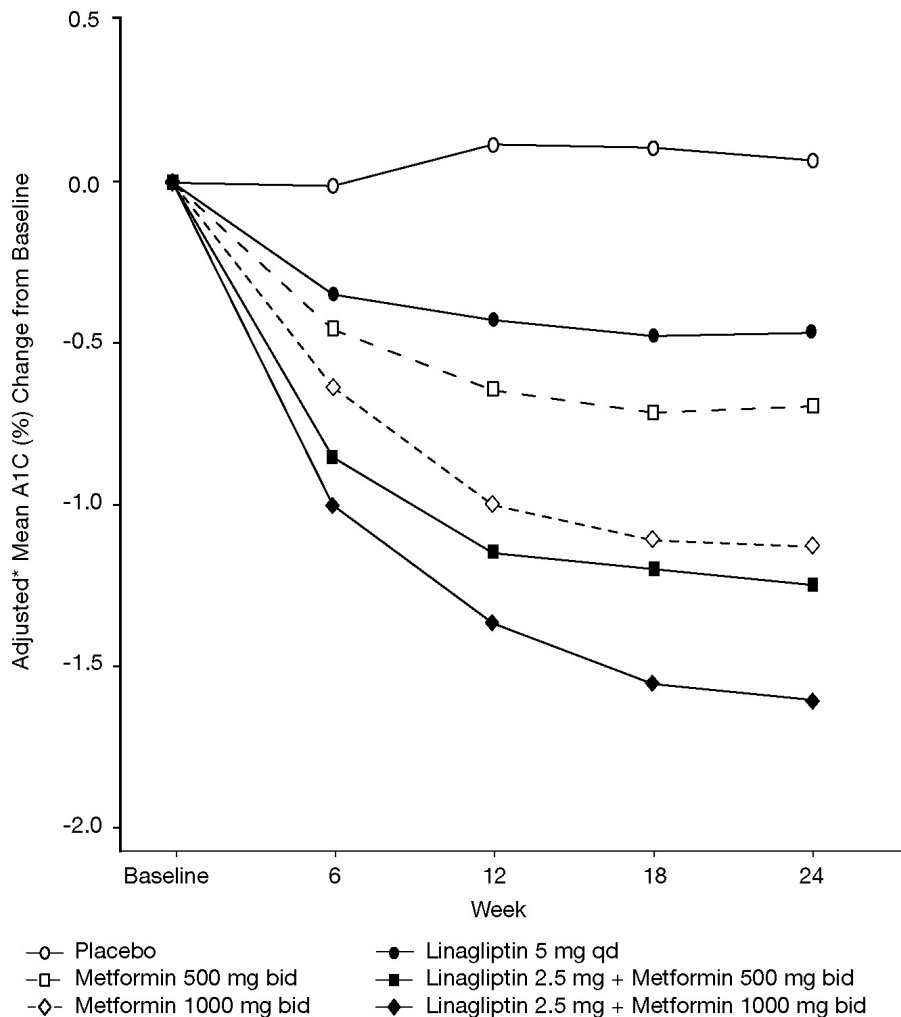
\* Total daily dosage of linagliptin is equal to 5 mg

\*\* Full analysis population using last observation on trial

\*\*\* Metformin 500 mg twice daily, n=140; Linagliptin 2.5 mg twice daily + Metformin 500 mg twice daily, n=136; Metformin 1,000 mg twice daily, n=137; Linagliptin 2.5 mg twice daily + Metformin 1,000 mg twice daily, n=138

\*\*\*\* HbA1c: ANCOVA model included treatment and number of prior OADs as class-effects, as well as baseline HbA1c as continuous covariates. FPG: ANCOVA model included treatment and number of prior OADs as class-effects, as well as baseline HbA1c and baseline FPG as continuous covariates.

**Figure 1 Adjusted Mean Change from Baseline for A1C (%) over 24 Weeks with Linagliptin and Metformin, Alone and in Combination in Patients with Type 2 Diabetes Mellitus Inadequately Controlled with Diet and Exercise - FAS completers**



\*Variables used in adjustment: Baseline A1C and prior use of OADs

Trajenta duo	Prescribing Information
File coated tablets 2.5mg/500mg, 2.5mg/850mg, 2.5mg/1,000mg	September 2023

### *Initial Combination Therapy with Linagliptin and Metformin vs Linagliptin in Treatment-Naïve Patients*

A total of 316 patients with type 2 diabetes mellitus diagnosed within the previous 12 months and treatment-naïve (no antidiabetic therapy for 12 weeks prior to randomization) and inadequate glycemic control (A1C  $\geq 8.5\%$  to  $\leq 12.0\%$ ) participated in a 24-week, randomized, double-blind, trial designed to assess the efficacy of linagliptin in combination with metformin vs linagliptin. Patients were randomized (1:1), after a 2-week run-in period, to either linagliptin 5 mg plus metformin (1,500 to 2,000 mg per day, n=159) or linagliptin 5 mg plus placebo, (n=157) administered once daily. Patients in the linagliptin and metformin treatment group were up-titrated to a maximum tolerated dosage of metformin (1,000 to 2,000 mg per day) over a three-week period.

Initial therapy with the combination of linagliptin and metformin provided statistically significant improvements in A1C compared to linagliptin (Table 8). The mean difference between groups in A1C change from baseline was -0.8% with 2-sided 95% confidence interval (-1.23%, -0.45%).

**Table 8 Glycemic Parameters at 24 Weeks in Trial Comparing Linagliptin in Combination with Metformin to Linagliptin in Treatment-Naïve Patients\***

	<b>Linagliptin 5 mg + Metformin</b>	<b>Linagliptin 5 mg + Placebo</b>
<b>A1C (%) *</b>		
Number of patients	n=153	n=150
Baseline (mean)	9.8	9.9
Change from baseline (adjusted mean)	-2.9	-2
Difference from linagliptin (adjusted mean**) (95% CI)	-0.84† (-1.23, -0.45)	--
Patients [n (%)] achieving A1C <7% *	82 (53.6)	45 (30)
<b>FPG (mg/dL) *</b>		
Number of patients	n=153	n=150
Baseline (mean)	196	198
Change from baseline (adjusted mean)	-54	-35
Difference from linagliptin (adjusted mean**) (95% CI)	-18†† (-31, -5.5)	--

†p<0.0001 compared to linagliptin, ††p=0.0054 compared to linagliptin

\*Full analysis set population

\*\*A1C: MMRM model included treatment, continuous baseline A1C, baseline A1C by visit interaction, visit by treatment interaction, baseline renal impairment by treatment interaction and baseline renal impairment by treatment by visit interaction. FPG: MMRM model included treatment, continuous baseline A1C, continuous baseline FPG, baseline FPG by visit interaction, visit by treatment interaction, baseline renal impairment by treatment interaction and baseline renal impairment by treatment by visit interaction.

The adjusted mean changes for A1C (%) from baseline over time for linagliptin and metformin as compared to linagliptin alone were maintained throughout the 24 week treatment period. Using the completers analysis the respective adjusted means for A1C (%) changes from baseline for linagliptin

Trajenta duo	Prescribing Information
File coated tablets 2.5mg/500mg, 2.5mg/850mg, 2.5mg/1,000mg	September 2023

and metformin as compared to linagliptin alone were -1.9 and -1.3 at week 6, -2.6 and -1.8 at week 12, -2.7 and -1.9 at week 18, and -2.7 and -1.9 at week 24.

Changes in body weight from baseline were not clinically significant in either treatment group.

#### *Add-On Combination Therapy with Metformin*

A total of 701 patients with type 2 diabetes mellitus participated in a 24-week, randomized, double-blind, placebo-controlled trial designed to assess the efficacy of linagliptin in combination with metformin. Patients already on metformin (n=491) at a dosage of at least 1,500 mg per day were randomized after completing a 2-week open-label placebo run-in period. Patients on metformin and another antihyperglycemic agent (n=207) were randomized after a run-in period of approximately 6 weeks on metformin (at a dosage of at least 1,500 mg per day) in monotherapy. Patients were randomized to the addition of either linagliptin 5 mg or placebo, administered once daily. Patients who failed to meet specific glycemic goals during the studies were treated with glimepiride rescue.

In combination with metformin, linagliptin provided statistically significant improvements in A1C, FPG, and 2-hour PPG compared with placebo (Table 9). Rescue glycemic therapy was used in 7.8% of patients treated with linagliptin 5 mg and in 18.9% of patients treated with placebo. A similar decrease in body weight was observed for both treatment groups.

**Table 9 Glycemic Parameters in Placebo-Controlled Trial for Linagliptin in Combination with Metformin\***

	<b>Linagliptin 5 mg + Metformin</b>	<b>Placebo + Metformin</b>
<b>A1C (%)</b>		
Number of patients	n=513	n=175
Baseline (mean)	8.1	8.0
Change from baseline (adjusted mean <sup>***</sup> )	-0.5	0.15
Difference from placebo + metformin (adjusted mean) (95% CI)	-0.6 (-0.8, -0.5)	--
Patients [n (%)] achieving A1C <7% **	127 (26.2)	15 (9.2)
<b>FPG (mg/dL)</b>		
Number of patients	n=495	n=159
Baseline (mean)	169	164
Change from baseline (adjusted mean <sup>***</sup> )	-11	11
Difference from placebo + metformin (adjusted mean) (95% CI)	-21 (-27, -15)	--
<b>2-hour PPG (mg/dL)</b>		
Number of patients	n=78	n=21
Baseline (mean)	270	274
Change from baseline (adjusted mean <sup>***</sup> )	-49	18

Trajenta duo	Prescribing Information
File coated tablets 2.5mg/500mg, 2.5mg/850mg, 2.5mg/1,000mg	September 2023

Difference from placebo + metformin (adjusted mean) (95% CI)	-67 (-95, -40)	--
--	----------------	----

\* Full analysis population using last observation on trial

\*\* Linagliptin 5 mg + Metformin, n=485; Placebo + Metformin, n=163.

\*\*\* HbA1c: ANCOVA model included treatment and number of prior oral OADs as class-effects, as well as baseline HbA1c as continuous covariates. FPG: ANCOVA model included treatment and number of prior OADs as class-effects, as well as baseline HbA1c and baseline FPG as continuous covariates. PPG: ANCOVA model included treatment and number of prior OADs as class-effects, as well as baseline HbA1c and baseline postprandial glucose after two hours as covariate.

#### *Active-Controlled Trial vs Glimepiride in Combination with Metformin*

The efficacy of linagliptin was evaluated in a 104-week double-blind, glimepiride-controlled non-inferiority trial in type 2 diabetic patients with insufficient glycemic control despite metformin therapy. Patients being treated with metformin only entered a run-in period of 2 weeks' duration, whereas patients pretreated with metformin and one additional antihyperglycemic agent entered a run-in treatment period of 6 weeks' duration with metformin monotherapy (dosage of  $\geq 1,500$  mg per day) and washout of the other agent. After an additional 2-week placebo run-in period, those with inadequate glycemic control (A1C 6.5% to 10%) were randomized 1:1 to the addition of linagliptin 5 mg once daily or glimepiride. Randomization was stratified by baseline HbA1c (<8.5% vs  $\geq 8.5\%$ ), and the previous use of antidiabetic drugs (metformin alone vs metformin plus one other OAD). Patients receiving glimepiride were given an initial dosage of 1 mg/day and then electively titrated over the next 12 weeks to a maximum dosage of 4 mg/day as needed to optimize glycemic control. Thereafter, the glimepiride dosage was to be kept constant, except for down-titration to prevent hypoglycemia.

After 52 weeks and 104 weeks, linagliptin and glimepiride both had reductions from baseline in A1C (52 weeks: -0.4% for linagliptin, -0.6% for glimepiride; 104 weeks: -0.2% for linagliptin, -0.4% for glimepiride) from a baseline mean of 7.7% (Table 10). The mean difference between groups in A1C change from baseline was 0.2% with 2-sided 97.5% confidence interval (0.1%, 0.3%) for the intent-to-treat population using last observation carried forward. These results were consistent with the completers analysis.

**Table 10 Glycemic Parameters at 52 and 104 Weeks in Trial Comparing Linagliptin to Glimepiride as Add-On Therapy in Patients Inadequately Controlled on Metformin\*\***

	Week 52		Week 104	
	Linagliptin 5 mg + Metformin	Glimepiride + Metformin (mean glimepiride dosage 3 mg)	Linagliptin 5 mg + Metformin	Glimepiride + Metformin (mean glimepiride dosage 3 mg)
<b>A1C (%)</b>				
Number of patients	n=764	n=755	n=764	n=755
Baseline (mean)	7.7	7.7	7.7	7.7
Change from baseline (adjusted mean <sup>***</sup> )	-0.4	-0.6	-0.2	-0.4
Difference from glimepiride (adjusted mean) (97.5% CI)	0.2 (0.1, 0.3)	--	0.2 (0.1, 0.3)	--
<b>FPG (mg/dL)</b>				
Number of patients	n=733	n=725	n=733	n=725
Baseline (mean)	164	166	164	166
Change from baseline (adjusted mean <sup>***</sup> )	8*	-15	-2†	-9

\* p<0.0001 vs glimepiride †p=0.0012 vs glimepiride

\*\* Full analysis population using last observation on trial

\*\*\* HbA1c: ANCOVA model included treatment and number of prior OADs as class-effects, as well as baseline HbA1c as continuous covariates. FPG: ANCOVA model included treatment and number of prior OADs as class-effects, as well as baseline HbA1c and baseline FPG as continuous covariates. Patients treated with linagliptin had a mean baseline body weight of 86 kg and were observed to have an adjusted mean decrease in body weight of 1.1 kg at 52 weeks and 1.4 kg at 104 weeks. Patients on glimepiride had a mean baseline body weight of 87 kg and were observed to have an adjusted mean increase from baseline in body weight of 1.4 kg at 52 weeks and 1.3 kg at 104 weeks (treatment difference p<0.0001 for both timepoints).

#### *Add-On Combination Therapy with Metformin and a Sulfonylurea*

A total of 1,058 patients with type 2 diabetes mellitus participated in a 24-week, randomized, double-blind, placebo-controlled trial designed to assess the efficacy of linagliptin in combination with a sulfonylurea and metformin. The most common sulfonylureas used by patients in the trial were glimepiride (31%), glibenclamide (26%), and gliclazide (26% [not available in the United States]). Patients on a sulfonylurea and metformin were randomized to receive linagliptin 5 mg or placebo, each administered once daily. Patients who failed to meet specific glycemic goals during the trial were treated with pioglitazone rescue. Glycemic end points measured included A1C and FPG.

Trajenta duo	Prescribing Information
File coated tablets 2.5mg/500mg, 2.5mg/850mg, 2.5mg/1,000mg	September 2023

In combination with a sulfonylurea and metformin, linagliptin provided statistically significant improvements in A1C and FPG compared with placebo (Table 11). In the entire trial population (patients on linagliptin in combination with a sulfonylurea and metformin), a mean reduction from baseline relative to placebo in A1C of -0.6% and in FPG of -13 mg/dL was seen. Rescue therapy was used in 5.4% of patients treated with linagliptin 5 mg and in 13% of patients treated with placebo. Change from baseline in body weight did not differ significantly between the groups.

**Table 11 Glycemic Parameters at Final Visit (24-Week Trial) for Linagliptin in Combination with Metformin and Sulfonylurea\***

	<b>Linagliptin 5 mg + Metformin + SU</b>	<b>Placebo + Metformin + SU</b>
<b>A1C (%)</b>		
Number of patients	n=778	n=262
Baseline (mean)	8.2	8.1
Change from baseline (adjusted mean <sup>***</sup> )	-0.7	-0.1
Difference from placebo (adjusted mean) (95% CI)	-0.6 (-0.7, -0.5)	--
Patients [n (%)] achieving A1C <7% **	217 (29.2)	20 (8.1)
<b>FPG (mg/dL)</b>		
Number of patients	n=739	n=248
Baseline (mean)	159	163
Change from baseline (adjusted mean <sup>***</sup> )	-5	8
Difference from placebo (adjusted mean) (95% CI)	-13 (-18, -7)	--

SU=sulfonylurea

\* Full analysis population using last observation on trial

\*\* Linagliptin 5 mg + Metformin + SU, n=742; Placebo + Metformin + SU, n=247

\*\*\* HbA1c: ANCOVA model included treatment as class-effects and baseline HbA1c as continuous covariates. FPG: ANCOVA model included treatment as class effects, as well as baseline HbA1c and baseline FPG as continuous covariates.

## **16.2 Linagliptin Cardiovascular Safety Trials in Patients with Type 2 Diabetes Mellitus**

**CARMELINA** The cardiovascular risk of linagliptin was evaluated in CARMELINA, a multi-national, multi-center, placebo-controlled, double-blind, parallel group trial comparing linagliptin (N=3,494) to placebo (N=3,485) in adult patients with type 2 diabetes mellitus and a history of established macrovascular and/or renal disease. The trial compared the risk of major adverse cardiovascular events (MACE) between linagliptin and placebo when these were added to standard of care treatments for diabetes mellitus and other cardiovascular risk factors. The trial was event driven, the median duration of follow-up was 2.2 years and vital status was obtained for 99.7% of patients.

Trajenta duo	Prescribing Information
File coated tablets 2.5mg/500mg, 2.5mg/850mg, 2.5mg/1,000mg	September 2023

Patients were eligible to enter the trial if they were adults with type 2 diabetes mellitus, with HbA1c of 6.5% to 10%, and had either albuminuria and previous macrovascular disease (39% of enrolled population), or evidence of impaired renal function by eGFR and Urinary Albumin Creatinine Ratio (UACR) criteria (42% of enrolled population), or both (18% of enrolled population).

At baseline the mean age was 66 years and the population was 63% male, 80% White, 9% Asian, 6% Black or African American and 36% were of Hispanic or Latino ethnicity. Mean HbA1c was 8.0% and mean duration of type 2 diabetes mellitus was 15 years. The trial population included 17% patients  $\geq 75$  years of age and 62% patients with renal impairment defined as eGFR  $< 60$  mL/min/1.73 m<sup>2</sup>. The mean eGFR was 55 mL/min/1.73 m<sup>2</sup> and 27% of patients had mild renal impairment (eGFR 60 to 90 mL/min/1.73 m<sup>2</sup>), 47% of patients had moderate renal impairment (eGFR 30 to  $< 60$  mL/min/1.73 m<sup>2</sup>) and 15% of patients had severe renal impairment (eGFR  $< 30$  mL/min/1.73 m<sup>2</sup>). Patients were taking at least one antidiabetic drug (97%), and the most common were insulin and analogues (57%), metformin (54%) and sulfonylurea (32%). Patients were also taking antihypertensives (96%), lipid lowering drugs (76%) with 72% on statin, and aspirin (62%).

The primary endpoint, MACE, was the time to first occurrence of one of three composite outcomes which included cardiovascular death, non-fatal myocardial infarction or non-fatal stroke. The trial was designed as a non-inferiority trial with a pre-specified risk margin of 1.3 for the hazard ratio of MACE.

The results of CARMELINA, including the contribution of each component to the primary composite endpoint, are shown in Table 12. The estimated hazard ratio for MACE associated with linagliptin relative to placebo was 1.02 with a 95% confidence interval of (0.89, 1.17). The upper bound of this confidence interval, 1.17, excluded the risk margin of 1.3. The Kaplan-Meier curve depicting time to first occurrence of MACE is shown in Figure 2.

**Table 12 Major Adverse Cardiovascular Events (MACE) by Treatment Group in the CARMELINA Trial**

	Linagliptin 5 mg n = 3,494		Placebo n = 3,485		Hazard Ratio (95% CI)
	Number of Subjects (%)	Incidence Rate per 1,000 PY*	Number of Subjects (%)	Incidence Rate per 1,000 PY*	
Composite of first event of CV death, non-fatal myocardial infarction (MI), or non-fatal stroke (MACE)	434 (12.4)	57.7	420 (12.1)	56.3	1.02 (0.89, 1.17)
CV death**	255 (7.3)	32.6	264 (7.6)	34.0	0.96 (0.81, 1.14)
Non-fatal MI**	156 (4.5)	20.6	135 (3.9)	18.0	1.15 (0.91, 1.45)

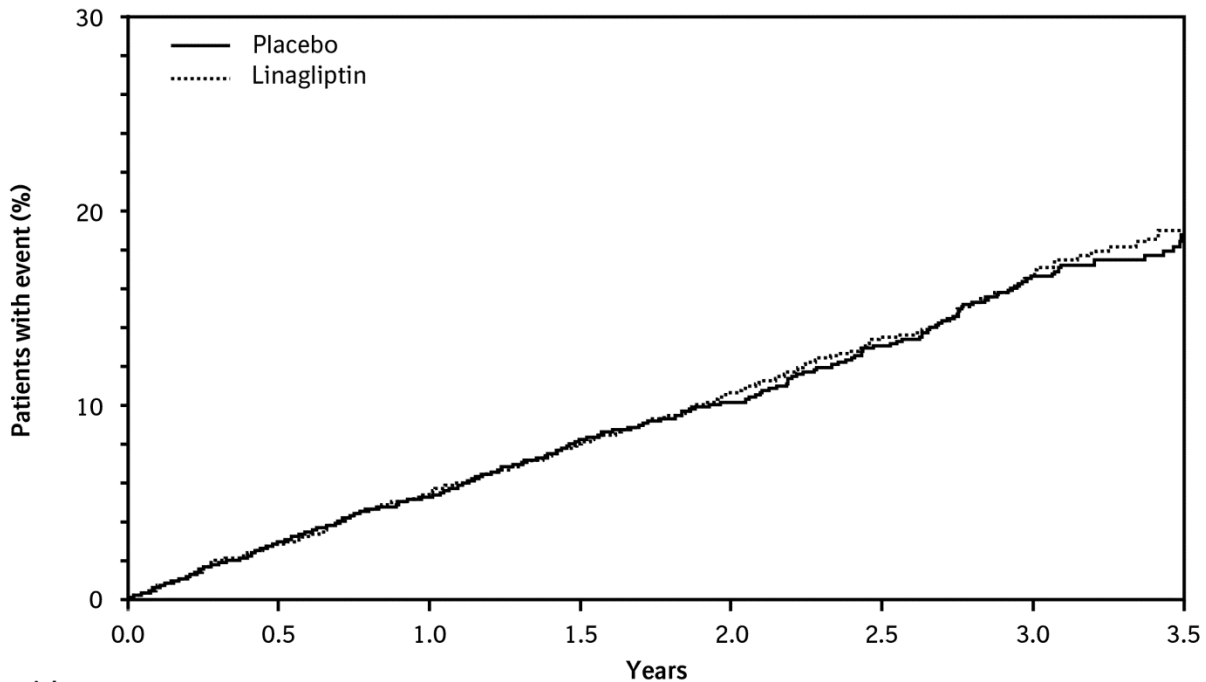


Non-fatal stroke**	65 (1.9)	8.5	73 (2.1)	9.6	0.88 (0.63, 1.23)
--------------------	----------	-----	----------	-----	-------------------

\*PY=patient years

\*\*A patient may have experienced more than one component; therefore, the sum of the components is larger than the number of patients who experienced the composite outcome.

**Figure 2 Kaplan-Meier: Time to First Occurrence of MACE in the CARMELINA Trial**



Patients at risk		0.5	1.0	1.5	2.0	2.5	3.0	3.5
Placebo (n)	3485	3353	3243	2625	1931	1285	758	251
Linagliptin (n)	3494	3373	3254	2634	1972	1306	778	269

### CAROLINA

The cardiovascular risk of linagliptin was evaluated in CAROLINA, a multi-center, multi-national, randomized, double-blind, parallel group trial comparing linagliptin (N=3,023) to glimepiride (N=3,010) in adult patients with type 2 diabetes mellitus and a history of established cardiovascular disease and/or multiple cardiovascular risk factors. The trial compared the risk of major adverse cardiovascular events (MACE) between linagliptin and glimepiride when these were added to standard of care treatments for diabetes mellitus and other cardiovascular risk factors. The trial was event driven, the median duration of follow-up was 6.23 years and vital status was obtained for 99.3% of patients.

Patients were eligible to enter the trial if they were adults with type 2 diabetes mellitus with insufficient glycemic control (defined as HbA1c of 6.5% to 8.5% or 6.5% to 7.5% depending on whether treatment-naïve, on monotherapy or on combination therapy), and were defined to be at high cardiovascular risk with previous vascular disease, evidence of vascular related end-organ

Trajenta duo	Prescribing Information
File coated tablets 2.5mg/500mg, 2.5mg/850mg, 2.5mg/1,000mg	September 2023

damage, age  $\geq 70$  years, and/or two cardiovascular risk factors (duration of diabetes mellitus  $>10$  years, systolic blood pressure  $>140$  mmHg, current smoker, LDL cholesterol  $\geq 135$  mg/dL).

At baseline, the mean age was 64 years and the population was 60% male, 73% White, 18% Asian, 5% Black or African American, and 17% were of Hispanic or Latino ethnicity. The mean HbA1c was 7.15% and mean duration of type 2 diabetes mellitus was 7.6 years. The trial population included 34% patients  $\geq 70$  years of age and 19% patients with renal impairment defined as eGFR  $<60$  mL/min/1.73 m<sup>2</sup>. The mean eGFR was 77 mL/min/1.73 m<sup>2</sup>. Patients were taking at least one antidiabetic drug (91%) and the most common were metformin (83%) and sulfonylurea (28%). Patients were also taking antihypertensives (89%), lipid lowering drugs (70%) with 65% on statin, and aspirin (47%).

The primary endpoint, MACE, was the time to first occurrence of one of three composite outcomes which included cardiovascular death, non-fatal myocardial infarction or non-fatal stroke. The trial was designed as a non-inferiority trial with a pre-specified risk margin of 1.3 for the upper bound of the 95% CI for the hazard ratio of MACE.

The results of CAROLINA, including the contribution of each component to the primary composite endpoint, are shown in Table 13. The Kaplan-Meier curve depicting time to first occurrence of MACE is shown in Figure 3.

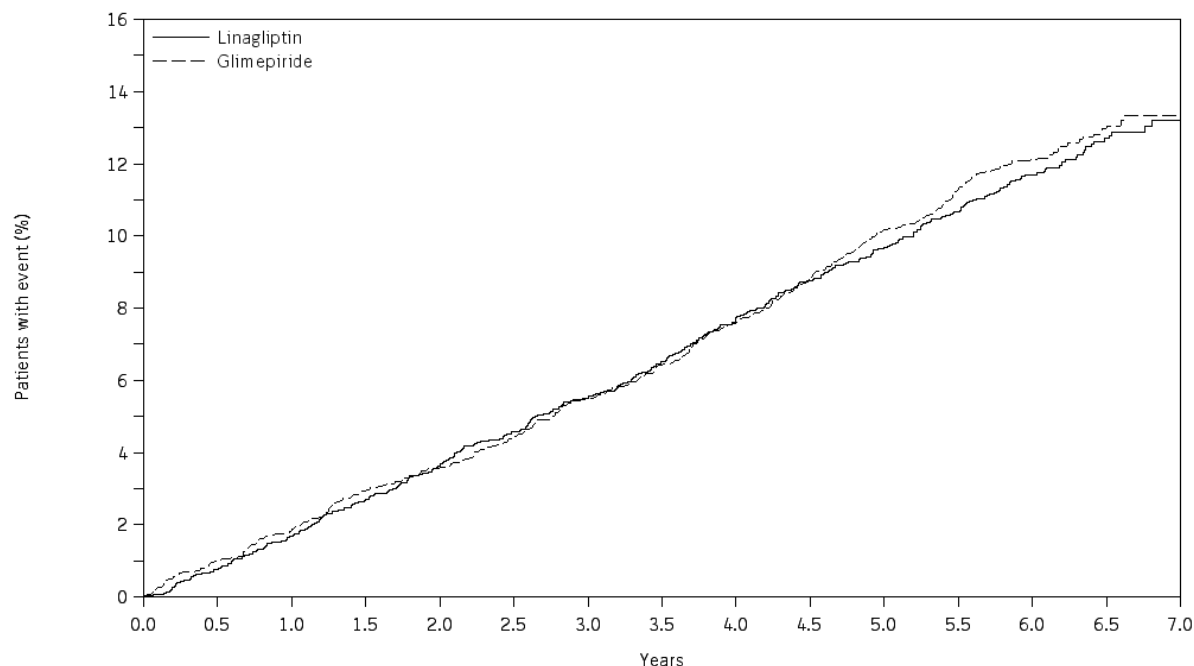
**Table 13 Major Adverse Cardiovascular Events (MACE) by Treatment Group in the CAROLINA Trial**

	Linagliptin 5 mg n=3,023		Glimepiride (1 mg to 4 mg) n=3,010		Hazard Ratio (95% CI)
	Number of Subjects (%)	Incidence Rate per 1,000 PY*	Number of Subjects (%)	Incidence Rate per 1,000 PY*	
Composite of first event of CV death, non-fatal myocardial infarction (MI), or non-fatal stroke (MACE)	356 (11.8)	20.7	362 (12.0)	21.2	0.98 (0.84, 1.14)
CV death**	169 (5.6)	9.2	168 (5.6)	9.2	1.00 (0.81, 1.24)
Non-fatal MI**	145 (4.8)	8.3	142 (4.7)	8.2	1.01 (0.80, 1.28)
Non-fatal stroke**	91 (3.0)	5.2	104 (3.5)	6.0	0.87 (0.66, 1.15)

\*PY=patient years

\*\*A patient may have experienced more than one component; therefore, the sum of the components is larger than the number of patients who experienced the composite outcome

**Figure 3 Time to First Occurrence of 3P-MACE in CAROLINA**



Patients at risk

Linagliptin (n)	3023	2957	2901	2846	2803	2762	2725	2679	2627	2582	2534	2451	1830	1040	213
Glimpiride (n)	3010	2940	2890	2833	2797	2757	2710	2662	2618	2569	2509	2414	1865	1020	207

## 17 HOW SUPPLIED/STORAGE AND HANDLING

Trajenta Duo (linagliptin and metformin HCl) tablets 2.5 mg/500 mg are light yellow, oval, biconvex tablets debossed with “D2/500” on one side and the Boehringer Ingelheim symbol on the other side, and are supplied as follows:

Blister packs are available with 14 or 60 film-coated tablets.

Not all the pack sizes may be marketed.

Trajenta Duo (linagliptin and metformin HCl) tablets 2.5 mg/850 mg are light orange, oval, biconvex tablets debossed with “D2/850” on one side and the Boehringer Ingelheim symbol on the other side, and are supplied as follows:

Blister packs are available with 14 or 60 film-coated tablets.

Not all the pack sizes may be marketed.

Trajenta Duo (linagliptin and metformin HCl) tablets 2.5 mg/1,000 mg are light pink, oval, biconvex tablets debossed with “D2/1000” on one side and the Boehringer Ingelheim symbol on the other side, and are supplied as follows:

Blister packs are available with 14 or 60 film-coated tablets.

Not all the pack sizes may be marketed.

Trajenta duo	Prescribing Information
File coated tablets 2.5mg/500mg, 2.5mg/850mg, 2.5mg/1,000mg	September 2023

### *Storage*

Store below 25°C.

The expiry date of the product is indicated on the packaging materials.

## **18 MANUFACTURER**

Boehringer Ingelheim Pharma GmbH & Co. KG  
 Binger Strasse 173  
 55216 Ingelheim am Rhein  
 GERMANY  
 (All strengths)

or

Boehringer Ingelheim Ellas A.E., Koropi, Greece  
 (Trajenta Duo 2.5mg/850mg, Trajenta Duo 2.5mg/1,000mg)

Or

Dragenopharm Apotheker Puschl GmbH, Germany  
 Gollstrasse 1, 84529 Tittmoning, Germany  
 (All strengths)

## **19 REGISTRATION HOLDER / NUMBER**

Boehringer Ingelheim Israel Ltd.,  
 89 Medinat Ha-Yehudim St.; P.O.B 4124, Herzeliya Pituach 4676672

Registration numbers:

Trajenta Duo	Tablets	2.5mg/500mg	150-17-33739
Trajenta Duo	Tablets	2.5mg/850mg	150-18-33740
Trajenta Duo	Tablets	2.5mg/1,000mg	150-19-33741

Revised in September 2023 according to MOHs guidelines.