

PATIENT PACKAGE INSERT ACCORDING TO PHARMACISTS' REGULATIONS (PREPARATIONS) – 1986

This medicine can be sold without a physician's prescription

Strepsils® HONEY AND LEMON
Lozenges

Strepsils® MENTHOL AND EUCALYPTUS
Lozenges

Active ingredients and their concentration:

Each Strepsils® Honey and Lemon lozenge contains

2,4-Dichlorobenzyl alcohol 1.2 mg
Amylmetacresol 0.6 mg

Each Strepsils® Menthol and Eucalyptus lozenge contains

Levomenthol 8.0 mg
2,4-Dichlorobenzyl alcohol 1.2 mg
Amylmetacresol 0.6 mg

For list of inactive ingredients, see section 6. See also section "Important information about some of the ingredients of this medicine".

Read this entire leaflet carefully before using this medicine.

This leaflet contains concise information about the medicine. If you have any further questions, ask the doctor or pharmacist. Take this medicine according to the instructions in the dosage section in this leaflet.

The medicine is intended for adults and children over 6 years of age. Use the medicine correctly. Consult the pharmacist if you need additional information. Refer to the doctor if the symptoms worsen or do not improve after 3 days.

1. What is the medicine intended for?

Strepsils Honey and Lemon and Strepsils Menthol and Eucalyptus are used to relieve sore throats in children and adults.

Therapeutic group: Antiseptic

The products contain two active substances with antiseptic activity, which kill bacteria involved in mouth and throat infections. Sucking the lozenge allows the active ingredients to act in the painful area, soothing and calming it. Strepsils Menthol and Eucalyptus also contains the active ingredient levomenthol with mild local anesthetic activity and which also relieves the symptoms of nasal congestion.

2. Before using the medicine

Do not use the medicine if:

You are hypersensitive (allergic) to the active ingredients or to any of the other ingredients this medicine contains (see a complete list of the inactive ingredients in section 6).

Special warnings regarding the use of the medicine Before the treatment with Strepsils Honey and Lemon and Strepsils Menthol and Eucalyptus, tell the doctor if:

- you suffer from intolerance to certain sugars such as fructose, glucose-galactose and sucrose isomaltose. Your doctor will determine if you have this type of medical condition. Intolerance is caused by conditions of deficiency in the enzyme fructose-1-phosphate aldolase (causes fructose intolerance), poor absorption of glucose-galactose and deficiency in sucrose isomaltase.
- you suffer from other throat problems.

Children and adolescents:

This medicine is not intended for children under 6 years of age. Remember that young children may choke on the lozenges.

If you are taking, or have recently taken, any other medicines, including non-prescription medicines and dietary supplements, tell your doctor or pharmacist. **Pregnancy and breastfeeding:**

Consult a doctor before using this product if you think you are pregnant, you are pregnant or are breastfeeding. Consult a physician or pharmacist before using medicines.

Important information about some of the ingredients of this medicine

- Strepsils Honey and Lemon and Strepsils Menthol and Eucalyptus contain sucrose and glucose. Consult the attending doctor before using the medicine if you have been told that you have an intolerance to some sugars (see section "Special warnings regarding the use of the medicine") or if you have diabetes.
- These products contain very low levels of gluten (from wheat starch). These products are considered 'gluten-free'. It is unlikely that these products will cause any problems in coeliac patients. One lozenge contains no more than 19.52 (Strepsils Honey and Lemon) or 20.26 (Strepsils Menthol and Eucalyptus) micrograms of gluten. Do not take these products if you have a gluten allergy (a condition different from coeliac disease).
- These products contain sulfite – sulfur dioxide (E220) (found in liquid glucose) which can rarely cause allergic reactions or bronchospasm.
- These products contain less than 1 mmol (23 mg) sodium per dose, which is considered 'sodium-free'.
- Strepsils Menthol and Eucalyptus contains fragrance that includes d-limonene which can cause allergic reactions.
- Strepsils Honey and Lemon contains fragrance that includes geraniol, d-limonene, citral and linalool which can cause allergic reactions. In addition, the product contains honey. Consult the attending doctor before using the medicine if you have been told that you have an intolerance to certain sugars.

3. How to use this medicine

Check with the doctor or pharmacist if you are not sure about the dosage and the manner of treatment with the medicine.

Remove one lozenge from the blister (aluminum package), place it in the mouth and allow it to dissolve slowly. Return the blister to the carton package.

The usual dosage is:

Adults and children over 6 years of age: One lozenge for sucking every 2-3 hours. Do not use more than 12 lozenges per day (24 hours).

This medicine is not intended for children and infants under 6 years of age due to the risk of choking.

How to use: Suck the lozenge slowly, so that it dissolves slowly in the mouth. Do not chew or break the lozenge.

Duration of treatment: For short-term use only. Take the lowest dose for the shortest time necessary to relieve the symptoms. Refer to the doctor if the symptoms worsen or do not improve after 3 days.

Do not exceed the recommended dose.

If you have accidentally taken a higher dosage, you may feel stomach discomfort. Do not continue to use the product and consult a doctor or pharmacist. If you have taken an overdose or if a child has accidentally swallowed the medicine, proceed immediately to a doctor or a hospital emergency room and bring the package of the medicine with you.

If you forgot to take the medicine at the designated time, do not take a double dose. Take the next dose at the regular time.

Do not take medicines in the dark! Check the label and the dose each time you take a medicine. Wear glasses

if you need them.

If you have further questions on the use of this medicine, consult the doctor or pharmacist.

4. Side effects

Like any medicine, the use of Strepsils Honey and Lemon and Strepsils Menthol and Eucalyptus may cause side effects in some users. Do not be alarmed when reading the list of side effects.

You may not suffer from any of them.

Stop taking this medicine and refer to the doctor immediately if – hypersensitivity occurs such as: itching, burning and/or discomfort of the mouth, difficulty in breathing, swelling of the face, neck, tongue or throat, rash (severe allergic reactions).

If a side effect appears, if one of the side effects worsens or if you suffer from a side effect which is not mentioned in this leaflet, consult the doctor.

Reporting of side effects

Side effects can be reported to the Ministry of Health via the link "Report Side Effects of Drug Treatment" that can be found on the home page of the Ministry of Health website (<http://www.health.gov.il>) directing to the online form of adverse events reporting or via the following link:

<http://sideeffects.health.gov.il>

5. How to store the medicine

- Avoid poisoning! This medicine and any other medicine must be stored in a closed place out of the reach of children and/or infants to avoid poisoning. Do not induce vomiting unless explicitly instructed to do so by the doctor!

- Do not use the medicine after the expiry date (exp. date) stated on the package. The expiry date refers to the last day of that month.

- **Storage conditions:** Store at a temperature below 25°C.
- Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

6. Additional information

In addition to the active ingredients, this medicine also contains:

Strepsils® Menthol and Eucalyptus

Eucalyptus oil, Indigo carmine, Liquid sucrose, Liquid glucose, Tartaric acid

Strepsils® Honey and Lemon

Liquid sucrose, Liquid glucose, Peppermint oil, Quinoline yellow (E104), Tartaric acid, Terpeneless lemon oil

What the medicine looks like and what the package contains:

Strepsils® Menthol and Eucalyptus: The carton contains 24 lozenges. The lozenges are circular, blue in color.

Strepsils® Honey and Lemon: The cardboard package contains 24 and 36 lozenges. The lozenges are circular, yellow in color.

Manufacturer and address:

Reckitt Benckiser Healthcare International Ltd., Nottingham, England.

Registration Holder and address:

Reckitt Benckiser (Near East) Ltd., 6 Hanagar St., Hod Hasharon 4527704.

Email: service.israel@rb.com

Registration number of the medicine in the National Drug Registry of the Ministry of Health:

Strepsils Honey and Lemon flavored: 049-56-24205-00

Strepsils Menthol and Eucalyptus: 053-50-26858-00

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