

PATIENT PACKAGE INSERT IN ACCORDANCE WITH THE PHARMACISTS’ REGULATIONS (PREPARATIONS) – 1986

The medicine is dispensed with a doctor’s prescription only

Bica Vera 1.5% Glucose, 1.75 mmol/l Calcium

Bica Vera 2.3% Glucose, 1.75 mmol/l Calcium

Bica Vera 4.25% Glucose, 1.75 mmol/l Calcium
Solution for peritoneal dialysis

Composition:

Each liter of solution contains:

	Bica Vera 1.5%	Bica Vera 2.3%	Bica Vera 4.25%
Sodium chloride	5.786 g	5.786 g	5.786 g
Calcium chloride dihydrate	0.2573 g	0.2573 g	0.2573 g
Sodium hydrogen carbonate	2.940 g	2.940 g	2.940 g
Magnesium chloride hexahydrate	0.1017 g	0.1017 g	0.1017 g
Glucose monohydrate (Glucose)	16.5 g (15.0 g)	25 g (22.73 g)	46.75 g (42.5 g)
Ca²⁺	1.75 mmol/l	1.75 mmol/l	1.75 mmol/l
Na⁺	134 mmol/l	134 mmol/l	134 mmol/l
Mg²⁺	0.5 mmol/l	0.5 mmol/l	0.5 mmol/l
Cl⁻	104.5 mmol/l	104.5 mmol/l	104.5 mmol/l
HCO₃⁻	34 mmol/l	34 mmol/l	34 mmol/l
Glucose	83.25 mmol/l	126.1 mmol/l	235.9 mmol/l
Theoretical osmolality	358 mOsm/l	401 mOsm/l	511 mOsm/l

pH ≈ 7.4

Inactive ingredients and allergens – see section 6 “Further information” and section 2 “Before using the medicine”.

Read all of this leaflet carefully before you start using this medicine. This leaflet contains concise information about the medicine.

If you have any further questions, refer to the doctor, pharmacist or nurse.

This medicine has been prescribed for you. Do not pass it on to others. It may harm them, even if it seems to you that their illness is similar.

1. WHAT IS THE MEDICINE USED FOR?

Bica Vera solutions are intended for the treatment of patients who suffer from end-stage chronic renal failure and are being treated with peritoneal dialysis.

Therapeutic group: Peritoneal dialytics, hypertonic solutions

2. BEFORE USING THE MEDICINE

Do not use the medicine if: <ul style="list-style-type: none">- you are sensitive (allergic) to the active ingredients or to any of the additional ingredients contained in the medicine. - the level of potassium in your blood is very low - the level of calcium in your blood is very high - the volume of your body fluids is too low (for Bica Vera 2.3% glucose and Bica Vera 4.25% glucose only) - you have low blood pressure (for Bica Vera 2.3% glucose and Bica Vera 4.25% glucose only)

Peritoneal dialysis treatment must not be started if you have

• alterations in the abdominal region, such as:

- injuries, or after surgery
- severe burns
- large, inflammatory skin reactions
- inflammation of the peritoneum
- non-healing, weeping wounds
- umbilical, inguinal or diaphragmatic hernias
- tumours in the abdomen or bowel

- inflammatory bowel diseases
- intestinal obstruction
- lung diseases, particularly pneumonia
- blood poisoning caused by bacteria
- extremely high levels of fat in the blood
- poisoning due to urine products in the blood which cannot be treated by peritoneal dialysis

• severe malnutrition and loss of weight, particularly if adequate intake of food containing proteins is not possible.

Special warnings regarding use of the medicine

Before using Bica Vera inform your doctor immediately if:

- you have a **severe loss of electrolytes (salts)** due to **vomiting and/or diarrhoea**.
- you have an **inflammation of the peritoneum**, recognisable by a cloudy dialysate, abdominal pain, fever, feeling unwell or in very rare cases blood poisoning. Please show the bag containing the drained dialysate to your doctor.
- you have **severe abdominal pain, abdominal distension or vomiting**. This can be a sign of encapsulating peritoneal sclerosis, a complication of the peritoneal dialysis therapy that can be fatal.

Peritoneal dialysis can lead to a **loss of proteins** and **water-soluble vitamins**. An adequate diet or nutritional supplements are recommended in order to avoid deficiency states.

Tests and follow-up

Your doctor will check your electrolyte (salt) balance, blood cell counts, kidney function, body weight and nutritional state.

Drug interactions

If you are taking, or have recently taken, other medicines, including non-prescription medicines and nutritional supplements, tell the doctor or pharmacist.

Because peritoneal dialysis may influence the effects of medicines, your doctor may need to change their dosages, especially those of

- **medicines for heart failure**, such as digitoxin. Your doctor will check the level of potassium in your blood and, if necessary, will take appropriate measures.
- **medicines that influence calcium levels** such as those containing calcium or vitamin D.
- **medicines that increase the excretion of urine** such as diuretics.
- **medicines** taken by mouth that **lower blood sugar levels** or insulin. Your blood sugar level should be measured regularly.

Pregnancy and breast-feeding

If you are pregnant or breast-feeding, think you may be pregnant or are planning to have a baby, ask your doctor for advice before taking this medicine.

There are no adequate data from the use of Bica Vera in pregnant women or during lactation period. If you are pregnant or breast-feeding, you should use Bica Vera only if your doctor considers this absolutely necessary.

Driving and using machines

Bica Vera has no or negligible influence on the ability to drive and use machines.

3. HOW SHOULD YOU USE THE MEDICINE?

Always use this medicine according to the doctor’s instructions.

Check with your doctor or pharmacist if you are not sure about the dosage and treatment regimen of the medicine.

Your doctor will determine the method, duration and frequency of use and the required volume of solution and dwell time in the peritoneal cavity.

If tension occurs in the abdominal region your doctor may reduce the volume.

The dosage and the method of treatment will be determined by the doctor only.

The usual dosage is:

Continuous ambulatory peritoneal dialysis (CAPD)

- **Adults:** The usual dose is 2000–2500 ml solution four times daily depending on body weight and kidney function. After 2-10 hours dwell time the solution is drained off.
- **Children:** The doctor will determine the volume of dialysis solution required depending on the tolerance, age and body surface area of the child. The recommended initial dose is 600-800 ml/m² (up to 1000 ml/m² overnight) body surface area four times daily.

Automatic peritoneal dialysis (APD)

For this type of dialysis, the *sleep•safe* system is used. Bag exchange is controlled automatically by the cyclor overnight.

- **Adults:** The usual prescription is 2000 ml (maximum 3000 ml) per exchange with 3-10 exchanges overnight and time on the cyclor 8 to 10 hours, and at daytime one or two exchanges.
- **Children:** The volume per exchange should be 800-1000 ml/m² (up to 1400 ml/m²) body surface area with 5-10 exchanges overnight.

Do not exceed the recommended dose.

Use Bica Vera in the **peritoneal cavity only**.

Use Bica Vera only if the solution is clear and the bag is undamaged.

Bica Vera is available in a double-chamber bag. Before use, the solutions in the two chambers must be mixed as described.

Handling instructions

For use of the *stay•safe* system for continuous ambulatory peritoneal dialysis (CAPD)

The solution bag is first warmed to body temperature. This should be done by using an appropriate bag warmer. The heating time depends on the bag volume and the used bag warmer (for a 2000 ml bag with a starting temperature of 22°C is approximately 120 min.). More detailed information can be obtained from the operating instructions of the bag warmer. A microwave oven must not be used to warm the solution due to the risk of local overheating. After warming the solution, you can start with the exchange of the bags.

1. Preparation of the solution

⇒ Check the warmed solution bag (label, expiry date, clearness of the solution, bag and overwrap not damaged, peel seams intact). ⇒ Place the bag on a solid surface. ⇒ Open the overwrap of the bag and the packaging of the disinfection cap/closure cap. ⇒ Wash your hands with an antimicrobial washing lotion. ⇒ Roll up the bag, which is lying on the overwrap, from one of the side edges until the middle seam opens. The solutions in the two chambers are mixed automatically. ⇒ Now roll up the bag from the upper edge until the peel seam of the lower triangle is completely open. ⇒ Check that all peel seams are completely open. ⇒ Check that the solution is clear and that the bag is not leaking.

2. Preparation of the bag exchange

⇒ Hang the solution bag in the upper hole of the infusion pole, unroll the tubing line of the solution bag, and place the DISC into the organizer. After unrolling the tubing line to the drainage bag, hang the drainage bag in the lower hole of the infusion pole. ⇒ Place catheter connector into one of the two inserts of the organizer. ⇒ Place the new disinfection cap/closure cap into the other free insert. ⇒ Disinfect your hands and remove the protection cap of the DISC. ⇒ Connect catheter connector to the DISC.

3. Outflow

⇒ Open the clamp on the extension. The outflow starts. ⇒ Position ●

4. Flush

⇒ After completion of outflow flush fresh solution into the drainage bag (approx. 5 seconds). ⇒ Position ●●

5. Inflow

⇒ Start inflow by turning the control switch to ⇒ Position ○○●●

6. Safety step

⇒ Automated closing of the catheter extension with the PIN. ⇒ Position ●●●●

7. Disconnection

⇒ Remove the protection cap from the new disinfection cap/closure cap and screw it onto the old one. ⇒ Screw the catheter connector off the DISC and screw the catheter connector to the new disinfection cap/closure cap.

8. Closure of the DISC

⇒ Close the DISC with the open end of the protection cap, which has remained in the other insert of the organizer.

9. Check the drained dialysate for clarity and weight **and** if the effluent is clear **discard it**.

For use of the *sleep•safe* system for automatic peritoneal dialysis (APD)

For the set-up of the *sleep•safe* system please refer to its operating instructions.

3000 ml *sleep•safe* system

1. Preparation of the solution: see *stay•safe* system

2. Unroll tubing of bag.

3. Remove the protection cap.

4. Insert bag connector in free tray port of the cyclor.

5. The bag is now ready for use with the *sleep•safe* set.

5000 ml *sleep•safe* system

1. Preparation of the solution

⇒ Check the solution bag (label, expiry date, clearness of the solution, bag and overwrap not damaged, peel seams intact). ⇒ Place the bag on a solid surface. ⇒ Open the overwrap of the bag. ⇒ Wash your hands with an antimicrobial washing lotion. ⇒ Unfold middle peel seam and bag connector. ⇒ Roll up the bag, which is lying on the overwrap, from the diagonal end towards the bag connector. The middle peel seam will open. ⇒ Continue until the peel seam of the small chamber opens as well. ⇒ Check that all peel seams are completely open. ⇒ Check that the solution is clear and that the bag is not leaking.

2-5.: see 3000 ml *sleep•safe* system

Each bag should be used only once and any unused solution remaining must be discarded.

After appropriate training, Bica Vera can be used independently at home. Ensure that you follow all the procedures you learnt during training and maintain hygienic conditions when exchanging bags.

Always check the drained dialysate for cloudiness. See section 2 “Special warnings regarding use of the medicine”.

If you accidentally taken a higher dose

If you allow too much solution to flow into the peritoneal cavity, the excess can be drained off. If you use too many bags, please contact your doctor as this can result in fluid and/or electrolyte imbalances.

If you forget to use this medicine

Try to attain the volume of dialysate prescribed for each 24-hour period in order to avoid the risk of possibly life-threatening consequences. You should check with your doctor if you are not sure.

Adhere to the treatment regimen recommended by the doctor.

Do not take medicines in the dark! Check the label and the dose each time you take medicine. Wear glasses if you need them.

If you have any further questions on the use of this medicine, ask your doctor, pharmacist or nurse.

4. SIDE EFFECTS

Like all medicines, use of this medicine may cause side effects in some users. Do not be alarmed when reading the list of side effects. You may not suffer from any of them.

The following side effects may occur as a result of the peritoneal dialysis treatment in general:

Very common side effects (may affect more than 1 in 10 people treated):

- inflammation of the peritoneum with signs of cloudiness of the drained dialysate, abdominal pain, fever, feeling unwell or in very rare cases blood poisoning. Please show the bag containing the drained dialysate to your doctor.

- inflammation of the skin at the catheter exit site or along the length of the catheter, recognisable by redness, swelling, pain, weeping or crusts.

- hernia of the abdominal wall.

Contact your doctor immediately if you notice any of these side effects.

Other side effects of the treatment are:

Common side effects (may affect 1-10 in 100 people treated):

- problems with inflow or outflow of the dialysate
- sensation of stretching or fullness of the abdomen
- shoulder pain

Uncommon side effects (may affect 1-10 in 1000 people treated):

- diarrhoea
- constipation

Side effects of unknown frequency (frequency cannot be estimated from available data):

- breathing difficulties due to elevation of the diaphragm.
- encapsulating peritoneal sclerosis, possible symptoms may be abdominal pain, abdominal distension or vomiting.

The following side effects may occur when Bica Vera is used:

Very common side effects (may affect more than 1 in 10 people treated):

- potassium deficiency

Common side effects (may affect 1-10 in 100 people treated):

- high blood sugar levels
- high blood fat levels
- weight gain

Uncommon side effects (may affect 1-10 in 1000 people treated):

- calcium excess if the calcium intake is too high
- body fluid levels too low, which can be recognised by rapid weight loss
- low blood pressure
- rapid pulse
- body fluid levels too high, which can be recognised by rapid weight gain
- water in the tissues and lung
- high blood pressure
- breathing difficulties

If a side effect occurs, if one of the side effects worsens or if you suffer from a side effect not mentioned in this leaflet, consult a doctor.

Reporting of side effects

Side effects can be reported to the Ministry of Health by clicking on the link “Report Side Effects of Drug Treatment” located on the Ministry of Health homepage (www.health.gov.il) that directs you to the online form for reporting side effects, or by entering the link:

<https://sideeffects.health.gov.il>

5. HOW SHOULD THE MEDICINE BE STORED?

Avoid poisoning! This medicine and any other medicine should be kept in a safe place out of the reach and sight of children and/or infants in order to avoid poisoning. Do not induce vomiting unless explicitly instructed to do so by the doctor.

Do not use this medicine after the expiry date (exp.date) which is stated on the bag and carton. The expiry date refers to the last day of that month.

Do not store below 4°C.

The ready-to-use solution should be used immediately, but within a maximum of 24 hours after mixing.

Do not use this medicine if you notice that the solution is not clear or the bag is damaged.

6. FURTHER INFORMATION

In addition to the active ingredients, the medicine also contains:

Water for injections, hydrochloric acid, sodium hydroxide, carbon dioxide.

What the medicine looks like and contents of the package:

The solution is clear and colourless.

Bica Vera is available in a double-chamber bag. One chamber contains the alkaline sodium hydrogen carbonate solution and the other the acidic glucose-based electrolyte solution in a ratio of 1:1.

Bica Vera is available in the following application systems and pack sizes per carton:

<i>stay•safe:</i>	<i>sleep•safe:</i>
4 x 2000 ml bags	4 x 3000 ml bags
4 x 2500 ml bags	2 x 5000 ml bags
4 x 3000 ml bags	

Not all pack sizes may be marketed.

Registration holder and address:

Fresenius Medical Care Israel P.B. Ltd., 4 Hasheizaf St., 4366411 Raanana, Israel.

Manufacturer and address:

Fresenius Medical Care Deutschland GmbH, Else-Kroner-Strasse 1, D-61352 Bad Homburg, v.d.H., Germany

Revised in August 2024.

Registration number of the medicine in the National Drug Registry of the Ministry of Health:

Bica Vera 1.5% glucose, 1.75 mmol/l Calcium: 132-53-31018-00

Bica Vera 2.3% glucose, 1.75 mmol/l Calcium: 132-51-31019-00

Bica Vera 4.25% glucose, 1.75 mmol/l Calcium: 132-52-31020-00