

**PATIENT PACKAGE INSERT IN ACCORDANCE
WITH THE PHARMACISTS' REGULATIONS
(PREPARATIONS) - 1986**

This medicine is dispensed
without a doctor's prescription

BenGay® Greaseless Pain Relieving Cream

Active ingredients - each unit contains:
Methyl Salicylate 15% w/w
Menthol 10% w/w

BenGay® Ultra Strength Cream

Active ingredients - each unit contains:
Methyl Salicylate 30% w/w
Menthol 10% w/w
Camphor 4% w/w

Inactive ingredients and allergens: see section 6
"Further Information".

**Read this leaflet carefully in its entirety before
using this medicine.** This leaflet contains concise
information about the medicine. If you have further
questions, refer to the doctor or pharmacist.

The medicine is not intended for conditions similar
to arthritis in infants and children under 12 years of
age. Under this age, refer to a doctor.
Use correctly. Consult a pharmacist if you need
further information. Refer to the doctor if the signs
of the disease (symptoms) worsen or if they do not
improve after 10 days.

1. WHAT IS THIS MEDICINE INTENDED FOR?

This medicine is indicated for the temporary relief of
minor aches and pains of muscles and joints, such
as simple backache, lumbago, arthritis, strains,
bruises and sprains.

Therapeutic group: Methyl salicylate belongs to
the salicylate group, which are non-steroidal
anti-inflammatory agents.

2. BEFORE USING THE MEDICINE:

Do not use this medicine:

- if you are sensitive (allergic) to the active ingredients or to any of the other ingredients contained in the medicine.
- on damaged skin or on sores.
- in children and infants under 12 years of age without a doctor's instructions.

**Special warnings regarding use of the
medicine**

- Excessive use may result in salicylate toxicity (salicylates have been associated with Reye's syndrome).
- Do not use with a heating pad or bandage with a tight dressing.
- Avoid contact of the preparation with the eyes. In case of contact, wash immediately with water.
- Avoid contact of the preparation with mucosal tissues (e.g., the mouth and nose).
- If hyperirritation occurs, stop use. See section 4 "Side Effects".

**Before treatment with BenGay, tell the doctor
if:**

- you are sensitive to any food or medicine, especially to salicylates.
- you use this medicine frequently or for a prolonged period.

**If you are taking, or have recently taken, other
medicines, including non-prescription medicines
and nutritional supplements, tell the doctor
or pharmacist.** Especially inform the doctor or
pharmacist if you are taking:

- other preparations containing salicylates (e.g., aspirin): concomitant use may lead to salicylate poisoning.
- anticoagulants, such as Coumadin: the combination may increase the potential for bleeding, since BenGay contains salicylate.

Pregnancy and breastfeeding

There is not enough information for safe use
during pregnancy or breastfeeding. Use during
pregnancy and/or breastfeeding must be under
medical supervision.

Driving and use of machinery

This medicine has no effect on ability to drive or
operate machines.

3. HOW SHOULD THE MEDICINE BE USED?

Check with the doctor or pharmacist if you are
uncertain. The usual dosage is generally:
Apply 3-4 times a day, as needed.

Directions for use: Apply a thin layer on the achy
area only and gently massage until the cream
disappears (is absorbed).

Do not exceed the recommended dose.

Do not swallow! For external use only.

If there is no improvement in your condition within
10 days, refer to a doctor.

If you took an overdose, or if a child accidentally
swallowed the medicine, immediately proceed to
a hospital emergency room and bring the package
of the medicine with you.

**Do not take medicines in the dark! Check the
label and dose each time you take medicine.
Wear glasses if you need them.**

**If you have further questions regarding use of the
medicine, consult the doctor or pharmacist.**

4. SIDE EFFECTS

As with any medicine, use of BenGay may cause
side effects in some users. Do not be alarmed
when reading the list of side effects. You may not
experience any of them.

**Discontinue use and refer to a doctor as soon
as possible if the following occur:**

- Irritation (rare)
- Rash (rare)
- Local inflammation (rare)

Additional side effects

Occurring rarely:

- **Eyes:** ocular irritation
- **Immune system disorders:** angioedema
- **Respiratory system:** shortness of breath (associated with hypersensitivity)
- **Application site:** skin edema, blisters, burning sensation, redness, irritation, pain, tingling, itching, and rash. In addition, urticaria, cold sensation (BenGay Ultra Strength)
- **Application site sores or toxicity:** burns

**If a side effect occurs, if one of the side effects
worsens, if you suffer from a side effect not
mentioned in this leaflet, or if there is a change
in your general feeling, consult the doctor.**

Reporting side effects

Side effects can be reported to the Ministry of
Health by clicking on the link "Report Side Effects
of Drug Treatment" found on the Ministry of Health
homepage (www.health.gov.il) that directs you to
the online form for reporting side effects,
or by entering the link:
<https://sideeffects.health.gov.il/>

5. HOW SHOULD THE MEDICINE BE STORED?

- Avoid poisoning! This medicine and any other
medicine must be kept in a safe place out of
the reach and sight of children and/or infants to
avoid poisoning. Do not induce vomiting without
explicit instruction from the doctor.
- Do not use the medicine after the expiry date
(exp. date) that appears on the package. The
expiry date refers to the last day of that month.
- Store below 25°C.
- Store in the original package. Do not store
different medicines in the same package.

6. FURTHER INFORMATION

**In addition to the active ingredients, the medicine
also contains:**

- **BenGay Greaseless Pain Relieving Cream:**
Purified Water, Stearic Acid, Glyceryl Stearate,
Glycerin, Isopropyl Palmitate, Cetyl Alcohol,
Methylparaben, Phenoxyethanol, Potassium
Cetyl Phosphate, Potassium Hydroxide,
Propylparaben, Xanthan Gum
- **BenGay Ultra Strength:**
Purified Water, Stearic Acid, Glyceryl Stearate
SE, Tween 80 (Polysorbate 80), Lanolin,
Triethanolamine (Trolamine), Carbomer,
Potassium Hydroxide, Edetate Disodium

**What the medicine looks like and the contents
of the package:**

- **BenGay Greaseless Pain Relieving Cream:**
A plastic tube containing 57 gram.
- **BenGay Ultra Strength:**
A plastic tube containing 57 gram, 113 gram, 170
gram.

Not all pack sizes may be marketed.

Registration Holder and address:

J-C Health Care Ltd., Kibbutz Shefayim 6099000,
Israel.

Manufacturer and address:

Johnson & Johnson Consumer Inc., NJ, USA.

Revised in October 2021 according to MOH
guidelines.

Registration number of the medicine in the National
Drug Registry of the Ministry of Health:

- **BenGay Greaseless Pain Relieving Cream:**
133-96-23330-00
- **BenGay Ultra Strength:**
133-94-27518-00