

⊕∨ITRELLE® 250 micrograms אוביטרל° 250 מיקרוגרם

SOLUTION FOR INJECTION IN PRE-FILLED PEN

תמיסה להזרקה בעט מוכן לשימוש

أوڤيتريل® ۲۵۰ ميكروغرام

محلول للحقن ضمن قلم جاهز للإستعمال

Instructions for use הוראות שימוש تعليمات الاستعمال





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Instructions for use

- 1. How to use the Ovitrelle pre-filled pen
- 2. Before starting to use the Ovitrelle pre-filled pen
- 3. Preparing the Ovitrelle pen for injection
- 4. Setting the dose to 250
- 5. Injecting the dose
- 6. After the injection



Attention:

Please read these instructions for use before using the Ovitrelle pre-filled pen. Follow the instructions exactly, as they may differ from your past experience.

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1. How to use the Ovitrelle pre-filled pen

- The pen is intended for subcutaneous injection only.
- Inject Ovitrelle as your doctor or nurse has instructed you.
- This pen is for single use only. Do not share the pen with others.

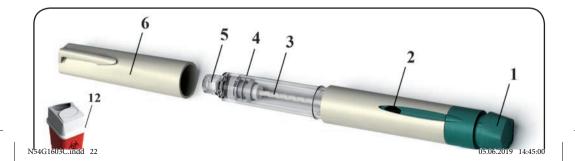
English

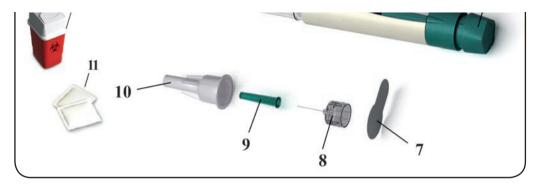
2. Before starting to use the Ovitrelle pre-filled pen

- Wash your hands with soap and water.
- Find a clean and flat surface.
- Check the **expiration date** on the pen label.
- Gather everything you need and lay it out in front of you:









- 1. dose-setting knob
- 2. dose display window
- 3. plunger piston
- 4. drug reservoir holder

- 5. threaded needle connector
- 6. pen cap
- 7. peel-off seal tab
- 8. removable needle

- 9. inner needle shield10. outer needle cap
- 11. alcohol swab
- 12. sharps disposal container

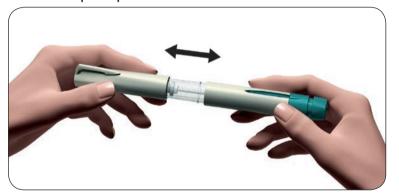
Note: alcohol swabs and sharps disposal container are not provided in the pack.

English

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3. Preparing the Ovitrelle pen for injection

3.1 Take off the pen cap



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3.2 Prepare your needle for injection

- Take a new needle only use the "single-use" needles supplied.
- Hold the outer needle cap firmly.
- Check that the peel-off seal tab on the outer needle cap is not damaged or loose.
- Remove the peel-off seal tab.





CAUTION:

If the peel-off seal tab is damaged or loose, do not use the needle. Throw it away in a sharps disposal container. Ask the doctor or pharmacist how to obtain a new needle.

English

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3.3 Attach the needle

• Screw the threaded needle connector of the Ovitrelle pen into the outer needle cap until you feel light resistance.



Warning: Do not attach the needle too tightly; it may make it difficult to take it off after the injection.









- Remove the outer needle cap by pulling it gently.
 Put it aside for later use.
- Hold the Ovitrelle pre-filled pen with the needle pointing upward.
- Carefully remove the green inner needle shield.





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3.4 Look closely at the tip of the needle for a tiny drop of fluid

• If you see a tiny drop of fluid, proceed to **Section 4: Setting the dose to 250.**



CAUTION:

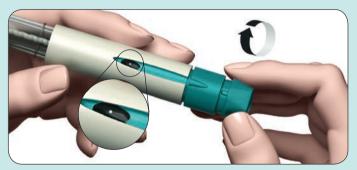
If you do not see a tiny drop at or near the needle tip, you must perform the following steps.

English

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If you do not see a tiny drop at or near the needle tip:



1. Gently turn the dose-setting knob clockwise until you see a dot (•) in the dose display window. If you pass the dot, simply turn the dose-setting knob back to the dot (•).

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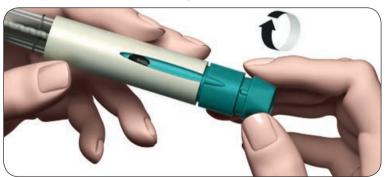
- 2. Hold the pen with the needle pointing upward.
- 3. Tap the drug reservoir holder gently.
- 4. Press the dose-setting knob as far as it will go. A tiny drop of liquid will appear at the top of the needle; this shows that the pen is ready for use.
- 5. If you do not see any liquid, try again (this can be done a maximum of two times), starting from step 1 of section "If you do not see a tiny drop at or near the needle tip" above.

English

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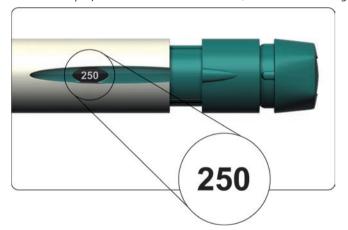
4. Setting the dose to 250

- Gently turn the dose-setting knob clockwise. The dose display window will show a straight line and you have to keep turning until you can see the number "250".
- Do not push or pull the dose-setting knob while you turn it.



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• The dose display window should show "250", as shown in the figure below.



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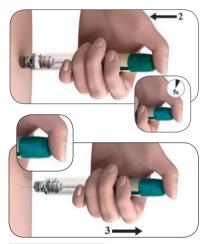
5. Injecting the dose

- **5.1** Choose the injection site where your doctor or nurse has told you to inject.
- **5.2** Clean the skin at the injection site by wiping it with an alcohol swab.
- **5.3** Verify once more that the number in the **dose display window is "250"**. If it is not, you must adjust it (see section "4. Setting the dose to 250").
- 5.4 Inject the dose as you were instructed by your doctor or nurse
 - Slowly push the needle into the skin entirely (1).
 - Press the dose-setting knob down as far as it will go and hold it to complete the full injection.



- Hold the dose-setting knob down for a minimum of 5 seconds (S) to ensure that you injected the full dose (2).
- The number of dose units shown in the dose display window, will turn back to "O". This indicates that the complete dose was delivered.

- After a minimum of 5 seconds, pull the needle out of the skin while still pressing on the dose-setting knob (3).
- Release the dose-setting knob.

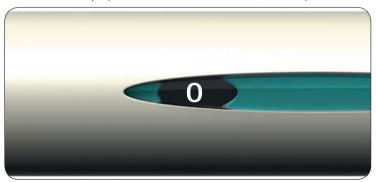


English

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6. After the injection

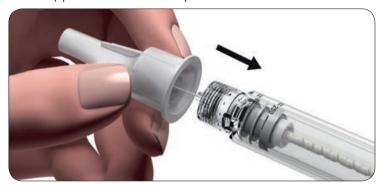
- 6.1 Check that the dose display window shows "0"
 - This confirms that the full dose was delivered. Do not attempt to inject a second time.
 - In case the dose display window does not show "0", refer to your doctor or pharmacist.



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6.2 Removing the needle after the injection

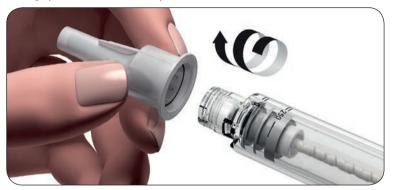
- Hold the drug reservoir holder part of the pen firmly.
- Carefully put the outer needle cap onto the needle.



English

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• Then grip the outer needle cap and unscrew the needle.



- Be careful not to prick yourself with the needle.
- Now put the pen cap back onto the pen.

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6.3 Disposal

- Use each needle and pen only once.
- After you have finished the injection, dispose of the used needle safely.
- Discard the pen. It is best to put it back into its original package.
- When the pen is empty, ask your pharmacist how to dispose of it.





Warning: Medicines should not be disposed of via wastewater or household waste.

These instructions for use were approved by the Ministry of Health in August 2017

English

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