

Patient leaflet in accordance with the Pharmacists' Regulations (Preparations) – 1986

This medicine is dispensed without a doctor's prescription

Tarodent Mouthwash

0.2% w/v

Active ingredient

chlorhexidine gluconate 0.2% w/v

Inactive ingredients and allergens in this medicine: see section 6 'Additional information'.

Read the entire leaflet carefully before using this medicine. This leaflet contains concise information about this medicine. If you have any further questions, consult your doctor or pharmacist.

Use this medicine according to the instructions in the section about dose in this leaflet. Consult your pharmacist if you need further information.

1. What is this medicine intended for?

- to inhibit plaque formation
- as an aid in treating and preventing gingivitis
- as an aid in maintaining oral hygiene
- to be used after dental surgery or treatment, to facilitate healing of gums
- for use with mouth ulcers, inflammations caused by dentures, and thrush

Therapeutic group: antiseptic (against infection).

2. Before using this medicine

Do not use this medicine if:

You are sensitive (allergic) to the active ingredient chlorhexidine gluconate or to any of the other ingredients in this medicine (see section 6).
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Special warnings about using this medicine:

- **Do not use in children under 12 years old** unless advised by your doctor.
- **Use only inside the mouth.** Do not swallow. Rinse thoroughly with water if this product comes into contact with your eyes or ears.
- **In case of a severe allergic reaction, stop using this medicine and get help immediately.** See section 4, 'Side effects'.
- **Toothpastes may interfere with mouthwash activity.** After brushing your teeth, rinse your mouth well with water and wait 5 minutes before using Tarodent Mouthwash. Alternatively, you can use the mouthwash at a different time of day.
- **Do not bleach fabrics** that have come into contact with this mouthwash.
- **Temporary staining may appear on your teeth and tongue.** See section 4, 'Side effects'.
- You may experience a **change in your sense of taste or you may feel stinging, prickling, or numbness inside your mouth.** See section 4, 'Side effects'.

Children and adolescents

This medicine is for use in patients over 12 years old. Consult your doctor before using it in younger children.

Interactions with other medicines

If you are taking or have recently taken any other medicines, including nonprescription medicines and dietary supplements, tell your doctor or pharmacist.

Pregnancy and breastfeeding

You can use this medicine if you are pregnant or breastfeeding.

3. How to use this medicine?

Check with your doctor or pharmacist if you are not sure about your dose or about how to take this medicine.

The recommended dose is usually:

Use twice a day. Fill the measuring cup up to the 10 ml line. Rinse your mouth thoroughly for one minute and then spit out.

Gingivitis: A one month course is recommended.

Mouth ulcers and thrush: Continue to use for 2 days after healing.

Inflammations caused by dentures: Clean and soak your dentures in the mouthwash for 15 minutes twice a day.

After dental surgery: Rinse as directed by your dentist.

If your symptoms persist, **consult your doctor.**

Do not exceed the recommended dose.

Do not swallow.

If you have taken an overdose, or a child has accidentally swallowed some medicine, immediately see a doctor or go to a hospital emergency room and bring the medicine package with you.

Do not take medicines in the dark! Check the label and the dose every time you take medicine. Wear glasses if you need them.

If you have any further questions about using this medicine, consult your doctor or pharmacist.

4. Side effects

As with any medicine, using Tarodent Mouthwash may cause side effects in some users. Do not be alarmed by this list of side effects; you may not experience any of them.

Stop using the mouthwash and **get immediate medical help** if you get a **rash, swelling of your lips, tongue, throat, or face**, or if **you have difficulty breathing**. These effects could be symptoms of a severe allergic reaction which is very rare.

Stop using the mouthwash and contact your doctor if you get **irritation of the mouth, soreness or swelling on the inside of your cheeks**. These effects should go away when treatment is stopped.

Other side effects:

- Temporary staining of the tongue. This effect disappears when treatment is stopped.
- Temporary staining of the teeth. This can normally be removed by brushing. You can avoid staining by not drinking tea, coffee or red wine – especially one hour after use, and by brushing daily with toothpaste (see section 3, 'How to use this medicine?'). If staining remains, it can be removed by getting a scale and polish at your dentist or dental hygienist. You can clean your dentures with denture cleaner.
- You may notice a change in your sense of taste, a burning, numbing, or prickling sensation in your tongue when you first use the mouthwash. This usually goes away with continued use.
- If you get skin peeling inside your mouth, dilute the mouthwash with an equal amount of water.

If you experience any side effect, if any side effect gets worse, or if you experience a side effect not mentioned in this leaflet, consult your doctor.

You can report side effects to the Ministry of Health by following the 'Reporting Side Effects of Drug Treatment' link on the Ministry of Health home page (www.health.gov.il), which opens an online form for reporting side effects, or you can also use this link: <https://sideeffects.health.gov.il>

5. How to store the medicine?

- Prevent poisoning! To prevent poisoning, keep this and all other medicines in a closed place, out of the reach and sight of children and/or infants. Do not induce vomiting unless explicitly instructed to do so by a doctor.
- Do not use the medicine after the expiry date (exp. date) stated on the package. The expiry date refers to the last day of that month.
- Store in a cool and dark place.
- Store in the original package.
- 300 ml package: Use within 9 months of opening.
50 ml package: Use within 1 month of opening.

6. Additional information

In addition to the active ingredient, this medicine also contains:

purified water, sorbitol 70% solution, alcohol, polysorbate 80, peppermint oil.

What the medicine looks like and contents of the pack:

a colorless, clear to slightly cloudy mint scented solution.

The medicine is packaged in a plastic bottle with a child-resistant cap and a measuring cup. The bottle contains either 300 ml or 50 ml of solution. Not all pack sizes may be marketed.

Manufacturer and registration holder's name and address:

Taro Pharmaceutical Industries Ltd., 14 Hakitor St., Haifa Bay 2624761.

Revised in September 2024.

Registration number of the medicine in the Ministry of Health's National Drug Registry: 060-32-27698-00