

Patient leaflet in accordance with the Pharmacists' Regulations (Preparations) - 1986
This medicine is dispensed with a doctor's prescription only

Azelastin-POS

Nasal spray, solution

Active ingredient

azelastine hydrochloride 0.1% w/v

One squirt of spray (0.14 ml) contains 0.14 mg of the active ingredient azelastine hydrochloride.

Inactive ingredients and allergens in this medicine: See section 6 'Additional information'

Read the entire leaflet carefully before you start using this medicine. This leaflet contains concise information about this medicine. If you have any further questions, consult your doctor or pharmacist.

This medicine has been prescribed for you. Do not pass it on to others. It may harm them, even if it seems to you that their medical condition is similar to yours.

1. What is this medicine intended for?

Azelastin-POS is intended for the treatment of seasonal or perennial allergic rhinitis for adults and children 6 years and older.

Therapeutic group:

Potent, selective second generation anti-histamine.

Azelastin-POS is intended for the treatment of allergies that appear in specific seasons of the year, for example, the pollen allergy known as hay fever.

In addition, **Azelastin-POS** is intended for the treatment of allergies that occur all year round, for example allergy to house dust mites or allergies to cat or dog fur.

The medication acts by preventing the effect of histamine that the body secretes as part of an allergic reaction.

Usually, the allergy will cause you to have a runny nose, sneezing, itching, or a stuffy nose. **Azelastin-POS** can alleviate these symptoms.

2. Before using this medicine

Do not use this medicine if:

you are sensitive (allergic) to the active ingredient (azelastine hydrochloride) or to any of the other ingredients in this medicine (see section 6 'Additional information').
--

Special warnings about using this medicine

Contact your doctor or pharmacist before using **Azelastin-POS**.

Children and adolescents

This medicine is not intended for children under the age of 6.

Interactions with other medicines

If you are taking or have recently taken other medicines, including nonprescription medicines and dietary supplements, tell your doctor or pharmacist.

To date, no interactions with other medicines have been reported.

Pregnancy and breastfeeding

If you are pregnant, breastfeeding, think you are pregnant or are planning to become pregnant, consult with your doctor or pharmacist prior to use.

Driving and using machines

Azelastin-POS does not affect your ability to drive or operate machines.

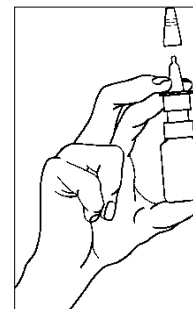
3. How to use this medicine?

Always use this medicine according to your doctor's instructions. Check with your doctor or pharmacist if you are not sure about your dose or about how to take this medicine. Only your doctor will determine your dose and how you should take this medicine.

The recommended dosage is usually:
One spray in each nostril, twice daily (morning and evening).
Do not exceed the recommended dose.

How to use Azelastin-POS spray

1. First, blow your nose
2. Remove the protective cap
3. Before the first use, press the pump several times until you achieve an even spray (usually 1-2 times).
4. Spray once in each nostril while the head is upright. Do not tilt the head back
5. Wipe the pump and return the protective cap



If you have accidentally taken a higher dose, no symptoms are expected; consult your doctor if you are concerned.

If you have accidentally swallowed some medicine, or if a child has swallowed some medicine, immediately see a doctor or go to a hospital emergency room, and bring the medicine package with you.

If you accidentally get **Azelastin-POS** in your eyes, rinse them with plenty of water. Your eyes may sting for a while.

If you forget to take the medicine at the intended time, take the missed dose as soon as you remember, and then take the next dose at the usual time. Do not take a double dose to make up for the forgotten dose.

Adhere to the treatment as recommended by your doctor.

Do not take medicines in the dark! Check the label and dose every time you take medicine. Wear glasses if you need them.

If you have any further questions about using this medicine, consult your doctor or pharmacist.

4. Side effects

As with any medicine, using **Azelastin-POS** may cause side effects in some users. Do not be alarmed by the list of side effects. You may not suffer from any of them.

Common side effects – effects that appear in 1-10 in 100 users:

- An unpleasant taste in your mouth, particularly felt if you tilt your head back during use. In rare cases, the unpleasant taste in your mouth can cause nausea.

Uncommon side effects – effects that appear in 1-10 in 1,000 users:

- Irritation of the nasal mucosa (stinging and itching), sneezing and nosebleed.

Very rare side effects – effects that appear in less than one in 10,000 users:

- Hypersensitivity reactions such as rash, pruritis, urticaria (hives).

If you experience any side effect, if any side effect gets worse or if you experience a side effect not mentioned in this leaflet, consult your doctor.

Reporting side effects

You can report side effects to the Ministry of Health by following the 'Reporting Side Effects of Drug Treatment' link on the Ministry of Health home page (www.health.gov.il) which opens an online form for reporting side effects, or you can also use this link: <https://sideeffects.health.gov.il>

5. **How to store the medicine?**

- Prevent poisoning! To prevent poisoning, keep this and all other medicines in a closed place, out of the reach and sight of children and/or infants. Do not induce vomiting unless explicitly instructed to do so by your doctor.
- Do not use the medicine after the expiry date (exp. date) which is stated on the outer package and label. The expiry date refers to the last day of that month.
- Do not store above 25°C. Do not refrigerate or freeze.
- May be used for 6 months after opening.

6. **Additional information**

- **In addition to the active ingredient, this medicine also contains:**
Sodium chloride, disodium phosphate dodecahydrate, hypromellose, disodium edetate, citric acid, purified water
- **What the medicine looks like and contents of the pack:**
Azelastin-POS is a clear and colorless spray in a white multidose plastic bottle that contains 10 ml of solution.
- **Registration holder's name and address:** Kivema Ltd., 33 Hachosh Street, Kfar Shmaryahu 46910
- **Manufacturer's name and address:**
Ursapharm Arzneimittel GMBH, Industriestrasse D - 66129 Saarbrücken, Germany
- Revised in March 2025.
- Registration number of the medicine in the Ministry of Health's National Drug Registry: 178-33-37376-99