

**Patient Package Insert according to  
Pharmacists' Regulations  
(Preparations) - 1986**

This medicine can be sold with a  
physician's prescription only

## **Cerebonin® Forte 240 mg**

Film-coated tablets

### **Active ingredients and their quantity in dosage unit:**

#### **Each film-coated tablet of Cerebonin® Forte 240 mg contains:**

240 mg dry extract from Ginkgo biloba leaves (35-67:1), extraction agent: acetone 60% (w/w). The extract is quantified of 52.8-64.8 mg flavonoids calculated as flavone glycosides; and 12.96-15.84 mg terpene lactones of which 6.72-8.16 mg ginkgolides A, B, C as well as 6.24 -7.68 mg bilobalide, and contains no more than 1.2 µg ginkgolic acids for each film-coated tablet.

For a list of all excipients and allergens in the medicine- see section 6.

### **Read this entire leaflet carefully before using this medicine.**

This leaflet contains concise information about the medicine. If you have any further questions, ask the physician or pharmacist. This medicine has been prescribed for you. Do not pass it on to others. It might harm them, even if you think that their medical condition is similar to yours.

## **1. What is the medicine intended for?**

Herbal medicine for the improvement of age-associated cognitive impairment and of quality of life in mild dementia in adults.

**Therapeutic group:** Anti-dementia herbal medicines.

## **2. Before using the medicine**

### **Do not use the medicine:**

- If you are hypersensitive (allergic) to the active ingredient (Ginkgo biloba plant) or to any one of the additional ingredients that the medicine contains.
- During pregnancy.

### **Special warnings regarding the use of the medication:**

Consult a physician before using the  
medicine:

- If you have a disease or a disorder that is characterized by an increased tendency to bleed (bleeding diathesis) or if you are taking anticoagulant and blood-thinning medications (see also the drug interactions section).
- If you have epileptic seizures.
- If you are expected to undergo an operation within the next 3 to 4 days.
- If you take the medication Efavirenz (see also the drug interactions section).

### **Drug interactions**

#### **If you are taking or have recently taken other medicines, including non- prescription medicines and nutritional supplements, tell your physician or pharmacist.**

- Consult your physician or pharmacist if you are taking anticoagulant and blood-thinning medications such as: phenprocoumon, warfarin, clopidogrel, acetylsalicylic acid and other non-steroidal anti-inflammatory drugs, as the possibility that the effect of these medications may enhance cannot be ruled out.
- Taking products containing the plant ginkgo biloba and medicines containing the active ingredient Efavirenz at the same time is not recommended, as the concentration of the active ingredient in the blood may decrease.
- As with other medicines, it cannot be ruled out that taking Cerebonin® Forte 240 mg may affect the metabolism of other medicines, and consequently, their

strength and duration of action, since not enough studies have been conducted to assess this effect.

**Use of this medicine and food:** The medicine Cerebonin® Forte 240 mg can be taken with or without food.

**Children and adolescents:** The medicine Cerebonin® Forte 240 mg is not intended to be used in children and adolescents under 18 years of age.

**Pregnancy, breastfeeding and fertility:**

**Pregnancy:** The medicine Cerebonin® Forte 240 mg should not be used if you are pregnant.

**Breastfeeding:** The medicine Cerebonin® Forte should not be used if you are breastfeeding as there is not enough information available about the use of the medicine during breastfeeding. It is not known whether the medicine is excreted in breast milk.

**Fertility:** There is no information about the effect of taking the medicine on human fertility.

**Important information about some of the ingredients of this medicine:**

The medicine Cerebonin® Forte 240 mg contains less than 23 mg sodium per film-coated tablet.

**Driving and use of machinery:** The effect of the medicine on driving and operating machinery has not been studied.

### 3. How to use this medicine

Always use the medicine according to the physician's instructions. Check with the physician or pharmacist if you are not sure about the dosage or the manner of treatment with the medicine. Inform the physician or pharmacist if the effect of the medicine is too strong or too weak. The dosage and manner of treatment will be determined by the physician only.

**The usual recommended dosage is:**

Adults over the age of 18 years: One film-coated tablet, once a day.

**Do not exceed the recommended dose.**

There is no information about the exact dosage for patients with impaired kidney function or impaired liver function.

**Duration of treatment with the medicine:**

The minimum duration of treatment is 8 weeks. Consult your physician again after 3 months of treatment with the medicine for the purpose of evaluating the continuation of the treatment with the medicine.

**Administration method:**

Do not take the film-coated tablets whilst in a lying position. The medicine should be swallowed with enough drinking fluid (preferably a glass of water).

**Crushing/halving/chewing:** do not chew the film-coated tablet. There is no information about crushing or halving the film-coated tablet.

**If you have accidentally taken an overdose**

inform your physician. Your physician will decide whether it is necessary to take any action. No cases of overdose have been reported to date. In case of an overdose, the side effects listed under the side effects section may be intensified. If a child has accidentally swallowed the medicine, proceed immediately to a physician or a hospital emergency room and bring the package of the medicine with you.

**If you stop taking the medicine:**

Discontinuation of the treatment is usually not harmful.

**If you forgot to take the medicine**

at the intended time, do not take a double dose. Take the next dose at the regular time and consult a physician. Continue the treatment as recommended by the physician.

**Do not take medicines in the dark!**

**Check the label and the dose each time you take a medicine. Wear glasses if you need them. If you have any further questions regarding the use of the medicine, consult a physician or pharmacist.**

#### **4. Side effects:**

As with any medicine, the use of Cerebonin® Forte 240 mg may cause side effects in some users.

Do not be alarmed while reading the list of side effects. You might not suffer from any of them.

**Side effects that require special attention:** Acute allergic reaction.

Discontinue use of the medicine and refer immediately to a physician or emergency room at the first sign of an allergic reaction. The frequency of this side effect is not known.

**Very common side effects appear in 1 user out of 10:** headache.

**Common side effects appear in 1-10 users of the medicine out of 100:** a sensation of loss of balance / vertigo, diarrhea, pain in the lower abdomen, nausea, vomiting.

**Side effects of unknown frequency:** Bleeding from individual organs (eye, nose, brain, digestive system). Allergic skin reactions (redness, swelling, rash, itching).

**If a side effect appears, if any of the side effects gets worse, or if you suffer from a side effect not mentioned in the leaflet, consult a physician.**

Side effects can be reported to the Ministry of Health by clicking on the link "Report Side Effects of Drug Treatment" that can be found on the home page of the Ministry of Health's website ([www.health.gov.il](http://www.health.gov.il)), which refers to the online form for reporting side effects, or via the following link: <https://sideeffects.health.gov.il>

In addition, side effects can be reported to Dr. Samuelov Importing & Marketing Ltd. at the email address: [drugsafety@drsamuelov.co.il](mailto:drugsafety@drsamuelov.co.il)

#### **5. How to store the medicine**

Avoid poisoning! This medicine and any other medicine must be stored in a safe place out of the reach of children and/or infants in order to avoid poisoning. Do not induce vomiting unless explicitly instructed

to do so by the physician.

Do not use the medicine after the expiry date (Exp. Date) stated on the carton package or blister. The expiry date refers to the last day of that month.

**Storage conditions:** There are no special storage conditions, it is recommended to store at room temperature.

#### **6. Additional information**

**In addition to the active ingredients, the medicine also contains the following excipients:**

Microcrystalline cellulose; croscarmellose sodium; magnesium stearate (Ph. Eur.); hypromellose (viscosity 6 mPas); silica, precipitated; hypromellose (viscosity 15 mPas); iron (III)-hydroxide oxide x H<sub>2</sub>O (yellow) (E 172), talcum, stearic acid, iron (III) oxide (red) (E 172).

**What the medicine looks like and contents of the package:** The medicine Cerebonin® Forte 240 mg appears as a brown oval tablet, without a score line. The tablets are packed in plastic trays ("blisters"), which are then packed in carton boxes.

**Size of package:** The medicine Cerebonin® Forte 240 mg is supplied in carton packages containing 30 film-coated tablets, packed in two plastic trays, with 15 film-coated tablets in each tray.

#### **Registration holder and importer:**

Dr. Samuelov Importing & Marketing Ltd.  
Company ID 512260944 P.O.B 2486,  
Ra'anana 4365007.

**Manufacturer:** Dr. Willmar Schwabe, Karlsruhe, Germany.

Approved in October 2024

**Drug registration number in the national medicine registry of the Ministry of Health:** 177-41-36979-00

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