

**Patient package insert according to
Pharmacists' Regulations (Preparations)- 1986**

This medicine can be sold without a physician's prescription

V-Tears, Eye drops, Solution

Composition:

Hydroxyethylcellulose 0.4% W/V.

Each 1 ml contains: 4 mg Hydroxyethylcellulose.

Inactive ingredients and allergens in the medicine- see section 6 "Additional information" and in section 2 "Important information about some of the ingredients of this medicine".

Read the entire leaflet carefully before using this medicine. This leaflet contains concise information about the medicine. If you have any further questions, refer to the doctor or pharmacist.

Take this medicine according to the instructions in section 3 "How to use this medicine?" in this leaflet. Consult the pharmacist if you need additional information. Refer to a doctor if the symptoms of your illness get worse or if they do not improve after 3 days.

1. What is the medicine intended for?

V-Tears is used to protect the eyes and for lubrication in dry eye conditions, when tear production is inadequate.

Therapeutic group: Artificial tears.

2. Before using this medicine

Do not use this medicine if:

- You are hypersensitive (allergic) to the active ingredient (Hydroxyethylcellulose) or to any of the other ingredients this medicine contains (see section 6 "Additional information").

Special warnings regarding the use of this medicine

Do not use the medicine while wearing contact lenses (see additional information in section 2 "Important information about some of the ingredients of this medicine").

Drug interactions:

If you are taking or have recently taken other medicines, including non-prescription medicines and nutritional supplements, tell the doctor or pharmacist.

Pregnancy and breastfeeding:

V-Tears can be used during pregnancy and breastfeeding.

Driving and using machines:

As with all eye drops, your vision may be blurred after use. Wait until your vision is clear before driving or using machines.

Important information about some of the ingredients of this medicine

The medicine contains Benzalkonium Chloride, which could be absorbed by soft contact lenses and change their color. Remove contact lenses before using the medicine and reinsert them after 15 minutes from the time of use.

Benzalkonium Chloride may also cause eye irritation, especially if you suffer from dry eyes or disorders of the cornea (the clear layer at the front of the eye). If you feel an abnormal eye sensation, stinging or pain in the eye after using the medicine, contact your doctor.

This medicine contains 0.1 mg of Benzalkonium Chloride in each 1 ml, which is equivalent to 0.1 mg/ml.

3. How to use this medicine?

Check with the doctor or pharmacist if you are not sure about the dosage and manner of treatment with the medicine.

The medicine is intended for children, adolescents and adults.

The usual dosage is generally:

1-2 drops, 3-4 times a day or as required.

If the sensation of eye dryness worsens or if there is no relief after 3 days, contact a doctor.

Do not exceed the recommended dose.

Method of administration:

Do not swallow! This medicine is intended for external use only.

Instructions for use:

1. Wash your hands thoroughly before using the eye drops.
2. Tilt back your head or lie down on a bed and with the aid of a finger, pull the lower eyelid away slightly from the eye and create a gap.
3. Instill the medicine into the gap and close your eyes for 1-2 minutes and do not blink.
4. To prevent contamination of the solution, make sure that the dropper tip does not come into contact with any surface, including your finger and eye, and close the bottle tightly after use.

If you have accidentally taken a higher dosage

If you have taken an overdose or if a child has accidentally swallowed the medicine, proceed immediately to a doctor or a hospital emergency room and bring the package of the medicine with you.

Do not take medicines in the dark! Check the label and the dose each time you take a medicine. Wear glasses if you need them.

If you have further questions on the use of this medicine, consult the doctor or pharmacist.

4. Side effects

Like any medicine, the use of V-Tears may cause side effects in some users. Do not be alarmed when reading the list of side effects. You may not suffer from any of them.

You may briefly have blurred vision or a slight stinging feeling after using your drops.

Eye drops containing Benzalkonium Chloride may cause eye irritation, especially in patients who suffer from dry eyes or corneal disorders. For more information, see section 2- "Important information about some of the ingredients of this medicine".

If a side effect appears, if one of the side effects worsens or if you suffer from a side effect which is not mentioned in this leaflet, consult the doctor.

Report of side effects

Side effects can be reported to the Ministry of Health by clicking on the link "Report adverse effects and problems associated with medications and drugs" on the Ministry of Health home page (www.health.gov.il), which links to an online form for reporting side effects, or by following the link: <https://sideeffects.health.gov.il>

5. How to store the medicine?

- Avoid poisoning! This medicine and any other medicine must be stored in a closed place out of the reach and sight of children and/ or infants to avoid poisoning. Do not induce vomiting unless explicitly instructed to do so by the doctor.
- Do not use the medicine after the expiry date (exp. Date) that appears on the package. The expiry date refers to the last day of that month.
- **Storage conditions:**
 - Store below 25°C.
 - The medicine can be used for up to 30 days after the bottle is first opened, and not later than the expiry date, that appears on the package.
 - Keep the bottle tightly closed.
 - Do not use the medicine if the color of the solution has changed or if it has become cloudy.
- Do not throw away any medicines via wastewater or household waste. Ask the pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

6. Additional information

In addition to the active ingredient, this medicine also contains:

Sodium Chloride, Sodium Citrate, Potassium Chloride, Disodium Edetate, Benzalkonium Chloride, Hydrochloric Acid/ Sodium Hydroxide, Purified Water.

What the medicine looks like and what the package contains:

A bottle containing a clear, colorless to slightly yellow solution.

Approved package size: 15 ml.

Manufacturer and registration holder:

Vitamed Pharmaceutical Industries Ltd., 6 Hatahana St., P.O.B. 114, Binyamina 3055002, Israel.

Revised in July 2025 according to MOH guidelines.

Drug registration number at the national drug registry of the Ministry of Health: 100-93-28588-02