

**PATIENT PACKAGE INSERT IN  
ACCORDANCE WITH THE PHARMACISTS'  
REGULATIONS (PREPARATIONS) - 1986**

This medicine is dispensed without  
a doctor's prescription

## **BenGay® Ultra Strength Cream**

**Active ingredients** - each unit contains:

Methyl Salicylate 30% w/w

Menthol 10% w/w

Camphor 4% w/w

Inactive ingredients and allergens: see  
section 6 "Further Information".

**Read this leaflet carefully in its entirety  
before using this medicine.** This leaflet  
contains concise information about the  
medicine. If you have further questions, refer  
to the doctor or pharmacist.

The medicine is not intended for conditions  
similar to arthritis in infants and children under  
12 years of age. Under this age, refer to a doctor.  
Use the product correctly. Consult a pharmacist  
if you need further information. Refer to the  
doctor if the signs of the disease (symptoms)  
worsen or if they do not improve after 10 days.

### **1. WHAT IS THIS MEDICINE INTENDED FOR?**

This medicine is indicated for the temporary  
relief of minor aches and pains of muscles and  
joints, such as simple backache, lumbago,  
arthritis, strains, bruises and sprains.

**Therapeutic group:** Methyl salicylate belongs  
to the salicylate group, which are non-steroidal  
anti-inflammatory agents. Methyl salicylate,  
menthol and camphor belong to the local  
analgesics group.

### **2. BEFORE USING THE MEDICINE**

#### **Do not use this medicine:**

- if you are sensitive (allergic) to the active ingredients or to any of the other ingredients contained in the medicine.
- on damaged skin or on sores.
- in children and infants under 12 years of age without a doctor's instructions.

### **Special warnings regarding use of the medicine**

- Excessive use may result in salicylate toxicity (salicylates have been associated with Reye's syndrome).
- Do not use with a heating pad or bandage with a tight dressing.
- Avoid contact of the product with the eyes. In case of contact, wash immediately with water.
- Avoid contact of the product with mucosal tissues (e.g., the mouth and nose).
- If hyperirritation occurs, stop use. See section 4 "Side Effects".

### **Before treatment with BenGay, tell the doctor if:**

- you are sensitive to any food or medicine, especially to salicylates.
- you use this medicine frequently or for a prolonged period.

**If you are taking, or have recently taken,  
other medicines, including non-prescription  
medicines and nutritional supplements, tell  
the doctor or pharmacist.** Especially inform  
the doctor or pharmacist if you are taking:

- other products containing salicylates (e.g., aspirin): concomitant use may lead to salicylate poisoning.
- anticoagulants, such as coumadin: the combination may increase the potential for bleeding, since BenGay contains salicylate.

### **Pregnancy and breastfeeding**

There is not enough information for safe use  
during pregnancy or breastfeeding. Use during  
pregnancy and/or breastfeeding must be under  
medical supervision.

### **Driving and use of machinery**

This medicine has no effect on ability to drive  
or operate machines.

### **3. HOW SHOULD THE MEDICINE BE USED?**

Check with the doctor or pharmacist if you are  
uncertain about the dosage and treatment  
regimen of the product. The usual dosage is  
generally:

Apply 3-4 times a day, as needed.

**Directions for use:** Apply a thin layer on the  
achy area only and gently massage until the  
cream disappears (is absorbed).

### **Do not exceed the recommended dose.**

Do not swallow! For external use only.

If there is no improvement in your condition  
within 10 days, refer to a doctor.

If you took an overdose, or if a child accidentally  
swallowed the medicine, immediately proceed  
to a hospital emergency room and bring the  
package of the medicine with you.

**Do not take medicines in the dark! Check  
the label and dose each time you take  
medicine. Wear glasses if you need them.  
If you have further questions regarding  
use of the medicine, consult the doctor or  
pharmacist.**

### **4. SIDE EFFECTS**

As with any medicine, use of BenGay may  
cause side effects in some users. Do not be  
alarmed when reading the list of side effects.  
You may not experience any of them.

**Discontinue use and refer to a doctor as  
soon as possible if the following occur:**

- Irritation (rare)
- Rash (rare)
- Local inflammation (rare)

### **Additional side effects occurring rarely:**

- **Eyes:** ocular irritation
- **Immune system disorders:** angioedema
- **Respiratory system:** shortness of breath (associated with hypersensitivity)
- **Application site:** skin edema, blisters, burning sensation, redness, irritation, pain, tingling, itching, and rash. In addition, urticaria, cold sensation
- **Application site sores or toxicity:** burns

**If a side effect occurs, if one of the side  
effects worsens, if you suffer from a side  
effect not mentioned in this leaflet, or if  
there is a change in your general feeling,  
consult the doctor.**

### **Reporting side effects**

Side effects can be reported to the Ministry  
of Health by clicking on the link "Report Side  
Effects of Drug Treatment" found on the Ministry  
of Health homepage ([www.health.gov.il](http://www.health.gov.il)) that  
directs you to the online form for reporting side  
effects, or by entering the link:  
<https://sideeffects.health.gov.il/>

### **5. HOW SHOULD THE MEDICINE BE STORED?**

- Avoid poisoning! This medicine and any other  
medicine must be kept in a safe place out of  
the reach and sight of children and/or infants  
to avoid poisoning. Do not induce vomiting  
without explicit instruction from the doctor.
- Do not use the medicine after the expiry date  
(exp. date) that appears on the package. The  
expiry date refers to the last day of that month.
- Store below 25°C.
- Store in the original package. Do not store  
different medicines in the same package.

### **6. FURTHER INFORMATION**

**In addition to the active ingredients, the  
medicine also contains:**

Purified Water, Stearic Acid, Glyceryl Stearate  
SE, Tween 80 (Polysorbate 80), Lanolin,  
Triethanolamine (Trolamine), Carbomer,  
Potassium Hydroxide, Edetate Disodium.

**What the medicine looks like and the  
contents of the package:**

A plastic tube containing 57 gram, 113 gram,  
170 gram.

Not all pack sizes may be marketed.

### **Registration Holder and address:**

Kenvue Hellas Commercial Single Member  
S.A., Yakum, 6097200, Israel.

### **Manufacturer and address:**

JNTL Consumer Health I (Switzerland) GmbH,  
Zug, Switzerland.

Revised in 11.2025.

Registration number of the medicine in the  
National Drug Registry of the Ministry of Health:  
133-94-27518-00