



Patient package insert according to Pharmacists' Regulations (Preparations) – 1986

This medicine can be sold with a physician's prescription only.

Verapress® 240 SR, extended-release caplets

Each caplet contains Verapamil hydrochloride 240 mg.

Inactive ingredients and allergens in the medicine – see section 6 "Additional information" and in section 2 "Important information about some of the ingredients of the medicine".

Read this entire leaflet carefully before using the medicine. This leaflet contains concise information about the medicine. If you have any further questions, ask the doctor or pharmacist.

This medicine has been prescribed for you. Do not pass it on to others. It may harm them even if you think that their medical condition is similar to yours.

1. What is the medicine intended for?

For the treatment of mild to moderate hypertension. For the treatment and prevention of angina pectoris.

Therapeutic group: Calcium channel blocker.

Calcium channel blockers change the amount of calcium that enters the muscle cells in the heart and blood vessels. This can change the strength and speed at which the heart beats. It also dilates blood vessels so that blood can flow through the body more easily. This helps more oxygen reach the heart muscle and can lower blood pressure.

2. Before using the medicine

Do not use the medicine if:

- You are hypersensitive (allergic) to the active ingredient (verapamil hydrochloride) or to any of the other ingredients this medicine contains (see section 6).
- You are suffering from a cardiogenic shock (a dangerous decrease in blood flow).
- You have had a heart attack with complications of a slow heart rate, severely low blood pressure, or left ventricular failure.
- You do not have a functioning pacemaker and you suffer from second or third degree heart block or sick sinus syndrome.
- You suffer from sino-atrial block.
- You suffer from heart failure.
- You have a slow heart rate (below 50 beats per minute).
- You have a low blood pressure [the high value (systolic) is lower than 90 mm Hg]
- You suffer from atrial flutter or fibrillation accompanied by an additional conduction pathway (for example, Wolff-Parkinson-White syndrome)
- You are taking Ivabradine (for heart problems)

Special warnings regarding the use of the medicine

Before the treatment with Verapress 240 SR, tell the doctor if:

- You have liver or kidney problems.
- You have very low blood pressure.
- You are taking blood lipid-lowering medicines (such as simvastatin, atorvastatin, or lovastatin).
- You suffer from a disease in which there is an impairment in nerve to muscle conduction, such as myasthenia gravis, Lambert-Eaton syndrome, or Duchenne muscular dystrophy.

Tell your surgeon or dentist that you are taking **Verapress 240 SR** if surgery is planned, as it may affect the anaesthetic they will use.

Drug interactions

If you are taking or have recently taken any other medicines, including non-prescription medicines and nutritional supplements, tell the doctor or pharmacist. Especially if you are taking:

- Beta-blockers such as atenolol, propranolol, and metoprolol (to treat high blood pressure and heart disease)
- Alpha-blockers such as prazosin and terazosin (to treat high blood pressure and heart disease)

- Diuretics
- Medicines known as statins such as atorvastatin, lovastatin, simvastatin (to lower cholesterol levels)
- Quinidine, flecainide, disopyramide, digoxin, and digitoxin (to treat high blood pressure or irregular heartbeat [arrhythmia])
- Dabigatran (for blood thinning) and other anticoagulants from the direct oral anticoagulants group (DOACs)
- Ivabradine (to treat certain heart diseases)
- Medicines to treat depression, anxiety or psychosis, including the herbal product St. John's Wort or imipramine, buspirone and lithium
- Medicines that suppress the immune system such as cyclosporine, sirolimus, everolimus, and tacrolimus (to prevent organ transplant rejection)
- Glibenclamide, to treat certain types of diabetes
- Aspirin (a non-steroidal anti-inflammatory drug [NSAID] for pain relief and fever reduction)
- Almotriptan (to treat migraine)
- Midazolam (sedative or anaesthetic)
- Theophylline (to treat asthma)
- Doxorubicin (to treat cancer)
- Cimetidine (to treat indigestion or stomach ulcers)
- Rifampicin (to treat tuberculosis and other types of infection)
- Carbamazepine, phenytoin, or phenobarbital (phenobarbitone), medicines used as anticonvulsants
- Ritonavir (to treat human immunodeficiency virus [HIV])
- Erythromycin, clarithromycin, telithromycin (to treat certain types of infection)
- Colchicine or sulfapyrazone (to treat gout)
- Metformin. Verapamil may reduce the blood glucose-lowering effect of metformin.
- Blood pressure medications (to treat hypertension)
- Blood vessels dilators (Vasodilators)

Use of the medicine and food

Verapress 240 SR should be taken with a meal.

Do not drink grapefruit juice while using this medicine as it may affect its absorption. This situation does not happen with other fruit juices such as orange, apple or tomato juice.

Use of the medicine and alcohol consumption

Verapress 240 SR increases the time it takes for your body to get rid of alcohol. This means that a smaller amount of alcohol will raise your blood alcohol level above the legal driving limit. It will also take you longer to sober up.

Pregnancy and breastfeeding

If you are pregnant, think you may be pregnant, are planning to become pregnant, or if you are breastfeeding, consult a doctor.

Driving and using machines

Do not drive, operate machinery, or engage in any activity that requires alertness until you know how the medicine affects you.

Verapress 240 SR may cause dizziness in some people, especially at the beginning of treatment.

Important information about some of the ingredients of the medicine

This medicine contains approximately 35 mg of sodium (a main component of cooking/table salt) in each caplet. This is equivalent to 1.75% of the recommended maximum daily intake of sodium for an adult.

3. How to use the medicine?

Always use the medicine according to the doctor's instructions. You should check with your doctor or pharmacist if you are not sure about the dosage and the manner of treatment with the medicine. The dosage and manner of treatment will be determined by the doctor only.

Do not exceed the recommended dose.

Children

Verapress 240 SR is not intended for children.

Method of administration

Swallow the medicine with a glass of water, with the meal.

The caplet can be halved. If you halve the caplet, discard the half of the caplet that is not intended for immediate use.

Do not chew/crush the caplet as it is a slow-release medicine.

If you have accidentally taken a higher dose

If you have taken an overdose or if a child accidentally swallows the medicine, proceed immediately to a doctor or a hospital emergency room and bring the package of the medicine with you.

If you forgot to take the medicine

If you forgot to take this medicine at the designated time, take a dose as soon as you remember, unless it is almost time for your next dose. In this case, skip the missed dose. Do not take a double dose to make up for a forgotten dose.

Continue with the treatment as recommended by the doctor.

Even if there is an improvement in your health, do not stop taking this medicine without consulting the doctor.

If you stop taking the medicine

If you stop taking the medicine, your condition may worsen.

Do not take medication in the dark! Check the label and the dose each time you take a medicine. Wear glasses if you need them.

If you have further questions on the use of this medicine, consult the doctor or pharmacist.

4. Side effects

Like any medicine, the use of **Verapress 240 SR** may cause side effects in some users. Do not be alarmed when reading the list of side effects. You may not suffer from any of them.

Refer to a doctor immediately with the occurrence of:

- Yellowing of the skin or eyes, fever or tenderness around the stomach area. These are signs of impaired liver function.
- Palpitations (awareness of your heartbeat), new or more frequent chest pain, swollen ankles, a feeling of heat and pain in the hands or feet.
- Swelling of the limbs.
- Wheezing, difficulty breathing, swelling of the mouth, lips or tongue, or a severe skin rash that appears unexpectedly.

The most common side effect is constipation.

Other side effects include: irregular heartbeat, flushing of the face or neck, headache, nausea or vomiting, abdominal pain or discomfort, dizziness, vertigo, ringing in the ears (tinnitus), fatigue, tremor, movement disorders, muscle weakness, joint and/or muscle pain, skin rash or itching, tingling sensation in the skin, numbness, hair loss. Impotence can occur rarely.

Additional side effects may occur when taking **Verapress 240 SR for a long time**. **Tell your doctor** if you experience swelling in your gums that begins to spread over your teeth, swelling in your breasts (men), or milk production (men and women). These effects are rare and disappear when treatment is discontinued.

If a side effect occurs, if one of the side effects worsens, or if you suffer from a side effect not mentioned in this leaflet, consult the doctor.

Side effects can be reported to the Ministry of Health by clicking the link

"דיווח על תופעות לוואי עקב טיפול תרופתי" found on the homepage of the Ministry of Health website

(www.health.gov.il) directing to the online form for reporting side effects or via the link:

<https://sideeffects.health.gov.il>

5. How to store the medicine?

- Avoid poisoning! This medicine and any other medicine must be stored in a closed place out of the reach and sight of children and/or infants, to avoid poisoning. Do not induce vomiting unless explicitly instructed to do so by the doctor.
- Do not use the medicine after the expiry date stated on the package. The expiry date refers to the last day of that month.
- **Storage conditions:** Do not store above 25°C. The caplets should be stored in its original blister pack as the preparation is sensitive to moisture. If you halve the caplet, discard the half of the caplet that is not intended for immediate use.
- Do not throw away medicines down the drain or in household trash. Ask the pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

6. Additional information

In addition to the active ingredient, the medicine also contains:

Sodium alginate, microcrystalline cellulose, povidone, hypromellose, titanium dioxide (E171), silica colloidal anhydrous, magnesium stearate, macrogol 400, quinoline yellow aluminum lake (E104), indigo carmine aluminum lake (E132), carnauba wax.

What the medicine looks like and what the package contains:

A light green caplet with a dividing line on both sides.

Approved package sizes: 10, 30 caplets. Not all package sizes may be marketed.

Revised in July 2025 in accordance with Ministry of Health guidelines.

Drug registration number at the national drug registry of the Ministry of Health:

068-63-26427-00

Manufacturer and registration holder: Dexcel Ltd., 1 Dexcel St., Or Akiva 3060000, Israel