

# Patient Pocket Guide

A guide to identify signs and symptoms of potential side effects while on immunotherapy, including immune-mediated side effects

## 1 Detach the wallet card and keep on your person at all times

- Fill out the treating oncologist's contact information

## 2 Read the information inside and use the Signs and Symptoms Checklist to recognize what to report immediately

- Call your treating oncologist right away if you experience anything unusual while on OPDIVO® or YERVOY® therapy
- Contact your oncologist immediately if you experience any symptoms listed on this Signs and Symptoms Checklist, or they get worse. **Getting medical treatment right away may keep the problem from becoming more serious**

## 3 Show this wallet card during any visits outside of healthcare network

- Tell the urgent care/emergency room staff that you are being treated with OPDIVO® or YERVOY® therapy and show them the "doctor/nurse" section of this wallet card

Please check the box to indicate which immunotherapy the patient is receiving.

OPDIVO®

OPDIVO® + YERVOY®

YERVOY®

To obtain a copy of this document please contact Bristol Myers Squibb by phone: 03-5231021 or fax: 03-9226896.

Please see Important Safety Information for OPDIVO® and YERVOY® on pages 8-11, and the Israeli Full Prescribing Information and Medication Guide for OPDIVO® and YERVOY®.

## Detach the wallet card and keep on your person at all times

- Fill out name of immunotherapy drug(s) prescribed by the oncologist
- Fill out the patient name
- Fill out the name and phone number of the oncologist
- Keep the card in the patient's wallet.

Be sure to tell all healthcare providers you visit that you are being treated with immunotherapy and **show them this card**.

Show this wallet card during any urgent care/emergency room visit.

**התקשר לאונקולוג שלי.**  
קיבלתי טיפול אימונוטראפי הנקרא:

Please call my oncologist.  
I have received an immunotherapy called:

שם התכשיר(ים): (מקן את המתיאם)	OPDIVO®/YERVOY®/OPDIVO® + YERVOY®
שם המטופל/ת:	
שם האונקולוג:	
מספר טלפון של האונקולוג:	

Present this card **every time** you visit a healthcare provider

ברטיים זה חתוכו אושר על ידי משרד הבריאות בפברואר 2022  
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## חשוב מידע עבור רופאים/אחיות

הגישה לטיפול בתופעות לוואי הנגרמות מאימונוטרפיה עשויה להיות שונה מטיפולים אחרים לסרטן אין להמתין עם הענקת טיפול למטופל במקרה שנדרש טיפול דחוף



למידע נוסף יש לעיין בעלון לרופא הישראלי של אופדיבו ושל יירבו. ניתן לדווח למשרד הבריאות על תופעות לוואי הנגרמות מתרופות מרשם בקישור הבא: <https://sideeffects.health.gov.il>

Please see Important Safety Information for OPDIVO® and YERVOY® on pages 8-11, and the Israeli Full Prescribing Information and Medication Guide for OPDIVO® and YERVOY®.

Please see Important Safety Information for OPDIVO® and YERVOY® on pages 8-11, and the Israeli Full Prescribing Information and Medication Guide for OPDIVO® and YERVOY®.

Keep this guide handy for your reference. This guide includes a helpful checklist of Signs and Symptoms for you to closely monitor. Call your Oncology Care Team if you have any of these signs or symptoms, or if they get worse.

These are not all of the possible side effects of OPDIVO® (nivolumab) or YERVOY® (ipilimumab). This is why you need to report any discomfort or changes in the way you are feeling to your Oncology Care Team.

Please see Important Safety Information for OPDIVO® and YERVOY® on pages 8-11, and the Israeli Full Prescribing Information and Medication Guide for OPDIVO® and YERVOY®.



### Liver

- yellowing of your skin or the whites of your eyes
- severe nausea or vomiting
- pain on the right side of your stomach area (abdomen)
- dark urine (tea colored)
- bleeding or bruising more easily than normal



### Other Organs

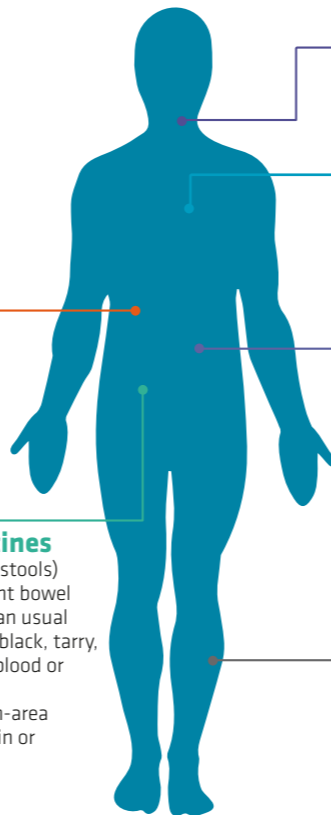
Problems can also happen in other organs and tissues. These are not all of the signs and symptoms of immune system problems that can happen with OPDIVO® or YERVOY®. Call or see your healthcare provider right away for any new or worsening signs or symptoms, which may include:

- Chest pain, irregular heartbeat, shortness of breath or swelling of ankles
- Confusion, sleepiness, memory problems, changes in mood or behavior, stiff neck, balance problems, tingling or numbness of the arms or legs
- Double vision, blurry vision, sensitivity to light, eye pain, changes in eyesight
- Persistent or severe muscle pain or weakness, muscle cramps
- Low red blood cells, bruising



### Intestines

- diarrhea (loose stools) or more frequent bowel movements than usual
- stools that are black, tarry, sticky, or have blood or mucus
- severe stomach-area (abdominal) pain or tenderness



### Lungs

- new or worsening cough
- chest pain
- shortness of breath



### Kidneys

- decrease in your amount of urine
- blood in your urine
- swelling of your ankles
- loss of appetite



### Hormone Glands

- headaches that will not go away or unusual headaches
- eye sensitivity to light
- eye problems
- rapid heartbeat
- increased sweating
- extreme tiredness
- weight gain or weight loss
- feeling more thirsty or hungry than usual
- urinating more often than usual
- hair loss
- feeling cold
- constipation
- your voice gets deeper
- dizziness or fainting
- changes in mood or behavior, such as decreased sex drive, irritability, or forgetfulness



### Skin

- rash
- itching
- skin blistering or peeling
- painful sores or ulcers in mouth or nose, throat, or genital area



### Severe Infusion-Related Reactions

- chills or shaking
- itching or rash
- flushing
- shortness of breath or wheezing
- dizziness
- feel like passing out
- fever
- back or neck pain

YERVOY® may be associated with eye problems with signs and symptoms that include blurry vision, double vision or other vision problems and eye pain or redness

**Do not treat symptoms yourself**

**Symptoms may occur anytime during treatment or even after your treatment has ended**

**Do not feel embarrassed or that you are bothering your oncologist**

**Complications, including graft-versus-host disease (GVHD), of bone marrow (stem cell) transplant that uses donor stem cells (allogeneic).** These complications can be severe and can lead to death. These complications may happen if you underwent transplantation either before or after being treated with OPDIVO® or YERVOY®. Your healthcare provider will monitor you for these complications.

## Important Safety Information

OPDIVO® (nivolumab) and YERVOY® (ipilimumab) are medicines that may treat certain cancers by working with your immune system.

OPDIVO® and YERVOY® can cause your immune system to attack normal organs and tissues in any area of your body and can affect the way they work. These problems can sometimes become severe or life-threatening and can lead to death. These problems may happen anytime during treatment or even after your treatment has ended. You may have more than one of these problems at the same time.

Some of these problems may happen more often when OPDIVO® is used in combination with YERVOY® or another therapy.

YERVOY® can cause serious side effects in many parts of your body which can lead to death. These problems may happen anytime during treatment with YERVOY® or after you have completed treatment.

*Please see Important Safety Information for OPDIVO® and YERVOY® on pages 8-11, and the Israeli Full Prescribing Information and Medication Guide for OPDIVO® and YERVOY®.*

## IMPORTANT Reminders for Patients

- Contact your oncologist immediately if you experience any symptoms listed on this Signs and Symptoms Checklist or if they get worse, or if you experience anything unusual while on OPDIVO® (nivolumab) or YERVOY® (ipilimumab) therapy. Getting medical treatment right away may keep the problem from becoming more serious
- These are not all of the possible side effects of OPDIVO® (nivolumab) or YERVOY® (ipilimumab). This is why you need to report any discomfort or changes in the way you are feeling to your Oncology Care Team
- Do not treat Signs and Symptoms yourself without talking to your oncologist
- Your oncologist may decide to delay or completely stop OPDIVO®, or OPDIVO® + YERVOY®, or YERVOY® or give you other medicines to treat your symptoms

*Please see Important Safety Information for OPDIVO® and YERVOY® on pages 8-11, and the Israeli Full Prescribing Information and Medication Guide for OPDIVO® and YERVOY®.*

## Important Safety Information for OPDIVO® (nivolumab), YERVOY® (ipilimumab) and OPDIVO® + YERVOY® (ipilimumab)

### What is the most important information I should know about OPDIVO® and YERVOY®?

OPDIVO® and YERVOY® are medicines that may treat certain cancers by working with your immune system. OPDIVO® and YERVOY® can cause your immune system to attack normal organs and tissues in any area of your body and can affect the way they work. These problems can sometimes become severe or life-threatening and can lead to death.

These problems may happen anytime during treatment or even after your treatment has ended. You may have more than one of these problems at the same time. Some of these problems may happen more often when OPDIVO® is used in combination with YERVOY® or another therapy.

### Call or see your healthcare provider right away if you develop any new or worse signs or symptoms, including:

- **Lung problems:** new or worsening cough; shortness of breath; chest pain
- **Intestinal problems:** diarrhea (loose stools) or more frequent bowel movements than usual; stools that are black, tarry, sticky, or have blood or mucus; severe stomach area (abdominal) pain or tenderness

- **Liver problems:** yellowing of your skin or the whites of your eyes; severe nausea or vomiting; pain on the right side of your stomach area (abdomen); dark urine (tea colored); bleeding or bruising more easily than normal
- **Hormone gland problems:** headaches that will not go away or unusual headaches; eye sensitivity to light; eye problems; rapid heartbeat; increased sweating; extreme tiredness; weight gain or weight loss; feeling more hungry or thirsty than usual; urinating more often than usual; hair loss; feeling cold; constipation; your voice gets deeper; dizziness or fainting; changes in mood or behavior, such as decreased sex drive, irritability, or forgetfulness
- **Kidney problems:** decrease in your amount of urine; blood in your urine; swelling in your ankles; loss of appetite
- **Skin Problems:** rash; itching; skin blistering or peeling; painful sores or ulcers in the mouth or nose, throat, or genital area
- **Eye problems:** blurry vision, double vision, or other vision problems; eye pain or redness.

## Important Safety Information for OPDIVO® (nivolumab), YERVOY® (ipilimumab) and OPDIVO® + YERVOY® (ipilimumab) (continued)

### Problems can also happen in other organs and tissues. These are not all of the signs and symptoms of immune system problems that can happen with OPDIVO® and YERVOY®.

### Call or see your healthcare provider right away for any new or worsening signs or symptoms, which may include:

- Chest pain; irregular heartbeat; shortness of breath; swelling of ankles
- Confusion; sleepiness; memory problems; changes in mood or behavior; stiff neck; balance problems; tingling or numbness of the arms or legs
- Double vision; blurry vision; sensitivity to light; eye pain; changes in eyesight
- Persistent or severe muscle pain or weakness; muscle cramps
- Low red blood cells; bruising

**Getting medical help right away may help keep these problems from becoming more serious.** Your healthcare team will check you for these problems during treatment and may treat you with corticosteroid or hormone

replacement medicines. Your healthcare team may also need to delay or completely stop your treatment if you have severe side effects.

### Possible side effects of OPDIVO® and YERVOY®

### OPDIVO® and OPDIVO® + YERVOY® can cause serious side effects, including:

- **See “What is the most important information I should know about OPDIVO® + YERVOY®?”**
- **Severe infusion reactions.** Tell your healthcare team right away if you get these symptoms during an infusion of OPDIVO® or YERVOY®: chills or shaking; itching or rash; flushing; shortness of breath or wheezing; dizziness; feel like passing out; fever; back or neck pain
- **Complications, including graft-versus-host disease (GVHD), of bone marrow (stem cell) transplant that uses donor stem cells (allogeneic).** These complications can be severe and can lead to death. These complications may happen if you underwent transplantation either before or after being treated with OPDIVO® or YERVOY®. Your healthcare provider will monitor you for these complications.

## Important Safety Information for OPDIVO® (nivolumab), YERVOY® (ipilimumab) and OPDIVO® + YERVOY® (ipilimumab) (continued)

**The most common side effects of OPDIVO®, when used alone, include:** feeling tired; rash; pain in muscles, bones, and joints; itchy skin, including widespread itching; diarrhea; nausea; weakness, generally feeling unwell; cough, cough with phlegm; vomiting; shortness of breath, shortness of breath upon exertion; constipation; decreased appetite; back pain; upper respiratory tract infection; fever; headache; stomach-area (abdominal) pain; and urinary tract infection.

**The most common side effects of OPDIVO®, when used in combination with YERVOY®, include:** feeling tired; diarrhea; rash; itching, widespread itching; nausea; pain in muscles, bones, and joints; fever; cough, cough with phlegm; decreased appetite; vomiting; stomach-area (abdominal) pain; shortness of breath, shortness of breath upon exertion; upper respiratory tract infection; headache; low thyroid hormone levels [hypothyroidism (decreased activity of the thyroid gland)] that can cause fatigue and weight gain; decreased weight; and dizziness.

**The most common side effects of OPDIVO®, when used in combination with YERVOY® and chemotherapy, include:** feeling tired; pain in muscles, bones, and joints;

nausea; diarrhea; rash; decreased appetite; constipation; and itching including widespread itching.

**The most common side effects of OPDIVO®, when used in combination with cabozantinib, include:** diarrhea; feeling tired or weak; liver problems; rash, redness, pain, swelling or blisters on the palms of your hands or soles of your feet; mouth sores; rash; high blood pressure; low thyroid hormone levels [hypothyroidism (decreased activity of the thyroid gland)] that can cause fatigue and weight gain; pain in muscles, bones, and joints; decreased appetite; nausea; change in the sense of taste; stomach-area (abdominal) pain; cough; upper respiratory tract infection.

**The most common side effects of OPDIVO® when used in combination with fluoropyrimidine and platinum-containing chemotherapy include:** numbness, pain, tingling, and/or burning in your hands or feet (peripheral neuropathy); nausea; feeling tired; diarrhea; vomiting; decreased appetite; stomach-area (abdominal) pain; constipation; pain in muscles bones, and joints.

**The most common side effects of YERVOY® include:** feeling tired; diarrhea; nausea; itching; rash; vomiting; fever; decreased appetite.

## Important Safety Information for OPDIVO® (nivolumab), YERVOY® (ipilimumab) and OPDIVO® + YERVOY® (ipilimumab) (continued)

These are not all the possible side effects. For more information, ask your healthcare provider or pharmacist. Side effects can be reported to the Ministry of Health by clicking on the “Reporting side effects following drug treatment” link found on the Ministry of Health homepage ([www.health.gov.il](http://www.health.gov.il)) that directs you to the online form for reporting side effects, or through the following link: <https://sideeffects.health.gov.il>

### Before receiving OPDIVO® or YERVOY®, tell your healthcare provider about all of your medical conditions, including if you:

- have immune system problems such as Crohn’s disease, ulcerative colitis, or lupus
- have received an organ transplant
- have received or plan to receive a stem cell transplant that uses donor stem cells (allogeneic)
- have received radiation treatment to your chest area in the past and have received other medicines that are like OPDIVO®
- have a condition that affects your nervous system, such as myasthenia gravis or Guillain-Barré syndrome
- are pregnant or plan to become pregnant. OPDIVO® and YERVOY® can harm your unborn baby

- are breastfeeding or plan to breastfeed. It is not known if OPDIVO® or YERVOY® passes into your breast milk. Do not breastfeed during treatment with OPDIVO® and for 5 months after the last dose of OPDIVO®. Do not breastfeed during treatment with YERVOY® and for 3 months after the last dose of YERVOY®.

### Females who are able to become pregnant:

Your healthcare provider should do a pregnancy test before you start receiving OPDIVO® or YERVOY®

- You should use an effective method of birth control during your treatment and for at least 5 months after receiving the last dose of OPDIVO®. You must use effective contraception during treatment and for 3 months after administration of the last dose of YERVOY®. Talk to your healthcare provider about birth control methods that you can use during this time.
- Tell your healthcare provider right away if you become pregnant or think you may be pregnant during treatment with OPDIVO® or YERVOY®.

**Tell your healthcare provider about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements.**

# Your Signs and Symptoms Checklist

## Do you have any signs or symptoms?

1. If you notice any discomfort or changes in the way you are feeling, contact your Oncology Care Team immediately.
  2. Getting medical treatment right away may help keep these problems from becoming more serious. Do not try to treat possible side effects yourself.
  3. Your oncologist may decide to delay or completely stop OPDIVO® (nivolumab) or YERVOY® (ipilimumab) or give you other medicines to treat your symptoms.
- ▶ **These are not all of the possible side effects of OPDIVO® or YERVOY®. This is why you need to report any discomfort or changes in the way you are feeling to your Oncology Care Team. Signs or changes to look out for include:**



### Liver

- yellowing of your skin or the whites of your eyes
- severe nausea or vomiting
- pain on the right side of your stomach area (abdomen)
- dark urine (tea colored)
- bleeding or bruising more easily than normal



### Lungs

- new or worsening cough
- chest pain
- shortness of breath



### Kidneys

- decrease in your amount of urine
- blood in your urine
- swelling of your ankles
- loss of appetite



### Hormone Glands

- headaches that will not go away or unusual headaches
- eye sensitivity to light
- eye problems
- rapid heartbeat
- increased sweating
- extreme tiredness
- weight gain or weight loss
- feeling more thirsty or hungry than usual
- urinating more often than usual
- hair loss
- feeling cold
- constipation
- your voice gets deeper
- dizziness or fainting
- changes in mood or behavior, such as decreased sex drive, irritability, or forgetfulness



### Other Organs

Problems can also happen in other organs and tissues. These are not all of the signs and symptoms of immune system problems that can happen with OPDIVO® or YERVOY®. Call or see your healthcare provider right away for any new or worsening signs or symptoms, which may include:

- Chest pain, irregular heartbeat, shortness of breath or swelling of ankles
- Confusion, sleepiness, memory problems, changes in mood or behavior, stiff neck, balance problems, tingling or numbness of the arms or legs
- Double vision, blurry vision, sensitivity to light, eye pain, changes in eyesight
- Persistent or severe muscle pain or weakness, muscle cramps
- Low red blood cells, bruising



### Intestines

- diarrhea (loose stools) or more frequent bowel movements than usual
- stools that are black, tarry, sticky, or have blood or mucus
- severe stomach-area (abdominal) pain or tenderness



### Skin

- rash
- itching
- skin blistering or peeling
- painful sores or ulcers in mouth or nose, throat, or genital area



### Severe Infusion-Related Reactions

- chills or shaking
- itching or rash
- flushing
- shortness of breath or wheezing
- dizziness
- feel like passing out
- fever
- back or neck pain

YERVOY® may be associated with eye problems with signs and symptoms that include blurry vision, double vision, or other vision problems and eye pain or redness.

**Complications, including graft-versus-host disease (GVHD), of bone marrow (stem cell) transplant that uses donor stem cells (allogeneic).** These complications can be severe and can lead to death. These complications may happen if you underwent transplantation either before or after being treated with OPDIVO® or YERVOY®. Your healthcare provider will monitor you for these complications.

**If you experience a severe side effect, you may need to go to a *hospital emergency department*. If this happens, you need to:**



- Bring the wallet card and a full list of your medications, including prescription and over-the-counter medicines, vitamins, and herbal supplements
- Tell doctors and nurses in the emergency department **that you are on an immunotherapy treatment** to treat your condition
- Make sure your Oncology Care Team is notified