

## **1. NAME OF THE MEDICINAL PRODUCT**

Rennie Peppermint

## **2. QUALITATIVE AND QUANTITATIVE COMPOSITION**

Each chewable tablet contains 680 mg calcium carbonate and 80 mg magnesium carbonate.

Excipients with known effect: each chewable tablet contains 475 mg sucrose.

For the full list of excipients, see section 6.1.

## **3. PHARMACEUTICAL FORM**

Chewable tablets.

Rennie is a cream coloured, square tablet with rounded edges inscribed with “RENNIE” on both sides; the tablet smells of peppermint.

## **4. CLINICAL PARTICULARS**

### **4.1 Therapeutic indications**

Relief of hyperacidity and heartburn.

### **4.2 Posology and method of administration**

Posology

For adults and children over the age of 12 years:

1 -2 tablets are to be sucked or chewed, as needed, preferably circa 1 hour after food and before going to bed.

For the treatment of heartburn, an additional 1 -2 tablets may be taken between those times.

Do not take more than 10 tablets per day. The patient must be advised to consult a doctor if the symptoms persist for longer than 14 days.

It is advisable to wait circa 1 -2 hours between taking other medicines and taking Rennie.

Paediatric patients:

This medicine is not to be taken by children under the age of 12 years. The safety and efficacy in children aged under 12 years have not yet been established.

Method of administration

For oral use. To be chewed or sucked. The tablets can be taken without water.

As with all antacids, in the event of persistent symptoms, diagnostic measures are recommended to exclude serious diseases.

For special warnings and precautions during use: see section 4.4.

### **4.3 Contraindications**

- Hypersensitivity to the active substances or to any of the excipients listed in section 6.1.
- Severe renal insufficiency, hypercalcaemia and/or conditions resulting in hypercalcaemia.
- Pre-existing hypophosphataemia.
- Nephrolithiasis due to calcium-containing stones.

#### **4.4 Special warnings and precautions for use**

Prolonged use should be avoided.

If symptoms persist or do not (fully) disappear, further medical investigation is required.

As with other antacids, Rennie may mask a malignancy in the stomach.

Rennie must not be used in the following cases:

- Hypercalciuria.
- Caution should generally be exercised in patients with renal impairment.

If Rennie is used in these patients, plasma calcium, phosphate and magnesium levels should be regularly monitored.

Calcium-containing antacids must generally be used with caution in patients with constipation, haemorrhoids and sarcoidosis.

Prolonged use of high doses may lead to adverse effects, such as hypercalcaemia, hypermagnesaemia and milk-alkali syndrome, especially in patients with renal insufficiency. The product should not be taken with large amounts of milk or dairy products.

Prolonged use increases the risk of development of kidney stones.

Patients with rare hereditary forms of fructose intolerance, glucose-galactose malabsorption or sucrase-isomaltase insufficiency must not use this medicinal product.

#### **4.5 Interaction with other medicinal products and other forms of interaction**

Changes in gastric acidity, as caused by the ingestion of antacids, may impact the extent and rate of absorption of concomitantly administered medicinal products.

It has been demonstrated that calcium and magnesium-containing antacids may hinder absorption of some antibiotics (such as tetracyclines and quinolones), cardiac glycosides (including digoxin), bisphosphonates, dolutegravir, levothyroxine and eltrombopag through formation of complexes.

Calcium salts reduce the absorption of fluoride and iron-containing products, and calcium and magnesium salts may hinder the absorption of phosphates.

Thiazide diuretics reduce the urinary excretion of calcium. Due to an increased risk of hypercalcaemia, serum calcium levels must be regularly monitored during concomitant use with thiazide diuretics.

Concurrent administration of antacids with these medicinal products is not recommended but that antacids should be taken 1-2 hours afterwards.

Effects on laboratory parameters:

The use of antacids may interfere with physiological values: urine pH may increase and serum phosphate and potassium levels may decrease as a result of excessive and prolonged use.

#### **4.6 Fertility, pregnancy and lactation**

Pregnancy:

No increased risk of congenital defects has been observed after the use of calcium carbonate and magnesium carbonate during pregnancy. Rennie can be used as prescribed during pregnancy. Do not exceed the maximum recommended dose and do not use for longer than two weeks, see section 4.2.

Pregnant women must therefore not exceed the recommended dosage and also avoid excessive consumption of milk and dairy products. This warning is intended to prevent excessive calcium ingestion (which may lead to milk-alkali syndrome).

Lactation:

Calcium and magnesium are excreted in human milk, but at therapeutic doses no effects on newborns are anticipated. Rennie can be used as prescribed during lactation.

Fertility:

There are no indications that Rennie has an adverse effect on fertility at the recommended dose.

#### **4.7 Effects on ability to drive and use machines**

Rennie has no or negligible influence on the ability to drive and use machines.

#### **4.8 Undesirable effects**

*Immune system disorders:*

Hypersensitivity reactions have been reported very rarely. The clinical symptoms were rash, urticaria, pruritus, angioedema, dyspnoea and anaphylaxis.

*Metabolism and nutrition disorders:*

Prolonged use of high doses may lead to hypermagnesaemia or hypercalcaemia (may be accompanied by gastrointestinal symptoms and muscle weakness (see below), fatigue, confusion, polyuria, polydipsia and dehydration) and alkalosis especially in patients with impaired kidney function.

*Gastrointestinal disorders:*

Nausea, vomiting, gastric symptoms, constipation and diarrhoea may occur.

*Musculoskeletal and connective tissue disorders*

Muscle weakness may occur.

##### 4.8.1 Undesirable events occurring only with milk-alkali syndrome (see 4.9):

*Gastrointestinal disorders:*

Ageusia may occur with milk-alkali syndrome.

*General disorders and administration site conditions:*

Calcinosis and asthenia may occur with milk-alkali syndrome.

*Nervous system disorders:*

Headaches may occur with milk-alkali syndrome.

*Renal and urinary disorders:*

Azotaemia may occur with milk-alkali syndrome.

#### Reporting of suspected adverse reactions

Reporting suspected adverse reactions after authorisation of the medicinal product is important. It allows continued monitoring of the benefit/risk balance of the medicinal product. Any suspected adverse events should be reported to the Ministry of Health according to the National Regulation by using an online form:

<https://sideeffects.health.gov.il/>

#### **4.9 Overdose**

Especially in patients with impaired renal function, prolonged intake of high doses of calcium carbonate and magnesium carbonate may result in renal insufficiency, hypermagnesaemia, hypercalcaemia and alkalosis which may result in digestive symptoms (nausea, vomiting, constipation) and muscle weakness. Stop the administration and ingest plenty of fluids if this occurs. In severe cases of overdose (including milk-alkali syndrome), a doctor should be consulted, because other measures of rehydration (including infusion) may be needed.

### **5. PHARMACOLOGICAL PROPERTIES**

#### **5.1 Pharmacodynamic properties**

Pharmacotherapeutic group: antacids, other combinations ATC code: A02 AX.

##### **Mechanism of action**

Rennie is a combination of two antacids, calcium carbonate and magnesium carbonate. Calcium carbonate and magnesium carbonate have a localised mechanism of action based on the neutralisation of gastric acid which is not dependent on systemic absorption.

##### **Pharmacodynamic effects**

Calcium carbonate has a rapid, prolonged and powerful neutralising effect. This effect is increased by the addition of magnesium carbonate which also has a strong neutralising effect. In-vitro studies (with an artificial human stomach model) demonstrate that Rennie increases the pH of the study from 1.5-2.0 to pH 3.0 in 40 seconds and to pH 4.0 in 1 minute and 13 seconds. The maximum pH in this model was pH 5.24.

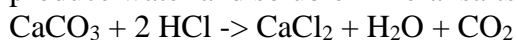
##### **Clinical efficacy and safety**

In healthy volunteers, a significant increase in gastric pH was reached within 2 minutes following the administration of calcium carbonate and magnesium carbonate. The total neutralising capacity of 2 tablets is 29 mEq/H<sup>+</sup> (titration to endpoint pH 2.5).

#### **5.2 Pharmacokinetic properties**

Calcium and magnesium:

Calcium carbonate and magnesium carbonates react with gastric acid in the stomach to produce water and soluble mineral salts.



Calcium and magnesium can be absorbed from these soluble salts. However, the extent of absorption is patient and dose dependent. Less than 10% calcium and 15-20% magnesium are absorbed.

In healthy people, the small amounts of absorbed calcium and magnesium are generally rapidly excreted via the kidneys. Serum calcium and magnesium levels may be elevated in patients with impaired kidney function.

Various digestive juices outside the stomach result in conversion of soluble salts in the intestinal tract to insoluble salts which are excreted in the faeces.

#### **5.3 Preclinical safety data**

No special data.

## **6. PHARMACEUTICAL PARTICULARS**

### **6.1 List of excipients**

Sucrose  
Talc  
Pregelatinised maize starch  
Peppermint flavour  
Potato starch  
Magnesium stearate  
Light liquid paraffin  
Lemon flavour

### **6.2 Incompatibilities**

None.

### **6.3 Shelf life**

The expiry date of the product is indicated on the packaging materials.

### **6.4 Special precautions for storage**

Store below 25 ° C in the original packaging.

### **6.5 Nature and contents of container**

Rennie chewable tablets are available in packs of 6, 12, 24, 36, 48 or 96 chewable tablets in blister strips.

### **6.6 Special precautions for disposal and other handling**

None.

## **7. MARKETING AUTHORISATION HOLDER**

Bayer Israel Ltd., 36 Hacharash Street, Hod Hasharon.

Revised in June 2022 according to MoH guidelines.