

Patient package insert according to Pharmacists' Regulations (Preparations) – 1986

This medicine can be sold without a physician's prescription

Omepradex-Z®, caplets, 20 mg

Each caplet contains: Omeprazole 20 mg.

Inactive ingredients and allergens in the medicine - see section 6 "Additional information" and in section 2 "Important information about some of the ingredients of this medicine".

Read this entire leaflet carefully before using this medicine. This leaflet contains concise information about the medicine. If you have any further questions, ask the doctor or pharmacist.

Take this medicine according to the instructions in section 3 "How to use this medicine" in this leaflet. Consult the pharmacist if you need additional information. Refer to a doctor if the symptoms of your illness get worse or if they do not improve after 14 days.

This medicine is not intended for use in children and adolescents under 18 years of age.

1. What is the medicine intended for?

The medicine inhibits acid secretion in the gastrointestinal tract.

Omeprasex-Z is intended for relief of reflux-like symptoms (e.g., heartburn) which occur at a frequency of two or more days per week in patients over 18 years of age.

Therapeutic group:

Omepradex-Z belongs to the proton pump inhibitor (PPI) group.

2. Before using the medicine

Do not use the medicine if:

- You are hypersensitive (allergic) to the active ingredient (omeprazole) or to any of the other ingredients this medicine contains (see section 6 "Additional information").
- You are hypersensitive (allergic) to medicines that contain other proton pump inhibitors (PPI) (e.g., pantoprazole, lansoprazole, rabeprazole, esomeprazole).
- You are taking a medicine that contains neflavinir (a medicine used to treat HIV infections).
- You suffer from difficulty or pain while swallowing food, bloody vomiting or bloody or black stool.
- You have heartburn accompanied by lightheadedness, sweating or dizziness.
- You have chest or shoulder pain accompanied by shortness of breath, sweating, pain that radiates to the arms, neck or shoulders, or dizziness.
- You frequently have chest pain.
- You are under 18 years of age.

Special warnings regarding the use of the medicine

Omepradex-Z may mask the symptoms of other diseases. Therefore, you should contact your doctor immediately if you suffer from one of the following symptoms before starting treatment with Omepradex-Z or during treatment with Omepradex-Z:

- You are suffering from a significant unexplained weight loss and have problems swallowing.
- You are suffering from stomach pain or digestion difficulties.
- You vomit food or have bloody vomiting.
- You pass black stools (bloody stool).
- You are suffering from severe or persistent diarrhea, as use of **Omepradex-Z** can slightly increase the risk of infection-associated diarrhoea.
- You are suffering from severe liver function problems.
- You have ever had a skin reaction after treatment with a medicine similar to **Omepradex-Z** that reduces acid secretion in the stomach.
- You are about to undergo a specific blood test (Chromogranin A).
- You suffer from heartburn for a period of more than 3 months, this may indicate a more serious problem.
- You suffer from frequent wheezing, particularly if accompanied by heartburn.
- You suffer from nausea or vomiting.
- You are taking **Omepradex-Z** for a long period (for more than a year), the doctor may instruct you to be under regular medical supervision. Report any new and unusual symptom each time you see your doctor.
- The use of a drug from the proton pump inhibitor group, such as **Omepradex-Z**, especially for a period of more than one year may slightly increase your risk of a fracture in the hip, wrist or spine. Tell your doctor if you suffer from osteoporosis or if you are taking corticosteroids (which can increase the risk of osteoporosis).
- You develop a skin rash, especially in areas exposed to the sun. Inform the doctor as soon as possible, as you may need to stop using **Omepradex-Z**. Also inform the doctor if you suffer from any other symptoms of disease such as joint pain.
- Consult the doctor about regular monitoring of blood magnesium levels during treatment with this medicine.

Drug interactions

If you are taking, or have recently taken, other medicines including non-prescription medicines and nutritional supplements, tell the doctor or pharmacist. The doctor or pharmacist should be informed especially if you are taking the following medicines:

- **Neflavinir** (a medicine to treat HIV infections) – **Omepradex-Z** should not be taken if you are taking a medicine that contains Neflavinir.
- Ketoconazole, itraconazole, posaconazole or voriconazole (to treat fungal infections).
- Digoxin (to treat heart problems).
- Diazepam (to treat anxiety, relax muscles or in epilepsy).
- Phenytoin (to treat epilepsy). If you are taking phenytoin, the doctor will need to monitor you when you start or stop treatment with **Omepradex-Z**.

- Blood-thinning medicines such as warfarin or other vitamin K blockers. The doctor may need to monitor you when you start or stop treatment with **Omepradex-Z**.
- Rifampicin (to treat tuberculosis).
- Atazanavir, saquinavir (medicines to treat HIV infection).
- Tacrolimus or mycophenolate (in cases of organ transplant).
- St. John's wort plant (hypericum perforatum) to treat depression.
- Cilostazol (to treat arterial narrowing).
- Clopidogrel (prevents clotting).
- Erlotinib (to treat cancer).
- Methotrexate (a chemotherapy medicine used in high doses to treat cancer) – if you are taking high doses of methotrexate, the doctor may consider to temporarily stop the treatment with **Omepradex-Z**.
- Amoxicillin and clarithromycin (antibiotics) – if the doctor prescribed you these antibiotics together with **Omepradex-Z** to treat ulcers caused by a helicobacter pylori infection, it is very important that you tell your doctor about any other medication that you are taking.

Use of this medicine and food

Take the medicine before a meal.

Pregnancy, breastfeeding and fertility

If you are pregnant or breastfeeding, think you may be pregnant or are planning to become pregnant, consult a doctor or pharmacist before using this medicine.

Omeprazole (the active ingredient in the medicine) is excreted in breast milk, but is not expected to affect the baby when the recommended dosage is taken. The doctor will decide if you can take **Omepradex-Z** while breastfeeding.

Use in children

This medicine is not intended for use in children and adolescents under 18 years of age.

Driving and using machines

Omepradex-Z is not likely to affect your ability to drive or use any tools or machines. Side effects such as dizziness and visual disturbances may occur (see section 4 "Side effects"). If affected, you should not drive or operate machinery.

Important information about some of the ingredients of this medicine

Omepradex-Z contains lactose. If you have been told by a doctor that you have an intolerance to certain sugars, consult a doctor before using this medicine.

This medicine contains less than 1 mmol sodium (23mg) per caplet, i.e. it is essentially "sodium-free".

3. How to use this medicine

This medicine is not intended for children and adolescents under 18 years of age. Strictly follow the instructions for use detailed below. Check with the doctor or pharmacist if you are not sure about the dosage and the manner of treatment with the medicine.

Recommended dosage for adults above the age of 18 years unless otherwise prescribed by a doctor:

- One caplet once a day before a meal for a period of 14 days.

- A 14-day treatment can be repeated every 4 months.
- Do not take the medicine for more than 14 days or more than one treatment (14 days) every 4 months unless instructed by the doctor.
- If your condition does not improve after 14 days and/or the symptoms return frequently or worsen, contact your doctor.

Do not exceed the recommended dose.

This medicine should be taken before a meal. It is recommended to take the medicine in the morning. The caplet should be swallowed whole with a glass of water.

The caplet should not be halved, crushed or chewed, in order to maintain the caplet's coating (the coating prevents the digestive juices in the stomach from breaking down the caplet so that the active ingredient is released only in the intestine, where the active ingredient is absorbed into the body).

If you have accidentally taken a higher dosage if you have taken an overdose or if a child has accidentally swallowed the medicine, proceed immediately to a doctor or a hospital emergency room and bring the package of the medicine with you.

If you forgot to take the medicine

If you forgot to take this medicine at the designated time, take a dose as soon as you remember; but if it is almost time to take the next dose, skip the missed dose. Do not take a double dose to make up for a forgotten dose.

Do not take medicines in the dark! Check the label and the dose each time you take a medicine. Wear glasses if you need them.

If you have further questions on the use of this medicine, consult the doctor or pharmacist.

4. Side effects

Like any medicine, the use of **Omepradex-Z** may cause side effects in some users. Do not be alarmed when reading the list of side effects. You may not suffer from any of them.

Stop taking Omepradex-Z and refer to the doctor immediately if you have noticed the following rare but serious side effects:

- Sudden wheezing, swelling of your lips, tongue and throat or of the body, rash, fainting or difficulties in swallowing (severe allergic reaction).
- Reddening of the skin accompanied by blisters or peeling. There may also be severe blisters and bleeding in the lips, eyes, mouth, nose and genitals. This could be 'Stevens-Johnson syndrome' or 'toxic epidermal necrolysis'.
- Yellowing of the skin, dark urine and tiredness which can be symptoms of liver problems.

Additional side effects

Common side effects (effects that appear in 1-10 out of 100 users):

- Headache.
- Effects on the stomach or gut: diarrhea, stomach pain, constipation, wind (flatulence).
- Nausea or vomiting.
- Benign polyps in the stomach.

Uncommon side effects (effects that appear in 1-10 out of 1,000 users):

- Swelling of the feet and ankles.

- Trouble sleeping (insomnia).
- Dizziness, feeling of pins and needles, drowsiness.
- Dizziness (vertigo).
- Changes in blood tests that check liver functions.
- Skin rash, lumpy rash (hives) and itchy skin.
- Generally feeling unwell and lacking energy.

Rare side effects (effects that appear in 1-10 out of 10,000 users):

- Problems in the blood system such as reduced number of white cells or platelets that can cause weakness, bruising or make infections more likely.
- Allergic reactions, sometimes very severe, including swelling of the lips, tongue and throat, fever, wheezing.
- Low blood sodium levels – this may cause weakness, vomiting and cramps.
- Feeling agitated, confused or depressed.
- Taste changes.
- Eyesight problems such as blurred vision.
- Suddenly feeling wheezy or short of breath (bronchospasm).
- Dry mouth.
- An inflammation inside the mouth.
- A fungal infection in the mouth which can affect the gut.
- Liver problems, including jaundice which can cause yellow skin, dark urine, and tiredness.
- Hair loss (balding).
- Skin rash on exposure to sunlight.
- Joint pain (arthralgia) or aching muscles (myalgia).
- Severe kidney problems (interstitial nephritis).
- Increased sweating.

Very rare side effects (effects that appear in less than 1 in 10,000 users):

- Changes in blood count including agranulocytosis (lack of white blood cells).
- Aggression.
- Hallucinations – seeing, feeling or hearing things that do not actually exist.
- Severe liver problems leading to liver failure and inflammation of the brain.
- Sudden onset of a severe rash or blistering or peeling skin. This may be accompanied by high fever and joint pain (Erythema multiforme, Stevens-Johnson syndrome, toxic epidermal necrolysis).
- Muscle weakness.
- Enlarged breasts in men.

Side effects with unknown frequency (effects for which a frequency has not yet been determined):

- Inflammation in the gut (leading to diarrhea).
- If you are treated with **Omepradex-Z** for a period of more than 3 months, it is possible that the levels of magnesium in your blood may decrease. Low levels of magnesium can be seen as fatigue, involuntary muscle contractions, disorientation, convulsions, dizziness or increased heart rate. If you get any of these symptoms, you should inform the doctor promptly. Low levels of magnesium can also lead to a reduction in potassium or calcium levels in the blood. Your doctor may decide to perform regular blood tests to monitor your blood magnesium levels.

- Rash, sometimes accompanied by pain in the joints.

Omeprazole-Z may in very rare cases affect the white blood cells leading to immune deficiency (damage to the immune system). If you have an infection accompanied by symptoms such as fever with a severely reduced general health or fever with symptoms of a local infection such as pain in the neck, throat or mouth or difficulties in urinating, you must consult a doctor as soon as possible so that a lack of white blood cells (agranulocytosis) can be ruled out by a blood test. It is important for you to give information about your medicine in this situation.

If a side effect appears, if one of the side effects worsens or if you suffer from a side effect which is not mentioned in this leaflet, you should consult the doctor.

Reporting side effects

Side effects can be reported to the Ministry of Health via the link [לידווח על תופעות לוואי](https://www.health.gov.il) עקב טיפול או [לידווח על תופעות לוואי](https://www.health.gov.il) that can be found on the home page of the Ministry of Health website (www.health.gov.il) directing to the online form of adverse events reporting or via the following link: <https://sideeffects.health.gov.il>

5. How to store the medicine

- Avoid poisoning! This medicine and any other medicine must be stored in a closed place out of the reach and sight of children and/or infants to avoid poisoning. Do not induce vomiting unless explicitly instructed to do so by the doctor.
- Do not use the medicine after the expiry date (תאריך תפוגה) stated on the package. The expiry date refers to the last day of that month.
- **Storage conditions:** Do not store above 25°C.

6. Additional information

In addition to the active ingredient, this medicine also contains:

Lactose monohydrate, hypromellose acetate succinate, magnesium carbonate heavy, sodium starch glycolate, talc, sodium stearyl fumarate, triethyl citrate, propylene glycol, purified water, titanium dioxide (E171), sodium hydroxide, sodium laurilsulfate, red iron oxide (E172), hypromellose 2910, yellow iron oxide (E172), carnauba wax.

What the medicine looks like and what the package contains:

Brownish-pink caplet.
Approved package sizes: 7, 14, 28 caplets. Not all package sizes may be marketed.

Revised in May 2022 according to MOH guidelines.

Drug registration number at the national drug registry of the Ministry of Health:
131-25-30841-00

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Manufacturer and registration holder:

Dexcel® Ltd.

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