PATIENT PACKAGE INSERT IN ACCORDANCE WITH THE PHARMACISTS' REGULATIONS (PREPARATIONS) - 1986 The medicine is dispensed with a doctor's prescription only

Evorel[®] Conti Transdermal Patch

Active ingredients and their quantity per dosage unit: Each patch contains:

estradiol hemihydrate 3.2 mg

norethisterone acetate 11.2 mg

Each patch of Evorel Conti releases 50 mcg estradiol and 170 mcg norethisterone acetate/24 hours.

Inactive ingredients and allergens in the preparation – see section 6 "Further Information".

Read this leaflet carefully in its entirety before using the medicine. This leaflet contains concise information about the medicine. If you have further questions, refer to the doctor or pharmacist.

This medicine has been prescribed for you. Do not pass it on to others. It may harm them even if it seems to you that their medical condition is similar.

1. WHAT IS THE MEDICINE INTENDED FOR?

Hormone replacement therapy (HRT) for the relief of menopausal symptoms.

Therapeutic group: a combination of estrogen and progestogen

Menopause happens when the level of hormones produced by the ovaries goes down. This is a gradual process. During this period, the estrogen levels can go up and down. This can cause

· Hot flushes, night sweats or mood swings

· Vaginal problems such as dryness or itching

 Uncomfortable or painful sexual intercourse. You may experience these symptoms if you have had your

ovaries taken out in an operation.

How Evorel Conti works - both hormones in the patch are continuously released.

Evorel Conti patches replace the estrogen that is normally released by the ovaries. However, in women who have a womb, taking an estrogen hormone regularly may cause thickening of the lining of the womb.

- This means it is necessary to add a progestogen hormone to the estrogen
- · This supplement helps shed the thickened lining of the womb and prevent problems from happening

Most women do not have a regular monthly period with Evorel Conti. However, bleeding or spotting does usually occur in the first months until the treatment settles down.

2. BEFORE USING THE MEDICINE Do not use the medicine if:

You are sensitive (allergic) to the active ingredients or to any of the additional ingredients contained in the medicine (see section 6 – "Further Information") You have, have ever had, or are suspected of having

breast cancer You have or are suspected of having a cancerous tumor that is made worse by estrogens (such as endometrial

- cancer) You have **excessive thickening of the lining of the womb** (endometrial hyperplasia) which has not been treated
- You have unexplained vaginal bleeding
- You have or have ever had blood clots in the veins (thrombosis), such as in the legs (deep venous thrombosis) or in the lungs (pulmonary embolism) You have blood clotting problems (such as protein C,
- protein S or antithrombin deficiency) You have, or have ever had, a liver disease and your
- liver function tests have not yet returned to normal
- You have or recently have had a disease caused by blood clots in the arteries, such as an **angina pectoris**, a heart attack or a stroke

You have a rare inherited blood problem called porphyria

Do not use the preparation if any of the above conditions apply to you. If you are uncertain, consult the doctor or pharmacist before using Evorel Conti. If any of the above conditions appear for the first time while taking Evorel Conti, stop using the medicine at once and refer immediately to the doctor.

Special warnings regarding use of the medicine

Medical history and medical check-ups

The use of an hormonal replacement preparation carries risks which need to be considered when deciding whether to start or continue treatment.

Experience in treating women with premature menopause (due to ovarian failure or surgery) is limited. In these cases, the risks of using HRT may be different. Consult your doctor.

Before beginning or continuing taking hormone replacement therapy, the doctor will ask you about your and your family's medical history. The doctor may decide to perform a physical examination which may include an examination of your breasts and/or an internal examination. if necessary

Once you have started using Evorel Conti, you should meet with the doctor for periodic medical check-ups (at least once a year). At these check-ups, the doctor may discuss the benefits and risks of continuing treatment with the medicine.

You should have periodic breast examinations as recommended by the doctor.

Before starting treatment, tell your doctor if you have ever had any of the following conditions, as these may return or become worse during treatment with Evorel Conti. If so, you may need periodic medical check-ups more frequently

Fibroids

· Growth of womb lining outside your womb (endometriosis) or a history of exe sive t (endometrial hyperplasia) Increased risk of developing blood clots [see below "Blood clots in a vein (thrombosis)"] Increased risk of cancer tumors related to estrogen (e.g., mother, sister or grandmother who had breast cancer) Hypertension

Comparison

Looking at women in their 50s, over 5 years, on average: 8 out of 1,000 women not taking an HRT are expected to have a stroke

11 out of 1,000 women taking an HRT are expected to have a stroke (3 extra cases)

If you suffer from unexplained migraine-type headaches Refer to a doctor as soon as possible

Do not take the hormone replacement therapy any more until vour doctor savs vou can

These headaches may be an early warning sign of a stroke. Blood clots in a vein (thrombosis)

The risk of **formation of blood clots in the veins** is 1.3-3 times higher in women taking HRT as compared to women not taking these preparations, especially during the first year of using them.

Blood clots can be serious, and if such a blood clot travels to the lungs, chest pain, breathlessness, fainting and even death may occur.

There is a higher likelihood of getting a blood clot in a vein with increased age and if any of the following apply to you. Inform your doctor if any of the following apply to you:

- You are overweight (BMI above 30 kg/m²)
- You have cancer You are taking medicine containing an estrogen
- You have a blood clotting problem that needs long-term
 - treatment with a medicine used to prevent blood clots. You are immobile for a long period of time because of
- major surgery, injury or illness (see below "operations or check-ups"
- You have a rare illness called systemic lupus erythematosus (SLE) For signs of a blood clot, see above "Stop treatment with
- Evorel Conti and refer to the doctor immediately in the following conditions". If any of the above-mentioned conditions apply to you, talk

to the doctor whether to take an HRT. Comparison

- Looking at women in their 50s, over 5 years, on average: 4-7 out of 1,000 women not taking an HRT are expected to have a blood clot
- 9-12 out of 1,000 women taking an HRT containing estrogen and progestogen are expected to have a blood clot (5 extra cases)
- If you have painful swelling in the leg, sudden chest pain or have difficulty breathing
- Refer to a doctor as soon as possible
- Do not use the hormone replacement therapy any more until the doctor says you can
- These may be signs of formation of a blood clot.

HRT and cancer

Breast cancer Evidence shows that taking combined estrogen-progestogen or estrogen-only hormone replacement therapy (HRT) increases the risk of breast cancer. The extra risk depends on how long you use HRT. The additional risk becomes clear within 3 years of use. After stopping treatment, the extra risk will decrease with time, but the risk may persist for 10 years or more if you have used HRT for more than 5 years.

Comparison

- For women aged 50-54 who are not taking HRT, on average, 13-17_out of 1,000 will be diagnosed with breast cancer over a 5-year period.
- For women aged 50 who start taking estrogen-only HRT for 5 years, there will be 16-17 cases in every 1,000 users (i.e., an extra 0 to 3 cases).
- For women aged 50 who start taking estrogen-progestogen HRT for 5 years, there will be 21 cases in every 1,000 users
- (i.e., an extra 4 to 8 cases). For women aged 50-59 who are not taking HRT, on average, 27 out of 1,000 will be diagnosed with breast
- cancer over a 10-year period. For women aged 50 who start taking estrogen-only HRT for 10 years, there will be 34 cases in every 1,000 users
- (i.e., an extra 7 cases) For women aged 50 who start taking estrogen-progestoge
- HRT for 10 years, there will be 48 cases in every 1,000 users (i.e., an extra 21 cases)

Regularly check your breasts. Refer to the doctor as soon as possible if you notice any changes such as:

- Dimpling of the skin
 - Changes in the nipples Lumps that can be seen or felt
- Additionally, you are advised to join mammography screening Additionary, you are advised to join manifolicity screening programs. Inform the healthcare professional who is actually taking the x-ray that you use HRT, as these preparations may increase the density of the breast tissue which may affect the outcome of the mammogram. Where the density of the breast tissue is increased, mammography may not detoct all lumpo

detect all lumps.

Ovarian cancer Ovarian cancer is rare, much rarer than breast cancer.

The use of estrogen-only or combined estrogen-progestogen HRT has been associated with a slightly increased risk of ovarian cancer. The risk of ovarian cancer varies with age. For example, about 2 women in 2.000 aged 50-54 who are not taking HRT will be diagnosed with ovarian cancer over a 5-year period.

For women who are taking HRT for 5 years, about 3 women in 2,000 will be diagnosed with ovarian cancer (one extra case).

Endometrial hyperplasia and endometrial cancer

Taking estrogen-only hormone replacement therapy will increase the risk of excessive thickening of the lining of the womb and endometrial cancer. The progestogen in Evorel Conti protects you from this extra risk.

Unexpected bleeding

You may have irregular bleeding or drops of blood (spotting) during the first 3-6 months of taking Evorel Conti.

Pregnancy and breastfeeding

Do not use the preparation if you are pregnant, think you may be pregnant or might be pregnant. This is because Evorel Conti may affect the baby.

Everyday activities

this activity.

if you need them.

4. SIDE EFFECTS

such preparations:

Ovarian cancer

Heart diseases

section 2 in the leaflet.

or stroke (unknown frequency)

other liver problems

(unknown frequency)

than one user in ten

· Inability to sleep

Varicose veins

Breast pain

Stomachache

Painful periods

intercourse

(edema)

· Weight gain

Tiredness

1.000 users

Itchy skin

Muscle pain

Mood swings

Bloated feeling

· Fuller breasts

than 1 user in 10

Tender breasts

Mood changes

Indigestion

users

Acne

Dry skin

ankles)

vagina)

1,000 users

Nausea

users

Dizziness

Gallstones

user in 10,000

Hair loss

Skin discoloration

Muscle weakness

· Gallbladder disease

sores

Dry eyes

Various skin disorders:

Change in composition of tears

leaflet, consult with the doctor.

https://sideeffects.health.gov.il

the last day of that month.

Store in the original package.

6. FURTHER INFORMATION

or by entering the link:

by the doctor.

is open.

contains

package

guidelines.

121-50-29726

patch size is 16 cm².

Manufacturer and address:

Registration holder and address:

Registry of the Ministry of Health:

Theramex Ireland Limited, Dublin, Ireland

Feeling dizzy

· Gallstones

• Wind

Rash

Vaginal thrush

· Lower than usual libido

Vaginal discharge

Nausea

Diarrhea

Headache

the patch is applied

Allergic reaction (hypersensitivity)

Rapid heartbeats (palpitations)

Numb or tingling hands or feet

Pain, including pain in the back or joints

Irregular, heavy or prolonged vaginal bleeding, even after

Water retention or build-up of fluid under the skin

Uncommon side effects - effects that occur in 1-10 in

Swelling of the hands and feet (peripheral edema)

Side effects of unknown frequency (effects whose frequencies have not been determined yet):

The following side effects have been reported with other combined HRTs:

Very common side effects – effects that occur in more

Common side effects - effects that occur in 1-10 in 100

• Extreme pain (e.g., pain in the back, arms, legs, wrists,

Vaginal infection (white or yellowish discharge from the

Uncommon side effects - effects that occur in 1-10 in

Rare side effects - effects that occur in 1-10 in 10,000

Very rare side effects – effects that occur in less than 1

Side effects of unknown frequency (effects whose frequencies have not been determined yet)

The following effects have been reported in association with other hormonal replacement therapy

Discoloration of the skin especially of the face or neck

· Erythema multiforme - skin and mucosal rash or

Purpura – skin rash with red or purple colored spots

If a side effect occurs, if one of the side effects worsens or if you suffer from a side effect not mentioned in the

Side effects can be reported to the Ministry of Health by clicking the link "Report Side Effects of Drug Treatment" found on the Ministry of Health homepage (www.health.gov.il) that directs you to the online form for reporting side effects, or built the line with the matter of the set of the set

Avoid poisoning! This medicine and any other medicine

must be kept in a safe place out of the reach and sight

of children and/or infants in order to avoid poisoning. Do

not induce vomiting unless explicitly instructed to do so

Do not use the medicine after the expiry date (exp. date) that appears on the package. The expiry date refers to

Do not use the patches if the pouch containing the patch

In addition to the active ingredients, the medicine also

Duro-Tak (acrylate vinylacetate copolymer), guar gum (meyprogat), hostaphan MN 19 (polyethylene terephthalate

· What the medicine looks like and the contents of the

Evorel Conti is provided in a memory package that contains 8 patches. CEN1 is marked on the patch itself.

The patches are square with rounded edges. The patches are transparent, with an adhesive side that is applied to

the skin. Each patch comes in a closed pouch and the

Truemed Ltd., 10 Beni Gaon Street, Netanya, 4250499.

This leaflet was revised in June 2022 according to MOH

Registration number of the medicine in the National Drug

PL-1049 03-06.22 IPS THX 3171

5. HOW SHOULD THE MEDICINE BE STORED?

Do not store at a temperature above 25°C.

known as "pregnancy patches" (chloasma) Erythema nodosum – painful reddish skin nodules

Loss of memory; see section 2 "other conditions"

Severe contractions of the uterus

Abnormal liver function blood tests

· Cysts close to the Fallopian tubes

· Benign growths in the uterus smooth muscle

Yellowing of the skin, itching, dark-colored urine

Flushing, skin reddening

Feeling depressed, nervous or anxious

users)

users

Stroke

Breast cancer

doctor.

edges of the patch.

garment or rubber bands.

a garment, out of direct sunlight.

You can shower or take a bath as normal. Do not scrub

the skin around the patch too hard, as this can loosen the

You can go swimming. The patch will not be affected by

You can exercise. Do not apply the patch under a tight

You can sunbathe, but be sure to keep the patch under

Adhere to the treatment regimen as recommended by the

Even if there is an improvement in your health, do not stop

Do not take medicines in the dark! Check the label and

the dose each time you take a medicine. Wear glasses

If you have further questions regarding use of the medicine,

As with any medicine, use of Evorel Conti may cause side

effects in some users. Do not be alarmed when reading the list of side effects. You may not suffer from any of them.

The following diseases are reported more often in women

taking HRT preparations, as compared to women not taking

Abnormal growth or cancer of the lining of the womb

• Probable memory loss if HRT began over the age of 65

For further information about these side effects, refer to

Take off the patch and refer to a doctor immediately if

you notice or suspect any of the following conditions. You may need urgent medical treatment

· Sudden swelling of the face or throat which causes

difficulty in swallowing or breathing, rapid swelling of the hands and feet and stomach cramps

Blood clots (thrombosis) (affects less than 1 in 1,000 users)

Yellowing of the skin or whites of the eyes (jaundice), or

Migraine-type headaches that occur for the first time or more frequently (affects less than 1 in 100 users)

An increase in blood pressure (affects less than 1 in 10

Breast or ovarian cancer, endometrial cancer or hyperplasia

(long, heavy or irregular menstruation) Widespread rash with skin peeling and blistering in the mouth, eyes and genitals (Stevens-Johnson syndrome)

Inform the doctor if you notice any of the following effects while using Evorel Conti

Very common side effects - effects that occur in more

Irritation, itchiness, redness and rash on the skin where

Common side effects - effects that occur in 1-10 in 100

Seizures (affects less than 1 in 1.000 users)

Blood clots in the veins of the legs or lungs

please consult with the doctor or pharmacist.

treatment with the medicine without consulting the doctor

Evorel Conti is intended for women after menopause only. If you become pregnant, please contact the doctor immediately and remove the patch.

Do not use the preparation if you are breastfeeding.

Driving and use of machinery

There is no information about whether Evorel Conti affects the ability to drive or use machines. Please check to see how the medicine affects you before driving or using heavy tools or operating machinery.

3. HOW SHOULD THE MEDICINE BE USED?

Always use the medicine according to the doctor's instructions. Check with the doctor or pharmacist if you are uncertain regarding the dosage and treatment regimen of the medicine.

The doctor will aim to prescribe the lowest dose to treat your symptoms for the shortest time necessary. Speak to the doctor if you think the dose is too strong or not strong enough.

The dosage and treatment regimen will be determined by the doctor only. The usual dosage is generally: Change the patches twice a week.

Start a new pack of Evorel Conti immediately after finishing

When to start treatment with Evorel Conti

Treatment can be started at any time if:

You have not been using another HRT

or external use only.

you menstrual bleeding

If you are using another HRT:

Changing the Evorel Conti patches

second patch for four days.

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TUE/FRI

Where to apply the patches

WED/SAT

Do not apply on or near the breasts

preparation if:

HRT you are using.

If you put your

first patch on:

Monday

Tuesday

Thursday

Saturday

Sunday

like this:

MON/THU

or buttocks.

skin is irritated

the clothing is loose

Suitable area

for applying the patch

Friday

Wednesday

the previous pack, without a break between packs. The doctor is aiming to reduce the symptoms with the lowest dosage for the shortest amount of time.

Do not exceed the recommended dose. Do not swallow.

Put an Evorel Conti patch on at the end of a treatment

cycle or one week after you finish using another HRT

You are changing from an HRT preparation that caused

The day to start Evorel Conti treatment will depend on the other type of HRT you have been using.

Change the patches twice a week to give your body a

steady supply of hormones. There is enough hormone in each patch to last for several days.

Change the patch on the same two days every week.

This will mean that one patch is on for three days and the

For example, if you applied your first patch on a Monday, put on the second patch on Thursday and again on the

following Monday. You can work out your two changing days from the following table:

Change

again on

Monday

Tuesday

Thursday

Saturday

Sunday

SAT/TUE

Never apply in this area

X

SUN/WED

Friday

Wednesday

&

&

&

&

&

&

&

FRI/MON

Change to the

next patch on

Thursday

Saturday

Sunday

Monday

Tuesday

Wednesdav

To help you remember your two patch change days, mark

them on the back of the pack. They are written on the pack

THUR/SUN

Apply the patch onto a hairless area of skin below the waistline. Most women prefer to wear the patch on the thigh

Do not apply on skin with cuts, spots or anywhere the

Do not apply on skin which has been recently treated with cream, moisturizer or talc before applying the patch

Do not apply a new patch in the same area where the

previous patch was placed The patch can be applied under clothing, in areas where

Do not apply the patch under elastic or rubber bands

after taking it out of the protective pouch

Apply the patch on clean, dry and cool skin immediately

Friday

Please refer to the doctor if you are not sure which type of

- Diabetes
- Gallstones
- Migraine or severe headaches A disease of the immune system that affects many organs of the body (Systemic lupus erythematosus, SLÉ)
- Epilepsy
- Asthma
- A disease affecting the eardrum and hearing (otosclerosis)
- A liver disorder, such as a benign liver tumor
- Fluid retention due to heart or kidney problems
- A very high level of triglycerides (fats) in the blood Hereditary and acquired angioedema
- Thyroid problems
- · History of sudden swelling of the face or throat, which may cause difficulty in swallowing or breathing, rapid swelling of the hands and feet and stomach cramps.

You may still be able to use Evorel Conti, but first you should consult the doctor. Tell the doctor if these conditions recur or get worse during the course of treatment with Evorel Conti. The risk of use of hormone replacement therapy in cases of premature menopause may be different. Consult the doctor regarding the risks.

Please make sure that you:

- Go for regular breast screening and cervical smear tests
 Regularly check your breasts for any changes such as
- dimpling of the skin, changes in the nipple or any lumps you can see or feel.

Stop treatment with Evorel Conti and refer to the doctor immediately in the following situations: Any of the conditions mentioned above in section 2 – "Do

- not use the medicine if"
- Yellowing of the skin or the whites of the eyes (jaundice). These may be signs of a liver disease
- Swelling of the face, tongue and/or throat and/or difficulty swallowing or hives (rash), together with difficulty breathing, which are suggestive of angioedema
- A notable rise in blood pressure (symptoms may be: headache, tiredness, dizziness)
- · Migraine-like headaches which happen for the first time
- If you become pregnant
- If you notice signs of a blood clot, such as:
- painful swelling and redness of the legs
- sudden chest pain
- difficulty in breathing
- For more information, see "Blood clots in a vein (thrombosis)".

Evorel Conti is not a contraceptive. If it is less than 12 months since your last menstrual period or you are under 50 years old, you may still need to use additional contraception to prevent pregnancy. Talk to the doctor for advice.

In addition to the benefits, use of HRTs bears also risks. Consider the following information before starting use of, or when continuing treatment with these preparations.

The effect of hormone replacement therapy on the heart and blood circulation

Heart diseases (heart attack)

There is no evidence that HRT will prevent a heart attack. Women over the age of 60 years who use estrogen-progestogen HRT are slightly more likely to develop heart disease than those not taking any HRT.

Hormone replacement therapy is not recommended for women who have recently had heart diseases. If you have ever had a heart disease, talk to the doctor to determine whether or not you should use these preparations.

<u>Stroke</u>

Studies suggest that hormone replacement therapy slightly increases the risk of getting a stroke. Other factors may increase the risk of stroke:

- · Getting older Hypertension
- Smoking
- Drinking too much alcohol
- An irregular heartbeat

If you are worried about any of the above-mentioned factors or if you have had a stroke in the past, please talk to the doctor regarding use of these preparations.

For women who take HRT, the risk of having a stroke is about 1.5 times higher than in women who do not take HRT. The number of extra cases of stroke due to use of HRT is higher with age.

Do not use a patch if the protective pouch is already open.

However, if the irregular bleeding: · carries on for more than the first 6 months of use;

starts after you have been taking Evorel Conti for more than 6 months of use;

carries on after you have stopped taking Evorel Conti: Refer to the doctor as soon as possible.

If you have not undergone a hysterectomy, the doctor will prescribe progestogen in addition to estrogen in most cases. These may be prescribed as separate preparations, or as a combined hormone replacement preparation.

If you have undergone a hysterectomy, the doctor will discuss with you whether you can safely take an estrogen preparation without progestogen.

If you have undergone a hysterectomy because of endometriosis, any endometrium left in your body may be at risk of cancer. The doctor may prescribe an HRT that contains progestogen in addition to estrogen.

Evorel Conti contains progestogen.

Comparison Looking at women aged 50-65 who have not undergone a hysterectomy, on average:

5 out of 1,000 women not taking a hormone replacement therapy will get endometrial cancel

In women taking an estrogen-only HRT, 10-60 women out of 1,000 will get endometrial cancer (between 5 and 55 extra cases), depending on the dosage and duration of treatment.

The addition of progestogen to an estrogen-only HRT substantially reduces the risk of endometrial cancer.

Other conditions

- HRT will not prevent memory loss. There is some evidence of a higher risk of memory loss in women who start using HRT after the age of 65. Refer to the doctor for consultation.
- If you have **brown patches on your face or body** (chloasma) or have a history of them, you may need to keep out of the sun or away from sunbeds (these patches may not completely disappear again).

Smoking

If you smoke, do not use the medicine without consulting the doctor. It is recommended that you quit smoking while using Evorel Conti. If you are unable to quit smoking and you are over the age of 35, consult a doctor. Smoking is a risk factor for venous thromboembolism (VTE).

Children and adolescents

The medicine is not intended for children.

Operations or check-ups

Inform the doctor that you are taking Evorel Conti if you are going to have surgery. You may need to stop using Evorel Conti about 4 to 6 weeks before the surgery to reduce the risk of a blood clots [see above "Blood clots in a vein (thrombosis)"]

The doctor will tell you when you can resume taking this kind of preparation.

If you perform a urine or blood test in a hospital or at the family doctor, please tell the doctor or the laboratory staff that you are using Evorel Conti. This is because Evorel Conti may affect the results of the tests.

Drug interactions

If you are taking, or have recently taken, other medicines, including non-prescription medicines and nutritional supplements, tell the doctor or pharmacist. Some medicines may interfere with the effect of Evorel Conti. This might lead to irregular bleeding. Especially if you are taking:

- Medicines for epilepsy (such as: phenobarbital, phenytoin
- or carbamazepine) Medicines for treatment of tuberculosis (such as:
- rifampicin, rifabutin). Medicines for **HIV infection** (such as nevirapine, efavirenz,
- ritonavir or nelfinavir).
- Medicine for treatment of hepatitis C telaprevir.
- Medicines for Hepatitis C virus (HCV) (such as combination regimen ombitasvir/paritaprevir/ritonavir with or without dasabuvir as well as a regimen with glecaprevir/ pibrentasvir) may cause an increase in liver function blood test results (increase in ALT enzyme) in women using combined hormonal contraceptives (CHCs) containing ethinvlestradiol. Evorel Conti contains estradiol instead of ethinylestradiol. It is not known whether an increase in ALT liver enzyme can occur when using Evorel Conti with this HCV combination regimen.
- Bosentan a medicine for hypertension in the blood vessels of the lungs.
- St. John's wort (Hypericum perforatum).
 - Taking these medicines with Evorel Conti may stop its activity, and you may therefore suffer from bleeding, like a period, when you are not expecting it.
 - Lamotrigine a medicine for epilepsy. Concomitant use of Evorel Conti and lamotrigine could affect the control of your epilepsy.

Step 1: Open and Peel

Applying a patch

 Using the notches as a guide, tear along the 2 edges of the pouch and remove the patch.

Hold the patch with its cover (the

aluminum-type foil) facing you, fold

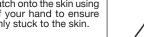
the patch gently and remove one part of the aluminum foil covering

the patch. Avoid touching the sticky side of the patch. It may impair its



adhesive properties.

- Step 2: Apply and Press Apply the exposed half of the patch to your skin.
- Peel off the second half of the aluminum-type foil and press the second half of the patch onto the skin.
- Press the patch onto the skin using the palm of your hand to ensure that it is firmly stuck to the skin.



Removing a patch

- Peel the edges of the patch away from the skin and remove it by pulling gently.
- Fold the patch in half, so that the adhesive side is inward.
- Place the patch in a household waste bin, out of the reach of children and animals.
- Do not dispose of used patches into the toilet bowl.

After removing the patch, a little glue may remain on your skin. The glue will disappear over time, or baby oil can be used to remove the remaining glue.

If a patch falls off

recommended

Tender breasts

Tiredness

Acne

patch.

Nausea or vomiting

Feeling depressed

used as a contraceptive.

completely stopped.

Unexpected vaginal bleeding

Growth of body or facial hair

Contraception while using Evorel Conti

Replace the patch that has fallen off with a new patch, but keep to your original patch change days. If you have just had a shower or bath, wait until your skin cools before applying a new patch.

Talk to the doctor if you need more patches.

If you forget to change the patch

Change the patch as soon as you remember and then continue with your regular change days. The patch change days do not change. In this case, you may get some spotting or period-like bleeding during this time.

If you used a higher dosage of Evorel Conti than

It is unlikely that you will get too much of the hormones in

Evorel Conti. The most common symptoms of having too

These symptoms, which are due to excess estrogen or

progestogen, are reversible upon removal of the patch. Consult the doctor or pharmacist before using another

The levels of hormone in the preparation are too low to be

Use non-hormonal contraceptive methods (such as a condom, diaphragm or ring) until your periods have

much estrogen or progestogen in your body are: