Patient Package Insert in Accordance with the Pharmacists' Regulations (Preparations) – 1986
The medicine is dispensed without a doctor's prescription

Fexy 180
Film Coated Tablets

Active ingredient and its amount:
Each tablet contains:
fexofenadine hydrochloride 180 mg

Inactive ingredients: See section 6.
Read this leaflet carefully in its entirety before using the medicine.
- Keep this leaflet. You may need to read it again.
- This leaflet contains concise information about the medicine. If you have further questions, refer to the doctor or pharmacist.
- Take this medicine according to the instructions in the section about dose in this leaflet. Consult your pharmacist if you need further information. Consult your doctor if your symptoms of illness get worse or do not improve within a few days.

1. WHAT IS THIS MEDICINE INTENDED FOR?
The medicine is used for relief of symptoms in cases of prolonged rash accompanied by itching.

Therapeutic group: Antihistamine.

2. BEFORE USING THE MEDICINE
Do not use this medicine if:
you are sensitive (allergic) to fexofenadine or to any of the other ingredients in this medicine (see section 6).

Special warnings regarding use of this medicine
Before beginning treatment with Fexy 180, consult the doctor if:
- you suffer from impaired function of the kidney or liver.
- you suffer or have suffered in the past from heart disease, since this kind of medicine may lead to a fast or irregular heartbeat.
- you are elderly.

If any of these conditions apply to you, or if you are not sure, tell your doctor before you start taking Fexy 180.

Children and adolescents
This medicine is not intended for children under 12 years old.

Drug interactions
If you are taking or have recently taken other medicines, including non-prescription medicines and food supplements, tell the doctor or pharmacist. In particular, inform the doctor or pharmacist if you are taking medicines for digestive problems that contain aluminium or magnesium which may lower the amount of Fexy 180 absorbed and affect how Fexy 180 works. It is recommended that you take these medicines two hours before or after taking Fexy 180.

Using this medicine and food
Swallow this medicine with water before a meal.

Pregnancy and breastfeeding
If you are pregnant or breastfeeding, think you may be pregnant or are planning to have a baby, consult with the doctor before using this medicine.
Do not take Fexy 180 if you are pregnant, unless ordered by the doctor.
Fexy 180 is not recommended during breastfeeding.

Driving and operating machinery
Fexy 180 is unlikely to affect your ability to drive or operate machinery; however, you should check that these tablets do not make you feel sleepy or dizzy before driving or operating machinery.

3. HOW SHOULD YOU USE THE MEDICINE?
Check with the doctor or pharmacist if you are not sure about your dose and manner of treatment.
For adults and children over 12 years of age the usual dose is:
One tablet (180 mg) once a day
Swallow the medicine with water before a meal.
The tablets do not have a score-line. There is no information about crushing the tablets.
Do not exceed the recommended dose.

If you accidentally take more Fexy 180 than you should
If you took an overdose, or if a child has accidentally swallowed the medicine, refer immediately to a doctor or proceed to a hospital emergency room, and bring the medicine package with you. Symptoms of overdose in adults are dizziness, drowsiness, tiredness and dry mouth.

If you forget to take Fexy 180
If you forget to take this medicine at the required time, do not take a double dose. Take the next dose at the scheduled time as prescribed by the doctor.

If you stop taking Fexy 180
If you want to stop taking Fexy 180 before finishing the course of treatment recommended by the doctor, tell the doctor.
If you stop taking Fexy 180 earlier than planned, your symptoms may return.

Do not take medicines in the dark! Check the label and dose every time you take medicine. Wear glasses if you need them.

If you have further questions regarding the use of this medicine, consult the doctor or pharmacist.

4. SIDE EFFECTS
As with any medicine, use of Fexy 180 may cause side effects in some of the users. Do not be alarmed by the list of side effects. You may not suffer from any of them.
Refer to your doctor immediately and stop taking Fexy 180 if you suffer from swelling of the face, lips, tongue or throat, and difficulty breathing, as these may indicate that you suffer from a serious allergic reaction.

The following side effects were reported in clinical trials with fexofenadine at frequencies similar to those observed in patients who did not receive the medicine (placebo):
Common side effects (occurring in 1-10 in 100 patients): headache, drowsiness, nausea and dizziness.
Uncommon side effects (occurring in 1 in 100 patients): tiredness/sleepiness.
Additional side effects (frequency unknown) which may occur: insomnia, sleeping disorders, bad dreams, nervousness, fast or irregular heartbeat, diarrhoea, skin rash and itching, hives, serious allergic reactions which may cause swelling of the face, lips, tongue or throat, flushing, chest tightness and difficulty breathing.

If you experience any side effect, if any side effect gets worse or when you experience a side effect not mentioned in the leaflet, you must consult with the doctor.

You can report side effects to the Ministry of Health by following the link 'Reporting Side Effects of Drug Treatment' on the Ministry of Health home page (www.health.gov.il) which links to an online form for reporting side effects. You can also use this link: https://sideeffects.health.gov.il
You can also report side effects by email to: safety@trima.co.il

5. HOW TO STORE THE MEDICINE?
- Avoid poisoning! This medicine, and any other medicine, should be kept in a closed place out of the reach and sight of children and/or infants in order to avoid poisoning. Do not induce vomiting unless explicitly instructed to do so by the doctor.
- Do not use the medicine after the expiry date (exp. date) appearing on the package. The expiry date refers to the last day of that month.
- Store in a dry place below 25°C.
- Do not throw away any medicine via wastewater or household waste. Ask the pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

6. FURTHER INFORMATION
In addition to the active ingredient, the medicine also contains: Microcrystalline cellulose, pregelatinized starch, croscarmellose sodium, magnesium stearate, Opadry OY 8704 Orange (hydroxypropylmethyl cellulose (HPMC), titanium dioxide, polyethylene glycol, FD&C yellow #6/Sunset Yellow fcf aluminum lake, D&C yellow #10 aluminum lake).

How does the medicine look and what are the contents of the package:
Film coated, light orange, oblong, bi-convex tablets.
Each pack contains 15 or 30 tablets packaged in blister trays.

This leaflet does not contain all the information about your medicine. If you have any questions or are not sure about anything, please refer to the doctor.

Manufacturer and registration holder: Trima Israel Pharmaceutical Products Maabarot Ltd., Maabarot 4023000, Israel.

This leaflet was revised in July 2022 according to MOH guidelines.

Registration number of the medicine in the National Drug Registry of the Ministry of Health: 170-13-37246-99

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Maabarot 4023000
Israel Pharmaceutical Products
Maabarot Ltd.

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