

PATIENT LEAFLET IN ACCORDANCE WITH THE PHARMACISTS' REGULATIONS (PREPARATIONS) – 1986

This medicine is dispensed without a doctor's prescription

Acamol® Tsinun Liguigel Night
Liguigel capsules

Composition

Each liguigel capsule contains:

- Paracetamol 250 mg
- Pseudoephedrine hydrochloride 30 mg
- Chlorpheniramine maleate 2 mg

For information regarding inactive ingredients and allergens, see section 2 - "Important information about some of the ingredients of the medicine" and section 6 - "Additional information".

Read the entire leaflet carefully before using the medicine. This leaflet contains concise information about the medicine. If you have additional questions, refer to the doctor or the pharmacist.

This medicine is dispensed without need for a doctor's prescription and is intended for adults and children from the age of 12 years and above. Take this medicine properly according to the instructions in section 3 – "How should you use the medicine?" in this leaflet. Consult the pharmacist if you need any further information.

Refer to the doctor if the fever persists for more than 3 days or if the signs of ailment worsen or do not improve after 5 days despite the use of the medicine.

1. WHAT IS THE MEDICINE INTENDED FOR?

The medicine is intended for the relief of cold and nasal congestion symptoms accompanied by fever and pain – for night care.

Therapeutic class:

- Paracetamol – analgesic and antipyretic.
- Pseudoephedrine hydrochloride – relieves nasal congestion.
- Chlorpheniramine maleate – antihistamine.

2. BEFORE USING THE MEDICINE

Do not use this medicine:

- If there is a known sensitivity to paracetamol, to pseudoephedrine hydrochloride, to chlorpheniramine maleate, or to any of the other ingredients of the medicine (see section 6) or to antihistamine that is not chlorpheniramine.
- If you suffer from a heart disease or from hypertension.
- If you suffer from diabetes.
- If you suffer from pheochromocytoma (a rare tumor of the adrenal gland that affects blood pressure and heart rate).
- If you suffer from an overactive thyroid gland.
- If you suffer from high intraocular pressure (glaucoma).
- If you suffer from a severe kidney disease.
- If you are being concomitantly treated with additional cold and cough medicines or with other preparations containing paracetamol.
- If you are being treated with medicines from the beta blockers group for the treatment of hypertension.
- If you are being concomitantly treated with medicines for the treatment of depression from the monoamine oxidase inhibitors group (MAOI) or with reversible inhibitors of monoamine oxidase (RIMAs) or within 14 days of discontinuing treatment with them.
- If you are taking medicines that increase or suppress appetite or medicines for the treatment of congestion and asthma (sympathomimetic medicines).
- If you are a child under 12 years of age.
- Do not use this medicine when you are pregnant or breastfeeding.

Special warnings regarding the use of the medicine

- If you developed skin side effects in the past as a result of taking preparations containing paracetamol, do not take preparations containing paracetamol, so that severe skin side effects will not recur.
- The preparation contains paracetamol, which may cause liver damage when:
 - Given at a higher dosage than recommended or for a prolonged period.
 - Alcoholic beverages are consumed during the course of treatment.
 - Additional medicines which affect liver function are taken.
- Do not use this medicine frequently without consulting the doctor.
- Do not take additional antipyretics and analgesics or cold medicines without consulting a doctor or a pharmacist, to prevent paracetamol overdose or poisoning.
- Do not take additional medicines from the "Acamol family" and/or other preparations containing paracetamol.
- Avoid taking a high dosage (within the recommended limit) of this medicine when fasting.
- If you are sensitive to any type of food or medicine, inform your doctor before starting treatment with this medicine.

Before the treatment with Acamol Tsinun Liguigel Night, tell the doctor if you suffer or have suffered in the past from:

- Kidney or liver function problem
- Alcoholism
- Blockage of arteries or veins
- Impaired function of the thyroid gland
- Problems passing urine or enlarged prostate (which causes frequent urination)
- Jaundice
- Epilepsy
- Asthma, bronchitis or other lung problems
- Impaired function of the prostate gland

Drug interactions

If you are taking or have recently taken other medicines, including non-prescription medicines and nutritional supplements, tell the doctor or the pharmacist. In particular, inform the doctor or pharmacist if you are taking a medicine from the following groups:

- Anti-cholinergic medicines (for the treatment of spasms and cramps, such as atropine).
- Medicines for lowering blood pressure, such as: guanethidine, methyl dopa, adrenergic neuron blocker, debrisoquine, brytilium and bethanidine.
- Antidepressants (including MAO inhibitors, RIMAs) – see section 2, "Do not use this medicine" or if you have taken them in the last two weeks.
- Tricyclic antidepressants.
- Moclobemide – antidepressant.
- Cardiac glycoside (a medicine given for the treatment of heart rhythm disorders or heart failure, such as digoxin).
- Ergot alkaloids (for the treatment of migraine, such as: ergotamine or methysergide).
- Oxytocin (a medicine given during labor for uterus contraction).
- Cholestyramine (for the reduction of blood lipid levels).
- Metoclopramide or domperidone (for treatment of nausea, vomiting and other digestive problems).
- Medicines for prevention of blood clots, such as warfarin.
- Contraceptive pills.
- Anticonvulsant medicines (for the treatment of epilepsy, such as: phenytoin, carbamazepine).
- Other antihistamine medicines, including medicines for cough and cold that cause drowsiness.
- Medicines for sleep, anxiety, depression.
- Preparations that stimulate the production of enzymes in the liver (such as: rifampicin, barbiturates).
- Non-steroidal anti-inflammatory drugs.
- Chloramphenicol (antibiotic).
- Probenecid (for treatment of gout).
- Inform the doctor or pharmacist if you are taking flucloxacillin (an antibiotic) because of a severe risk of blood and fluid abnormality (high anion gap metabolic acidosis) which requires urgent treatment and may happen especially in cases of severe kidney impairment, sepsis (a condition in which bacteria and their toxins are in the blood, leading to organ damage), malnutrition, chronic alcoholism, and in cases in which the maximum daily dosage of paracetamol is used.

Use of the medicine and food

The medicine can be taken regardless of food. Take with a glass of water.

Use of the medicine and alcohol consumption

During treatment with this medicine, **do not consume alcohol** due to increased risk of liver damage.

Pregnancy and breastfeeding

If you are pregnant or breastfeeding, do not use this medicine.

Driving and operating machinery

Do not drive or operate dangerous machinery while using the medicine, as this medicine may impair alertness or cause blurry vision. Children should be cautioned against riding a bicycle or playing near a road etc.

Use in children

This medicine is intended for adults and children above 12 years of age, see section 3.

Parents must report to the treating doctor all side effects and any additional medicine given to the child.

Important information about some of the ingredients of the medicine

This medicine contains Sunset yellow FCF which may cause allergic reactions and hyperactivity in children.

This medicine contains 48 mg of propylene glycol in each capsule.

This medicine contains sorbitol.

3. HOW SHOULD YOU USE THE MEDICINE?

Check with the doctor or pharmacist if you are uncertain about the dosage and how to use the preparation.

Standard dosage when no other instruction from the doctor is given:

Adults and children 12 years of age and above:

2 liguigel capsules before bedtime.

Upon concomitant use of Acamol Tsinun Liguigel Day with Acamol Tsinun Liguigel Night, do not exceed a total dosage of 8 capsules per 24 hours.

Exchange a dose of Acamol Tsinun Liguigel Day with a dose of Acamol Tsinun Liguigel Night, and do not take it as a supplement to the maximum dosage recommended above for Acamol Tsinun Liguigel Night.

Patients above 60 years of age should consult the doctor before using this medicine as they may be sensitive to preparations of this kind.

Do not exceed the recommended dose.

Refer to the doctor if the fever persists for more than 3 days or if the signs of ailment worsen or do not improve after 5 days despite the use of the medicine.

Method of use

Do not chew!

The capsule should be swallowed with a glass of water.

If you have taken an overdose or if a child has accidentally swallowed this medicine, refer to a doctor or a hospital emergency room immediately and bring the package of the medicine with you. Do not induce vomiting without an explicit instruction from the doctor! Even if you feel well, immediate treatment is essential, **due to the risk of developing severe liver damage.** Side effects can be nausea and vomiting, diarrhea, loss of appetite, abdominal pain, swelling, increased sweating, pain or tenderness in the upper abdomen, and they may not reflect the severity of liver damage.

If you forget to take the medicine take the following dose as needed, as long as the last dose was taken at least 4 hours before taking the current dose. Do not take a double dose.

Do not take medicines in the dark! Check the label and the dose every time you take a medicine. Wear glasses if you need them.

If you have any other questions regarding use of the medicine, consult the doctor or the pharmacist.

4. SIDE EFFECTS

As with any medicine, using Acamol Tsinun Liguigel Night may cause side effects. Do not be alarmed when reading the list of side effects. You may not experience any of them. Elderly people are more likely to suffer from side effects including confusion, and may need a lower dosage. Severe side effects

If you experience any of the following side effects, stop the treatment and refer to the doctor immediately:

- Severe allergic reactions, including: skin rash such as hives (may be accompanied by blisters and flaking of the skin), swelling of the face, lips, tongue, throat that can cause breathing or swallowing difficulties.
- A decrease of blood flow to the heart that may cause angina pectoris (discomfort or pain in the chest, neck, back, jaw, shoulders, arms) or a heart attack.
- A stroke (weakness in the face, arms or legs or speaking problems).
- A sudden onset of fever, skin redness, or many small pustules (possible symptoms of acute generalized exanthematous pustulosis – AGEP), which may occur during the first two days of treatment with this preparation.
- Sudden and severe headache, nausea, vomiting, confusion, convulsions, visual disorders.
- Hallucinations (hearing sounds and seeing visions that do not exist, thoughts and feelings that are not logical).
- Sudden and severe abdominal pain or rectal bleeding (in the anus) due to inflammation of the colon as a result of insufficient blood supply.
- If signs of changes in the blood system occur, such as: unexplained tiredness, anemia, bleeding, bruises, developing inflammations more easily.
- Liver problems including jaundice (yellowing of the skin and eyes).
- Sudden loss of vision.
- Paracetamol may, in rare cases, cause the appearance of severe skin diseases whose signs can be: redness, rash, blisters, widespread skin damage. Severe skin side effects may appear even if you had no problems in the past taking preparations containing the active ingredient paracetamol. If skin side effects appear, discontinue treatment and refer to a doctor immediately.

If you experience any of the following side effects, stop the treatment and refer to the doctor:

- Difficulty passing urine (especially in men with prostate problems)

Additional side effects

Very common side effects - may affect more than 1 user out of 10

- Headache

Common side effects - may affect up to 1 user out of 10

- Sleeping difficulties, nervousness, dizziness
- Dry mouth or nausea

Side effects with unknown frequency (effects whose frequency has not yet been determined)

- Anxiety, feeling of restlessness, irritability, stress or an extreme feeling of happiness
 - Sleep disturbances
 - Fast or irregular heartbeat or palpitations
 - Drowsiness
 - High blood pressure
 - Abdominal pain, diarrhea, vomiting
 - Pain during urination
 - Tingling in the hands and feet
 - Tremor
 - A decrease in blood flow to the optic nerve which may cause vision loss
- If any of the following side effects appear, consult the doctor or pharmacist:**
- Tiredness
 - Lack of concentration, dizziness, headache, blurred vision
 - Dry mouth, heartburn, diarrhea, abdominal pain
 - Loss of appetite, confusion, difficulty urinating, ringing in the ears
 - Sensitivity to light
 - Change in heart rhythm, palpitations, low blood pressure, chest tightness, increase in mucus, vomiting
 - Muscle weakness, spasms, lack of coordination
 - Nightmares, nervousness
 - Confusion in the elderly
 - Generally feeling unwell
 - Low blood count

If one of the side effects worsens, or if you suffer from a side effect not mentioned in the leaflet, consult the doctor immediately.

Reporting side effects

Side effects may be reported to the Ministry of Health by clicking on the link "Report side effects due to medicinal treatment" found on the Ministry of Health website homepage (www.health.gov.il), which will direct you to the online form for reporting side effects, or by clicking on the following link: <https://sideeffects.health.gov.il>

5. HOW TO STORE THE MEDICINE?

Avoid poisoning! This medicine and any other medicine must be kept in a closed place out of the reach and sight of children and/or infants to avoid poisoning. Do not induce vomiting without an explicit instruction from the doctor.

Do not use the medicine after the expiry date (Exp. Date) appearing on the package. The expiry date refers to the last day of that month.

Store in a dry place, below 25°C.

6. ADDITIONAL INFORMATION

In addition to the active ingredients the medicine also contains:

Polyethylene glycol, gelatin, glycerol, purified water, propylene glycol, povidone, dry substance of anidrisorb, sunset yellow.

The capsules are printed, the dry printing ink contains:

Titanium Dioxide, Shellac, Industrial Methylated Spirit 74 OP, N-Butyl Alcohol, Ethyl Acetate

Sunset yellow contains:

Sunset Yellow FCF, Sodium Chloride, Sodium Sulphate, Volatile Matter

What does the medicine look like and what are the contents of the package?

Oblong, transparent, orange capsules. The word "TEVA" appears on one side and the word "NIGHT" on the other side.

Each package contains 10 capsules.

Manufacturer and marketing authorization holder:

Teva Israel Ltd.

124 Dvora HaNevi'a St., Tel Aviv 6944020

The leaflet was revised in January 2023 in accordance with the Ministry of Health guidelines.

Registration number of the medicine in the national drug registry of the Ministry of Health:

125.98.30510