### PATIENT LEAFLET IN ACCORDANCE WITH THE PHARMACISTS' REGULATIONS (PREPARATIONS) - 1986

This medicine is dispensed with a doctor's prescription only

Viagra® 25 mg Viagra® 50 mg Viagra® 100 mg



### Each tablet contains:

sildenafil (as citrate) 25 mg, 50 mg, 100 mg

For a list of inactive ingredients and allergens in the preparation: see section 2 "Important information about some of the ingredients in this medicine" and section 6 "Further information".

Read the entire leaflet carefully before using this medicine. This leaflet contains concise information about this medicine. If you have any further questions, consult your doctor or pharmacist.

This medicine has been prescribed for you. Do not pass it on to others. It may harm them, even if it seems to you that their medical condition is similar.

This medicine is intended for adults over the age of 18 and is not intended for women.

### 1. WHAT IS THIS MEDICINE INTENDED FOR?

For treatment of impotence - erectile dysfunction.

### Therapeutic group:

PDE5 enzyme inhibitor, causes dilation of blood vessels, thereby improving the blood flow into the penis during sexual stimulation.

# 2. BEFORE USING THE MEDICINE Do not use this medicine if:

- X you are sensitive (allergic) to the active ingredient or to any of the additional ingredients contained in the medicine.
- x you are intermittently or regularly taking organic nitrates, organic nitrites or nitric oxide donors, such as: amyl nitrite, in any form (such as certain medicines for treating angina pectoris).
- X you are concomitantly taking guanylate cyclase stimulators, such as riociguat (for treating pulmonary hypertension).
- X you suffer from a severe liver or heart disease.
- X you have recently had a stroke or a heart attack, or if you suffer from low blood pressure.
- X you suffer from a certain rare inherited eye disease (such as retinitis pigmentosa).
- X you suffer or have suffered in the past from vision loss due to non-arteritic anterior ischemic optic neuropathy (NAION).

# Special warnings regarding use of the medicine Before treatment with Viagra, tell your doctor if:

- you suffer from sickle cell anemia (a disease of red blood cells), multiple myeloma (cancer of the bone marrow) or leukemia (cancer of the blood cells).
- you suffer from penis deformity or Peyronie's Disease (scoliosis of the penis).
- you have problems with your heart. Your doctor will check whether your heart can bear the additional strain associated with sexual intercourse.
- you suffer from a stomach ulcer, or a bleeding problem (such as hemophilia).
- you experience a sudden decrease or loss of vision; stop the treatment and contact your doctor immediately.
- Do not take Viagra if you do not suffer from impotence (erectile dysfunction).
- Do not take Viagra if you are a woman.

### Patients with kidney or liver diseases

If you have a kidney or liver disease, your doctor may decide on a lower dose for you.

### Children and adolescents

The medicine is not intended for use under the age of 18.

### Tests and follow-up

Before taking the medicine, the patient must undergo a comprehensive medical examination to ensure that the treatment is suitable for him and that he does not suffer from cardiovascular problems (heart and blood vessels), since sexual activity in itself involves a certain degree of cardiac effort.

### **Drug interactions**

A person who has taken Viagra and requires any medical treatment must immediately report to the attending medical team that he has taken this medicine, in order to prevent a situation in which he will be treated with nitrates or other vasodilators.

# If you are taking or have recently taken, other medicines, including non-prescription medicines and dietary supplements, tell your doctor or pharmacist. Particularly if you are taking:

Viagra in combination with other medicines, especially medicines intended to treat chest pain (angina pectoris), may be harmful. In the event of a medical emergency, you should inform your doctor, nurse or pharmacist that you have taken Viagra and when you took it. Do not use Viagra in combination with other medicines unless your doctor tells you that you can.

Do not use Viagra if you are taking the following medicines:

- Medicines called nitrates, as the combination with these types of medicines may lead to a dangerous decrease in your blood pressure. Consult your doctor if you are taking any of these medicines, which are usually used for the treatment of angina pectoris (chest pain).
- Medicines called nitric oxide donors such as amyl nitrite, as this combination may also lead to a dangerous decrease in your blood pressure.
- Other medicines (oral or local administration) for treating impotence (erectile dysfunction) – the combination with Viagra is forbidden.

Riociguat or other medicines for the treatment of pulmonary hypertension - the combination with Viagra is forbidden.

### Other medicines:

- Cimetidine (to reduce stomach acidity), ketoconazole
- (antifungal), erythromycin (antibiotic).

   HIV protease inhibitors for the treatment of AIDS (such as saquinavir, ritonavir) since they may increase the concentration of Viagra in the blood. Your doctor may prescribe you the lowest dose.
- prescribe you the lowest dose.

   Medicines of the alpha-blockers group such as doxazosin (for the treatment of hypertension or prostate enlargement) due to the concern of a decrease in blood pressure. Combination of this medicine with Viagra may cause light-headedness or dizziness, which is caused by low blood pressure upon sitting or standing up quickly. This is most likely to happen within 4 hours after taking Viagra. Your doctor may prescribe you the lowest dose.

   Medicines containing saguhitril/valsartan used to treat
- · Medicines containing sacubitril/valsartan, used to treat heart failure.

# Using this medicine and food

The medicine can be taken with or without food. However, the onset of action of the medicine may be delayed after a heavy meal.

# Using this medicine and alcohol consumption

Alcohol consumption may temporarily impair erectile function. To achieve the maximal effect of the medicine, you are advised not to drink excessive amounts of alcohol before taking the medicine.

Pregnancy and breastfeeding
This medicine is not intended for women.

# Driving and using machines

Viagra may cause dizziness and affect vision. You must pay attention to how you react to the medicine before you drive or operate machines.

## Important information about some of the ingredients in this medicine

The medicine contains lactose. If you have been told by your doctor that you are sensitive to certain sugars, such as lactose, contact your doctor before using Viagra. The medicine contains sodium. Viagra contains less than 1 mmol sodium (23 mg) per tablet, that is to say it is essentially 'sodium-free'.

# 3. HOW TO USE THIS MEDICINE?

Always use the preparation according to your doctor's instructions. Check with the doctor or pharmacist if you are uncertain about the dosage and treatment regimen of the preparation.

The dosage and treatment regimen will be determined by your doctor only. **The standard dosage is usually:** one tablet about an hour before sexual intercourse.

## Do not take more than one tablet per day. Do not exceed the recommended dose.

Viagra will help you to get an erection only if you are sexually stimulated. The time it takes for the medicine to start working varies from person to person, and it normally takes about half an hour to one hour. You may find that it takes the medicine longer to start working if you take it with a heavy meal you take it with a heavy meal.

If you feel that the medicine is too weak or too strong for

you, consult your doctor or pharmacist.

If Viagra does not help you to get an erection, or if the erection achieved does not last long enough for you to complete full sexual intercourse, consult your doctor.

Do not crush, split or chew. Swallow the medicine whole with some water.

If you have taken an overdose, or if a child has accidentally swallowed the medicine, immediately go to a hospital emergency room and bring the package of the medicine with you.

If you have taken an overdose, you may experience an exacerbation in side effects and their severity. Doses above 100 mg do not increase the efficacy of the

Do not take medicines in the dark! Check the label and the dose <u>each time</u> you take medicine. Wear glasses if you need them.

If you have further questions regarding use of the medicine, consult your doctor or pharmacist.

# 4. SIDE EFFECTS

As with any medicine, use of Viagra may cause side effects in some users. Do not be alarmed when reading the list of side effects; you may not suffer from any of them. The side effects reported in association with the use of Viagra are usually mild to moderate and last for a short time period.

- time period.

  Stop taking this medicine and contact your doctor immediately in case of:

   An allergic reaction uncommon (may affect up to 1 in 100 people); the symptoms include sudden wheeziness, difficulty breathing or dizziness, swelling of the eyelids, face, lips or throat.

   Chest pains during or after sexual intercourse uncommon; if this happens to you during or after sexual intercourse, get in a semi-sitting position and try to relax. Do not take nitrates to treat chest pain.
- Prolonged and sometimes painful erection has been reported after using Viagra (a rare side effect). If you experience an erection which lasts for more than 4 hours, contact a doctor immediately.
  A sudden decrease or loss of vision, rare (may affect).
- up to 1 in 1,000 people); contact a doctor immediately.
- A severe skin reaction (a rare side effect) the symptoms may include severe peeling and swelling of the skin, blisters in the mouth, genitals, around the eyes and fever.

• Fits or seizures (a rare side effect).

# Additional side effects

**Very common side effects** (may affect more than 1 in 10 people):

Headache.

Common side effects (may affect up to 1 in 10 people): Dizziness, redness of the face, gastrointestinal disturbances, nasal congestion, seeing colors, blurred vision, vision disturbances, nausea, hot flushes (a sudden feeling of heat in the upper body).

Uncommon side effects (may affect up to 1 in 100

people):
Vomiting, rash, eye irritation/pain, red eyes, sensitivity to light, seeing flashes of light, visual brightness, watery eyes, rapid or pounding heartbeat, hypertension, low blood pressure, muscle pain, sleepiness, reduced sense of touch, vertigo, ringing in the ears, dry mouth, blocked or congested sinuses, inflammation of the lining of the nose (symptoms include common cold, sneezing and nasal congestion), upper abdominal pain, gastro-esophageal reflux disease (symptoms include heartburn), feeling tired, presence of blood in urine, pain in the extremities, nosebleed, feeling hot.

Rare side effects (may affect up to 1 in 1,000 people): Fainting, stroke, heart attack, heart rate disorders, sudden decrease in hearing or hearing loss, temporary decrease in blood flow to parts of the brain, feeling of constriction of the throat, numb mouth, bleeding at the back of the eye, double vision, reduced visual acuity, abnormal sensation in the eye, swelling of the eye or eyelid, seeing small particles or spots, seeing halos around lights, dilation of the pupils, discoloration of the white of the eye, penile bleeding, presence of blood in semen, dry nose, swelling of the inside of the nose, irritability. irritability.

# Side effects based on post-marketing reports:

Unstable angina and sudden death have been reported rarely. Most, but not all, of the men who experienced these side effects suffered from heart problems before taking this medicine. It is impossible to determine whether these effects were directly related to the use of the medicine.

If a side effect occurs, if one of the side effects worsens, or if you suffer from a side effect not mentioned in this leaflet, consult with the doctor.

Side effects can be reported to the Ministry of Health by clicking on the link "Report Side Effects of Drug Treatment" found on the Ministry of Health homepage (www.health.gov.il) that directs you to the online form for reporting side effects or by entering the link: https://sideeffects.health.gov.il

# 5. HOW TO STORE THE MEDICINE?

- Avoid poisoning! This medicine and any other medicine should be kept in a closed place, out of the reach and sight of children and/or infants in order to avoid poisoning. Do not induce vomiting unless explicitly instructed to do so by a doctor.
- Do not use the medicine after the expiry date (exp. date) which is stated on the package. The expiry date refers to the last day of that month.

  Store below 30°C in a dry place.

# 6. FURTHER INFORMATION

In addition to the active ingredient, this medicine also contains:

microcrystalline cellulose, calcium hydrogen phosphate (anhydrous), croscarmellose sodium, magnesium stearate.

# The coating contains:

hypromellose, lactose monohydrate, titanium dioxide, glycerol triacetate, indigo carmine aluminum lake.

Viagra contains sodium. Viagra contains lactose. See section 2 "Important information about some of the ingredients in this medicine".

# What the medicine looks like and contents of the package:

package:
Viagra® 25 mg: blue, diamond-shaped, film-coated tablet with the word "Pfizer" imprinted on one side and "VGR 25" on the other side.
Viagra® 50 mg: blue, diamond-shaped, film-coated tablet with the word "Pfizer" imprinted on one side and "VGR 50" on the other side.

Viagra® 100 mg: blue, diamond-shaped, film-coated tablet with the word "Pfizer" imprinted on one side and "VGR 100" on the other side.

The medicine is marketed in a package containing 2, 4, 8 film-coated tablets.

Not all package sizes may be marketed.

Registration holder and address: Pfizer PFE Pharmaceuticals Israel Ltd., 9 Shenkar St., Herzliya Pituach 46725.

Registration numbers of the medicine in the National Drug Registry of the Ministry of Health: Viagra® 25 mg: 111.36.29459

Viagra® 25 mg: 111.36.29459 Viagra® 50 mg: 111.37.29460 Viagra® 100 mg: 111.38.29461

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