

**Metadex XR 5 mg**  
**Metadex XR 10 mg**  
**Metadex XR 15 mg**  
**Metadex XR 20 mg**  
**Metadex XR 30 mg**  
**Metadex XR 40 mg**

**dexmethylphenidate hydrochloride capsule, extended release**

## **SUMMARY OF PRODUCT CHARACTERISTICS**

### **Metadex XR**

Each Extended-Release Capsules contains:

5, 10, 15, 20, 30 or 40 mg Dexmethylphenidate Hydrochloride

## **FULL PRESCRIBING INFORMATION**

### **WARNING: ABUSE AND DEPENDENCE**

**CNS stimulants, including Metadex XR, other methylphenidate-containing products, and amphetamines, have a high potential for abuse and dependence. Assess the risk of abuse prior to prescribing, and monitor for signs of abuse and dependence while on therapy [see Warnings and Precautions (5.1), Drug Abuse and Dependence (9.2, 9.3)].**

## **1 INDICATIONS AND USAGE**

(14)]. Metadex XR extended-release capsules are a central nervous system (CNS) stimulant indicated for the treatment of Attention Deficit Hyperactivity Disorder (ADHD) in children of 6 years and older, in adolescents and in adults.

## **2 DOSAGE AND ADMINISTRATION**

### **2.1 Pretreatment Screening**

Prior to treating pediatric patients and adults with central nervous system (CNS) stimulants, including **Metadex XR**, assess for the presence of cardiac disease (i.e., perform a careful history, including family history of sudden death or ventricular arrhythmia, and physical examination) [see Warnings and Precautions (5.2)].

Assess the risk of abuse prior to prescribing, and monitor for signs of abuse and dependence while on therapy. Maintain careful prescription records, educate patients about abuse, monitor for signs of abuse and overdose, and periodically reevaluate the need for **Metadex XR** [see *Boxed Warning, Warnings and Precautions (5.1), Drug Abuse and Dependence (9.2, 9.3)*].

## 2.2 Treatment of Attention Deficit Hyperactivity Disorder

### Patients New to Methylphenidate

The recommended starting dosage of **Metadex XR** for patients who are not currently taking dexamethylphenidate or racemic methylphenidate, or for patients who are on stimulants other than methylphenidate are:

- Pediatric patients: Start with 5 mg orally once daily in the morning with or without food.
- Adult patients: Start with 10 mg orally once daily in the morning with or without food.

### Patients Currently on Methylphenidate

The recommended starting dose of **Metadex XR** for patients currently using methylphenidate is half (1/2) the total daily dose of racemic methylphenidate.

Patients currently using dexamethylphenidate immediate-release tablets may be given the same daily dose of **Metadex XR**.

### Titration Schedule

The dose may be titrated weekly in increments of 5 mg in pediatric patients and 10 mg in adult patients. The dose should be individualized according to the needs and response of the patient. Daily doses above 30 mg in pediatrics and 40 mg in adults have not been studied and are not recommended.

### Maintenance/Extended Treatment

Pharmacological treatment of ADHD may be needed for extended periods. Periodically reevaluate the long-term use of **Metadex XR** and adjust dosage as needed.

## 2.3 Administration Instructions

**Metadex XR** is administered orally and may be taken whole or the capsule may be opened and the entire contents sprinkled onto applesauce. If the patient is using the sprinkled administration method, the sprinkled applesauce should be consumed immediately; it should not be stored. Patients should take the applesauce with sprinkled beads in its entirety without chewing. The dose of a single capsule should not be divided. The contents of the entire capsule should be taken, and patients should not take anything less than one capsule per day.

## 2.4 Dose Reduction and Discontinuation

If paradoxical aggravation of symptoms or other adverse reactions occur, reduce the dosage, or if necessary, discontinue **Metadex XR**. If improvement is not observed after appropriate dosage adjustment over a one-month period, the drug should be discontinued.

### 3 DOSAGE FORMS AND STRENGTHS

- mg extended-release capsules -blue opaque cap and body (imprinted with “G5mg” on cap and “004” on the body)
- 10 mg extended-release capsules - light cream opaque cap and body (imprinted with “G 10mg” on cap and “005” on the body)
- 15 mg extended-release capsules – green opaque cap and body (imprinted with “G 15mg” on cap and “006” on the body)
- 20 mg extended-release capsules - white opaque cap and body (imprinted with “G 20mg” on cap and “007” on the body)
- 30 mg extended-release capsules - light cream opaque cap and white opaque body (imprinted with “G 30mg” on cap and “009” on the body)
- 40 mg extended-release capsules - green opaque cap and white opaque body (imprinted with “G 40mg” on cap and “011” on the body)

### 4 CONTRAINDICATIONS

- Hypersensitivity to methylphenidate or other components of **Metadex XR**. Hypersensitivity reactions, such as angioedema and anaphylactic reactions have been reported in patients treated with methylphenidate [*see Adverse Reactions (6.1)*].
- Concomitant treatment with monoamine oxidase inhibitors (MAOIs) or within 14 days following discontinuation of treatment with an MAOI, because of the risk of hypertensive crises [*see Drug Interactions (7.1)*].

### 5 WARNINGS AND PRECAUTIONS

#### 5.1 Potential for Abuse and Dependence

CNS stimulants, including **Metadex XR**, other methylphenidate-containing products, and amphetamines, have a high potential for abuse and dependence. Assess the risk of abuse prior to prescribing, and monitor for signs of abuse and dependence while on therapy [*see Boxed Warning, Drug Abuse and Dependence (9.2, 9.3)*].

#### 5.2 Serious Cardiovascular Reactions

Sudden death, stroke and myocardial infarction have been reported in adults with CNS-stimulant treatment at recommended doses. Sudden death has been reported in pediatric patients with structural cardiac abnormalities and other serious heart problems taking CNS stimulants at recommended doses for ADHD. Avoid use in patients with known serious structural cardiac abnormalities, cardiomyopathy, serious heart rhythm abnormalities, coronary artery disease, and other serious heart problems. Further evaluate patients who develop exertional chest pain, unexplained syncope, or arrhythmias during dexamethylphenidate treatment.

#### 5.3 Blood Pressure and Heart Rate Increases

CNS stimulants cause an increase in blood pressure (mean increase approximately 2 to 4 mmHg) and heart rate (mean increase approximately 3 to 6 beats per minute). Individuals may have larger increases. Monitor all patients for hypertension and tachycardia.

#### 5.4 Psychiatric Adverse Reactions

## Exacerbation of Preexisting Psychosis

CNS stimulants may exacerbate symptoms of behavior disturbance and thought disorder in patients with a preexisting psychotic disorder.

## Induction of a Manic Episode in Patients With Bipolar Disorder

CNS stimulants may induce a manic or mixed mood episode in patients. Prior to initiating treatment, screen patients for risk factors for developing manic episode (e.g., comorbid or history of depressive symptoms or a family history of suicide, bipolar disorder, or depression).

## New Psychotic or Manic Symptoms

CNS stimulants, at recommended doses, may cause psychotic or manic symptoms (e.g., hallucinations, delusional thinking, or mania) in patients without a prior history of psychotic illness or mania. If such symptoms occur, consider discontinuing **Metadex XR**. In a pooled analysis of multiple short-term, placebo-controlled studies of CNS stimulants, psychotic or manic symptoms occurred in approximately 0.1% of CNS stimulant-treated patients, compared to 0 in placebo-treated patients.

## **5.5 Priapism**

Prolonged and painful erections, sometimes requiring surgical intervention, have been reported with methylphenidate products in both pediatric and adult patients. Priapism was not reported with drug initiation but developed after some time on the drug, often subsequent to an increase in dose. Priapism has also appeared during a period of drug withdrawal (drug holidays or during discontinuation). Patients who develop abnormally sustained or frequent and painful erections should seek immediate medical attention.

## **5.6 Peripheral Vasculopathy, Including Raynaud's Phenomenon**

CNS stimulants, including **Metadex XR**, used to treat ADHD are associated with peripheral vasculopathy, including Raynaud's phenomenon. Signs and symptoms are usually intermittent and mild; however, very rare sequelae include digital ulceration and/or soft tissue breakdown. Effects of peripheral vasculopathy, including Raynaud's phenomenon, were observed in post-marketing reports at different times and at therapeutic doses in all age groups throughout the course of treatment. Signs and symptoms generally improve after reduction in dose or discontinuation of drug. Careful observation for digital changes is necessary during treatment with ADHD stimulants. Further clinical evaluation (e.g., rheumatology referral) may be appropriate for certain patients.

## **5.7 Long-Term Suppression of Growth**

CNS stimulants have been associated with weight loss and slowing of growth rate in pediatric patients.

In a 7-week, double-blind, placebo-controlled study of dexamethylphenidate, the mean weight gain was greater for pediatric patients (ages 6 to 17 years) receiving placebo (+ 0.4 kg) than for patients receiving dexamethylphenidate (- 0.5 kg).

Careful follow-up of weight and height in pediatric patients ages 7 to 10 years who were randomized to either methylphenidate or non-medication treatment groups over 14 months, as well as in naturalistic subgroups of newly methylphenidate-treated and non-medication treated patients over 36 months (to the ages of 10 to 13 years), suggests

that consistently medicated pediatric patients (i.e., treatment for 7 days per week throughout the year) have a temporary slowing in growth rate (on average, a total of about 2 cm less growth in height and 2.7 kg less growth in weight over 3 years), without evidence of growth rebound during this period of development.

Closely monitor growth (weight and height) in pediatric patients treated with CNS stimulants, including **Metadex XR**, and patients who are not growing or gaining height or weight as expected may need to have their treatment interrupted.

### **5.8 5.8 Effects on ability to drive and use machines**

**Metadex XR** may cause dizziness, drowsiness, blurred vision or other CNS side effects.

Patients experiencing such side effects should refrain from driving, operating machinery or engaging in other potentially hazardous activities.

## **6 ADVERSE REACTIONS**

The following are discussed in more detail in other sections of the labeling:

- Abuse and Dependence [*see Boxed Warning, Warnings and Precautions (5.1), Drug Abuse and Dependence (9.2, 9.3)*]
- Known hypersensitivity to methylphenidate or other ingredients of **Metadex XR** [*see Contraindications (4)*]
- Hypertensive Crisis with Concomitant Use of Monoamine Oxidase Inhibitors [*see Contraindications (4), Drug Interactions (7.1)*]
- Serious Cardiovascular Reactions [*see Warnings and Precautions (5.2)*]
- Blood Pressure and Heart Rate Increases [*see Warnings and Precautions (5.3)*]
- Psychiatric Adverse Reactions [*see Warnings and Precautions (5.4)*]
- Priapism [*see Warnings and Precautions (5.5)*]
- Peripheral Vasculopathy, Including Raynaud's Phenomenon [*see Warnings and Precautions (5.6)*]
- Long-Term Suppression of Growth [*see Warnings and Precautions (5.7)*]

### **6.1 Clinical Trials Experience**

Because clinical trials are conducted under widely varying conditions, adverse reaction rates observed in the clinical trials of a drug cannot be directly compared to rates in the clinical trials of another drug and may not reflect the rates observed in clinical practice.

#### Clinical Trials Experience With dexamethylphenidate in Pediatric Patients With ADHD

The safety data in this section is based on data from a 7-week controlled clinical study of dexamethylphenidate in 100 (103 randomized) pediatric patients with ADHD ages 6 to 17 years (ages 6 to 12, n = 86; ages 13 to 17, n = 17).

This study was a randomized, double-blind, placebo-controlled, parallel-group study to evaluate the time of onset, duration of efficacy, tolerability, safety of dexamethylphenidate 5 mg to 30 mg/day who met The Diagnostic and Statistical Manual of Mental Disorders, Fourth Edition (DSM-IV) criteria for ADHD [*see Clinical Studies (14.1)*].

*Most Common Adverse Reactions* (incidence of greater than or equal to 5% and at least twice placebo): dyspepsia, decreased appetite, headache, and anxiety.

*Adverse Reactions Leading to Discontinuation:* 50 of 684 (7.3%) pediatric patients

treated with dexamethylphenidate immediate-release tablets experienced an adverse reaction that resulted in discontinuation. The most common reasons for discontinuation were twitching (described as motor or vocal tics), anorexia, insomnia, and tachycardia (approximately 1% each).

Table 1 enumerates adverse reactions for the placebo-controlled, parallel-group study in children and adolescents with ADHD at flexible dexamethylphenidate doses of 5-30 mg/day. The table includes only those events that occurred in 5% or more of patients treated with dexamethylphenidate and for which the incidence in patients treated with dexamethylphenidate was at least twice the incidence in placebo-treated patients.

**Table 1: Common Adverse Reactions in Pediatric Patients (6 to 17 years of age) With ADHD**

<b>System Organ Class</b>	<b>dexamethylphenidate</b>	<b>Placebo</b>
<b>Adverse Reaction</b>	<b>N = 53</b>	<b>N = 47</b>
<b>Gastrointestinal Disorders</b>	<b>38%</b>	<b>19%</b>
Dyspepsia	8%	4%
<b>Metabolism and Nutrition Disorders</b>	<b>34%</b>	<b>11%</b>
Decreased appetite	30%	9%
<b>Nervous System Disorders</b>	<b>30%</b>	<b>13%</b>
Headache	25%	11%
<b>Psychiatric Disorders</b>	<b>26%</b>	<b>15%</b>
Anxiety	6%	0%

Abbreviation: ADHD, attention deficit hyperactivity disorder.

Table 2 below enumerates the incidence of dose-related adverse reactions that occurred during a fixed-dose, double-blind, placebo-controlled trial in pediatric patients with ADHD taking dexamethylphenidate up to 30 mg daily versus placebo. The table includes only those reactions that occurred in patients treated with dexamethylphenidate for which the incidence was at least 5% and greater than the incidence among placebo-treated patients.

**Table 2: Dose-Related Adverse Reactions in Pediatric Patients (6 to 17 years of age) With ADHD**

<b>System Organ Class</b>	<b>dexamethylphenidate</b>	<b>dexamethylphenidate</b>	<b>dexamethylphenidate</b>	<b>Placebo</b>
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Adverse Reaction	10 mg/day	20 mg/day	30 mg/day	
	N = 64	N = 60	N = 58	N = 63
<b>Gastrointestinal Disorders</b>	22%	23%	29%	24%
Vomiting	2%	8%	9%	0%
<b>Metabolism and Nutritional Disorders</b>	16%	17%	22%	5%
Anorexia	5%	5%	7%	0
<b>Psychiatric Disorders</b>	19%	20%	38%	8%
Insomnia	5%	8%	17%	3%
Depression	0	0	3%	0
Mood swings	0%	0%	3%	2%
<b>Other Adverse Reactions</b>				
Irritability	0%	2%	5%	0%
Nasal congestion	0%	0%	5%	0%
Pruritus	0%	0%	3%	0%

Abbreviation: ADHD, attention deficit hyperactivity disorder.

#### Clinical Trials Experience With dexamethylphenidate in Adult Patients With ADHD

The safety data in this section is based on data from a 5-week controlled clinical study of dexamethylphenidate in 218 adult patients (221 randomized) with ADHD ages 18 to 60 years. In this study, 101 adult patients were treated for at least 6 months.

This study was a randomized, double-blind, placebo-controlled, parallel-group study to evaluate the efficacy, safety, and tolerability of dexamethylphenidate 20 mg, 30 mg, or 40 mg daily who met DSM-IV criteria for ADHD [see *Clinical Studies (14.2)*].

*Most Common Adverse Reactions* (incidence of greater than or equal to 5% and at least twice placebo): dry mouth, dyspepsia, headache, anxiety, and pharyngolaryngeal pain.

*Adverse Reactions Leading to Discontinuation:* During the double-blind phase of the study, 10.7% of the dexamethylphenidate -treated patients and 7.5% of the placebo-treated patients discontinued due to adverse reactions. Three patients (1.8%) in the dexamethylphenidate discontinued due to insomnia and jittery, respectively and two patients (1.2%) in the dexamethylphenidate discontinued due to anorexia and anxiety, respectively.

Table 3 enumerates adverse reactions for the placebo-controlled, parallel-group study in adults with ADHD at fixed dexamethylphenidate doses of 20, 30, and 40 mg/day. The table includes only those events that occurred in 5% or more of patients in a dexamethylphenidate dose group and for which the incidences in patients treated with dexamethylphenidate appeared to increase with dose.

**Table 3: Dose-Related Adverse Reactions in Adult Patients (18 to 60 years of age) With ADHD**

System Organ Class Adverse Reaction	dexamethylph enidate 20 mg N = 57	dexamethylph enidate 30 mg N = 54	dexamethylph enidate 40 mg N = 54	Placebo N = 53
	<b>Gastrointestinal Disorders</b>	28%	32%	44%
Dry mouth	7%	20%	20%	4%
Dyspepsia	5%	9%	9%	2%

<b>Nervous System Disorders</b>	37%	39%	50%	28%
Headache	26%	30%	39%	19%
<b>Psychiatric Disorders</b>	40%	43%	46%	30%
Anxiety	5%	11%	11%	2%
<b>Respiratory, Thoracic, and Mediastinal Disorders</b>	16%	9%	15%	8%
Pharyngolaryngeal pain	4%	4%	7%	2%

Two other adverse reactions occurring in clinical trials with dexamethylphenidate at a frequency greater than placebo, but which were not dose related were: feeling jittery (12% and 2%, respectively) and dizziness (6% and 2%, respectively).

Table 4 summarizes changes in vital signs and weight that were recorded in the adult study (N = 218) of dexamethylphenidate in the treatment of ADHD.

**Table 4: Changes (Mean ± SD) in Vital Signs and Weight by Randomized Dose During Double-Blind Treatment—Adults**

	dexamethylphenidate <b>20 mg (N = 57)</b>	dexamethylphenidate <b>30 mg (N = 54)</b>	dexamethylphenidate <b>40 mg (N = 54)</b>	<b>Placebo (N = 53)</b>
<b>Pulse (bpm)</b>	3.1 ± 11.1	4.3 ± 11.7	6.0 ± 10.1	-1.4 ± 9.3
<b>Diastolic BP (mmHg)</b>	-0.2 ± 8.2	1.2 ± 8.9	2.1 ± 8.0	0.3 ± 7.8
<b>Weight (kg)</b>	-1.4 ± 2.0	-1.2 ± 1.9	-1.7 ± 2.3	-0.1 ± 3.9

## 6.2 Postmarketing Experience

The following additional adverse reactions have been identified during postapproval use of dexamethylphenidate. Because these reactions are reported voluntarily from a population of uncertain size, it is not always possible to reliably estimate their frequency or establish a causal relationship to drug exposure.

*Musculoskeletal:* rhabdomyolysis

*Immune System Disorders:* hypersensitivity reactions, including angioedema and anaphylaxis

### Adverse Reactions Reported With All Ritalin and dexamethylphenidate Formulations

The following adverse reactions associated with the use of all Ritalin and dexamethylphenidate formulations were identified in clinical trials, spontaneous reports, and literature. Because these reactions were reported voluntarily from a population of uncertain size, it is not always possible to estimate their frequency reliably or to establish a causal relationship to drug exposure.

*Infections and Infestations:* nasopharyngitis

*Blood and the Lymphatic System Disorders:* leukopenia, thrombocytopenia, anemia

*Immune System Disorders:* hypersensitivity reactions, including angioedema and anaphylaxis

*Metabolism and Nutrition Disorders:* decreased appetite, reduced weight gain, and



suppression of growth during prolonged use in pediatric patients

*Psychiatric Disorders:* insomnia, anxiety, restlessness, agitation, psychosis (sometimes with visual and tactile hallucinations), depressed mood

*Nervous System Disorders:* headache, dizziness, tremor, dyskinesia, including choreoathetoid movements, drowsiness, convulsions, cerebrovascular disorders (including vasculitis, cerebral hemorrhages and cerebrovascular accidents), serotonin syndrome in combination with serotonergic drugs

*Eye Disorders:* blurred vision, difficulties in visual accommodation

*Cardiac Disorders:* tachycardia, palpitations, increased blood pressure, arrhythmias, angina pectoris

*Respiratory, Thoracic, and Mediastinal Disorders:* cough

*Gastrointestinal Disorders:* dry mouth, nausea, vomiting, abdominal pain, dyspepsia

*Hepatobiliary Disorders:* abnormal liver function, ranging from transaminase elevation to severe hepatic injury

*Skin and Subcutaneous Tissue Disorders:* hyperhidrosis, pruritus, urticaria, exfoliative dermatitis, scalp hair loss, erythema multiforme rash, thrombocytopenic purpura

*Musculoskeletal and Connective Tissue Disorders:* arthralgia, muscle cramps, rhabdomyolysis

*Investigations:* weight loss (adult ADHD patients)

#### Additional Adverse Reactions Reported With Other Methylphenidate Products

The list below shows adverse reactions not listed with Ritalin and dexmethylphenidate formulations that have been reported with other methylphenidate products based on clinical trials data and post-marketing spontaneous reports.

*Blood and Lymphatic Disorders:* pancytopenia

*Immune System Disorders:* hypersensitivity reactions, such as auricular swelling, bullous conditions, eruptions, exanthemas

*Psychiatric Disorders:* affect lability, mania, disorientation, libido changes

*Nervous System Disorders:* migraine

*Eye Disorders:* diplopia, mydriasis

*Cardiac Disorders:* sudden cardiac death, myocardial infarction, bradycardia, extrasystole, supraventricular tachycardia, ventricular extrasystole

*Vascular Disorders:* peripheral coldness, Raynaud's phenomenon

*Respiratory, Thoracic, and Mediastinal Disorders:* pharyngolaryngeal pain, dyspnea

*Gastrointestinal Disorders:* diarrhea, constipation

*Skin and Subcutaneous Tissue Disorders:* angioneurotic edema, erythema, fixed drug eruption

*Musculoskeletal, Connective Tissue, and Bone Disorders:* myalgia, muscle twitching

*Renal and Urinary Disorders:* hematuria

*Reproductive System and Breast Disorders:* gynecomastia

*General Disorders:* fatigue, hyperpyrexia

*Urogenital Disorders:* priapism

## 7 DRUG INTERACTIONS

### 7.1 Clinically Important Drug Interactions With Metadex XR

Table 5 presents clinically important drug interactions with **Metadex XR**.

**Table 5: Clinically Important Drug Interactions With Metadex XR**

<b>Monoamine Oxidase Inhibitors (MAOIs)</b>	
<i>Clinical Impact</i>	Concomitant use of MAOIs and CNS stimulants, including <b>Metadex XR</b> , can cause hypertensive crisis. Potential outcomes include death, stroke, myocardial infarction, aortic dissection, ophthalmological complications, eclampsia, pulmonary edema, and renal failure [see <i>Contraindications (4)</i> ].
<i>Intervention</i>	Concomitant use of <b>Metadex XR</b> with MAOIs or within 14 days after discontinuing MAOI treatment is contraindicated.
<i>Examples</i>	selegiline, tranylcypromine, isocarboxazid, phenelzine, linezolid, methylene blue
<b>Antihypertensive Drugs</b>	
<i>Clinical Impact</i>	<b>Metadex XR</b> may decrease the effectiveness of drugs used to treat hypertension [see <i>Warnings and Precautions (5.3)</i> ].
<i>Intervention</i>	Monitor blood pressure and adjust the dosage of the antihypertensive drug as needed.
<i>Examples</i>	Potassium-sparing and thiazide diuretics, calcium channel blockers, angiotensin-converting-enzyme (ACE) inhibitors, angiotensin II receptor blockers (ARBs), beta blockers, centrally acting alpha-2 receptor agonists
<b>Halogenated Anesthetics</b>	
<i>Clinical Impact</i>	Concomitant use of halogenated anesthetics and <b>Metadex XR</b> may increase the risk of sudden blood pressure and heart rate increase during surgery.
<i>Intervention</i>	Avoid use of <b>Metadex XR</b> in patients being treated with anesthetics on the day of surgery.
<i>Examples</i>	halothane, isoflurane, enflurane, desflurane, sevoflurane
<b>Risperidone</b>	
<i>Clinical Impact</i>	Combined use of methylphenidate with risperidone when there is a change, whether an increase or decrease, in dosage of either or both medications, may increase the risk of extrapyramidal symptoms (EPS).
<i>Intervention</i>	Monitor for signs of EPS.

## 8 USE IN SPECIFIC POPULATIONS

### 8.1 Pregnancy

#### Pregnancy Exposure Registry

There is a pregnancy exposure registry that monitors pregnancy outcomes in women exposed to ADHD medications, including **Metadex XR**, during pregnancy. Healthcare providers are encouraged to register patients by calling the National Pregnancy Registry for ADHD medications at 1-866-961-2388 or visit <https://womensmentalhealth.org/adhd-medications/>.

#### Risk Summary

Dexmethylphenidate is the *d-threo* enantiomer of racemic methylphenidate. Published studies and postmarketing reports on methylphenidate use during pregnancy have not identified a drug-associated risk of major birth defects, miscarriage or adverse maternal or fetal outcomes. There may be risks to the fetus associated with the use of CNS stimulants use during pregnancy (*see Clinical Considerations*). Embryo-fetal development studies in rats showed delayed fetal skeletal ossification at doses up to 5 times the maximum recommended human dose (MRHD) of 20 mg/day given to adults based on plasma levels. A decrease in pup weight in males was observed in a pre- and post-natal development study with oral administration of methylphenidate to rats throughout pregnancy and lactation at doses 5 times the MRHD of 20 mg/day given to adults based on plasma levels (*see Data*).

The estimated background risk of major birth defects and miscarriage for the indicated population is unknown. All pregnancies have a background risk of birth defect, loss, or other adverse outcomes. In the U.S. general population, the estimated background risk of major birth defects and miscarriage in clinically recognized pregnancies is 2% to 4% and 15% to 20%, respectively.

#### Clinical Considerations

##### *Fetal/Neonatal Adverse Reactions*

CNS stimulants, such as dexmethylphenidate, can cause vasoconstriction and thereby decrease placental perfusion. No fetal and/or neonatal adverse reactions have been reported with the use of therapeutic doses of methylphenidate during pregnancy; however, premature delivery and low birth weight infants have been reported in amphetamine-dependent mothers.

#### Data

##### *Animal Data*

In embryo-fetal development studies conducted in rats and rabbits, dexmethylphenidate was administered orally at doses of up to 20 and 100 mg/kg/day, respectively, during the period of organogenesis. No evidence of malformations was found in either the rat or rabbit study; however, delayed fetal skeletal ossification was observed at the highest dose level in rats. When dexmethylphenidate was administered to rats throughout pregnancy and lactation at doses of up to 20 mg/kg/day, post-weaning body weight gain was decreased in male offspring at the highest dose, but no other effects on postnatal development were observed. At the highest doses tested, plasma levels [area under the curves (AUCs)] of dexmethylphenidate in pregnant rats and rabbits were approximately

5 and 1 times, respectively, those in adults dosed with 20 mg/day. Plasma levels in adults were comparatively similar to plasma levels in adolescents.

Racemic methylphenidate has been shown to cause malformations (increased incidence of fetal spina bifida) in rabbits when given in doses of 200 mg/kg/day throughout organogenesis.

## 8.2 Lactation

### Risk Summary

Dexmethylphenidate is the *d-threo* enantiomer of racemic methylphenidate. Limited published literature, based on milk sampling from seven mothers reports that methylphenidate is present in human milk, which resulted in infant doses of 0.16% to 0.7% of the maternal weight-adjusted dosage and a milk/plasma ratio ranging between 1.1 and 2.7. There are no reports of adverse effects on the breastfed infant and no effects on milk production. Long-term neurodevelopmental effects on infants from stimulant exposure are unknown. The developmental and health benefits of breastfeeding should be considered along with the mother's clinical need for **Metadex XR** and any potential adverse effects on the breastfed infant from Focalin XR or from the underlying maternal condition.

### Clinical Considerations

Monitor breastfeeding infants for adverse reactions, such as agitation, insomnia, anorexia, and reduced weight gain.

## 8.4 Pediatric Use

The safety and effectiveness of **MetadexXR** in pediatric patients less than 6 years have not been established.

The safety and effectiveness of **Metadex XR** for the treatment of ADHD have been established in pediatric patients ages 6 to 17 years in two adequate and well-controlled clinical trials [see *Clinical Studies (14.2)*]. The long-term efficacy of **Metadex XR** in pediatric patients has not been established.

### Long-Term Suppression of Growth

Growth should be monitored during treatment with stimulants, including **Metadex XR**. Pediatric patients who are not growing or gaining weight as expected may need to have their treatment interrupted [see *Warnings and Precautions (5.7)*].

### Juvenile Animal Toxicity Data

Rats treated with racemic methylphenidate early in the postnatal period through sexual maturation demonstrated a decrease in spontaneous locomotor activity in adulthood. A deficit in acquisition of a specific learning task was observed in females only. The doses at which these findings were observed are at least 6 times the MRHD of 60 mg/day given to children on a mg/m<sup>2</sup> basis.

In a study conducted in young rats, racemic methylphenidate was administered orally at doses of up to 100 mg/kg/day for 9 weeks, starting early in the postnatal period (postnatal Day 7) and continuing through sexual maturity (postnatal Week 10). When these animals were tested as adults (postnatal Weeks 13 to 14), decreased spontaneous locomotor activity was observed in males and females previously treated

with 50 mg/kg/day (approximately 4 times the MRHD of 60 mg/day of racemic methylphenidate given to children on a mg/m<sup>2</sup> basis) or greater, and a deficit in the acquisition of a specific learning task was seen in females exposed to the highest dose (8 times the MRHD given to children on a mg/m<sup>2</sup> basis). The no effect level for juvenile neurobehavioral development in rats was 5 mg/kg/day (approximately 0.5 times the MRHD given to children on a mg/m<sup>2</sup> basis). The clinical significance of the long-term behavioral effects observed in rats is unknown.

## 8.5 Geriatric Use

**Metadex XR** has not been studied in the geriatric population.

## 9 DRUG ABUSE AND DEPENDENCE

### 9.1 Controlled Substance

**Metadex XR** contains dexamethylphenidate hydrochloride, a Schedule II controlled substance.

### 9.2 Abuse

CNS stimulants, including **Metadex XR**, other methylphenidate-containing products, and amphetamines have a high potential for abuse. Abuse is characterized by impaired control over drug use despite harm, and craving.

Signs and symptoms of CNS stimulant abuse include increased heart rate, respiratory rate, blood pressure, and/or sweating, dilated pupils, hyperactivity, restlessness, insomnia, decreased appetite, loss of coordination, tremors, flushed skin, vomiting, and/or abdominal pain. Anxiety, psychosis, hostility, aggression, and suicidal or homicidal ideation have also been observed. Abusers of CNS stimulants may chew, snort, inject, or use other unapproved routes of administration which may result in overdose and death [*see Overdosage (10)*].

To reduce the abuse of CNS stimulants, including **Metadex XR**, assess the risk of abuse prior to prescribing. After prescribing, keep careful prescription records, educate patients and their families about abuse and on proper storage and disposal of CNS stimulants [*see How Supplied/Storage and Handling (16)*], monitor for signs of abuse while on therapy, and reevaluate the need for **Metadex XR** use.

### 9.3 Dependence

#### Tolerance

Tolerance (a state of adaptation in which exposure to a drug results in a reduction of the drug's desired and/or undesired effects over time) can occur during chronic therapy with CNS stimulants, including **Metadex XR**.

#### Dependence

Physical dependence (which is manifested by a withdrawal syndrome produced by abrupt cessation, rapid dose reduction, or administration of an antagonist) may occur in patients treated with CNS stimulants, including **Metadex XR**. Withdrawal symptoms after abrupt cessation following prolonged high-dosage administration of CNS stimulants include dysphoric mood; fatigue; vivid, unpleasant dreams; insomnia or hypersomnia; increased appetite; and psychomotor retardation or agitation.

## 10 OVERDOSAGE

### Human Experience

Signs and symptoms of acute methylphenidate overdose, resulting principally from overstimulation of the CNS and from excessive sympathomimetic effects, may include the following: nausea, vomiting, diarrhea, restlessness, anxiety, agitation, tremors, hyperreflexia, muscle twitching, convulsions (may be followed by coma), euphoria, confusion, hallucinations, delirium, sweating, flushing, headache, hyperpyrexia, tachycardia, palpitations, cardiac arrhythmias, hypertension, hypotension, tachypnea, mydriasis, dryness of mucous membranes, and rhabdomyolysis.

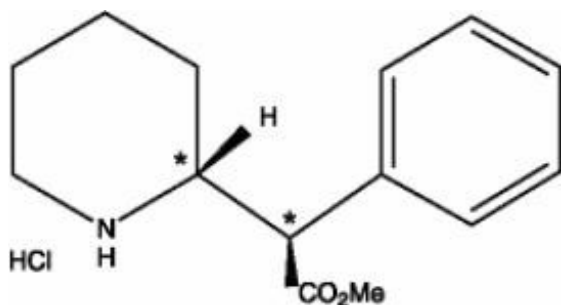
### Overdose Management

Consult with a Certified Poison Control Center (1-800-222-1222) for the latest recommendations.

## 11 DESCRIPTION

**Metadex XR** contains dexmethylphenidate hydrochloride, a CNS stimulant. Dexmethylphenidate hydrochloride is the *d-threo* enantiomer of racemic methylphenidate hydrochloride. **Metadex XR** is an extended-release formulation of dexmethylphenidate with a bi-modal release profile. Each bead-filled **Metadex XR** capsule contains half the dose as immediate-release beads and half as enteric-coated, delayed-release beads, thus providing an immediate release of dexmethylphenidate and a delayed release of dexmethylphenidate. **Metadex XR** is intended for oral administration and is available as 5 mg, 10 mg, 15 mg, 20 mg, 30 mg, and 40 mg extended-release capsules.

Chemically, dexmethylphenidate hydrochloride is methyl  $\alpha$ -phenyl-2-piperidineacetate hydrochloride, (R,R')-(+)-. Its molecular formula is  $C_{14}H_{19}NO_2 \cdot HCl$ . Its structural formula is:



Note\* = asymmetric carbon center

Dexmethylphenidate hydrochloride is a white to off-white pellets. Its solutions are acid to litmus. It is freely soluble in water and in methanol, soluble in alcohol, and slightly soluble in chloroform and in acetone. Its molecular weight is 269.77 g/mol.

**Inactive ingredients:** gelatin, sugar spheres, ammonio methacrylate copolymer, methacrylic acid copolymer, talc, triethyl citrate, titanium dioxide, polyethylene glycol, Shellac Glaze, Ferrosferric Oxide, N-Butyl alcohol, Isopropyl Alcohol, Propylen Glycol, Ammonium Hydroxide.

Each strength capsule also contains colorant ingredients in the capsule shell as follows:

- mg: FD&C Blue #1, FD&C Red #28
- mg: FD&C yellow #6
- 15 mg: FD&C Blue #1, FD&C yellow #10
- yellow 20 mg: contains no colorants
- 30 mg: FD&C yellow #6
- 40 mg: FD&C Blue #1, FD&C yellow #10

## 12 CLINICAL PHARMACOLOGY

### 12.1 Mechanism of Action

Dexmethylphenidate hydrochloride is a CNS stimulant. The mode of therapeutic action in ADHD is not known.

### 12.2 Pharmacodynamics

Dexmethylphenidate is the more pharmacologically active *d*-enantiomer of racemic methylphenidate. Methylphenidate blocks the reuptake of norepinephrine and dopamine into the presynaptic neuron and increases the release of these monoamines into the extraneuronal space.

#### Cardiac Electrophysiology

At the recommended maximum total daily dosage of 40 mg, **Metadex XR** does not prolong the QTc interval to any clinically relevant extent.

### 12.3 Pharmacokinetics

#### Absorption

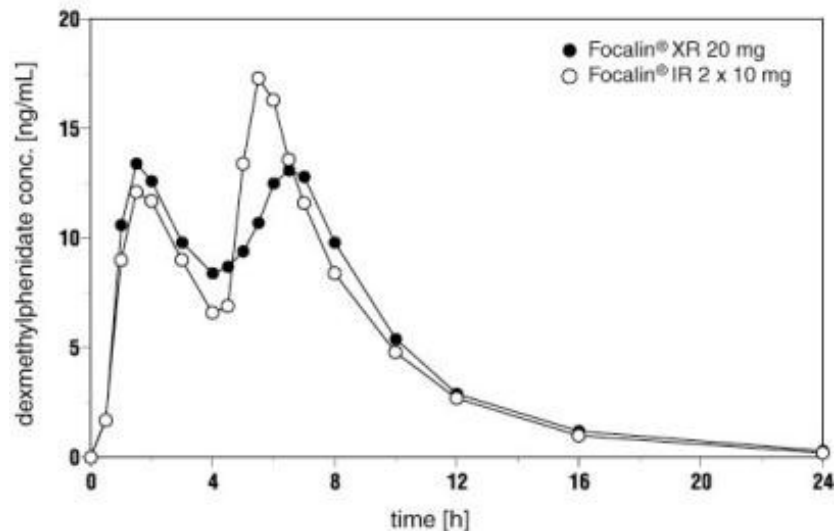
dexmethylphenidate produces a bi-modal plasma concentration-time profile (i.e., 2 distinct peaks approximately 4 hours apart) when orally administered to healthy adults. The initial rate of absorption for dexmethylphenidate is similar to that of dexmethylphenidate tablets as shown by the similar rate parameters between the 2 formulations, i.e., first peak concentration ( $C_{max1}$ ), and time to the first peak ( $t_{max1}$ ), which is reached in 1.5 hours (typical range 1 to 4 hours). The mean time to the interpeak minimum ( $t_{minip}$ ) is slightly shorter, and time to the second peak ( $t_{max2}$ ) is slightly longer for dexmethylphenidate given once daily (about 6.5 hours; range, 4.5 to 7 hours) compared to dexmethylphenidate tablets given in 2 doses 4 hours apart (see Figure 1), although the ranges observed are greater for dexmethylphenidate .

dexmethylphenidate given once daily exhibits a lower second peak concentration ( $C_{max2}$ ), higher interpeak minimum concentrations ( $C_{minip}$ ), and fewer peak and trough fluctuations than dexmethylphenidate tablets given in 2 doses given 4 hours apart. This is due to an earlier onset and more prolonged absorption from the delayed-release beads (see Figure 1).

The ratio of geometric mean of  $AUC_{(0-inf)}$  and  $C_{max}$  after administration of dexmethylphenidate given once daily are 1.02 and 0.86 respectively, to the same total dose of dexmethylphenidate tablets given in 2 doses 4 hours apart. The variability in  $C_{max}$ ,  $C_{min}$ , and  $AUC$  is similar between dexmethylphenidate and dexmethylphenidate immediate-release tablets with approximately a 3-fold range in each.

Approximately 90% of the dose is absorbed after oral administration of radiolabeled racemic methylphenidate. However, due to first pass metabolism, the mean absolute bioavailability of dexmethylphenidate when administered in various formulations was

22% to 25%.



**Figure 1. Mean Dexmethylphenidate Plasma Concentration-Time Profiles After Administration 1 x 20 mg dexmethylphenidate (n = 24) Capsules and 2 x 10 mg dexmethylphenidate Immediate-Release Tablets (n = 25)**

After single dose administration, dexmethylphenidate demonstrated dose proportional pharmacokinetics (PK) in the range of 5 mg to 40 mg.

For patients unable to swallow the capsule, the contents may be sprinkled on applesauce and administered [see *Dosage and Administration (2)*].

### Distribution

The plasma protein binding of dexmethylphenidate is not known; racemic methylphenidate is bound to plasma proteins by 12% to 15%, independent of concentration. Dexmethylphenidate shows a volume of distribution of  $2.65 \pm 1.11$  L/kg.

### Elimination

Plasma dexmethylphenidate concentrations decline monophasically following oral administration of dexmethylphenidate. The mean terminal elimination half-life of dexmethylphenidate was about 3 hours in healthy adults. Pediatric patients tend to have slightly shorter half-lives with means of 2 to 3 hours. Dexmethylphenidate was eliminated with a mean clearance of  $0.40 \pm 0.12$  L/hr/kg after intravenous administration.

### Metabolism

In humans, dexmethylphenidate is metabolized primarily via de-esterification to *d*- $\alpha$ -phenyl-piperidine acetic acid (also known as *d*-ritalinic acid). This metabolite has little or no pharmacological activity. There is no *in vivo* interconversion to the *l*-threo-enantiomer.

### Excretion

After oral dosing of radiolabeled racemic methylphenidate in humans, about 90% of the radioactivity was recovered in urine. The main urinary metabolite of racemic *dl*-methylphenidate was *dl*-ritalinic acid, accountable for approximately 80% of the dose. Urinary excretion of parent compound accounted for 0.5% of an intravenous dose.

### Studies in Specific Populations



### *Male and Female Patients*

After administration of dexamethylphenidate, the first peak ( $C_{\max 1}$ ), was on average 45% higher in women. The interpeak minimum and the second peak also tended to be slightly higher in women although the difference was not statistically significant, and these patterns remained even after weight normalization.

### *Racial or Ethnic Groups*

There is insufficient experience with the use of dexamethylphenidate to detect ethnic variations in pharmacokinetics.

### *Pediatric Patients*

The pharmacokinetics of dexamethylphenidate after dexamethylphenidate administration have not been studied in pediatrics less than 18 years of age. When a similar formulation of racemic methylphenidate was examined in 15 patients between 10 and 12 years of age, and 3 patients with ADHD between 7 and 9 years of age, the time to the first peak was similar, although the time until the between peak minimum, and the time until the second peak were delayed and more variable in pediatric patients compared to adults. After administration of the same dose to pediatric patients and adults, concentrations in pediatric patients were approximately twice the concentrations observed in adults. This higher exposure is almost completely due to smaller body size as no relevant age-related differences in dexamethylphenidate pharmacokinetic parameters (i.e., clearance and volume of distribution) are observed after normalization to dose and weight.

### *Patients with Renal Impairment*

There is no experience with the use of dexamethylphenidate in patients with renal impairment. Since renal clearance is not an important route of methylphenidate elimination, renal impairment is expected to have little effect on the pharmacokinetics of **Metadex XR**.

### *Patients with Hepatic Impairment*

There is no experience with the use of **Metadex XR** in patients with hepatic impairment. Drug Interaction Studies

Methylphenidate is not metabolized by cytochrome P450 (CYP) isoenzymes to a clinically relevant extent. Inducers or inhibitors of CYPs are not expected to have any relevant impact on methylphenidate pharmacokinetics. Conversely, the *d*- and *l*-enantiomers of methylphenidate did not relevantly inhibit CYP1A2, 2C8, 2C9, 2C19, 2D6, 2E1, or 3A. Clinically, methylphenidate coadministration did not increase plasma concentrations of the CYP2D6 substrate desipramine.

## **13 NONCLINICAL TOXICOLOGY**

### **13.1 Carcinogenesis, Mutagenesis, and Impairment of Fertility**

#### Carcinogenesis

Lifetime carcinogenicity studies have not been carried out with dexamethylphenidate. In a lifetime carcinogenicity study carried out in B6C3F1 mice, racemic methylphenidate caused an increase in hepatocellular adenomas, and in males only, an increase in

hepatoblastomas was seen at a daily dose of approximately 60 mg/kg/day. This dose is approximately 2 times the MRHD of 60 mg/day of racemic methylphenidate given to children on a mg/m<sup>2</sup> basis. Hepatoblastoma is a relatively rare rodent malignant tumor type. There was no increase in total malignant hepatic tumors. The mouse strain used is sensitive to the development of hepatic tumors, and the significance of these results to humans is unknown.

Racemic methylphenidate did not cause any increase in tumors in a lifetime carcinogenicity study carried out in F344 rats; the highest dose used was approximately 45 mg/kg/day, which is approximately 4 times the MRHD (children) of 60 mg/day of racemic methylphenidate in children on a mg/m<sup>2</sup> basis.

In a 24-week carcinogenicity study with racemic methylphenidate in the transgenic mouse strain p53+/-, which is sensitive to genotoxic carcinogens, there was no evidence of carcinogenicity. Male and female mice were fed diets containing the same concentrations as in the lifetime carcinogenicity study; the high-dose group was exposed to 60 to 74 mg/kg/day of racemic methylphenidate.

### Mutagenesis

Dexmethylphenidate was not mutagenic in the *in vitro* Ames reverse mutation assay, in the *in vitro* mouse lymphoma cell forward mutation assay, or in the *in vivo* mouse bone marrow micronucleus test. In an *in vitro* assay using cultured Chinese Hamster Ovary cells treated with racemic methylphenidate, sister chromatid exchanges and chromosome aberrations were increased, indicative of a weak clastogenic response.

### Impairment of Fertility

No human data on the effect of methylphenidate on fertility are available.

Fertility studies have not been conducted with dexmethylphenidate. Racemic methylphenidate did not impair fertility in male or female mice that were fed diets containing the drug in an 18-week continuous breeding study. The study was conducted at doses of up to 160 mg/kg/day, approximately 10 times the MRHD of 60 mg/day of racemic methylphenidate given to adolescents on a mg/m<sup>2</sup> basis.

## **14 CLINICAL STUDIES**

### **14.1 Pediatric Patients**

A randomized, double-blind, placebo-controlled, parallel-group study (Study 1) was conducted in 103 pediatric patients (ages 6 to 12, n = 86; ages 13 to 17, n = 17) who met DSM-IV criteria for ADHD inattentive, hyperactive-impulsive or combined inattentive/hyperactive-impulsive subtypes (Study 1).

Patients were randomized to receive either a flexible-dose of dexmethylphenidate (5 to 30 mg/day) or placebo once daily for 7 weeks. During the first 5 weeks of treatment, patients were titrated to their optimal dose and remained on this optimal dose for the last 2 weeks of the study without dose changes or interruption.

Signs and symptoms of ADHD were evaluated by comparing the mean change from baseline to endpoint for dexmethylphenidate and placebo-treated patients using an intent-to-treat analysis of the primary efficacy outcome measure, the DSM-IV total subscale score of the Conners ADHD/DSM-IV Scales for teachers (CADS-T). The CADS-T includes the

ADHD Index (12 items) and the DSM-IV total subscale (18 items, total score range: 0 to 54); the latter is divided into inattentive (9 items) and hyperactive-impulsive (9 items) subscales. Teachers assessed behavior observed during the school day by completing the CADS-T weekly. A decrease in the CADS-T DSM-IV total subscale score from baseline indicates improvement.

The CADS-T total scores showed a statistically significant treatment effect in favor of dexamethylphenidate than placebo (Table 6). There were insufficient adolescents enrolled in this study to assess the efficacy for dexamethylphenidate in the adolescent population. However, pharmacokinetic considerations and evidence of effectiveness of immediate-release dexamethylphenidate in adolescents support the effectiveness of dexamethylphenidate in this population.

**Table 6: Summary of Efficacy Results from ADHD Study in Pediatric Patients (6 – 17 years) (Study 1)**

Study Number	Treatment Group	Primary Efficacy Measure: CADS-T Total Score		
		Mean Baseline Score (SD)	LS Mean Change from Baseline (SE)	Placebo-subtracted Difference <sup>a</sup> (95% CI)
Study 1	dexamethylphenidate 5-30 mg/day (n = 52)	33.3 (9.18)	16.41 (1.8)	10.64 (5.38, 15.91)
	Placebo (n = 45)	34.9 (10.03)	5.77 (1.93)	--

Abbreviations: ADHD, attention deficit hyperactivity disorder; SD, standard deviation; SE, standard error; LS Mean, least-squares mean; CI, confidence interval, not adjusted for multiple comparisons.

<sup>a</sup>Difference (drug minus placebo) in least-squares mean change from baseline.

In 2 additional cross-over studies (Studies 2 and 3) in pediatric patients ages 6 to 12 years, who received 20 mg dexamethylphenidate or placebo, dexamethylphenidate was found to have a statistically significant treatment effect versus placebo on the Swanson, Kotkin, Agler, M- Flynn & Pelham (SKAMP) rating scale total scores at a l-time points after dosing in each study (0.5, 1, 3, 4, 5, 7, 9, 10, 11, and 12 hours in Study 2 and 1, 2, 4, 6, 8, 9, 10, 11, and 12 hours in the Study 3). SKAMP is a validated 13-item teacher-rated scale that assesses manifestations of ADHD in a classroom setting. A treatment effect was also observed 0.5 hours after administration of dexamethylphenidate 20 mg in an additional study of ADHD patients ages 6 to 12 years.

## **14.2 Adult Patients**

A randomized, double-blind, placebo-controlled, parallel-group (Study 4) was conducted in 221 adult patients ages 18 to 60 years who met DSM-IV criteria for ADHD inattentive, hyperactive-impulsive or combined inattentive/hyperactive-impulsive subtypes (Study 4).

Patients were randomized to receive either a fixed dose of dexamethylphenidate (20, 30, or 40 mg/day) or placebo once daily for 5 weeks. Patients randomized to dexamethylphenidate were initiated on a 10 mg/day starting dose and titrated in increments of 10 mg/week to the randomly assigned fixed dose. Patients were maintained on their fixed dose (20, 30, or 40 mg/day) for a minimum of 2 weeks.

Signs and symptoms of ADHD were evaluated by comparing the mean change from baseline to endpoint for dexamethylphenidate and placebo-treated patients using an intent-to-treat analysis of the primary efficacy outcome measure, the investigator-administered DSM-IV Attention-Deficit/Hyperactivity Disorder Rating Scale (DSM-IV ADHD-RS).

The DSM-IV ADHD-RS is an 18-item questionnaire with a score range of 0 to 54 points that measures the core symptoms of ADHD and includes both hyperactive/impulsive and inattentive subscales.

All 3 dexamethylphenidate doses (20, 30, and 40 mg/day) showed a statistically significant treatment effect compared to placebo. There was no obvious increase in effectiveness with increasing the dose.

**Table 7: Summary of Efficacy Results from ADHD Study in Adults (Study 4)**

<b>Study Number</b>	<b>Treatment Group</b>	<b>Primary Efficacy Measure: ADHD-RS Total Score</b>
---------------------	------------------------	------------------------------------------------------

	Mean Baseline Score (SD)	LS Mean Change from Baseline (SE)	Placebo-subtracted Difference <sup>a</sup> (95% CI)
Study 4 dexamethylphenidate 20 mg/day (n = 57)	36.8 (7.2)	13.27 (1.44)	5.71 (1.64, 9.78)
dexamethylphenidate 30 mg/day (n = 54)	36.9 (8.07)	12.86 (1.48)	5.31 (1.18, 9.44)
dexamethylphenidate 40 mg/day (n = 54)	36.9 (8.25)	16.51 (1.48)	8.96 (4.83, 13.08)
Placebo (n = 53)	37.5 (7.82)	7.55 (1.49)	--

Abbreviations: ADHD, attention deficit hyperactivity disorder; SD, standard deviation; SE, standard error; LS Mean, least-squares mean; CI, confidence interval, not adjusted for multiple comparisons.

<sup>a</sup>Difference (drug minus placebo) in least-squares mean change from baseline.

## 16 HOW SUPPLIED/STORAGE AND HANDLING

**Metadex XR** (dexamethylphenidate hydrochloride) extended-release capsules are available as follows:

- 5 mg capsules blue, (imprinted with “G5mg” on cap and “004” on the body) supplied in bottles of 100
- 10 mg capsules light cream (imprinted with “G 10mg” on cap and “005” on the body) supplied in bottles of 100
- 15 mg capsules green (imprinted with “G 15mg” on cap and “006” on the body) supplied in bottles of 100
- 20 mg capsules white (imprinted with “G 20mg” on cap and “007” on the body) supplied in bottles of 100
- 30 mg capsules light cream cap and white body (imprinted with “G 30mg” on cap and “009” on the body) supplied in bottles of 100
- 40 mg capsules green cap and white body (imprinted with “G 40mg” on cap and “011” on the body) supplied in bottles of 100

Store below 25 °C

### Disposal

Comply with local laws and regulations on drug disposal of CNS stimulants. Dispose of remaining, unused, or expired **Metadex XR** by a medicine takeback program or by a medicine take-back program or by an authorized collector registered with the Drug Enforcement Administration. If no take-back program or authorized collector is available, mix **Metadex XR** with an undesirable, non-toxic substance to make it less appealing to children and pets. Place the mixture in a container, such as a sealed plastic bag and discard **Metadex XR** in the household trash.

## 17 PATIENT COUNSELING INFORMATION

Advise patients to read the Medication Guide. Controlled Substance Status/High Potential for Abuse and Dependence

Advise patients that **Metadex XR** is a controlled substance, and it can be abused and lead to dependence. Instruct patients that they should not give **Metadex XR** to anyone else.

Advise patients to store **Metadex XR** in a safe place, preferably locked, to prevent abuse. Advise patients to comply with laws and regulations on drug disposal. Advise patients to dispose of remaining, unused, or expired **Metadex XR** by a medicine take-back program if available [see *Boxed Warning, Warnings and Precautions (5.1), Drug Abuse and Dependence (9.1, 9.2, 9.3), How Supplied/Storage and Handling (16)*].

### Serious Cardiovascular Risks

Advise patients that there is a potential serious cardiovascular risk, including sudden death, myocardial infarction, stroke, and hypertension with **Metadex XR** use. Instruct patients to contact a healthcare provider immediately if they develop symptoms, such as exertional chest pain, unexplained syncope, or other symptoms suggestive of cardiac disease [see *Warnings and Precautions (5.2)*].

### Blood Pressure and Heart Rate Increases

Instruct patients that **Metadex XR** can cause elevations of their blood pressure and pulse rate [see *Warnings and Precautions (5.3)*].

### Psychiatric Risks

Advise patients that **Metadex XR**, at recommended doses, can cause psychotic or manic symptoms, even in patients without prior history of psychotic symptoms or mania [see *Warnings and Precautions (5.4)*].

### Priapism

Advise patients of the possibility of painful or prolonged penile erections (priapism). Instruct them to seek immediate medical attention in the event of priapism [see *Warnings and Precautions (5.5)*].

### Circulation Problems in Fingers and Toes (Peripheral Vasculopathy, Including Raynaud's Phenomenon)

Instruct patients beginning treatment with **Metadex XR** about the risk of peripheral vasculopathy, including Raynaud's phenomenon, and associated signs and symptoms: fingers or toes may feel numb, cool, painful, and/or may change color from pale, to blue, to red. Instruct patients to report to their physician any new numbness, pain, skin color change, or sensitivity to temperature in fingers or toes.

Instruct patients to call their physician immediately with any signs of unexplained wounds appearing on fingers or toes while taking **Metadex XR**. Further clinical evaluation (e.g., rheumatology referral) may be appropriate for certain patients [see *Warnings and Precautions (5.6)*].

### Suppression of Growth

Advise patients that **Metadex XR** may cause slowing of growth and weight loss [see *Warnings and Precautions (5.7)*].

### Pregnancy Registry

Advise patients that there is a pregnancy exposure registry that monitors pregnancy outcomes in patients exposed to ADHD medications, including **Metadex XR**, during pregnancy [*see Use in Specific Populations (8.1)*].

### **Reporting of suspected adverse reactions**

Reporting suspected adverse reactions after authorization of the medicinal product is important. It allows continued monitoring of the benefit/risk balance of the medicinal product. Any suspected adverse events should be reported to the Ministry of Health according to the National Regulation by using an online form <http://sideeffects.health.gov.il>

### **MANUFACTURER**

Granuls Pharmaccuticals INC. USA

3701 & 3725 Concorde Parkway, Chantilly, VA 20151, USA

### **LICENSE HOLDER**

K.S. KIM INTERNATIONAL (SK- PHARMA) LTD., ISRAEL  
94 YIGAL ALON STR., TEL-AVIV-YAFO, 6789139

### **REGISTRATION NUMBER(S)**

**Metadex XR 5 mg- 172-55-37336**

**Metadex XR 10 mg- 172-56-37337**

**Metadex XR 15 mg- 172-57-37338**

**Metadex XR 20 mg - 172-58-37339**

**Metadex XR 30 mg- 172-59-37340**

**Metadex XR 40 mg- 172-60-37341**

The leaflet was revised in February 2023 according to MOH guidelines

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