

**PATIENT LEAFLET IN ACCORDANCE
WITH THE PHARMACISTS'
REGULATIONS (PREPARATIONS) – 1986**

This medicine is dispensed without a doctor's prescription

Foli 5, tablets 5 mg

Each tablet of Foli 5 contains:

Folic acid 5 mg

Inactive ingredients and allergens in the medicine - see section 6 "Additional information" and section 2 "Important information about some ingredients of the medicine".

Read the entire leaflet carefully before using the medicine. This leaflet contains concise information about the medicine. If you have any other questions, refer to the physician or the pharmacist. You should take this medicine properly.

1. What is the medicine intended for?

The medicine is intended for prevention and treatment of folic acid deficiency.

Therapeutic class: Folic acid and its derivatives.

2. Before using the medicine:

Do not use this medicine if:

- You are sensitive to folic acid or one of the medicine's ingredients (see section 6).
- You have cancer (unless you are suffering from anemia as a result of folic acid deficiency).

Special warnings regarding the use of the medicine

- The medicine should not be used without consulting a doctor before the beginning of treatment if:
 - You are undergoing dialysis as a result of renal failure.
 - You are suffering from pernicious anemia, which prevents vitamin B12 absorption, or from vitamin B12 deficiency.

- You are suffering from certain types of tumors.
- You underwent a coronary stent implantation.

The reason for the anemia should be determined before treatment with folic acid.

Drug interactions

If you are taking or have recently taken other medicines including non-prescription medicines and food supplements, tell the physician or the pharmacist. Especially inform the doctor or pharmacist if you are taking: (These medicines may affect or be affected by use of folic acid).

- Medicines for epileptic convulsions (Phenytoin, Carbamazepine, Phenobarbital, Primidone).
- Antibiotics. Some antibiotics reduce the effect of folic acid (Trimethoprim, Sulfonamides or their combination, Co-trimoxazole). Every antibiotic might interfere with the results of folic acid blood level test.
- Fluorouracil - for treatment of certain tumors.
- Preparations for relief of indigestion - such as antacids that contain Aluminum or Magnesium. After taking this medicine, wait at least two hours before taking antacids.
- Zinc-containing preparations (such as vitamins or food supplements).
- Sulfasalazine (for treatment of inflammatory bowel diseases, ulcerative colitis and Crohn's disease).
- Cholestyramine (a medicine for lowering blood cholesterol levels).
- Methotrexate for treatment of Crohn's disease, psoriasis or rheumatoid arthritis.

Use of the medicine and alcohol consumption

Do not drink wine or alcoholic beverages during treatment with this medicine.

Pregnancy, breastfeeding and fertility

Before beginning to use this medicine, you should consult a doctor if you are pregnant or breastfeeding, or planning to become pregnant or to breastfeed soon.

Driving and operating machinery

The medicine is not supposed to interfere with driving or operating machinery.

Important information about some ingredients of the medicine

Each tablet contains approximately 47 mg of lactose and may be harmful for people who are sensitive to lactose. If you have been told by your doctor that you have intolerance to some sugars, consult your doctor before using this medicine (see also section 6, "Additional information").

3. How should you use the medicine?

If you are unsure how to use the medicine, consult a doctor or a pharmacist.

The generally accepted dosage is: one tablet per day.

Do not exceed the recommended dose.

Do not chew! The tablet should be swallowed with some water.

If necessary, the tablet may be crushed. After taking this medicine, wait at least two hours before taking antacids containing Aluminum or Magnesium.

If you accidentally took an overdose or by mistake a child swallowed this medicine, go immediately to the doctor or the emergency room of a hospital and bring the package of the medicine with you.

If you forgot to take this medicine at the required time, do not worry, take your dose as soon as you remember, but under no circumstances should you take two doses at the same time.

The medicine should not be taken together with alcoholic beverages.

Do not take medicines in the dark!

Check the label and the dose every time you take the medicine.

Wear glasses if you need them.

If you have any other questions regarding the use of the medicine, consult the physician or the pharmacist.

4. Side effects:

As with any medicine, using Foli 5 may cause side effects in some users. Do not be alarmed when reading the list of side effects, you may not experience any of them.

As with any medicine, there are people who develop an allergic reaction (hypersensitivity). In case you develop one of the following effects, stop using the medicine and seek medical help immediately:

- Rash, itching and redness of the skin, swelling of the face, lips, tongue, throat, difficulties breathing and swallowing, shock (cold skin, sweating, weak pulse, dry mouth, dilated pupils) (rare).

Additional rare side effects:

- Lack of appetite, nausea, sensation of swelling in the stomach, flatulence.
- Worsening of the signs that indicate vitamin B12 deficiency.

If a side effect occurs, if one of the side effects worsens, or if you suffer from a side effect not mentioned in this leaflet, consult your doctor.

Reporting side effects:

Side effects may be reported to the Ministry of Health by clicking on the link "Report side effects due to medicinal treatment" found on the Ministry of Health website homepage (www.health.gov.il), which will direct you to the online form for reporting side effects, or by clicking on the following link: <https://sideeffects.health.gov.il>

5. How to store the medicine?

Avoid poisoning! This medicine and any other medicine must be kept in a closed place out of the reach and sight of children and/or infants to avoid poisoning. Do not induce vomiting without an explicit instruction from the physician.

Do not use the medicine after the expiry date (exp. date) appearing on the package. The expiry date refers to the last day of that month.

Store at a temperature lower than 25°C.

6. Additional information:

In addition to the active ingredient the medicine also contains:

Lactose monohydrate, Microcrystalline cellulose, Pregelatinized starch, Magnesium stearate

What does the medicine look like and what are the contents of the package:

Each Foli 5 tablet is yellow, round and concave.

Each pack contains blisters of 10 tablets. Amount of tablets in a pack: 10, 20, 30, 50, 60, 100 tablets.

Not all package sizes may be marketed.

Name and address of the marketing authorization holder/manufacturer:

CTS Chemical Industries Ltd.,
3 Hakidma st., Kiryat Malachi.

This leaflet was revised in 07/2023 in accordance with the Ministry of Health guidelines.

Registration number of the medicine in the National Drug Registry of the Ministry of Health: 137-14-31322.



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