

**Patient leaflet in accordance with the Pharmacists' Regulations (Preparations) - 1986**

**This medicine is dispensed with a doctor's prescription only**

**Methenamine Hippurate MBI 1g  
Tablets**

**Active ingredient**

Each tablet contains methenamine hippurate 1 g.

Inactive ingredients and allergens in this medicine: see section 6 'Additional information'.

**Read the entire leaflet carefully before you start using this medicine.** This leaflet contains concise information about this medicine. If you have any further questions, consult your doctor or pharmacist.

This medicine has been prescribed for you. Do not pass it on to others. It may harm them, even if it seems to you that their medical condition is similar to yours.

For your attention: This product is not interchangeable with other products containing the active ingredient methenamine hippurate. If the medicine received by you looks different from the one you usually receive, please contact the pharmacist to ensure that you received the right medicine. Your doctor must be informed of and approve any medicine replacement or change. Please check the trade name of the medicine prescribed by your doctor compared to the medicine you received from the pharmacist and verify that they are identical.

**1. What is this medicine intended for?**

Methenamine Hippurate MBI 1g is indicated for the prophylaxis and treatment of urinary tract infections:

- As maintenance therapy after successful initial treatment of acute infections with antibiotics
- As long-term therapy for prevention of recurrent cystitis
- To suppress urinary tract infection in patients with indwelling catheters and to reduce the incidence of catheter blockage
- To provide prophylaxis against introduction of infection into the urinary tract during instrumental procedures
- Asymptomatic bacteriuria

**Therapeutic group:** Antibacterial medicines for urinary tract infections.

Antibacterial medicines work by killing many different types of bacteria which cause infections. Methenamine hippurate is used to treat urinary tract infections and prevent their recurrence. The urinary tract is a collective name for the body organs that produce, store and transport urine. These include the kidneys, bladder and tubes called the ureter and urethra. It is also used to prevent urinary tract infections in patients with catheters in their bladders (a tube that helps in treatment of urinary incontinence) and in people undergoing certain medical procedures.

**2. Before using this medicine**

**Do not use this medicine if:**

- You are sensitive (allergic) to the active ingredient or to any of the other ingredients in this medicine (see section 6).
- You are taking antibiotic medicines of the sulphonamide group. These can damage your kidneys if taken at the same time as methenamine hippurate.
- You are severely dehydrated.
- You have a kidney infection or severe kidney failure.
- You have liver problems.
- You have gout.

- You have a condition called metabolic acidosis (a chemical imbalance in the blood).

### **Special warnings about using this medicine**

Laboratory tests: Depending on the test method used, methenamine can affect the measurement of steroids, catecholamines and 5-hydroxyindoleacetic acid in urine, and cause false positive results.

### **Before treatment with Methenamine Hippurate MBI 1g, tell your doctor if:**

- You have any kinds of problems with your kidneys.

### **Children and adolescents**

The medicine is not recommended for children aged under 6 years.

### **Interactions with other medicines**

**If you are taking or have recently taken other medicines, including nonprescription medicines and dietary supplements, tell your doctor or pharmacist.** Particularly if you are taking:

- Medicines to make your urine less acidic such as potassium citrate and acetazolamide. These can stop methenamine hippurate from working properly.
- Methenamine hippurate should not be administered with sulfonamides, since there is a risk of formation of crystals in the urine, thereby damaging the kidneys (see section 2 'Before using this medicine').

### **Using this medicine and food**

The medicine can be taken with or without food.

### **Pregnancy, breastfeeding, and fertility**

If you are pregnant or breastfeeding, think that you may be pregnant or plan to become pregnant, consult your doctor or pharmacist before taking this medicine.

#### Pregnancy

There is inadequate information about the safety of methenamine hippurate in pregnancy. It is preferable to refrain from using the medicine during pregnancy.

#### Breastfeeding

You may breastfeed while using the medicine. The active ingredient is secreted into breast milk, but at a quantity that is insignificant for the baby.

#### Fertility

There is no information about human fertility and use of Methenamine Hippurate MBI.

### **Driving and using machines**

This medicine has no effect on driving and using machines.

## **3. How to use this medicine?**

Always use this medicine according to your doctor's instructions. Check with your doctor or pharmacist if you are not sure about your dose or about how to take this medicine. Only your doctor will determine your dose and how you should take this medicine. The recommended dosage is usually:

### **Use in adults and adolescents aged over 12 years**

The recommended dose is one tablet twice a day.

In patients with a catheter, the doctor may increase the dose to one tablet three times a day.

### **Use in children**

Use in children aged under 6 years: not recommended.

Use in children aged 6 - 12 years:

The recommended dose is half a tablet (500 mg) twice a day.

**Do not exceed the recommended dose.**

#### **Method of administration**

The tablets can be split into two equal parts using the score line on the tablet. For treating children, or if you find it difficult to swallow whole tablets, the tablets may be split or crushed and taken with milk or fruit juice.

#### **If you have taken a higher dose**

If you accidentally take more methenamine hippurate than you should, you might experience vomiting or notice blood in your urine. Drink plenty of water and immediately go to the nearest hospital emergency room or contact your doctor. Your doctor may give you another medicine to prevent vomiting.

#### **If you forget to take the medicine**

Do not take a double dose to make up for a missed dose. Take your next dose as planned.

#### **If you stop taking this medicine**

Your doctor will tell you how long to take your medicine for. Do not stop taking methenamine hippurate without first talking to your doctor.

**Do not take medicines in the dark! Check the label and dose every time you take medicine.**

**Wear glasses if you need them.**

**If you have any further questions about using this medicine, consult your doctor or pharmacist.**

#### **4. Side effects**

As with any medicine, using Methenamine Hippurate MBI 1g may cause side effects in some users. Do not be alarmed by this list of side effects; you may not experience any of them.

Uncommon side effects - affect 1-10 in 1,000 users

- Rash
- Itching
- Stomach irritation
- Bladder irritation usually seen as a burning sensation and pain on urination
- Nausea
- Vomiting

Side effects of unknown frequency (the frequency of these effects has not been established yet)

- Diarrhoea, abdominal pain

**If you experience any side effect, if any side effect gets worse, or if you experience a side effect not mentioned in this leaflet, consult your doctor.**

You can report side effects to the Ministry of Health by following the 'Reporting Side Effects of Drug Treatment' link on the Ministry of Health home page ([www.health.gov.il](http://www.health.gov.il)), which opens an online form for reporting side effects, or you can also use this link: <https://sideeffects.health.gov.il>

#### **5. How to store the medicine?**

Prevent poisoning! To prevent poisoning, keep this and all other medicines in a closed place, out of the reach and sight of children and/or infants. Do not induce vomiting unless explicitly instructed to do so by your doctor.

Do not use the medicine after the expiry date (exp. date) which is stated on the package/blister. The expiry date refers to the last day of that month.

**Storage conditions**

- Store below 25°C.
- Do not discard medicines via wastewater or household waste. Return any medicine you no longer need to your pharmacist.

**6. Additional information****In addition to the active ingredient, this medicine also contains:**

magnesium stearate, povidone K-90, colloidal silicon dioxide.

**What the medicine looks like and contents of the pack:**

White to off-white coloured, capsule shaped (oblong), biconvex tablets, debossed with “H” and “1” on either side of score line on one side and plain on other side.

The tablet can be divided into two equal doses using the score line.

Methenamine Hippurate MBI 1g tablets are available in blister pack containing 7, 8, 10, 20, 21, 60, 100 or 105 tablets

Not all pack sizes may be marketed.

**Registration holder’s name and address:** MBI Pharma Ltd., P.O.B. 5061, Kadima

**Manufacturer’s name and address:**

Brown & Burk UK Ltd., 5 Marryat Close, Hounslow West, Middlesex, TW4 5DQ, UK

Approved in March 2026.

Registration number of the medicine in the Ministry of Health National Drug Registry:

181-56-38220-99