# PATIENT LEAFLET IN ACCORDANCE WITH THE PHARMACISTS' REGULATIONS (PREPARATIONS) - 1986

The medicine is dispensed with a doctor's prescription only

# Dilantin® 125 Suspension



#### Each 5 ml of suspension contains: Phenytoin 125 mg

For a list of inactive and allergenic ingredients in the preparation, see section 2 "Important information about

Read the leaflet carefully in its entirety before using the medicine. This leaflet contains concise information

This medicine has been prescribed for you. Do not pass it on to others. It may harm them, even if it seems to you that their medical condition is similar.

### 1. WHAT IS THE MEDICINE INTENDED FOR?

For treatment of tonic-clonic (grand mal) and psychomotor (temporal lobe) seizures.

about the medicine. If you have any further questions, consult your doctor or pharmacist.

Therapeutic group: anticonvulsant.

#### 2. BEFORE USING THE MEDICINE

## ☑ Do not use this medicine if:

x you are sensitive (allergic) to the active ingredient or to any of the other ingredients contained in the medicine (see section 6) or to medicines of the hydantoin group, including hypersensitivity reaction such

x you have suffered in the past from liver problems due to taking phenytoin.

x you are taking delavirdine.

## Special warnings regarding use of the medicine

- Before treatment with Dilantin®, tell the doctor if:

   You are suffering or have suffered from depression, mood swings, suicidal thoughts or behavior.
- You have experienced in the past an allergic reaction to medicines similar to Dilantin<sup>®</sup>, such as carboxamides, barbiturates, succinimides and oxazolidinediones.

  You are suffering or have suffered from liver or kidney problems.
- You are suffering or have suffered from porphyria.
- You are suffering or have suffered from high blood sugar levels (hyperglycemia). You consume alcohol.
- You are pregnant or planning to become pregnant. Dilantin® may cause harm to the fetus.
- x If you are taking Dilantin® during pregnancy, your baby is at risk of severe congenital defects.

  x If you become pregnant during treatment with Dilantin®, the level of the medicine in your blood may decrease, causing the seizures to become worse. Your doctor may change the dosage of Dilantin®. x If you are taking Dilantin® during pregnancy, your baby is also at risk of bleeding problems immediately after
- birth. Your doctor may prescribe you and your baby a medicine to prevent this.

  x All women of childbearing age should consult their attending doctor regarding other treatment options
- instead of Dilantin® x If you are of childbearing age and are not planning to become pregnant, you should use effective contraceptives
- while using Dilantin®.
- You are breastfeeding or planning to breastfeed. This medicine may pass into the breast milk. You and your doctor should decide whether you should take Dilantin® while breastfeeding.

## Do not stop taking Dilantin® abruptly and without consulting the doctor.

Abrupt discontinuation of Dilantin® may cause serious problems

• Abrupt discontinuation of an anticonvulsant may result in increased incidence of seizures or a seizure attack that does not stop (status epilepticus).

Similarly, to other anticonvulsants, Dilantin® may cause suicidal thoughts or behavior in a very small

number of people (about 1 in 500). See section 4, Side effects.
Suicidal thoughts or behavior may be caused by factors other than medicines. The doctor may examine other factors. To foresee early symptoms of suicidal thoughts or behavior:

Pay attention to any change, especially sudden changes in the mood, behaviors, thoughts or feelings.
Ensure regular appointments with the attending doctor.

Please contact your doctor if needed, especially if you are worried due to appearance of any symptoms

Dilantin® may cause a severe allergic reaction that may affect different parts of the body such as the liver, kidneys, blood, heart, skin or other parts of the body. This reaction may be very severe and even cause death. See section 4, Side effects.

Hypersensitivity reaction also includes a skin reaction and rarely severe skin reactions. Stop taking the medicine immediately in case a rash appears and contact the doctor.

Hypersensitivity reaction also includes symptoms of angioedema such as swelling of the face, oral area or upper respiratory tract – in case of any of these symptoms, immediately stop taking the medicine and contact a doctor.

Dilantin® may cause heart problems, including a slow heartbeat. See section 4, Side effects

Inform the doctor of any conditions in which the medicine cannot be taken orally as scheduled (such as surgery).

# ■ Tests and follow up

• Upon prolonged use of the medicine, mineral bone density and vitamin D level tests should be periodically performed. · This medicine can affect the blood level results of thyroid hormones, dexamethasone, metyrapone, alkaline phosphatase, glucose and GGT.

# ■ Drug interactions

Using Dilantin® with certain other medicines may cause side effects or affect their efficacy. Do not take or stop taking any other medicine without consulting the doctor.

If you are taking, or have recently taken, other medicines, including non-prescription medicines and nutritional supplements, tell the doctor or pharmacist. Particularly if you are taking:

# Medicines that may increase blood phenytoin level:

Anticonvulsants such as ethosuximide, felbamate, oxcarbazepine, methsuximide, topiramate; azoles such as fluconazole, ketoconazole, miconazole, itraconazole, voriconazole; medicines to treat cancerous tumors such as capecitabine, fluorouracil; antidepressants such as fluoxetine, fluoxamine, sertraline; medicines reducing  $\label{eq:gastric} \textit{gastric} \textit{ acid} \textit{ such as H}_2 \textit{ blockers} \textit{ (cimetidine)}, \textit{ omeprazole; sulfonamides such as sulfamethizole, sulfaphenazole, sulfadiazine, sulfamethoxazole-trimethoprim; other medicines such as amiodarone, chloramphenicol, sulfaphenazole, sulfaphenazole,$ chlordiazepoxide, disulfiram, estrogen, fluvastatin, isoniazid, methylphenidate, phenothiazines, salicylates, ticlopidine, tolbutamide, trazodone, warfarin; in addition, acute alcohol intake.

Medicines that may decrease blood phenytoin level:
Antacids such as calcium carbonate, aluminum hydroxide, magnesium hydroxide (these preparations may affect absorption of the medicine, avoid taking antacids and Dilantin® at the same time of the day); medicines to treat cancerous tumors (usually in combination) such as bleomycin, carboplatin, cisplatin, doxorubicin, methotrexate; antiviral medicines such as fosamprenavir, nelfinavir, ritonavir; anticonvulsants such as vigabatrin, carbamazepine; other medicines such as diazepam, diazoxide, folic acid, reserpine, rifampin, hypericum (St. John's wort), sucralfate, theophylline; in addition, chronic alcohol intake.

Medicines that may increase/decrease blood phenytoin level:

Anticonvulsants such as phenobarbital, valproic acid, valproate sodium.

# Medicines whose effect may change as a result of combination with phenytoin:

Azoles such as fluconazole, ketoconazole, itraconazole, posaconazole, voriconazole; medicines to treat cancerous tumors such as irinotecan, paclitaxel, teniposide; delavirdine (see section 2: "Do not use this medicine if"), muscle relaxants such as cisatracurium, pancuronium, rocuronium, vecuronium; warfarin; other medicines such as corticosteroids, doxycycline, estrogens, furosemide, oral contraceptives, paroxetine, quinidine, rifampin, sertraline, theophylline, vitamin D.

# Medicines whose blood levels may decrease as a result of combination with phenytoin:

Anticonvulsants such as carbamazepine, felbamate, lamotrigine, topiramate, oxcarbazepine; medicines to lower the level of lipids in the blood such as atorvastatin, fluvastatin, simvastatin; antiviral medicines such as efavirenz, lopinavir/ritonavir, indinavir, nelfinavir, ritonavir, saquinavir, fosamprenavir; medicines to treat hypertension and the heart such as nifedipine, nimodipine, nisoldipine, verapamil; other medicines such as albendazole, chlorpropamide, clozapine, cyclosporine, digoxin, disopyramide, folic acid, methadone, mexiletine, praziquantel, quetiapine.

# Use of the medicine and alcohol consumption

Do not consume alcohol during the course of treatment with the medicine without prior consultation with your doctor. Alcohol consumption while taking Dilantin® may change the blood level of the medicine, which may

# ■ Pregnancy, breastfeeding and fertility

If you are pregnant or planning to become pregnant, do not use this medicine without consulting the doctor

- before starting treatment. Dilantin® may cause harm to the fetus. x If you are taking Dilantin® during pregnancy, your baby is at risk of severe congenital defects.
- x If you become pregnant during treatment with Dilantin®, the level of the medicine in your blood may decrease,
- causing the seizures to become worse. Your doctor may change the dosage of Dilantin®.

  x If you are taking Dilantin® during pregnancy, your baby is also at risk of bleeding problems immediately after birth. Your doctor may prescribe you and your baby a medicine to prevent this.

- x All women of childbearing age should consult their attending doctor regarding other treatment options instead of Dilantin® x If you are of childbearing age and not planning to become pregnant, you should use effective contraceptives
- while using Dilantin<sup>®</sup> If you are breastfeeding or planning to breastfeed, do not use this medicine without consulting the doctor before

This medicine may pass into the breast milk. You and your doctor should decide whether you should take Dilantin® while you are breastfeeding.

## Driving and using machines

Do not drive, operate heavy machines or perform dangerous activities until you know how Dilantin® affects you. Dilantin® may slow your thinking and motor (movement) capabilities. See section 4, Side effects

## ■ Important information about some of the ingredients of the medicine

The suspension contains sucrose, therefore caution is required when used in diabetes patients. The medicine contains alcohol (see section 6, Additional information).

#### 3. HOW TO USE THE MEDICINE?

Always use the preparation according to the doctor's instructions. Check with the doctor or pharmacist if you are uncertain regarding the dosage and treatment regimen of the preparation.

The dosage and treatment regimen will be determined by the doctor only

The usual dosage is generally: 5 ml of suspension 3 times per day

Your doctor may change the dosage if required. Do not change the dosage without consulting your doctor.

#### Do not exceed the recommended dose.

Shake the suspension before use

Avoid taking antacids (such as calcium carbonate, aluminum hydroxide, magnesium hydroxide) and Dilantin® at the same time of the day. These preparations may affect the absorption of the medicine.

#### If you accidentally take a higher dosage

you took an overdose, or if a child has accidentally swallowed some medicine, immediately see a doctor or

go to a hospital emergency room and bring the medicine package with you.

The initial symptoms of overdose include: irregular movement of the eye (nystagmus), lack of coordination and speech disorder. Other signs include tremor, hyperreflexia, lethargy, slurred speech, blurred vision, nausea, and vomiting. Loss of consciousness and decrease in blood pressure may occur. Slow heart rate and cardiac arrest have been reported as well.

If you forget to take the medicine at the scheduled time, take a dose as soon as you remember, but never take a double dose!

Adhere to the treatment as recommended by the doctor.

## If you stop taking the medicine

Even if there is an improvement in your health, do not stop treatment with the medicine without consulting the doctor. Discontinuing the medicine may cause an increase in the frequency of seizures or a seizure attack that does not stop (status epilepticus).

Do not take medicines in the dark! Check the label and dose each time you take a medicine. Wear glasses if you need them.

If you have any further questions about using this medicine, consult the doctor or pharmacist.

## 4. SIDE EFFECTS As with any medicine, use of Dilantin® may cause side effects in some users. Do not be alarmed when reading

the list of side effects; you may not suffer from any of them.

Stop the treatment and contact the doctor immediately in case of:

- · Hypersensitivity reaction to the medicine, including skin rash, fever and enlargement of lymph nodes and/or facial swelling.
- Hypersensitivity reaction to the medicine, including symptoms of angioedema such as swelling of the face, oral area or upper respiratory tract.

  • Anaphylactic shock.

Contact the doctor immediately in case of occurrence of one or more of the following side effects, especially if they are new, preexisting that worsened, or worry you: depression, anxiety, nervousness – new effects or preexisting effects that worsened.

Suicidal thoughts and behavior, panic attack, restlessness and agitation, aggressiveness (anger and violence),

dangerous impulsive behavior, excessive talking and activity (mania), other abnormal mood and behavioral Dilantin® may cause a severe allergic reaction that may affect different parts of the body such as the liver, kidneys,

blood, heart, skin or other parts of the body. This reaction may be very severe and may even cause death Contact the doctor immediately if one or more of the following side effects occur:

Fever, rash, enlargement of lymph nodes, swelling of the face, eyes, lips or tongue, difficulty swallowing or breathing, sore throat, painful mouth sores, high predisposition to bruising, purple or red spots on the skin, frequent infections, loss of appetite (anorexia), nausea, vomiting, yellowing of the skin or eyes (jaundice). Contact the doctor even if the effects are mild or if you are taking Dilantin® for a prolonged period. These effects may be a sign of a severe allergic reaction.

Dilantin® may cause heart problems, including a slow heartbeat. Contact the doctor immediately if any of the following side effects occurs:

Dizziness, tiredness, feeling like the heart is beating slowly or skipping beats, chest pain.

# Additional side effects include:

Constipation, dizziness, mild drowsiness, confusion, mild nervousness, headache, irregular movement of the eye (nystagmus), disturbances of speech, gait or coordination, involuntary movements, taste disturbances including metallic taste, tingling sensation, nausea, vomiting, fever, tremor, muscle weakness or pain, joint pain, increased risk of fractures (osteoporosis, osteopenia, osteomalacia), bone fractures, low vitamin D levels, hypocalcemia hypophosphatemia, changes in blood count (e.g. thrombocytopenia and leucopenia), anemia, high sugar levels (hyperglycemia), jaundice, hepatic damage, systemic lupus erythematosus, gingival hyperplasia, swelling of the lips, Peyronie's disease, rash, urticaria, excessive hairiness, other skin reactions including Stevens-Johnson syndrome, toxic epidermal necrolysis and a rare skin reaction characterized by small skin bumps with pustular fluid

High blood levels of Dilantin® that may cause confusion (hallucinations), psychosis or a more serious condition affecting brain function (encephalopathy).

# Symptoms in case of treatment discontinuation

you discontinue the medicine abruptly, you may develop seizures or a seizure attack that does not stop (status epilepticus)

The preparation may cause gingival hyperplasia. Brushing, using dental floss and visiting the dentist regularly If a side effect has appeared, if one of the side effects gets worse, or when you suffer from a side effect

that has not been mentioned in this leaflet, consult the doctor. Side effects can be reported to the Ministry of Health by clicking on the link "Report Side Effects of Drug

Treatment" found on the Ministry of Health homepage (www.health.gov.il) that directs you to the online form for reporting side effects, or by entering the link: https://sideeffects.health.gov.il

# 5. HOW TO STORE THE MEDICINE?

- Avoid poisoning! This medicine and any other medicine should be kept in a closed place out of the reach and sight of children and/or infants to avoid poisoning. Do not induce vomiting unless explicitly instructed to do
- Do not use the medicine after the expiry date (exp. date) that appears on the package. The expiry date refers to the last day of that month.
- After first opening, can be used for up to 4 months

# 6. ADDITIONAL INFORMATION

In addition to the active ingredient, the medicine also contains:

sucrose, glycerin, CMC sodium, magnesium aluminium silicate, sodium benzoate, alcohol, citric acid anhydrous. polysorbate 40, banana flavour, oil orange concentrated, FD&C yellow, vanillin, purified water.

The medicine contains sucrose:

Each 5 ml Dilantin® contains 1044 mg sucrose. The medicine contains alcohol:

Each 5 ml Dilantin® contains 20.38 mg alcohol. The suspension contains about 0.97gram alcohol (ethanol), less than 0.6%.

# What the medicine looks like and contents of the pack:

An orange colored suspension supplied in a bottle within a carton pack.

Registration holder's name and address: Pfizer PFE Pharmaceuticals Israel Ltd., 9 Shenkar St., Herzliva

Manufacturer's name and address: Pharmacia & Upjohn, Kalamazoo, USA.

Registration number of the medicine in the National Drug Registry of the Ministry of Health: 123-70-24017.

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