

**PATIENT PACKAGE INSERT  
IN ACCORDANCE WITH THE  
PHARMACISTS' REGULATIONS  
(PREPARATIONS) – 1996**

The medicine is dispensed without a doctor's prescription

**GLYCERIN PEDIATRIC  
SUPPOSITORIES,  
1.33 gram**

The active ingredient and its quantity:  
Each suppository contains:  
Glycerin 1.33 g

**GLYCERIN SUPPOSITORIES,  
2.35 gram**

The active ingredient and its quantity:  
Each suppository contains:  
Glycerin 2.35 g

**GLYCERIN FORTE  
SUPPOSITORIES,  
3.2 gram**

The active ingredient and its quantity:  
Each suppository contains:  
Glycerin 3.2 g

For the list of inactive ingredients, please see section 6.

**Read this leaflet carefully in its entirety before using the medicine.** This leaflet contains concise information about the medicine. If you have further questions, refer to the doctor or pharmacist.

Glycerin Suppositories and Glycerin Forte Suppositories – the medicine is not usually intended for children and infants under 6 years of age.

Glycerin Pediatric Suppositories – do not use in children under 2 years of age without a doctor's instruction.

Use the medicine in the correct manner. Consult the pharmacist if you need further information. Refer to the doctor if the signs of the illness (the symptoms) worsen or do not improve after 7 days.

**1. WHAT IS THE MEDICINE INTENDED FOR?**

- The medicine is intended to relieve constipation.

**Therapeutic group:**  
Laxative

**2. BEFORE USING THE MEDICINE**

**Do not use the medicine:**

- if you are sensitive (allergic) to the active ingredient (glycerin) or to any of the other components of the medicine.

- if bowel movements have not appeared for one or two days only (also see "Warnings" section).
- in case of heart failure.
- in case of unexplained rectal bleeding and in case of intestinal obstruction or chronic bowel dysfunction.
- in cases of nausea, vomiting, abdominal pain.
- in cases of appendicitis signs.

**Special warnings regarding use of the medicine:**

- **Caution!** Prolonged use may cause dependency on laxative preparations of this type.
- Do not use this medicine frequently or for a prolonged period without consulting a doctor.
- This preparation is only intended for constipation that has lasted a number of days. Lack of bowel movement for a day or two does not justify its use. Likewise, do not use it for other purposes, such as "cleansing the body", etc.
- If you are sensitive to any food or medicine, inform the doctor before taking the medicine.

**⚠ Before treatment with Glycerin, tell the doctor if:**

- You are pregnant or breastfeeding
- You are suffering, or have suffered in the past, from impaired function of: the heart and/or vascular system, the digestive system
- You notice a sudden change in the frequency of bowel movement that continues for more than two weeks

**⚠ If you are taking, or have recently taken, other medicines, including non-prescription medicines and nutritional supplements, tell the doctor or pharmacist.** In particular, inform the doctor or pharmacist if you are taking: other laxative medicines.

**⚠ Pregnancy and breastfeeding:**  
If you are pregnant or breastfeeding, consult the doctor or pharmacist before using medicines.

**3. HOW SHOULD YOU USE THE MEDICINE?**

- Check with the doctor or pharmacist if you are uncertain.

**The usual dosage is generally:**  
**Glycerin and Glycerin Forte Suppositories:** One suppository a day, as needed.  
This medicine is not usually intended for children and infants under 6 years of age.  
**Glycerin Pediatric Suppositories:** One suppository a day for children, as needed.  
Do not use in children under 2 years of age without a doctor's instruction.

**Do not exceed the recommended dose.**  
In continuous use of over a week, consult the doctor.

- Do not swallow. This medicine is intended for rectal use only.

**Directions for Use:**

How to insert the suppository:

1. First, wash your hands well.
2. Remove the wrapper from the suppository. The suppository can be moistened with a little water to ease insertion.
3. Lie down on your side. Push the suppository as deep as possible into the rectum with your finger. If the suppository is too soft to insert, cool it in the refrigerator for 30 minutes or run a stream of cold water over it before removing it from its wrapper.
4. Wash your hands after inserting the suppository.

The preparation usually takes between 15-60 minutes to act.

**If you accidentally took a higher dosage**  
If you took an overdose, or if a child has accidentally swallowed the medicine, refer immediately to a doctor or proceed to a hospital emergency room, and bring the package of the medicine with you. Do not induce vomiting unless explicitly instructed to do so by the doctor!

- How can you contribute to the success of the treatment?  
It is advisable for the suppository to remain in the rectum for approximately 15 minutes. The treatment should be accompanied by appropriate consumption of fluids (1-1.5 liters), dietary habits (fiber-rich diet) and exercise.

Do not take medicines in the dark! Check the label and the dose each time you take the medicine. Wear glasses if you need them.

If you have further questions regarding use of the medicine, consult a doctor or pharmacist.

**4. SIDE EFFECTS**  
As with any medicine, use of Glycerin may cause side effects in some users, e.g., skin rash with irritation, nausea, dizziness, abdominal pain. Do not be alarmed by the list of side effects. You may not suffer from any of them.

**Stop use of the medicine and refer to the doctor immediately if:**

- You suffer from local irritation, local rash or inflammation.
- Occurrence of rectal bleeding or lack of bowel movement after using the preparation.
- An allergic reaction occurs, manifested by itching, swelling of the face, hands, mouth or throat, chest tightness, breathing difficulties.

If a side effect occurs, if one of the side effects worsens, or if you suffer from a side effect not mentioned in the leaflet, consult with the doctor.

Side effects can be reported to the Ministry of Health by clicking on the link "Report Side Effects of Drug Treatment" found on the Ministry of Health homepage ([www.health.gov.il](http://www.health.gov.il)) that directs you to the online form for reporting side effects, or by entering the link: <https://forms.gov.il/globaldata/getsequence/getsequence.aspx?formType=AdversEffectMedic@emoh.gov.il>

**5. HOW SHOULD THE MEDICINE BE STORED?**

- **Avoid poisoning!** This medicine, and any other medicine, should be kept in a safe place out of the reach and sight of children and/or infants in order to avoid poisoning.
- Do not use the medicine after the expiry date (exp. date) appearing on the package. The expiry date refers to the last day of that month.
- Store at a temperature of up to 25°C (room temperature).

**6. FURTHER INFORMATION**

**In addition to the active ingredient, the medicine also contains:**

Stearic acid, sodium carbonate, water

Each suppository of Glycerin Suppositories contains 19.8 mg sodium, each suppository of Glycerin Forte Suppositories contains 26.9 mg sodium, each suppository of Glycerin Pediatric Suppositories contains 11.2 mg sodium.

**What the medicine looks like and the contents of the package:**

**Glycerin Pediatric Suppositories:** transparent oval suppository

The suppositories come in aluminum trays in packages of 5 or 500 suppositories.

**Glycerin Suppositories:** transparent oval suppository

The suppositories come in aluminum trays in packages of 20, 40, 100 or 500 suppositories.

**Glycerin Forte Suppositories:** transparent oval suppository

The suppositories come in aluminum trays in packages of 10, 20, 100 or 500 suppositories.

**Manufacturer and registration holder and address:** Sam-On Ltd., 25 Haavoda Street, Bat-Yam.

**Registration number of the medicine in the National Drug Registry of the Ministry of Health:**

**Glycerin Pediatric Suppositories:**

33 81 25843

**Glycerin Suppositories:**

31 38 25506

**Glycerin Forte Suppositories:**

142 84 32039

This leaflet was checked and approved by the Ministry of Health in February 2016.