

**PATIENT PACKAGE INSERT IN  
ACCORDANCE WITH THE PHARMACISTS'  
REGULATIONS (PREPARATIONS) – 1986**

This medicine can be sold with a physician's prescription only.

## RHINOLAST, Nasal Spray

### Active ingredient:

Azelastine Hydrochloride 0.1% w/v  
One application (0.14 ml) contains 0.14 mg of the active ingredient Azelastine Hydrochloride.

**Read this entire leaflet carefully before you start using this medicine.** This leaflet contains concise information about the medicine. If you have any further questions, refer to your physician or pharmacist. This medicine has been prescribed for you. Do not pass it on to others. It may harm them, even if you think that their medical condition is similar.

This medicine is intended for treating adults and children over 6 years of age.

### 1. What is this medicine intended for?

**Rhinolast** is intended for treatment of seasonal allergic rhinitis and perennial allergic rhinitis, for adults and children above 6 years of age.

### Therapeutic group:

Second generation, potent, selective antihistamine. The medicine acts by preventing the effect of histamine produced by the body as part of an allergic reaction.

**Rhinolast** is intended for treatment of allergies which occur in certain seasons of the year, for example a pollen allergy called hay fever. Also, **Rhinolast** is intended for treatment of allergies that occur all year, for example house dust mites allergy, or a cat or dog fur allergy.

Mostly, the allergy will cause rhinitis, sneezing, itching or stuffy nose. **Rhinolast** can relieve these symptoms.

### 2. Before using the medicine

#### Do not use the medicine if:

You have a known sensitivity to the active ingredient (Azelastine Hydrochloride) or to any of the other additional ingredients this medicine contains (please see 'Additional information').

**If you are taking or have recently taken any other medicines, including non-prescription drugs and nutrition supplements, tell your physician or pharmacist.**

No interactions with other medicines have been reported so far.

### Children

The medicine is not intended for children and infants under 6 years of age.

### Pregnancy and breastfeeding

If you are pregnant, trying to become pregnant or breastfeeding, consult your physician or pharmacist before use.

### 3. How to use this medicine

Always use according to the physician's instructions. You should check with the physician or pharmacist if you are not sure.

Your physician will adjust the dosage for you. The dosage will appear on the label attached to the package by the pharmacist. If the dosage does not appear or if you are not sure, ask the physician or the pharmacist.

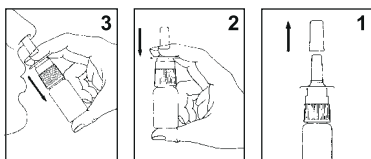
The usual recommended dose is:

One spray in each nostril, twice daily (morning and evening).

**Do not exceed the recommended dose.**

#### How to use **Rhinolast** spray

1. Firstly, blow your nose
2. Remove the protective cap (diagram 1)
3. Before the first use, press the pump several times until you get an even spray (diagram 2)
4. Spray once in each nostril keeping head upright. Do not tilt your head backwards (diagram 3).
5. Wipe the pump and return the protective cap.



**If you have accidentally taken a higher dosage,** no symptoms are expected, refer to your physician if you are concerned.

**If you accidentally swallow the medicine, or if a child has swallowed the medicine,** refer immediately to your physician or a hospital emergency room and bring the package of the medicine with you.

If **Rhinolast** accidentally gets in your eyes, rinse them with a lot of water. You may feel stinging for some time.

**If you forgot to take this medicine** at the required time, take the dose as soon as you remembered and afterwards, take the next dose at the usual time. Do not take a double dose to compensate for the forgotten one.

Continue with the treatment as recommended by the physician.

Do not take medicines in the dark! Check the label and dose each time you take a medicine. Wear glasses if you need them.

If you have any further questions regarding the use of this medicine, consult the physician or the pharmacist.

### 4. Side effects

As with any medicine, the use of **Rhinolast** may cause side effects in some users. Do not be alarmed while reading the list of side effects. You may not suffer from any of them.

#### Common side effects – effects that appear in 1-10 users out of 100:

- Unpleasant taste in the mouth especially if you tilt your head back during use. In rare cases the unpleasant taste may lead to nausea.

#### Uncommon side effects - effects that appear in 1-10 users out of 1000:

- Irritation of the nasal mucosa (tinging and itching) sneezing and nose bleed.

#### Very rare side effects – effects that appear in less than one user out of 10000

- Hypersensitive reactions such as rash, itching, urticaria (hives).

If a side effect appears, if one of the side effects worsens, or if you suffer from a side effect not mentioned in the leaflet, consult your physician.

### Reporting side effects:

Side effects can be reported to the Ministry of Health by clicking on the link "Report Side Effects of Drug Treatment" that can be found on the home page of the Ministry of Health's website ([www.health.gov.il](http://www.health.gov.il)) which refers to the online form for reporting side effects or via the following link:

<https://forms.gov.il/globaldata/getsequence/getsequence.aspx?formType=AdversEffectMedic@moh.gov.il>

### 5. How to store the medicine

- Avoid poisoning! This medicine, and any other medicine, must be stored in a closed place out of the reach of children and/or infants, to avoid poisoning. Do not induce vomiting unless explicitly instructed to do so by the physician.
- Do not use the medicine after the expiry date (exp. date) stated on the outer package. The expiry date refers to the last day of that month.
- Do not store at a temperature above 25°C, do not keep refrigerated.
- May be used for 6 months after opening.

### 6. Additional information

- In addition to the active ingredient Azelastine Hydrochloride 0.1% w/v, the medicine also contains: Methylhydroxypropyl cellulose, Sodium edetate, Dehydrated citric acid, Sodium phosphate, Sodium chloride, Purified water
- One application (0.14 ml) contains 0.14 ml of the active ingredient Azelastine Hydrochloride
- What does the medicine look like and what are the contents of the package:  
**Rhinolast** is a clear solution packed in a brown glass bottle which contains 5 ml, 10 ml or 20 ml

- Registration holder and address: Megapharm Ltd, P.O.Box 519, Hod Hasharon 4510501
- Manufacturer and address: MEDA Pharma GmbH & Co. Kg, Bad Homburg, Germany
- This leaflet was checked and approved by the Ministry of Health in July 2016.
- Drug registration number at the national medicines registry of the Ministry of Health: 118-44-29866-00

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