

## **HUMALOG MIX 25 KwikPen & HUMALOG MIX 50 KwikPen**

### **1. NAME OF THE MEDICINAL PRODUCT**

**Humalog Mix 25 KwikPen** suspension for injection in a pre-filled pen.

**Humalog Mix 50 KwikPen** suspension for injection in a pre-filled pen.

### **2. QUALITATIVE AND QUANTITATIVE COMPOSITION**

Each ml contains 100 units of insulin lispro\* (equivalent to 3.5 mg).

Humalog Mix25 consists of 25% insulin lispro solution and 75% insulin lispro protamine suspension.

Humalog Mix 50 consists of 50% insulin lispro solution and 50% insulin lispro protamine suspension.

Each pre-filled pen contains 300 units of insulin lispro in 3 ml suspension.

Each KwikPen delivers 1-60 units in steps of 1 unit.

\*produced in *E.coli* by recombinant DNA technology.

For a full list of excipients, see section 6.1.

### **3. PHARMACEUTICAL FORM**

Suspension for injection.

White suspension.

### **4. CLINICAL PARTICULARS**

#### **4.1 Therapeutic indications**

Humalog Mix 25 and Humalog Mix 50 are indicated for the treatment of patients with diabetes mellitus who require insulin for the maintenance of normal glucose homeostasis.

#### **4.2 Posology and method of administration**

Posology

The dosage should be determined by the physician, according to the requirement of the patient.

Humalog Mix 25 or Humalog Mix 50 may be given shortly before meals. When necessary, Humalog Mix 25 or Humalog Mix 50 can be given soon after meals. Humalog Mix 25 or Humalog Mix 50 should only be given by subcutaneous injection. Under no circumstances should Humalog Mix 25 or Humalog Mix 50 be given intravenously.

The rapid onset and early peak of activity of Humalog itself is observed following the subcutaneous administration of Humalog Mix 25 or Humalog Mix 50. This allows Humalog Mix 25 or Humalog Mix 50 to be given very close to mealtime.

The duration of action of the insulin lispro protamine suspension component of Humalog Mix 25 or Humalog Mix 50 is similar to that of a basal insulin (NPH).

The time course of action of any insulin may vary considerably in different individuals or at different times in the same individual. As with all insulin preparations, the duration of action of Humalog Mix 25 or Humalog Mix 50 is dependent on dose, site of injection, blood supply, temperature, and physical activity.

#### *Special populations*

##### *Renal impairment*

Insulin requirements may be reduced in the presence of renal impairment.

##### *Hepatic impairment*

Insulin requirements may be reduced in patients with hepatic impairment due to reduced capacity for gluconeogenesis and reduced insulin breakdown; however, in patients with chronic hepatic impairment, an increase in insulin resistance may lead to increased insulin requirements.

##### *Paediatric population*

Administration of Humalog Mix to children below 12 years of age should be considered only in case of an expected benefit when compared to soluble insulin.

#### Method of administration

Subcutaneous administration should be in the upper arms, thighs, buttocks, or abdomen. Use of injection sites should be rotated so that the same site is not used more than approximately once a month, in order to reduce the risk of lipodystrophy and cutaneous amyloidosis (see section 4.4 and 4.8).

When administered subcutaneously care should be taken when injecting Humalog Mix to ensure that a blood vessel has not been entered. After injection, the site of injection should not be massaged. Patients must be educated to use the proper injection techniques.

#### KwikPen

The KwikPen delivers 1 – 60 units in steps of 1 unit in a single injection. The needed dose is dialed in units. **The number of units is shown in the dose window of the pen.**

### **4.3 Contraindications**

Hypersensitivity to the active substance or to any of the excipients listed in section 6.1.

Hypoglycaemia.

### **4.4 Special warnings and precautions for use**

### Traceability

In order to improve the traceability of biological medicinal products, the name and the batch number of the administered product should be clearly recorded.

Under no circumstances should Humalog Mix 25 or Humalog Mix 50 be given intravenously.

### Transferring a patient to another type or brand of insulin

Transferring a patient to another type or brand of insulin should be done under strict medical supervision. Changes in strength, brand (manufacturer), type (regular/soluble, NPH/isophane, etc.), species (animal, human, human insulin analogue), and/or method of manufacture (recombinant DNA versus animal-source insulin) may result in the need for a change in dosage.

### Hypoglycaemia and hyperglycaemia

Conditions which may make the early warning symptoms of hypoglycaemia different or less pronounced include long duration of diabetes, intensified insulin therapy, diabetic nerve disease or medications such as beta-blockers.

A few patients who have experienced hypoglycaemic reactions after transfer from animal-source insulin to human insulin have reported that the early warning symptoms of hypoglycaemia were less pronounced or different from those experienced with their previous insulin. Uncorrected hypoglycaemic or hyperglycaemic reactions can cause loss of consciousness, coma, or death.

The use of dosages which are inadequate or discontinuation of treatment, especially in insulin-dependent diabetics, may lead to hyperglycaemia and diabetic ketoacidosis; conditions which are potentially lethal.

### Injection technique

Patients must be instructed to perform continuous rotation of the injection site to reduce the risk of developing lipodystrophy and cutaneous amyloidosis. There is a potential risk of delayed insulin absorption and worsened glycaemic control following insulin injections at sites with these reactions. A sudden change in the injection site to an unaffected area has been reported to result in hypoglycaemia. Blood glucose monitoring is recommended after the change in the injection site, and dose adjustment of antidiabetic medications may be considered.

### Insulin requirements and dosage adjustment

Insulin requirements may be increased during illness or emotional disturbances.

Adjustment of dosage may also be necessary if patients undertake increased physical activity or change their usual diet. Exercise taken immediately after a meal may increase the risk of hypoglycaemia.

### Combination of Humalog Mix 25 or Humalog Mix 50 with pioglitazone:

Cases of cardiac failure have been reported when pioglitazone was used in combination with insulin, especially in patients with risk factors for development of cardiac heart failure. This should be kept in mind, if treatment with the combination of pioglitazone and Humalog Mix is considered. If the combination is used, patients should be observed for signs and symptoms of heart failure, weight gain and oedema. Pioglitazone should be discontinued, if any deterioration in cardiac symptoms occurs.

### Avoidance of medication errors

Patients must be instructed to always check the insulin label before each injection to avoid accidental mix-ups between the two different strengths of Humalog KwikPen as well as other insulin products.

Patients must visually verify the dialled units on the dose counter of the pen. Therefore, the requirement for patients to self-inject is that they can read the dose counter on the pen. Patients who are blind or have poor vision must be instructed to always get help/assistance from another person who has good vision and is trained in using the insulin device.

#### Excipients

This medicinal product contains less than 1 mmol sodium (23 mg) per dose, i.e., essentially “sodium-free”.

### **4.5 Interaction with other medicinal products and other forms of interaction**

Insulin requirements may be increased by substances with hyperglycaemic activity, such as oral contraceptives, corticosteroids, or thyroid replacement therapy, danazol, beta<sub>2</sub> stimulants (such as ritodrine, salbutamol, terbutaline).

Insulin requirements may be reduced in the presence of substances with hypoglycaemic activity, such as oral hypoglycaemics, salicylates (for example, acetylsalicylic acid), sulphate antibiotics, certain antidepressants (monoamine oxidase inhibitors, selective serotonin reuptake inhibitors), certain angiotensin converting enzyme inhibitors (captopril, enalapril), angiotensin II receptor blockers, beta-blockers, octreotide or alcohol.

Mixing Humalog Mix 25 or Humalog Mix 50 with other insulins has not been studied.

The physician should be consulted when using other medications in addition to Humalog Mix 25 or Humalog Mix 50 KwikPen (see section 4.4).

### **4.6 Fertility, pregnancy and lactation**

#### Pregnancy

Data on a large number of exposed pregnancies do not indicate any adverse effect of insulin lispro on pregnancy or on the health of the foetus/newborn.

It is essential to maintain good control of the insulin-treated (insulin-dependent or gestational diabetes) patient throughout pregnancy. Insulin requirements usually fall during the first trimester and increase during the second and third trimesters. Patients with diabetes should be advised to inform their doctor if they are pregnant or are contemplating pregnancy. Careful monitoring of glucose control, as well as general health, is essential in pregnant patients with diabetes.

#### Breast-feeding

Patients with diabetes who are breast-feeding may require adjustments in insulin dose, diet or both.

#### Fertility

Insulin lispro did not induce fertility impairment in animal studies (see section 5.3).

### **4.7 Effects on ability to drive and use machines**

The patient’s ability to concentrate and react may be impaired as a result of hypoglycaemia. This may constitute a risk in situations where these abilities are of special importance (e.g. driving a car or operating machinery).

Patients should be advised to take precautions to avoid hypoglycaemia whilst driving, this is particularly important in those who have reduced or absent awareness of the warning signs of hypoglycaemia or have frequent episodes of hypoglycaemia. The advisability of driving should be considered in these circumstances.

#### 4.8 Undesirable effects

##### Summary of safety profile

Hypoglycaemia is the most frequent undesirable effect of insulin therapy that a patient with diabetes may suffer. Severe hypoglycaemia may lead to loss of consciousness, and in extreme cases, death. No specific frequency for hypoglycaemia is presented, since hypoglycaemia is a result of both the insulin dose and other factors e.g. a patient's level of diet and exercise.

##### Tabulated list of adverse reactions

The following related adverse reactions from clinical trials are listed below as MedDRA preferred term by system organ class and in order of decreasing incidence (very common:  $\geq 1/10$ ; common:  $\geq 1/100$  to  $< 1/10$ ; uncommon:  $\geq 1/1,000$  to  $< 1/100$ ; rare:  $\geq 1/10,000$  to  $< 1/1,000$ ; very rare:  $< 1/10,000$ ); not known (cannot be estimated from the available data).

Within each frequency grouping, adverse reactions are presented in order of decreasing seriousness.

MedDRA system organ classes	Very common	Common	Uncommon	Rare	Very rare	Not Known
<b>Immune system disorders</b>						
Local allergy		X				
Systemic allergy				X		
<b>Skin and subcutaneous tissue disorders</b>						
Lipodystrophy			X			
Cutaneous amyloidosis						X

##### Description of selected adverse reactions

###### *Local allergy*

Local allergy in patients is common. Redness, swelling, and itching can occur at the site of insulin injection. This condition usually resolves in a few days to a few weeks. In some instances, this condition may be related to factors other than insulin, such as irritants in the skin cleansing agent or poor injection technique.

###### *Systemic allergy*

Systemic allergy, which is rare but potentially more serious, is a generalized allergy to insulin. It may cause a rash over the whole body, shortness of breath, wheezing, reduction in blood pressure, fast pulse, or sweating. Severe cases of generalized allergy may be life-threatening.

###### *Skin and subcutaneous tissue disorders*

Lipodystrophy and cutaneous amyloidosis may occur at the injection site and delay local insulin absorption. Continuous rotation of the injection site within the given injection area may help to reduce

or prevent these reactions (see section 4.4).

### Oedema

Cases of Oedema have been reported with insulin therapy, particularly if previous poor metabolic control is improved by intensified insulin therapy.

### Reporting of suspected adverse reactions

Reporting suspected adverse reactions after authorization of the medicinal product is important. It allows continued monitoring of the benefit/risk balance of the medicinal product.

Any suspected adverse events should be reported to the Ministry of Health according to the National Regulation by using an online form

<https://sideeffects.health.gov.il>

## **4.9 Overdose**

Insulins have no specific overdose definitions because serum glucose concentrations are a result of complex interactions between insulin levels, glucose availability and other metabolic processes. Hypoglycaemia may occur as a result of an excess of insulin activity relative to food intake and energy expenditure.

Hypoglycaemia may be associated with listlessness, confusion, palpitations, headache, sweating and vomiting.

Mild hypoglycaemic episodes will respond to oral administration of glucose or other sugar or saccharated products.

Correction of moderately severe hypoglycaemia can be accomplished by intramuscular or subcutaneous administration of glucagon, followed by oral carbohydrate when the patient recovers sufficiently. Patients who fail to respond to glucagon must be given glucose solution intravenously.

If the patient is comatose, glucagon should be administered intramuscularly or subcutaneously. However, glucose solution must be given intravenously if glucagon is not available or if the patient fails to respond to glucagon. The patient should be given a meal as soon as consciousness is recovered.

Sustained carbohydrate intake and observation may be necessary because hypoglycaemia may recur after apparent clinical recovery.

## **5. PHARMACOLOGICAL PROPERTIES**

### **5.1 Pharmacodynamic properties**

Pharmaco-therapeutic group: Drugs used in diabetes, insulins and analogues for injection, intermediate or long acting combined with fast acting.

ATC Code: A10A D04.

The primary activity of insulin lispro is the regulation of glucose metabolism.

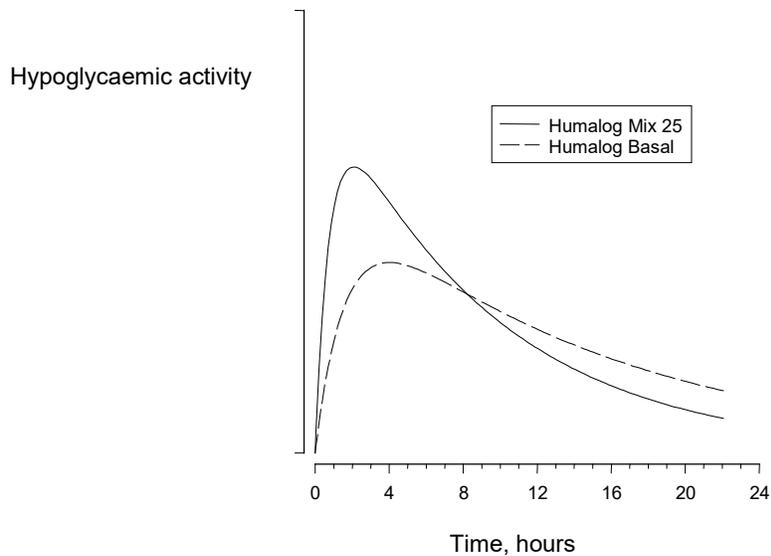
In addition, insulins have several anabolic and anti-catabolic actions on a variety of different tissues. Within muscle tissue this includes increasing glycogen, fatty acid, glycerol and protein synthesis and

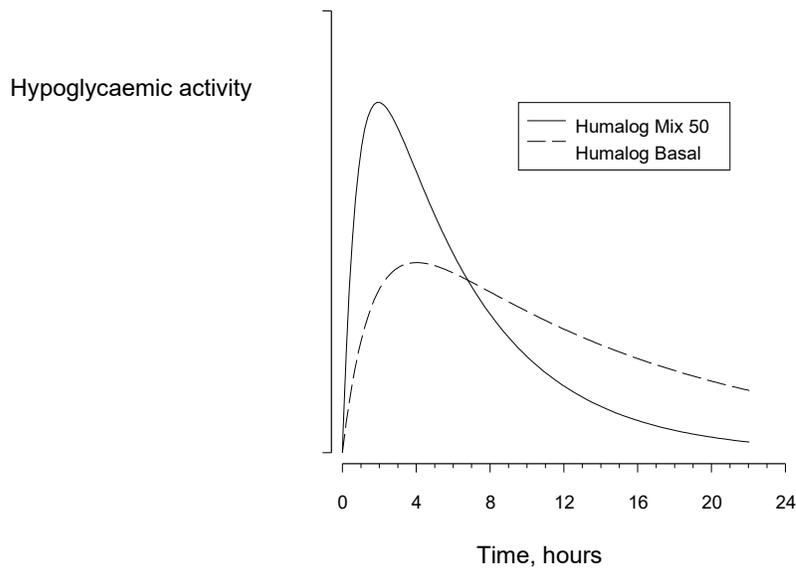
amino acid uptake, while decreasing glycogenolysis, gluconeogenesis, ketogenesis, lipolysis, protein catabolism and amino acid output.

Insulin lispro has a rapid onset of action (approximately 15 minutes), thus allowing it to be given closer to a meal (within zero to 15 minutes of the meal) when compared to soluble insulin (30 to 45 minutes before). The rapid onset and early peak of activity of insulin lispro is observed following the subcutaneous administration of Humalog Mix 25 or Humalog Mix 50. Humalog BASAL has an activity profile that is very similar to that of a basal insulin (NPH) over a period of approximately 15 hours.

Clinical trials in patients with type 1 and type 2 diabetes have demonstrated reduced postprandial hyperglycaemia with Humalog Mix 25 compared to human insulin mixture 30/70. In one clinical study there was a small (0.38 mmol/l) increase in blood glucose levels at night (3 a.m.).

In the figures below the pharmacodynamics of Humalog Mix 25, Humalog Mix 50 and BASAL are illustrated.





The above representations reflect the relative amount of glucose over time required to maintain the subject's whole blood glucose concentrations near fasting levels and is an indicator of the effect of these insulins on glucose metabolism over time.

The glucodynamic response to insulin lispro is not affected by renal or hepatic function impairment. Glucodynamic differences between insulin lispro and soluble human insulin, as measured during a glucose clamp procedure, were maintained over a wide range of renal function.

Insulin lispro has been shown to be equipotent to human insulin on a molar basis but its effect is more rapid and of a shorter duration.

In two 8-month open label crossover studies, type 2 diabetes patients who were either new to insulin therapy or already using one or two injections of insulin, received 4 months of treatment with Humalog Mix 25 (used twice daily with metformin) and insulin glargine (used once daily with metformin) in a randomised sequence. Detailed information can be found in the following table.

	<b>Insulin-Naive Patients</b> n = 78	<b>Not Insulin-Naive Patients</b> n = 97
Mean total daily insulin dose at endpoint	0.63 units/kg	0.42 units/kg
Haemoglobin A1c –Reduction <sup>1</sup>	1.30% (mean at baseline = 8.7%)	1.00 % (mean at baseline = 8.5%)
Reduction of the mean of combined morning / evening two-hour postprandial blood glucose <sup>1</sup>	3.46 mM	2.48 mM
Reduction of the mean fasting blood glucose <sup>1</sup>	0.55 mM	0.65 mM
Incidence of hypoglycaemia at endpoint	25%	25%
Bodyweight gain <sup>2</sup>	2.33 kg	0.96 kg

<sup>1</sup> from baseline to end of Humalog Mix 25 treatment

<sup>2</sup> in patients randomised to Humalog Mix 25 during the first crossover period

## 5.2 Pharmacokinetic properties

The pharmacokinetics of insulin lispro reflect a compound that is rapidly absorbed, and achieves peak blood levels 30 to 70 minutes following subcutaneous injection. The pharmacokinetics of insulin lispro protamine suspension are consistent with those of an intermediate acting insulin such as NPH. The pharmacokinetics of Humalog Mix 25 and Humalog Mix 50 are representatives of the individual pharmacokinetic properties of the two components. When considering the clinical relevance of these kinetics, it is more appropriate to examine the glucose utilisation curves (as discussed in 5.1).

Insulin lispro maintains more rapid absorption when compared to soluble human insulin in patients with renal impairment. In patients with type 2 diabetes over a wide range of renal function the pharmacokinetic differences between insulin lispro and soluble human insulin were generally maintained and shown to be independent of renal function. Insulin lispro maintains more rapid absorption and elimination when compared to soluble human insulin in patients with hepatic impairment.

## 5.3 Preclinical safety data

In *in vitro* tests, including binding to insulin receptor sites and effects on growing cells, insulin lispro behaved in a manner that closely resembled human insulin. Studies also demonstrate that the dissociation of binding to the insulin receptor of insulin lispro is equivalent to human insulin. Acute, one month and twelve month toxicology studies produced no significant toxicity findings.

Insulin lispro did not induce fertility impairment, embryotoxicity or teratogenicity in animal studies.

## 6. PHARMACEUTICAL PARTICULARS

### 6.1 List of excipients

#### Humalog Mix 25 KwikPen

Glycerol, dibasic sodium phosphate, metaCresol, liquefied phenol, zinc oxide, Protamine sulphate, water for injections. Hydrochloric acid and sodium hydroxide may have been used to adjust pH

#### Humalog Mix 50 KwikPen

Glycerol, dibasic sodium phosphate, metaCresol, liquefied phenol, Protamine sulphate, zinc oxide, water for injections. Hydrochloric acid and sodium hydroxide may have been used to adjust pH

## 6.2 Incompatibilities

Mixing Humalog Mix 25 or Humalog Mix 50 with other insulins has not been studied. In the absence of compatibility studies, this medicinal product must not be mixed with other medicinal products.

## 6.3 Shelf life

The expiry date of the product is indicated on the packaging materials.

### After first use

28 days.

## 6.4 Special precautions for storage

Do not freeze. Do not expose to excessive heat or direct sunlight.

Before use

Store in a refrigerator (2°C - 8°C).

### After first use

Store below 30°C. Do not refrigerate. The pre-filled pen should not be stored with the needle attached.

## 6.5 Nature and contents of container

The suspension is contained in type I flint glass cartridges, sealed with halobutyl disc seals and plunger heads and secured with aluminium seals. Dimeticone or silicone emulsion may have been used to treat the cartridge plunger, and/or the glass cartridge. The 3 ml cartridges are sealed in a disposable pen injector, called the “KwikPen”. Needles are not included.

Not all packs may be marketed.

5 x 3 ml Humalog Mix 25 100 units/ml KwikPens.

5 x 3 ml Humalog Mix 50 100 units/ml KwikPens.

## 6.6 Special precautions for disposal and other handling

### Instructions for use and handling

To prevent the possible transmission of disease, each pen must be used by one patient only, even if the needle is changed.

The Humalog Mix should be examined frequently and should not be used if clumps of material are present or if solid white particles stick to the bottom or wall of the container, giving it a frosted appearance.

### *Preparing a dose*

The KwikPen should be rotated in the palms of the hands ten times and inverted 180° ten times immediately before use to resuspend the insulin until it appears uniformly cloudy or milky. If not, repeat the above procedure until contents are mixed. Cartridges contain a small glass bead to assist mixing. Do

not shake vigorously as this may cause frothing which may interfere with the correct measurement of the dose.

Before using the KwikPen the user manual included in the package leaflet must be read carefully. The KwikPen has to be used as recommended in the user manual.

Pens should not be used if any part looks broken or damaged.

### *Injecting a dose*

If using a pre-filled or reusable pen refer to the detailed instructions for preparing the pen and injecting the dose, the following is a general description.

1. Wash your hands
2. Choose a site for injection.
3. Clean the skin as instructed.
4. Stabilise the skin by spreading it or pinching up a large area. Insert the needle and inject as instructed.
5. Pull the needle out and apply gentle pressure over the injection site for several seconds. Do not rub the area.
6. Using the outer needle cap, unscrew the needle and dispose of it safely.
7. Use of the injection sites should be rotated so that the same is not used more than approximately once a month.

Any unused product or waste material should be disposed of in accordance with local requirements.

### **7. MANUFACTURER:**

Eli Lilly & Company Ltd., Indianapolis, Indiana, USA

### **8. LICENSE HOLDER**

Eli Lilly Israel Ltd  
4 HaSheizaf st., POB 4246 Ra'anana 4366411, Israel.

### **9. LICENSE NUMBER**

Humalog Mix 25 KwikPen 143-45-33217-00  
Humalog Mix 50 KwikPen 143-46-33218-00

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