



Patient package insert in accordance with the
Pharmacists' Regulations - (Preparations) - 1986

Non-prescription medicine

Valerian Tincture Floris

Drops

FLORIS

Composition: Active substances and their

concentration: Valerian dry extract 2.5g/100ml

For the list of the inactive substances: See Section 6

"Additional information". Read the insert carefully

to the end before using the medication. This insert contains abridged information on the medicine.

If you have further questions, consult your doctor or pharmacist. Use the preparation correctly. Consult your pharmacist if you require additional information.

1. What the medicine is used for ?

For relief of anxiety, stress and nervousness

Therapeutic Group - Sedative, on herbal basis

2. Before using the medicine

X Do not use the medicine: If you are sensitive (allergic) to the active substance Iodine or to any of the additional ingredients contained in the medicine. For the list of the inactive substances - see Section 6 "Additional information".

- In children under 12 years of age.

⚠ Special warnings concerning use of the medicine:

• **Consult your physician before starting the treatment:**

- Do not drink wine or alcoholic beverages during the treatment with the medicine.
- If you are sensitive to any food or medicine, inform your physician before using this medicine.
- Do not use this medicine frequently, or for a long period, without consulting a physician.

The use of this medicine may impair alertness. Therefore caution must be exercised when driving a vehicle or operating dangerous machinery and in any activity that requires alertness.

⚠ If you are taking, or recently took, other medicines, including over the counter medicines and dietary supplements, inform your doctor or pharmacist.

⚠ Pregnancy and Breast-feeding: If you are pregnant, planning to become pregnant or if you are breast-feeding, consult your doctor or pharmacist before using the medicine, since there is insufficient data on the safety of the medication in these conditions

⚠ Important information about some of the ingredients of the medicine:

Contains alcohol, flammable substance

3. How to use the medicine?

Ask your doctor or pharmacist if you are not sure how to use it.
General recommended dosage: For adults and children over the age of 12 years: 20-50 drops in a glass of water as required.

Do not exceed the recommended dosage. Do not light a cigarette or expose to fire until the product is completely dry.

If you have accidentally taken an overdose or if a child has accidentally swallowed the medicine, go immediately to a doctor or a hospital emergency room and bring the medicine package with you. Do not take medicines in the dark! Check the label and the dose each time you take your medicine.

Wear glasses if you need them. If you have further questions concerning use of the medicine refer to your doctor or pharmacist.

4. Side Effects:

As for any medicine, the use of Valerian Tincture may cause side effects in some users, such as nausea or abdominal cramps. Do not be alarmed by the list of side effects.

You will probably not suffer from any of them.

If you suffer from a side effect, consult your doctor.

Reporting Side Effects: You can report side effects to the Ministry of Health through the online form for reporting side effects that you will find on the home page of the Ministry of Health website www.health.gov.il

5. How to store the medicine?

- **Avoid poisoning!** This medicine, and all other medicine, must be stored in a safe place out of the reach of children and/or infants, in order to avoid poisoning. Do not induce vomiting unless explicitly instructed to do so by the doctor.
- Do not use the medicine after the expiry date appearing on the package. The expiry date refers to the last day of that month.
- Caution! Flammable product, keep away from fire.
- Store in a cool place, below 25°C.
- Close tightly.
- Store in the original package.
- You can use the product after opening until expiry of its validity

6. Additional information

In addition to the active substances the medicine

also contains: Alcohol 95%, Purified water

Appearance of the medicine and contents of the package: Brown, transparent liquid **Contents:** 20 ml, 10 ml.

Manufacturer and Reg. Owner: Ben-Shimon Floris Ltd., Misgav Industrial Park, D.N. Misgav 2017400.

This leaflet was prepared in 07.2021 according to the Ministry of Health guidelines.

Registration No. of the medicine in the National Drug Register of the Ministry of Health: 1227230249