

The content of this leaflet was updated in September 2017, in accordance with the Ministry of Health guidelines

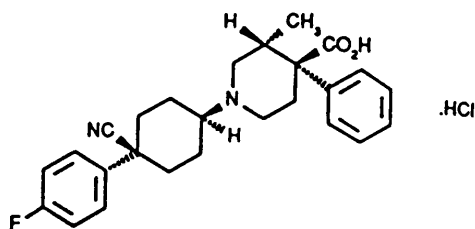
NAME OF THE MEDICINE

LIVOSTIN EYE DROPS

DESCRIPTION

Levocabastine, (-)-[3S-[1(cis), 3 alpha, 4 beta]]-1-[4-cyano-4-(4-fluorophenyl) cyclohexyl]-3-methyl-4-phenyl-4-piperidine-carboxylic acid monohydrochloride is a highly selective histamine H₁-antagonist for topical use.

Levocabastine hydrochloride is a white powder, insoluble in water except at higher pH and only fairly soluble in other solvents such as acetone.



CAS-79547-78-7

C₂₆H₂₉FN₂O₂.HCl

MW: 456.99

LIVOSTIN® eye drops contain levocabastine hydrochloride equivalent to levocabastine 0.5 mg/mL as active ingredient, Propylene glycol, polysorbate 80, disodium hydrogen phosphate anhydrous, sodium dihydrogen phosphate monohydrate, disodium edetate, hypromellose 2910 3000 mPa.s, benzalkonium chloride solution and water for injection.

PHARMACOLOGY

Pharmacodynamics

LIVOSTIN® eye drops contain levocabastine, a potent, fast-acting and highly selective histamine H₁-antagonist with a sustained duration of action. After topical application to the eyes, it almost

immediately and for several hours relieves the typical symptoms of allergic conjunctivitis (itching, redness, chemosis, eyelid swelling, tearing).

Pharmacokinetics

After ocular application, the absorption of levocabastine is incomplete with a systemic bioavailability ranging from 30 to 60% for the eye drops. However, as the amount of levocabastine applied ocularly is small, the levocabastine plasma concentrations achieved are very low. Steady-state concentrations of levocabastine are attained within 7 to 10 days following multiple dosage and are predictable from single-dose pharmacokinetics.

Levocabastine undergoes minimal hepatic metabolism, i.e. ester glucuronidation, and is predominantly cleared by the kidneys. 70% of the parent drug is recovered unchanged in the urine, and 10% of the dose is excreted in the urine as the acylglucuronide of levocabastine. The remaining 20% is excreted unchanged in the faeces.

After single intravenous dosing, levocabastine is rapidly distributed over the tissues, and the terminal half-life is 33 h. The total steady-state volume of distribution is 82 L (1.14 L/kg) with a total plasma clearance of 30 mL/min.

Given the extremely low plasma concentrations after ocular application, a dose adjustment is unlikely to be required in patients with renal impairment receiving levocabastine eye drops. As hepatic metabolism of levocabastine is negligible, dose adjustments in patients with impaired hepatic function should not be necessary.

The plasma protein binding of levocabastine is 55% with albumin being the main binding protein.

Special populations (1, 2)

Elderly

In the elderly, after multiple nasal administrations of 0.4mg levocabastine for 14 days, the terminal half-life of levocabastine was increased by 15% and the peak plasma level was increased by 26%.

Renal impairment

After a single oral dose of 0.5mg levocabastine in solution, the terminal half-life of levocabastine in moderate to severe renal impairment (Creatinine Clearance 10 – 50mL/min) increased from 36 hours to 95 hours. Overall exposure to levocabastine based on AUC was increased by 56%.

Indications

Allergic conjunctivitis (classic and vernal)

Livostine eye drops is indicated for the rapid and long lasting relief of eye complaints such as itching, redness, and watering eyes associated with allergies, for example to grass, pollen, moulds and dust.

Contraindications

Hypersensitivity to any of the ingredients.

Precautions As with all ophthalmic preparations containing benzalkonium chloride patients are advised not to wear soft (hydrophilic) contact lenses while under treatment with LIVOSTIN eye drops.

Paediatric use

No data on use in children less than six years of age are available.

Carcinogenicity/mutagenicity

In female mice, dietary administration of levocabastine for 20 months stimulated the development of pituitary adenomas and mammary adenocarcinomas. The no-effect dose level for the pituitary tumours was 3 mg/kg/day, but a no-effect dose level has not been established for the mammary tumours. In female rats, there was an equivocal increase in the incidence of mammary tumours at the highest dose level of 34 mg/kg/day administered in the diet for 24 months. There was no evidence of carcinogenic activity in male rats or mice. The mechanism of the carcinogenic effects of levocabastine in female mice (and possibly rats) may involve antagonism of dopamine D₂-receptors in the pituitary gland and subsequent elevation of serum prolactin levels.

Use in pregnancy

Pregnancy Category B3. In pregnant rats, levocabastine readily crossed the placental barrier and was distributed extensively in foetal tissues. Reproductive studies in mice and rats showed that levocabastine was embryo-lethal at oral doses greater than 40 mg/kg/day in both species, and teratogenic at oral doses greater than 40 mg/kg/day in mice and 20 mg/kg/day in rats. The main foetal malformations observed were open eyes in mice, and polydactyly, hydrocephalus, anophthalmia/microphthalmia, hydronephrosis and arthrogryposis in rats. There are limited postmarketing data on the use of LIVOSTIN® eye drops in pregnant women. The risk for humans is unknown. Therefore, LIVOSTIN® eye drops should not be used during pregnancy.

Use in lactation

Based on determinations of levocabastine concentrations in saliva and breast milk in a nursing woman, who received a single oral dose of 0.5mg levocabastine, it is expected that approximately 0.3% of the total ophthalmically administered dose of levocabastine may be transferred to a nursing infant. However, due to the limited nature of the clinical and experimental data, it is recommended that LIVOSTIN® eye drops be avoided in breast-feeding mothers.

Interaction with Other drugs

No interactions have been seen with LIVOSTIN® eye drops.

Instructions to the patient

Activities requiring alertness: In clinical trials there was no significant difference in the incidence of slowed patient reactions with LIVOSTIN® compared to placebo and active comparator drugs. LIVOSTIN®, therefore, would not be expected to interfere with the ability to drive a motor vehicle or operate machinery. Should drowsiness occur, caution is advised.

Adverse Effects

Clinical trial data

The safety of LIVOSTIN eye drops was evaluated in 508 subjects who participated in four placebo-controlled clinical trials and one open-label clinical trial. All adverse drug reactions (ADRs) reported by subjects in LIVOSTIN eye drops clinical trials are presented in Table 1.

Table 1: Adverse Drug Reactions Reported by LIVOSTIN Eye Drops Treated Subjects in Five Clinical Trials		
MedDRA System Organ Class	LIVOSTIN	Placebo
MedDRA PT	(n=508)	(n=178)
	%	%
Eye Disorders		
Eye irritation	11.6	4.5

Postmarketing data

Additional adverse drug reactions (ADRs) first identified during postmarketing experience with LIVOSTIN eye drops are included in Table 2. Because these reactions are reported voluntarily from a population of uncertain size, it is not always possible to reliably estimate their frequency or establish a causal relationship to drug exposure. Therefore, the frequencies are provided according to the following convention:

- Very common $\geq 1/10$
- Common $\geq 1/100$ and $< 1/10$
- Uncommon $\geq 1/1000$ and $< 1/100$
- Rare $\geq 1/10,000$ and $< 1/1000$
- Very rare $< 1/10,000$, including isolated reports

In Table 2, ADRs are presented by frequency category based on incidence in clinical trials or epidemiology studies when known.

Table 2: Adverse Drug Reactions Identified During Postmarketing Experience with LIVOSTIN Eye Drops by Frequency Category Estimated from Spontaneous Reporting Rates	
Cardiac Disorders	
Very rare	Palpitations
Eye Disorders	
Very rare	Eye pain, Conjunctivitis, Eyelid oedema, Eye swelling, Blepharitis, Ocular hyperaemia, Vision blurred
General Disorders and Administration Site Conditions	
Very rare	Application site reaction including eye burning sensation, eye redness, eye pain, eye swelling, eye itching, watery eyes, and vision blurred
Immune System Disorders	
Very rare	Anaphylaxis, Angioneurotic oedema, Hypersensitivity
Skin and Subcutaneous Tissue Disorders	
Very Rare	Contact dermatitis, Urticaria
Nervous System Disorders	
Very rare	Headache

Reporting suspected adverse reactions after authorisation of the medicinal product is important. It allows continued monitoring of the benefit/risk balance of the medicinal product.

Any suspected adverse events should be reported to the Ministry of Health according to the National Regulation by using an online form

[HTTP://FORMS.GOV.IL/GLOBALDATA/GETSEQUENCE/GETSEQUENCE.ASPX?FORMTYPE=ADVERSEEFFECTMEDIC@MOH.GOV.IL](http://forms.gov.il/globaldata/getsequence/getsequence.aspx?formtype=adverseeffectmedic@mo.gov.il)**DOSAGE AND ADMINISTRATION**

As LIVOSTIN® eye drops is available as a microsuspension, the bottle should be shaken before each application.

Eye Drops:

Adults and children 6 years of age and over: the usual dose is one drop of LIVOSTIN® eye drops per eye, twice daily. If necessary, the dose may be increased to one drop 3 to 4 times daily. The bottle should be well shaken before use. The duration of treatment should be limited to 8 weeks.

Systemic absorption of levocabastine is very low. However, the systemic absorption of drugs from ophthalmic solutions can be minimised by pressure on the tear duct immediately after application.

LIVOSTIN® eye drops should be used within one month of first opening of the bottle. Patients should be instructed to take appropriate measures to avoid contamination of the container.

Overdose

There has been no experience with overdose of LIVOSTIN® eye drops to date. After accidental intake of the contents of the bottle, sedation may occur.

In case of overdose, the patient should be advised to drink plenty of water in order to accelerate the renal elimination of levocabastine.

PRESENTATION

5 ml plastic bottles containing 4 ml of white microsuspension.

storage

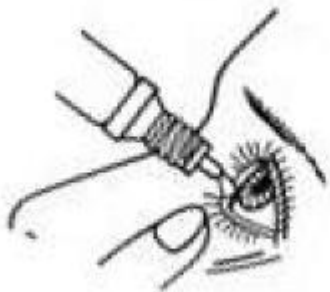
Store at 25° C or below. Keep out of the sight and reach of children.

Instructions for use/handling

1. Wash your hands
2. Shake the bottle well before removing the cap.

2. Tilt your head backwards as far as possible.

3. pull the lower eyelid down with your index finger to form a pouch . Release one drop into the pouch formed. Close your eyes gently. Do not blink. Leave your eyes closed for 1-2 minutes.



4. Repeat step 3 for the other eye

Do not touch the bottle with any surface (including the eye) in order to avoid contamination. Keep the bottle tightly closed.

After use, wash your hands thoroughly in order to clean them from the drug residues.

In order to avoid spreading contamination, do not use the same bottle for more than one person.

Manufacturer: FAMAR S.A AGIOU DIMITRIOU 63, ALIMOS 17456, ATHENS, GRECCE

Registration holder: J-C Health Care, Kibbutz Shefayim 6099000, Israel.